HEALTH AT A GLANCE: EUROPE 2016
- STATE OF HEALTH IN THE EU CYCLE -

EFFECTIVE HEALTH SYSTEMS

LIFE EXPECTANCY AT BIRTH

<table>
<thead>
<tr>
<th>Country</th>
<th>Year</th>
<th>Male</th>
<th>Female</th>
</tr>
</thead>
<tbody>
<tr>
<td>RO (BG)</td>
<td>1990</td>
<td>75</td>
<td>78.1</td>
</tr>
<tr>
<td>LT (LV)</td>
<td>2014</td>
<td>83</td>
<td>83.6</td>
</tr>
<tr>
<td>EU average</td>
<td>1990</td>
<td>75</td>
<td>78.1</td>
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<td>2014</td>
<td>83</td>
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</tbody>
</table>

RISK FACTORS (2014)

- 21% EU citizens are smokers (25% in 2000)
- 10 liters alcohol consumed per capita / year (11 liters in 2000)
- 16% adults are obese (11% in 2000)

MORTALITY CAUSES (2013)

- Circulatory diseases: 37%
- Cancer: 27%
- Respiratory diseases: 8%
- External causes: 5%
- Other causes: 23%

PREMATURE DEATHS FROM CHRONIC DISEASES

- 555,000 people of working age (Economic loss €115 billion per year)

POLICY FOCUS

- Reduce premature deaths
- Reduce tobacco and alcohol use, tackle obesity
- Improve quality of acute and chronic care

ACCESSIBLE HEALTH SYSTEMS

UNMET NEED FOR MEDICAL CARE DUE TO FINANCIAL CONSTRAINTS, DISTANCE OR TIME DELAYS

<table>
<thead>
<tr>
<th>Income Level</th>
<th>High Income</th>
<th>Average</th>
<th>Low Income</th>
</tr>
</thead>
<tbody>
<tr>
<td>%</td>
<td>1.5%</td>
<td>3.6%</td>
<td>6.4%</td>
</tr>
</tbody>
</table>

27% of patients go to emergency department because primary care is not available

15% of health spending is paid directly out-of-pocket by patients

POLICY FOCUS

- Reduce financial barriers to healthcare
- Strengthen access to primary care
- Reduce excessive waiting times

RESILIENT HEALTH SYSTEMS

AVERAGE STAY IN HOSPITAL (2014)

- 8 days
- (10 days in 2000)

52% of pharmaceuticals sold are generic products (in volume, 2014)

UK: 84% | LU: 9%

POLICY FOCUS

- Improve organisation of healthcare services and develop eHealth & mHealth
- Improve efficiency in hospital sector and pharmaceutical use
- Support innovation and promote long-term investment

HEALTH EXPENDITURE (PER CAPITA - 2015)

<table>
<thead>
<tr>
<th>Country</th>
<th>Amount (€)</th>
</tr>
</thead>
<tbody>
<tr>
<td>LU</td>
<td>6,023</td>
</tr>
<tr>
<td>RO</td>
<td>816</td>
</tr>
<tr>
<td>EU average</td>
<td>2,781</td>
</tr>
</tbody>
</table>

ANNUAL GROWTH RATE

2005-2009: +3.1%
2009-2015: +0.7%

Health at a Glance: Europe is the first step in the Commission’s new State of Health in the EU cycle

For the full report and more information
http://ec.europa.eu/health/state
http://www.oecd.org/health/health-systems/health-at-a-glance-europe-23056088.htm
Statistics: OECD, EUROSTAT, European Commission