

Curriculum Vitae

Last name, First name: PANAGIOTAKOS, Demosthenes

Gender: M

Nationality/ies: Greek

Overall Scientific Expertise:

Demosthenes Panagiotakos is Professor in Biostatistics, Research Methods and Nutrition Epidemiology. He is currently v\Rector of Financial Affairs, Research & Development at Harokopio University. He has served as the Dean of the School of Health Science & Education at Harokopio University in Athens, Greece (2013-2016), and Chair of the Dept of Nutrition - Dietetics (2013). Dr Panagiotakos is also a visiting Professor at the School of Medicine, University of Athens, at the Agricultural University of Athens and at Georgetown University Medical School / VAMC. He has supervised 12 PhD and 60 MSc theses, in the field of risk modelling and risk assessment. He is the Principal Investigator of 7 large-scale epidemiological studies. His research interests include CVD & nutrition epidemiology, risk modelling and analysis, medical research methodology, meta-analysis, multivariate analysis, as well as causal modelling. He has published 3 books, 570+ scientific papers in peer-reviewed international journals, as well as 50+ papers in National journals and Conference proceedings and has more than 13.000 citations of his work (*h*-index of 54); according to international ranking system (BioMed Experts) has been ranked in the Top 5% in Europe in the field(s) of Epidemiology and nutrition/Mediterranean diet. He has received 3 *National and International Awards and 3 Scholarships (2 National, 1 EU) and 12+ Awards from Scientific Societies*. He has served as an evaluator for 17 National and International Organizations, as well as reviewer in 60+ international journals. Dr Panagiotakos has been elected (2016-2018) Nucleous Board Member in the *European Association for Cardiovascular Prevention and Rehabilitation*, has served as an Executive Board Member in 3 National Scientific Societies (2002-2015) and he is Member of the European Society of Cardiology (ESC), Fellow of the American College of Epidemiology (ACE) and Royal Society of Public Health (RSPH). He is Associate Editor in 5 International Journals (since 2011), as well as Editorial Board member in 12 international journals. He has invited to give more than 220 Lectures in 16 countries around the World. Dr Panagiotakos is currently Board Member of the Scientific Council of the Hellenic Food Authority (since 2011); he has participated in several Committees and sub-Committees regarding food and health Risk Assessment and has served as Board Member of the National Council of Public Health, as well as in several Committees in the Greek Ministries of Health & Education.

Professional Experience

Years employed from – to	Title of position	Employer – name and location	Areas of professional specialisation [^]
2016-today	v\Rector	Harokopio University, Athens, Greece	Financial Affairs, Research & Development
2013-2016	Dean	School of Health Science and Education, Harokopio University, Athens, Greece	
2013	Chair	Department of Nutrition & Dietetics, School of Health Science and Education, Harokopio University, Athens, Greece	
2003-today	Professor	Harokopio University, Department of Nutrition & Dietetics, School of Health Science and Education, Athens, Greece	Biostatistics; multivariate and big data analysis; research design; epidemiology; nutrition; public health
1998-2004	Research Associate	School of Medicine, University of Athens, Athens, Greece	Research design; epidemiology; cardiovascular disease; public health
1996-2003	Research Associate	Higher Technological Education Institute of Piraeus, Piraeus, Greece	Statistics; data analysis; research design;

Educational Background

Year	Degree awarded	Educational Institution – name and location	Areas of educational specialisation*
2003	Post-doc	Georgetown University, School of Medicine/ VAMC, Washington DC, USA	Cardiovascular Epidemiology
2002	PhD	School of Medicine, University of Athens, Athens, Greece	Cardiovascular Epidemiology
2000	MSc	School of Medicine & Department of Mathematics, University of Athens, Athens, Greece	Biostatistics (environmental epidemiology)
1999	Cert	London School of Hygiene & Tropical Medicine	Environmental epidemiology
1992	MSc/Ph D	Department of Mathematics, University of Athens, Athens, Greece	Mathematical Statistics
1989	BSc	Department of Mathematics, University of Patras, Patras, Greece	Mathematics

Additional Training (CME)

