



Outdoor sports and the biodiversity crisis

New Challenges for Europe's Cohesion



#EURegionsWeek

<https://www.outdoor-sports-network.eu/>





EUROPEAN WEEK OF
REGIONS & CITIES

2003 - 2022



ENOS

European Network
of Outdoor Sports

New Challenges for
Europe's Cohesion

“Taking action together for the sustainable and responsible development of outdoor sports across Europe”

We have defined outdoor sports as activities that are normally carried out with a strong relation to **nature and landscape** and the core aim is dealing with **natural elements** rather than with an object

<https://www.outdoor-sports-network.eu/>

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2023 - 2024



ENOS POLICY
POSITION PAPER
ON THE

EUROPEAN GREEN DEAL



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New Challenges for
Europe's Cohesion

Sustainability is untenable!!





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1965

2022

New Challenges for
Europe's Cohesion



68%

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BENEFITS OF OUTDOOR
SPORTS FOR SOCIETY

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New Challenges for
Europe's Cohesion

1. Connecting and inspiring

Re-connecting people with
nature to help to increase,
improve and protect
biodiversity





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2. Leaving no one behind

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Outdoor sports for all

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3. Leaving No Trace

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1. Plan Ahead and Prepare
2. Be Considerate of Others
3. Respect Farm Animals and Wildlife
4. Travel and Camp on Durable Ground
5. Leave What You Find
6. Dispose of Waste Properly
7. Minimise the Effects of Fire

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10 Good Principles for Outdoor Sports in Protected Areas

Plan your visit sustainably

When we enter a Protected Area, we all make an impact on the natural environment no matter how small this might be. It is important not just to care for ourselves but the nature around us. Nature is inviting you into her home, be a good guest!



Come on foot, bike or public transport as a priority.



When using private vehicles, try to share the ride.



Circulate with caution and park in the spaces reserved.

How to make the most out of your visit and to take care of the Protected Area?

1 You are a privileged guest.
Stay in the trails, respect the natural environment and regulations to guarantee the beauty of the place.

3 If you come with a dog,
take extra care of it. Follow the regulations. Dogs can disturb other species.

5 Everyone wants to enjoy the place.
Give way to other users; anticipate that they often do not feel or see you coming, respect speed limits.

7 Night is for species to be alone.
Avoid going in the night for your safety and let the animals live in peace.

9 Avoid excessive noise.
Enjoy the quietness and calm, animals need quietness as we do.

2 Plan your activity carefully.
Gather the information you need to enjoy your activity and the place; you will appreciate it better.

4 Take care of yourself and others,
and be prepared to help others, regardless their sport.

6 Help us to keep this place clean.
Leave no trace and take with you the waste you make.

8 Keep "secret places" secret!
Use social media and GPS tracks with responsibility and according to official regulations.

10 See it, Say it, Sort it!
If you see something wrong, tell the park. Open your eyes, appreciate nature and enjoy!

Get Out & Get Into Nature

www.outdoor-sports-network.eu
www.europarc.org



New Challenges for Europe's Cohesion



SEE

SUSTAINABILITY AND
ENVIRONMENTAL EDUCATION
IN OUTDOOR SPORTS



Co-funded by the
Erasmus+ Programme
of the European Union

<https://see-project.eu/>



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4. Taking positive action

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4. Taking positive action

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Outdoor sports enthusiasts need to act practically to help our local environments by removing trash from trails or beaches during activities, sharing sightings of wildlife or issues with environmental management organisations.



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5. Advocating

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ENOS strongly recommends that the European Commission re-imagine agricultural policy to empower the creation of buffer zones for all waterways and along all field boundaries for environmental protection and improving biodiversity.

