



**How can we use energy wisely
and how can we save energy?**



- ◆ **Change your travel behavior think more intense of public transportation. if possible, walk or ride or bicycle instead of taking the car;**
- ◆ **Reduce your house heat by keep the windows closed while heating, dress warmly;**
- ◆ **Choose products that come with lightweight packaging;**
- ◆ **Turn off lights and appliances when you are not using them, use energy saving light bulbs;**
- ◆ **Reuse plastic bags for shopping and storage;**
- ◆ **Use a microwave instead of a stove to reheat food;**
- ◆ **Use rechargeable batteries instead of disposable batteries;**
- ◆ **Don't leave the refrigerator door open. Every time you open the door, up to one third of the cold air can escape;**
- ◆ **Remind grown ups to use cold water in the washing machine. Hot water won't get the clothes any cleaner, and it wastes a lot of energy;**
- ◆ **Help your mom or dad plant a tree to help shade your house on hot summer days;**
- ◆ **Use sensor lights;**
- ◆ **Don't use the washing machine until it is full;**
- ◆ **Dry your clothes outside instead of in a dryer;**
- ◆ **Use more windy and water energy;**
- ◆ **Don't leave devices on standby.**