2015	CME in A COMMUNITY HEALTH WORKER TRAINING RESOURCE FOR PREVENTING HEART DISEASE AND STROKE, Centers for Disease Control and Prevention (CDC), e-seminar.
2014	CME in PRINCIPLES OF EPIDEMIOLOGY IN PUBLIC HEALTH PRACTICE, Centers for Disease Control and Prevention (CDC), e-seminar.
2014	CME in DATA ANALYSIS AND CAUSAL INFERENCE, University of North Carolina Gillings School of Global Public Health, e-seminar.
2013	FOOD CRISIS EXERCISE, European Food Safety Authority (EFSA), Parma, Italy, 1-3 October 2013.
2009	CME in DATA INTERPRETATION FOR PUBLIC HEALTH PROFESSIONALS, University of Washington, School of Public Health, e-seminar.
2009	CME in “Ischemic Heart Disease” Summit, University of Pisa, Department of Cardiology, Pisa, Italy
2008	CME in “Implementing CVD prevention in clinical practice: a global public health strategy”. European Society of Cardiology, Nice, France
2006	CME in “Atherosclerosis”, EAS Summer School, Hamburg, Germany

Memberships in Scientific Advisory Bodies/Committees/Panels (if any):

COUNCILS

2016-2018	Member (Nucleus) Preventive Cardiology Association, European Society of Cardiology
2013-2016	MEMBER, Scientific Council of Hellenic Food Safety Authority, Ministry of Health
2011-2014	MEMBER, National Council Public Health, Ministry of Health
2010-2013	MEMBER, Scientific Council of Hellenic Food Safety Authority Ministry of Health

ACADEMIC

2013–2016	MEMBER of the Senate, Harokopio University
2013-2015	DIRECTOR of the Graduate Program, Department of Nutrition and Dietetics, Harokopio University
2012	Member, Election Committee for the Council of Harokopio University
2012	Member, Committee of Harokopio University for «Development and sale of digital educational content from universities and TEI - Open academic courses»
2011-2013	DIRECTOR of the Graduate Program, Department of Nutrition and Dietetics, Harokopio University
2011-2013	Member, Education and Research Committee, Harokopio University
2011	Member, Committee of the Department of Nutrition and Dietetics, Harokopio University for Lifelong Training
2010	Member, Committee of the DASTA project, Harokopio University
2010	Member, selection committee of graduate students for the Department of Nutrition and Dietetics, Harokopio University
2009-2011	Associate Member, Education and Research Committee, Harokopio University

- 2009-2011** **Member**, Committee of the Department of Nutrition and Dietetics, Harokopio University for the webpage and e-class
- 2010** **Member**, Organizing Committee of 1st Bi-annual Conference of the Graduate programs of the Department of Nutrition and Dietetics, Harokopio University
- 2010–2011** **MEMBER of the Senate**, Harokopio University
- 2009-2011** **Member**, executive board of the Graduate Programs of the Department of Nutrition and Dietetics, Harokopio University
- 2009** **Member**, Committee of the Department of Nutrition and Dietetics, Harokopio University for Lifelong Training (4th ΕΚΤ ΕΣΠΑ 2007-2013)
- 2006-2013** **Member**, of the Committee of the Computers Lab of the Department of Nutrition and Dietetics, Harokopio University

COMMITTEES

- 2012-2014** **Member, National Nutritional Guidelines Committee**, Prolepsis Institute & University of Athens, Ministry of Health
- 2012-today** **Member**, Cypriot Council of Higher Education Recognition (KYSATS)
- 2012** **Member**, Committee for “Action in Reducing Salt Intake”, Ministry of Health
- 2012** **Member**, “Nutrition, Foods, and Agriculture”, Ministry of Education
- 2011** **CHAIR**, Committee for “Management of Food Control and Safety”, National Food Safety Authority, Ministry of Health
- 2011** **CHAIR**, Committee for “Evaluation of heavy metals in Greek foods” National Food Safety Authority, Ministry of Health
- 2011** **Member**, Committee for “Evaluation Food and Health Risks”, National Food Safety Authority, Ministry of Health
- 2005-2006** **Member**, Committee for “Risk and Insurance Analysis”, Ministry of Health
- 2005** **Member**, Committee for “Nutritional Policy”, National Food Safety Authority, Ministry of Agriculture
- 2011–2013** **Member**, Education Committee, **American College of Epidemiology**
- 2009–2011** **Member**, Education Committee, **American College of Epidemiology**
- 2006** **Member**, Council on Epidemiology and Prevention, **American Heart Association**
- National*
- 2014–2016** **SECRETARY**, Executive Board, **Greek Statistical Institute**
- 2010–2014** **SECRETARY GENERAL**, Executive Board, **Hellenic Atherosclerosis Society**
- 2006** **Member**, working group Quality of Care and Outcomes Research, **American Heart Association**
- 2006–2010** **SECRETARY**, Executive Board, **Hellenic Atherosclerosis Society**
- 2006–2008** **Member**, Executive Board, **Hellenic Society of Nursing Research and Education**
- 2004–2006** **Member**, Executive Board, **Hellenic Society of Lipidology and Atherosclerosis**