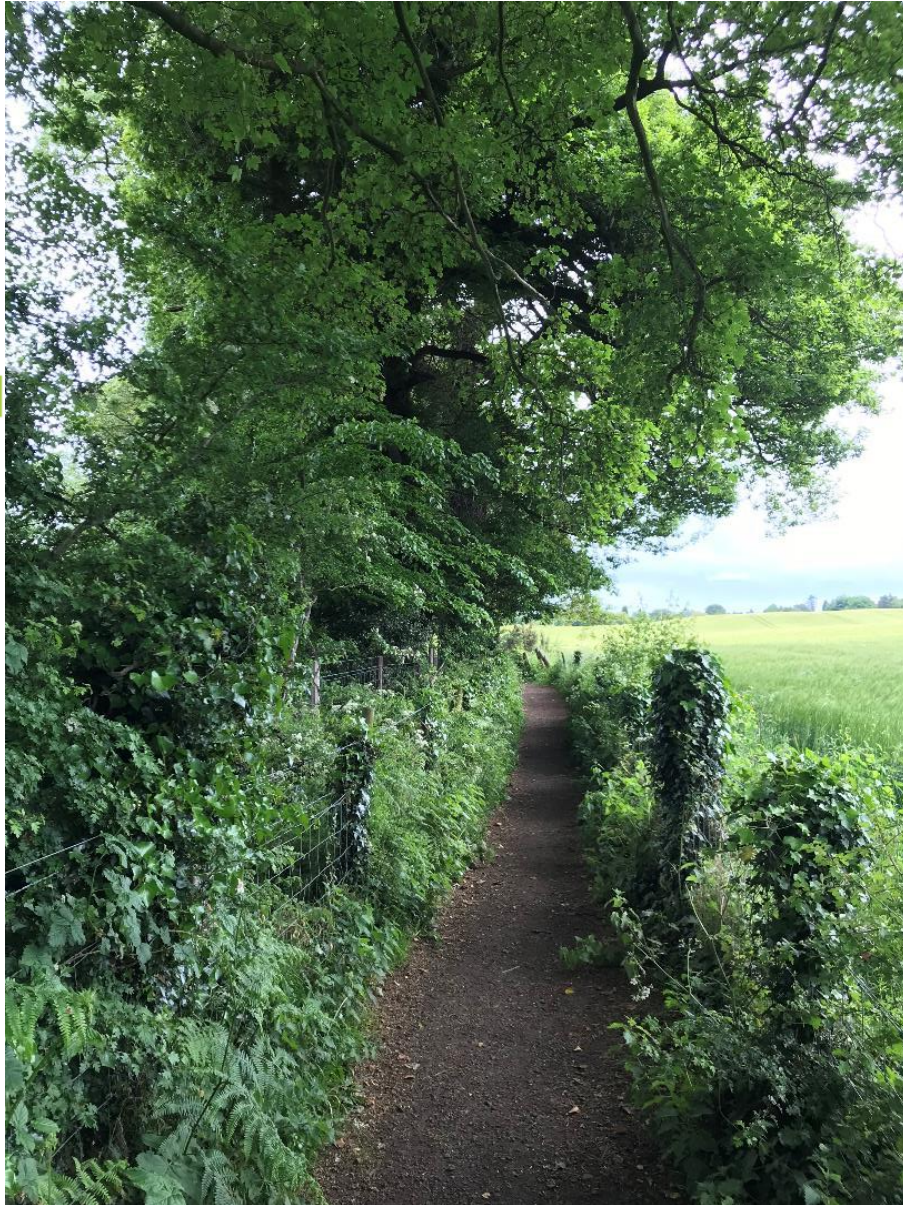
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5. Advocating

Aligned with this should be the development of appropriate trail infrastructure to enable and empower people to access such areas as appropriate for health enhancing physical activity.





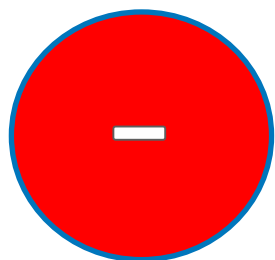
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6. Collaborating

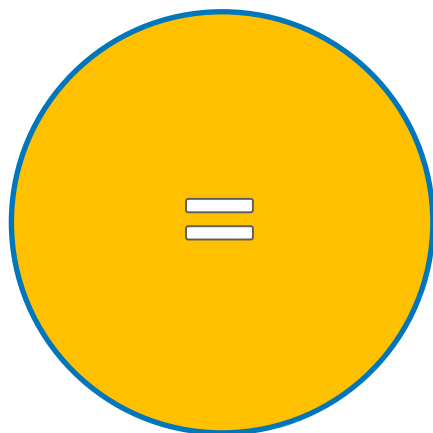
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17%



