PROGRAMME

Venue
Alvisse Parc Hotel, 120 Route d’Echternach, L-1453 Luxembourg City, Luxemburg

DAY 1: February 8th

Chairs:
Jose Miguel Caldas de Almeida, NOVA University, Portugal, EU Compass for Mental Health and Well-being
Herta Adam, Deputy Head of Unit Health Programme and Chronic Diseases, DG Health and Food Safety, European Commission

12:00-13:00  Registration and walk in lunch

SESSION 1: PROGRESS OF THE EUROPEAN MENTAL HEALTH AGENDA

13:00-13:10  Welcome and opening remarks
Chairs

13:10-13:25  Mental health on EC agenda: 2 years after the EU Framework for Action
Stefan Schreck, Head of Unit, Health Programme and Chronic Diseases, DG Health and Food Safety, European Commission

13:40-13:55  Prioritising mental health on national health agenda – experiences from Italy
Angelo Fioritti, Head, Bologna Mental Health Department, on behalf on Ministry of Health, Italy

13:25-13:40  EU Compass for Mental Health and Well-being: impact and follow-up
Ionela Petrea, Head, Trimbos International, Netherlands, Leader of the EU Compass for Mental Health and Well-being

13:55-14:15  Report on developments in Member States and key stakeholders: policies, activities and practices
The European monitoring mechanism for mental health
Johannes Parkkonen, Project Coordinator, Finnish Association for Mental Health, EU Compass for Mental Health and Well-being

2018 Progress report in Member States and key stakeholders
Diana Frasquilho, Researcher, Faculty of Medical Sciences, NOVA University, Portugal, EU Compass for Mental Health and Well-being

14:15-14:30  Remarks and brief discussion

14:30-15:00  Coffee break
SESSION 2: COMMUNITY MENTAL HEALTH CARE

15:00-15:15 Peer expertise and leadership: nothing about us without us
Vlatka Ročić-Petak, Expert by experience and Sociologist

15:15-15:30 Community mental health care – scientific paper
Hellen Killaspy, Professor of Rehabilitation Psychiatry, University College London, UK

15:30-15:45 What does good look like in community mental health care? From science to shaping practices across EU
Rene Keet, Chair, European Community-based Mental Health Service Providers (EUCOMS) Network, Director of Care Development and Implementation, GGZ Noord-Holland-Noord, Netherlands

15:45-16:00 Good practices in community care: experiences from the 24 European countries of the European Alliance against Depression
Ulrich Hegerl, President, European Alliance against Depression, Director of the Department of Psychiatry and Psychotherapy, University of Leipzig, Germany

16:00-16:30 Coffee break

16:30-17:40 BREAK-OUT SESSIONS

1. Service user expertise in mental health care and anti-stigma & discrimination initiatives
Chair: David Crepaz-Keay, Head of Empowerment and Social Inclusion, Mental Health Foundation England
Speakers:
Gerdien Rabbers, Director of Stronger Together without Stigma (Samen Sterk Zonder Stigma), Netherlands
Berenice Staedel, Project Manager, WHO Collaborating Centre for Research and Training in Mental Health, EPSM Lille Métropole, France

2. Community Mental Health Services: identifying gaps and assessing performance
Chair: Johannes Parkkonen, Project Coordinator, Finnish Association for Mental Health, EU Compass for Mental Health and Well-being
Speakers:
Silvana Galderisi, President of the European Psychiatric Association, Board Member of the European Brain Council
Mirella Ruggeri, Director of the Psychiatric University Clinic, WHO Collaborating Centre for Research and Training in Mental Health and Service Evaluation, Professor of Psychiatry, University of Verona, Italy

3. Making irreversible changes towards community mental health services: experiences and challenges in shifting towards new models of care
Chair: Laura Shields-Zeeman, Senior Healthcare Implementation Specialist, Trimbos International, Netherlands, EU Compass for Mental Health and Well-being
Speakers:
Daniela Stimac, Head of Department for Mental Health and Addiction Prevention, Croatian Institute of Mental Health
Raluca Nica, Executive Director, Romanian League for Mental Health
4. State of play and strategies for upholding the rights of mental health service users

Chair: Claudia Marinetti, Programme Manager, EuroHealthNet

Speakers:
Nigel Henderson, President, Mental Health Europe
Simon Vasseur Bacle, Head of International Affairs, Clinical psychologist, WHO Collaborating Centre for Research and Training in Mental Health, EPSM Lille Métropole, France

5. Implementing comprehensive community-based mental health services: What have we learned in Europe?

Chair: Jose Miguel Caldas de Almeida, NOVA University, Portugal, EU Compass for Mental Health and Well-being

Speakers:
Roberto Mezzina, Director, WHO Collaborating Centre for Research and Training, Department of Mental Health, Trieste, Italy
Jean Luc Roeland, Director, WHO Collaborating Centre for Research and Training in Mental Health, EPSM Lille Métropole, France

17:40-18:00 Feedback from sessions & Wrap-up discussion

19:00-19:30 Standing aperitif

Theatre play “On the other side of the looking glass, creative start” Ludruga and Trešnjevka Cultural Center, Croatia

19:30 Dinner

DAY 2: February 9th

Chairs:
Terje Peetso, Head of Sector "eHealth and Ageing Policy", Unit H3 – eHealth, Wellbeing and Ageing, DG Communications Networks, Content and Technology, European Commission
Kristian Wahlbeck, Director of Development, Finnish Association for Mental Health

8:00 – 9:00 Welcome coffee

SESSION 3: MENTAL HEALTH IN ALL POLICIES

9:00-9.10 Integrated governance for mental health – opening remarks

Chairs

09:10-09:25 Active and healthy living for prevention and promotion of mental health

Nicos Andreopoulos, Secretary General, European Network of Active Living for Mental Health (ENALMH)
09:25-09:40 How can cities and regions improve governance and implementation to make mental health in all policies a reality?  
Fredrik Lindencrona, Research and Development Manager, Swedish Association of Local Authorities and Regions, Chair of the International Initiative for Mental Health Leadership

09:40-09:55 Mental health and wellbeing in Icelandic policies: a basis for social and economic sustainability  
Dóra Guðrún Guðmundsdóttir, Head of Division, Determinants of Health and Wellbeing, Directorate of Health, Iceland

09:55-10:10 EU research to promote mental health: past successes and future opportunities  
Katarina Krepelkova, Project Officer, DG Research, European Commission

10:10-10:30 Discussion, questions and answers

10:30-11:00 Coffee break

11:00-12:00 ROUND TABLE: From the EU Framework for Action to implementation - lessons learned from the EU Compass  
Facilitator: John F. Ryan, Director for Public Health, Country Knowledge, Crisis Management, DG Health and Food Safety, European Commission
Panellists:  
Jose Miguel Caldas de Almeida, NOVA University, Portugal, Leader of the Joint Action on Mental Health and Well-Being  
Vladimir Nakov, Department Mental Health, National Centre of Public Health and Analyses, Bulgaria  
Ionela Petrea, Head, Trimbos International, Netherlands, Leader of the EU Compass for Mental Health and Well-being  
Dita Protopopova, Leader, National Project for Reforming Mental Health Care, Ministry of Health, Czech Republic  
Jaana Vastamäki, Senior Specialist, Ministry of Social Affairs and Health, Finland

12:00-12:30 Conclusions and closing  
John F. Ryan, Director for Public Health, Country Knowledge, Crisis Management, DG Health and Food Safety, European Commission

12:30 Take-away lunch