



Co-funded by the
Erasmus+ Programme
of the European Union

Mineral waters of Slovakia

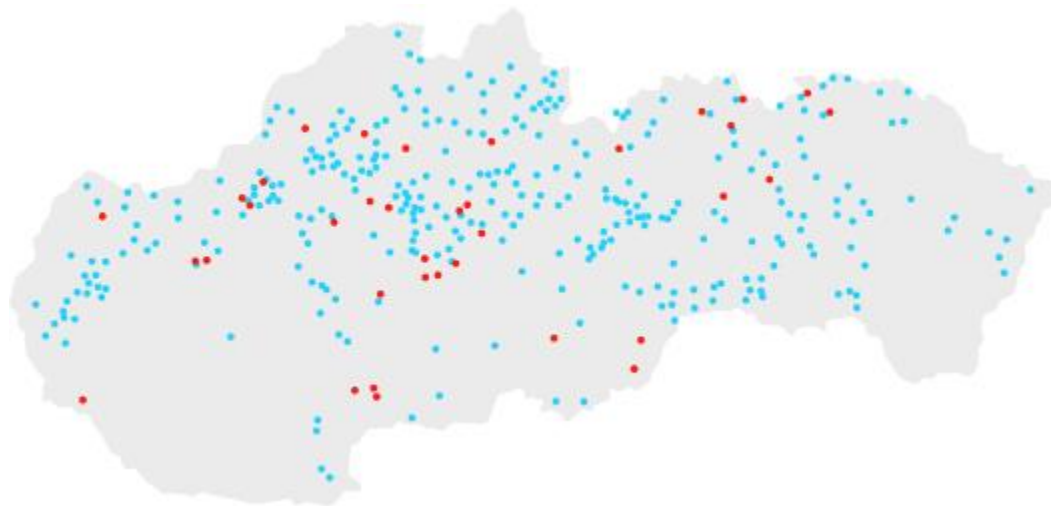
D. K.
8.B



2018-1-SK01-KA229-046274_1

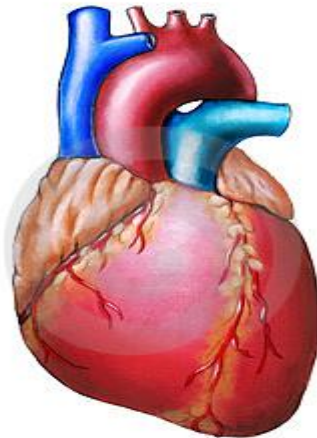
How many mineral waters do we have in Slovakia?

- We have over 1600 mineral waters in Slovakia and that is quite a lot compared to the size of our country



How does the mineral water affect our body?

- It is good for our bones.
- It is good for our heart.
- It can cure some diseases.



Mineral waters

- We can buy 27 kinds of packed mineral waters in our shops and each has its own taste and minerals.



- One of the most useful mineral waters is Fatra. It is alkaline so it can help with stomach problems.



- Magnésia is very helpful too.
- It contains a lot of magnesium so it can help with muscle problems.



- In the east of Slovakia near Bardejov town we can find mineral water Cigelka. It is so good for health problems, that it is exported to Australia.



Mineral pools

- Bath in mineral pool can cure problems with moving



Pictures



- We do not need to buy only packed mineral waters, there are a lot of thermal springs in Slovakia where we can get it for free.