Memberships in Learned Societies (if any):

Fellowship(s)

- FACE**, American College of Epidemiology (*elected* 2011)
- FRSPH**, Royal Society of Public Health (*elected* 2010)
- FESC**, European Society of Cardiology (*elected* 2008-2010)

Membership(s)

- Hellenic Society of Nutrigenetics & Nutrigenomics (2008)
- Society for Risk Analysis (2007)
- European Society of Cardiology (2005)
- Greek Statistical Institute (2005)
- American College of Epidemiology (2004)
- Hellenic Society of Arteriosclerosis and Lipidology (2004)
- European Arteriosclerosis Society (2003)
- Hellenic Society of Arteriosclerosis (2002)
- International Epidemiological Association (2001)
- International Biometrics Society - EMR (2000)
- Society for Clinical Trials (1999)
- American Statistical Association (1996)
- Hellenic Mathematical Society (1989)

Memberships in Editorial Boards (if any):

Editor-in-Chief, "DIETS e-journal", (DIETS thematic network) since 2013
Editor-in-Chief, "Hellenic Journal of Nutrition & Dietetics" (in Greek), since 2010
Editor-in-Chief, "Cardiovascular Epidemiology e-journal" (in Greek), since 2005
Associate Editor, "Lipids in Health and Disease", since 2007
Associate Editor, "Reviews in Diabetic Studies", 2006-2011 & since 2012
Associate Editor, "Atherosclerosis", since 2014
Associate Editor, "Public Health Nutrition", since 2014
Associate Editor, "Hellenic journal of Cardiology", Hellenic Cardiology Society, since 2015
Editor, "Current Food Nutrition Science", since 2012
Editor, "Journal of Allergy & Therapy", since 2011
Editor, "World Journal of Diabetes", since 2010
Editor, "Epidemiology Research International", since 2010
Editor, "Maturitas", since 2009
Editor, "Atherosclerosis", 2009-2013
Editor, "Nutrition, Metabolism and Cardiovascular Disease", since 2008
Statistical Editor, "Vascular Disease Prevention", since 2008.
Statistical Editor, "Current Vascular Pharmacology", since 2008.
Statistical Editor, "The Open Cardiovascular Medicine Journal", since 2008.
Statistical Editor, "Health Science Journal", since 2007
Statistical Editor, "Hellenic journal of Cardiology", Hellenic Cardiology Society, 2010-2015

List of Publications:

Books

Panagiotakos D.B., "Research Methods and Analysis, in Health Sciences", 2nd Edition, DIONICOS Pub Co., Athens 2011 (p. 550)
Stavrinos V, Panagiotakos D.B., "Biostatistics", Gutenberg Pub. Co., Athens 2007 (p. 472)
Panagiotakos D.B., "Research Methods and Analysis, in Health Sciences", K Kostakis Pub Co., Athens 2005 (p. 450)
Panagiotakos D.B., Pitsavos C., Stefanadis C. "Cardiovascular Epidemiology: CARDIO2000 study", K. Kostakis Pub. Co., Athens 2003 (p. 112)