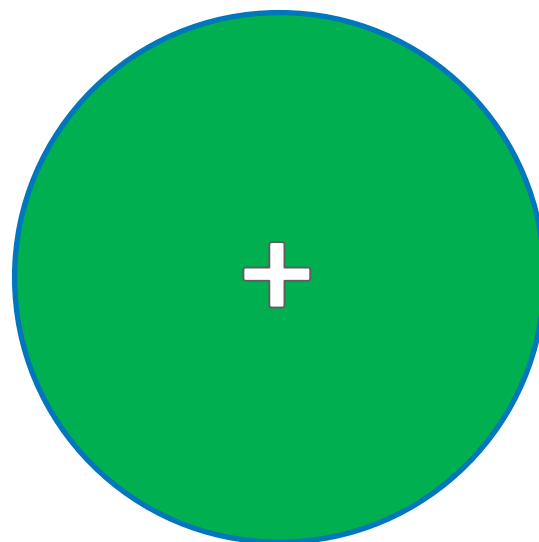
Negative

38%



Neutral

45%



Positive

Build connections and
collaboration with the
environment protection
sector.

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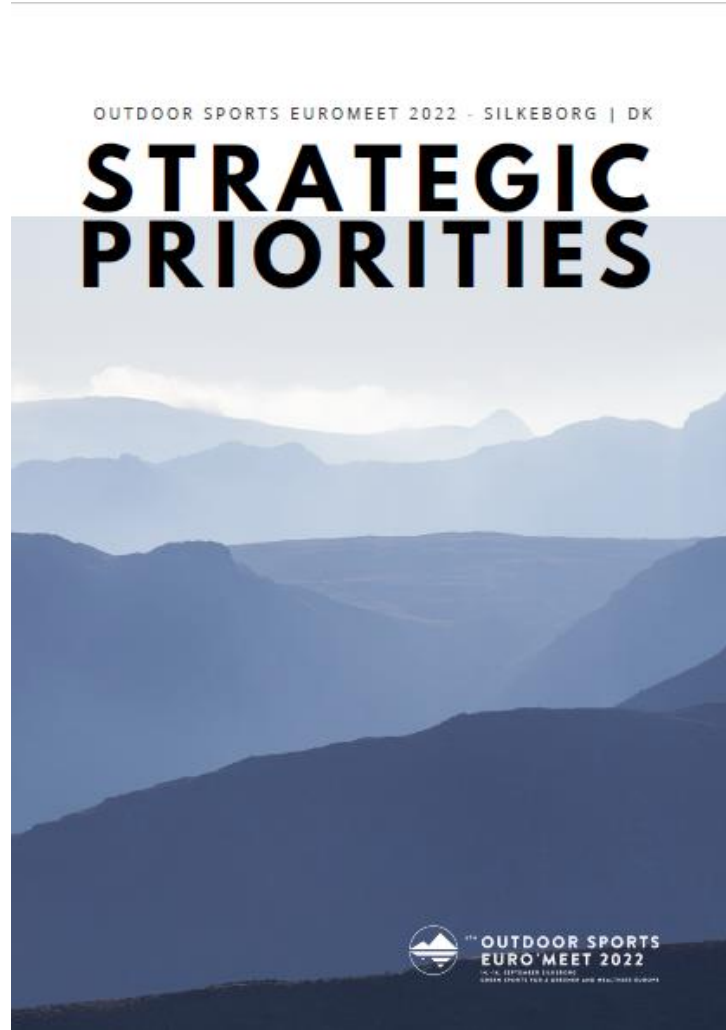


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The Outdoor Sector speaks

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Green sports for a green and healthy Europe

- Reducing local impacts
- Reducing overall impact
- Understanding impacts
- Demand / consumerism
- Transition
- Advocacy

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RESTORATION

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Thanks

<https://www.outdoor-sports-network.eu/enos-sustainability/>

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