What is this project about?

This Project aims to bring knowledge and confidence to practitioners and hope to parents and young people experiencing CPV.

Although a difficult and complex issue the project aims to raise awareness and show evidence of how to respond effectively.

- Child to Parent Violence (CPV) is an often hidden serious social problem.
- It involves teenage and younger boys and girls who use physical, psychological, emotional or financial abuse to gain power over their parent/s or carers.
- CPV reverses the usual power relationship where the parent/s or carer/s have authority in relation to their sons or daughters.
- CPV is not the kind of unruly behaviour children display but when a child persistently uses more severe abuse and or violence to get their own way.
- Parents find it hard to admit to themselves, let alone others, what they are experiencing from their child.

Cottrell (2003) describes child to parent violence as “…any harmful act by a teenage child intended to gain power and control over a parent. The abuse can be physical, psychological, or financial.”

This Project aims to bring knowledge and confidence to practitioners and hope to parents and young people experiencing CPV.

- Researching the effectiveness of existing intervention models across five European countries – Bulgaria, England, Republic of Ireland, Spain and Sweden.
- Developing our understanding of this complex issue by looking at the impact of gender inequality and power relationships on CPV.
- Demonstrating how municipalities, educational institutions, statutory agencies and NGOs can work with young people on CPV.

What is Child to Parent Violence and Abuse?

- Child to Parent Violence (CPV) is an often hidden serious social problem.
- It involves teenage and younger boys and girls who use physical, psychological, emotional or financial abuse to gain power over their parent/s or carers.
- CPV reverses the usual power relationship where the parent/s or carer/s have authority in relation to their sons or daughters.
- CPV is not the kind of unruly behaviour children display but when a child persistently uses more severe abuse and or violence to get their own way.
- Parents find it hard to admit to themselves, let alone others, what they are experiencing from their child.

Cottrell (2003) describes child to parent violence as “…any harmful act by a teenage child intended to gain power and control over a parent. The abuse can be physical, psychological, or financial.”
Our project will:

1. Raise awareness
2. Research understanding
3. Develop an evaluation framework and pilot with 2 models
4. Build capacity by implementing intervention programmes
5. Produce resources for practitioners and families

What we’ve achieved so far!

- Launched a project web site with a project blog and store for the resources and tool-kits we are developing, and distributed 200 posters.
- Trained over 200 professionals from across the EU in Brighton & Hove’s Break4Change model or the National University of Galway’s Non-Violent Resistance model. Developed a self-efficacy tool.
- Regional seminars held in Sweden (April 2013), UK (May 2013) and Bulgaria (September 2013).
- Produced country context tables on the provision for CPV in Bulgaria, England, Ireland, Spain and Sweden.
- Break4Change run in Åmål, Sweden and in Galway, Republic of Ireland.
- Designed and are piloting a country-sensitive evaluation tool to assess different CPV intervention models.
- We’ve organised an international Conference on CPV in Galway, Republic of Ireland (June 2014).

Still to come...

- A regional symposium on RCPV at the University of Valencia in September 2014.
- Follow up interviews with the practitioners we trained to see how effective the intervention models are.
- Development of Break4Change and Non-Violent Resistance toolkits in English, Spanish, Swedish and Bulgarian, plus filming USB resources and case studies for practitioners’ use.
- An end of project conference in Brighton, England 28-29th January 2015 where we will showcase what we have achieved. Register via our website.
- We will report back to the EU on our project end January 2015 at a “round table” event in Brussels.

Get Involved!

Join us at our next conference in Brighton, UK 28-29th January 2015

Phone: +44 (0)1273 643914
E-mail: c.e.thompson@brighton.ac.uk
Web: www.rcpv.eu

With financial support from the Daphne programme of the European Union