

## **PRESENTATIONS AND PUBLICATIONS RELATED TO THE PROJECT**

The project has been presented and the outcome has been discussed at a series of International Meetings, and a number of related scientific papers have been published. The following list summarizes some of these presentations and papers, given by the project co-ordinator, M Sjöström, also chair of the Physical Activity Expert Group, and Agneta Yngve, chair of the Breastfeeding Expert Group.

### **International Monitoring of Breastfeeding**

Yngve, A, Sjöström, M Breastfeeding in Europe – rationale and prevalence. *Public Health Nutr* 4:375-376 (2001) (*Abstract*)

Yngve, A, Sjöström, M Breastfeeding in countries of the European Union and EFTA: Current and proposed recommendations, rationale, prevalence, duration and trends. *Public Health Nutr* 4:631-645 (2001)

Yngve, A, Sjöström, M Breastfeeding determinants and a suggested framework for action in Europe. *Public Health Nutr* 4:729-739 (2001)

Yngve A, Kylberg E, Sjöström M Breast-feeding in Europe – rationale and prevalence, challenges and possibilities for promotion. *Publ Health Nutr* (2001) 4:1351-1355

Yngve A, Kylberg E, Sjöström M Monitoring of breastfeeding in the European Union. In: *Proc Second Int Conf Monitoring Health Behaviors – Towards Global Surveillance (CDC/KTL)*, Helsinki, 2001, 123

Yngve A, Sjöström M Breastfeeding – The development of a European promotion Strategy. In: *Proc 1<sup>st</sup> Ann Meeting Int Soc Behavioral Nutrition and Physical Activity (ISBNPA)*, Seattle 2002, p. 41

### **Monitoring Nutrition and Physical Activity at international level**

Sjöström M, Oja P, Craig C, Bull F Invited presentation: The International Physical Activity Questionnaire (IPAQ) – Towards standardized global assessment of health-related physical activity. In: *Proc Second Int Conf Monitoring Health Behaviors – Towards Global Surveillance (CDC/KTL)*, Helsinki, 2001, 103

Fogelholm, M, Kolset, SO, Rasmussen, LB, Sjöström, M, Yngve, A Physical Activity – a part of dietary recommendations? Closing discussion and recommendations. *Tema Nord* 554:131-135 (2001)

Sjöström M, Yngve A Symposium (Chair: M Sjöström), invited contribution; Public Health Nutrition in Europe after Eurodiet; Promotion strategies. In: *Proc 1<sup>st</sup> Ann Meeting Int Soc Behavioral Nutrition and Physical Activity (ISBNPA)*, Seattle 2002, p. 41

Sjöström M, Yngve A Symposium, invited contribution: Physical Activity – Monitoring and Surveillance. In: *Proc 1<sup>st</sup> Ann Meeting Int Soc Behavioral Nutrition and Physical Activity (ISBNPA)*, Seattle 2002, p. 42

Sjöström M, Hagströmer M. Key Note Lecture: Global Study on Diet, Physical Activity and Health. *4<sup>th</sup> Nordic Health Promotion Research Conference*, June 2003, Västerås, Sweden. (Abstract)

Sjöström, M. Invited speaker; 17<sup>th</sup> Puijo Symposium on Physical Activity and Health: Gender differences across the Lifespan, title: “International comparisons – International Physical Activity Questionnaire”. Kuopio, June (2003) (no abstract)

Sjöström M, Yngve A, Hagströmer M. Symposium, invited contribution; IPAQ and accelerometry in the measurement of physical activity. In: *Abstract 8<sup>th</sup> Ann Congr Eur College of Sport Science*, July 2003, Salzburg (2003)

Sjöström M, Moshfegh A, Craig C, Bauman A. Symposium (Chair: M Sjöström); Monitoring of physical activity and food intake on a Global level. In: *Proc 2nd Ann Int Soc Behavior Nutrition Phys Act Conf*, July, 2003, Quebec.

Yngve A, Sjöström M, Poortvliet E. Overweight and waist circumference in a group of Swedish children and adolescents. In: *Proc 13<sup>th</sup> European Childhood Obesity Group Workshop*, Brindisi, Sept, 2003.

Sjöström M Invited participant, 3<sup>rd</sup> Int Scientific Meeting on “Global Issues in Surveillance of Health Behaviours in Populations: Translating Data into Action”. Noosaville, Queensland, Australia, October, (2003) (no abstract)

### **International Monitoring of Physical Activity**

Hagströmer M, Ekelund U, Yngve A, Sjöström M A validity study of IPAQ versus two indirect and two direct measures of physical activity. In: *Proc 49th Annual Meeting ACSM, St. Louis 2002. Med Sci Sports Exerc (2002) 34(5):S139, Abstract 774*

M Sjöström M, Bull F, Craig C Towards standardized global assessment of health-related physical activity – the International Physical Activity Questionnaires (IPAQ). In: *Proc 49th Annual Meeting ACSM, St. Louis 2002. Med Sci Sports Exerc (2002) 34(5):S202. Abstract 1140*

Yngve A, Sjöström M, Ekelund U Amount and pattern of health related physical activity among adults in relation to current recommendations. In: Proc 49th Annual Meeting ACSM, St. Louis 2002. *Med Sci Sports Exerc* (2002) **34**(5):S265, Abstract 1486

Sjöström M Level and pattern of physical activity in the population. In: *Proc Int Symp Health-Enhancing Physical Activity* (UKK Inst), Helsinki, 2002, p.17

Craig C, Marshall A, Sjöström M, Bauman A, Booth M, Ainsworth B, Pratt M, Ekelund U, Yngve A, Sallis J, Oja P, and the IPAQ Consensus Group and the IPAQ Reliability and Validity Study Group. International Physical Activity Questionnaire (IPAQ): a comprehensive reliability and validity study in twelve countries. *Med Sci Sports Exerc* (2003) **35**(8):1381-1395

Ruetten A, Vuillemin A, Ooijendijk WTM, Schena F, Sjöström M, Stahl T, Vanden Auweele Y, Welshman J, Ziemanz H. Physical Activity monitoring in Europe. The European Physical Activity Surveillance System (EUPASS) approach and indicator testing. *Public Health Nutrition* (2003) **6**:377-384.

Sjöström M, Ekelund U, Yngve A. Assessment of physical activity. In: *The Nutrition Society Human Nutrition Textbook Series; Public Health Nutrition* (Chapter 4), M Gibney (Ed.). Blackwell Publishing, Oxford (2003) (*In Press*)

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