



Flash Report
Seventh Joint Meeting of the High Level Group on
Nutrition and Physical Activity and the EU Platform for
Action on Diet, Physical Activity and Health
18 February 2015
Conclusions of the Chair

INTRODUCTION BY THE DIRECTOR

John F. Ryan, Acting Director DG SANTE, underlined that this 7th Joint Meeting was mostly dedicated to the monitoring of the Action Plan on Childhood Obesity, health-enhancing physical activity and food reformulation.

WHAT IS NEW

Jan Wollgast, Joint Research Centre, provided an overview of scientific news and developments in the fields of nutrition and physical activity.

http://ec.europa.eu/health/nutrition_physical_activity/docs/ev_20150218_2_co2_en.pdf

KEY ADDRESS BY COMMISSIONER ANDRIUKAITIS

Commissioner Vytenis Andriukaitis reaffirmed the importance of the High Level Group on Nutrition and Physical Activity and of the EU Platform for Action on Diet, Physical Activity and Health. He asked them to engage further in three directions:

- Social inequalities to contribute to better inform, empower and protect the most vulnerable members of the society.
- Products reformulation to cover all nutrients of the EU Framework agreed in 2011 with common targets and concrete implementation plans.
- Cooperation to build country-specific and cross-countries knowledge to support national policies development on obesity.

ACTION PLAN ON CHILDHOOD OBESITY

Artur Furtado, Health Determinants Unit, DG SANTE and Joao Breda, WHO, provided an overview of the monitoring

mechanism for the Action Plan for Childhood Obesity.

UPDATE ON EU ACTIONS ON HEALTH-ENHANCING PHYSICAL ACTIVITY

Susanne Hollmann from DG Education and Culture provided an update on the actions being developed to promote health-enhancing physical activity. The new Erasmus+ Programme and the first European Week of Sport were presented.

http://ec.europa.eu/health/nutrition_physical_activity/docs/ev_20150218_2_co3_en.pdf

FOOD REFORMULATION

Henk Reinen, Dutch Ministry of Health, Welfare and Sport, presented the views of the Netherlands' authorities on food reformulation, including EU action on the topic.

http://ec.europa.eu/health/nutrition_physical_activity/docs/ev_20150218_2_co7_en.pdf

TOMORROW'S HEALTHY SOCIETY

Anne-Katrin Bock, Joint Research Centre, presented the results of the foresight study 'Tomorrow's Healthy Society'.

http://ec.europa.eu/health/nutrition_physical_activity/docs/ev_20150218_2_co8_en.pdf

CONCLUSIONS

The Chair:

- reminded Commissioner Andriukaitis' expectations regarding childhood obesity, food reformulation, promotion of physical activity and health inequalities.
- stressed the importance of monitoring to contribute to the implementation of the Action Plan on Childhood Obesity.