Chapters in Books

Selected 6 (in English) out of 27

1. R. Kostis, D. Panagiotakos. «Parental and Childhood Obesity: the role of food habits», in NEW RESEARCH ON FOOD HABITS. Nova Science Publishers, Inc., (ISBN 978-1-60456-864-6), (pp 65-84), New York, 2009.
2. D. Panagiotakos, D. Mikhailidis, C. Pitsavos. "Features of the Mediterranean Diet on the burden of CVD", in HANDBOOK OF DISEASE BURDEN AND QUALITY OF LIFE MEASURES, by Victor R Preedy and Ronald Ross Watson. Springer-Verlag, Inc., (ISBN 978-0-387-78665-0), Germany, 2010.
3. R. Kostis, D. Panagiotakos. «Olive Oil and Acute Coronary Syndromes», in OLIVE OIL IN HEALTH AND DISEASE PREVENTION, by Victor R Preedy and Ronald Ross Watson. Elsevier, Inc., (ISBN 978-0-123-7442-0), New York, 2010.
4. Kastorini CM, Milionis H, Goudevenos J, Panagiotakos DB. «Fish consumption and cardiovascular disease risk », in BIOACTIVE FOODS AND CHRONIC DISEASE STATES. by Steevens Bethany & Ronald Ross Watson. Elsevier, Inc., (ISBN), (pp 9-18), New York, 2012.
5. Matalas AL, Lazarou C, Panagiotakos D. Meal Habits of Cypriot Schoolchildren: Associations with Socio-Economic Factors, in TIME FOR FOOD: EVERYDAY MEALS AND CHANGING FOOD HABITS, by Lysaght P. (ISBN), (pp 8-16), 2012.
6. G. Antonogeorgos, D. Panagiotakos. «Diet quality and viewing TV and Games» in DIET QUALITY: AN EVIDENCE-BASED APPROACH, by Victor R Preedy. Springer Sciences + Business Media, Inc., 2012.

PAPERS IN PEER REVIEWED INTERNATIONAL JOURNALS

Total papers published: 571 (Corresponding author in 420 papers)

Indices of international reputation

Number of Citations: 13,466 (h-index: 54)

- Average (Median) Impact Factor (IF) of Journals = 2.9 (2.2)
Papers in journals with IF ≥ 1 : 503; # Papers in journals with IF ≥ 3 : 185; # Papers in journals with IF ≥ 5 : 87;
Papers in journals with IF ≥ 10 : 7

Selection of 7 out of 571 papers published in peer reviewed international Journals

1. Georgousopoulou EN, Pitsavos C, Yannakoulia M, Panagiotakos DB. The role of dietary patterns' assessment in the predictive ability of cardiovascular disease risk estimation models: a review. *Int J Food Sci Nutr.* 2013 Aug 15.
2. Kastorini CM, Georgousopoulou E, Vemmos K, Nikolaou V, Kantas D, Milionis H, Goudevenos J, Panagiotakos DB. Comparative Analysis of Cardiovascular Disease Risk Factors Influencing Non-fatal Acute Coronary Syndrome and Ischemic Stroke. *Am J Cardiol.* 2013;
3. Antonogeorgos G, Panagiotakos DB, Pitsavos C, Papageorgiou C, Chrysohoou C, Papadimitriou GN, Stefanadis C. Understanding the role of depression and anxiety on cardiovascular disease risk, using structural equation modeling; the mediating effect of the Mediterranean diet and physical activity: the ATTICA study. *Ann Epidemiol.* 2012 Sep;22(9):630-7.
4. Tyrovolas S, Tountas Y, Polychronopoulos E, Panagiotakos D. A parametric model of the role of nutritional services within the health care system, in relation to cardiovascular disease risk among older individuals. *Int J Cardiol.* 2011
5. Panagiotakos DB, Pitsavos C, Stefanadis C. Inclusion of dietary evaluation in cardiovascular disease risk prediction models increases accuracy and reduces bias of the estimations. *Risk Anal.* 2009 Feb;29(2):176-86. Epub 2008 Oct 20. PubMed PMID: 19000082
6. Panagiotakos DB, Pitsavos C, Stefanadis C. Dietary patterns: a Mediterranean diet score and its relation to clinical and biological markers of cardiovascular disease risk. *Nutr Metab Cardiovasc Dis.* 2006 Dec;16(8):559-68. Epub 2006 Feb 9. PubMed PMID: 17126772.
7. Panagiotakos DB, Arapi S, Pitsavos C, Antonoulas A, Mantas Y, Zombolos S, Stefanadis C. The relationship between adherence to the Mediterranean diet and the severity and short-term prognosis of acute coronary syndromes (ACS): The Greek Study of ACS (The GREECS). *Nutrition.* 2006 Jul-Aug;22(7-8):722-30. Epub 2006 May 30. PubMed PMID: 16730948.