



EPIC-Elderly: Network on Ageing and Health

DG: SANCO

Directorate C – Public Health and Risk Assessment

Grant Agreement n° 2004126

Coordinator: Antonia Trichopoulou

- **Call: “Public Health-2004” – OJ 2004/C52**
- **Submitted: 26-04-2004**
- **Approved: 22-07-2004**
- **Date of initiation: 01-05-2005**
- **Duration: 36 months**

3rd meeting of the Working Party on Lifestyle
and other Health Determinants
Luxembourg, 26 April, 2006



Main objectives

- **To expand an existing databank on European elders, already including standardised baseline information on environmental parameters and self reported morbidity, with standardised follow up data on environmental parameters, morbidity and cause-specific mortality which have been collected on a national basis in 8 European countries, participating in EPIC and EPIC-Elderly.**
- **To set up an expert panel, which will deliver an information database on potential predictors of healthy ageing, by systematic reviews of the relevant literature.**
- **To assess the health status of the ageing population by means of age-related conditions such as cardiovascular diseases, diabetes, hypertension, hyperlipidaemia, obesity and cancer.**
- **To investigate the cross-sectional and longitudinal associations of available environmental data with morbidity and mortality in different age groups of elderly, as well as, with changes in morbidity.**
- **To prepare public health reports focussing on determinants of healthy ageing for European elders, which could be used at the policy making level in the important field of health care for the elderly**
- **To disseminate the results of the study to interested bodies.**

Partners

- **Greece:** *National and Kapodistrian University of Athens (NKUA),*
- **Germany:** *Deutsches Krebsforschungszentrum, Heidelberg, (DKFZ)*
- **Germany:** *German Institute of Human Nutrition (DifE), Potsdam*
- **France:** *Institute National de la Sante et de la Recherche Medicale (INSERM), Villejuif Cedex*
- **Spain:** *Regional Health Department, Basque Government, San Sebastian*
- **Italy:** *Instituto Nazionale per lo Studio e la Cura dei Tumori, Milan*
- **The Netherlands:** *Julius Centre for General Practice and Patient Oriented Research, Utrecht*
- **Denmark:** *Institute of Cancer Epidemiology, Danish Cancer Society, Copenhagen*
- **Sweden:** *Nutritional Research, Department of Public Health and Clinical Nutrition, Umea University, Umea*
- **IARC:** *Unit of Nutrition and Cancer, International Agency for Research on Cancer (IARC), Lyon, France.*

WORKPLAN

- **1st plenary meeting: 6-7 July, 2005**

List of baseline variables on morbidity

List of follow-up variables on morbidity and potential confounders which have been collected at the individual EPIC centres (with active follow-up)

Transfer of the above indicated variables to the coordinating centre (Athens) together with updated cause specific mortality data provided by all participating countries

- **2nd plenary meeting: 12/2005**

Standardization procedures

Expert panel of scientists for systematic literature reviews on healthy ageing

- **3rd plenary meeting (will commence: 4-5 May, 2006 in Umea)**

Data analyses by the coordinating centre

- **4th (planned: October, 2006) & , 5th (planned: May, 2007) plenary meetings**

Results, scientific papers

- **6th plenary meeting (planned: October, 2007)**

Public health reports / dissemination activities

WORK PROGRESS

- Finalization of list of morbid conditions to be considered
- Documentation of availability of data and source of collection of information within each participating centre
- Guidelines for standardization procedures and data transfer

PRESENT AND FUTURE WORK

- Data transfer to Athens (in process)
- Database on systematic literature reviews for healthy ageing (in process)
- Publications and Public health reports based on the availability of data on morbidity of elderly Europeans
- Publications and Public health reports on the definitions of healthy ageing
- Wide dissemination of the results of the project

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