B. PACKAGE LEAFLET

PACKAGE LEAFLET

Read all of this leaflet carefully before you start using this medicine.

- Keep this leaflet. You may need to read it again.
- If you have further questions, please ask your doctor or your pharmacist.
- This medicine has been prescribed for you personally and you should not pass it on to others. It may harm them, even if their symptoms are the same as yours.

What's in this leaflet:

- 1. What Bextra is and what it is used for
- 2. Before you use Bextra
- 3. How to use Bextra
- 4. Possible side-effects
- 5 Storing Bextra
- 6. Further information

Bextra 10 mg film-coated tablets

Valdecoxib

The active substance in Bextra is valdecoxib.

Bextra film-coated tablets contain 10 mg valdecoxib.

The other ingredients are lactose monohydrate, microcrystalline cellulose, pregelatinised starch (maize), croscarmellose sodium, and magnesium stearate. The coating of the tablet contains titanium dioxide (E171), hypromellose (E464), macrogol, polysorbate (E433).

Marketing Authorisation Holder:

Pharmacia-Pfizer EEIG, Hillbottom Road, High Wycombe, Buckinghamshire HP12 4PX, United Kingdom

Manufacturer:

Pharmacia Limited, Whalton Road, Morpeth, Northumberland NE61 3YA, United Kingdom

Heinrich Mack Nachf. GmbH & Co., KG, Heinrich-Mack-Str. 35, D-89257, Illertissen, Germany

1. WHAT BEXTRA IS AND WHAT IT IS USED FOR

What Bextra is:

Your body makes substances called prostaglandins. Some prostaglandins cause pain and swelling, whilst others help protect the stomach lining. Bextra works by reducing the amount of prostaglandins which produce pain and swelling without reducing the protective prostaglandins in the stomach.

Bextra treats pain and inflammation. It belongs to a group of medicines called Coxibs that act by inhibiting cyclooxygenase-2 (COX-2).

Bextra 10 mg film-coated tablets are white, capsule-shaped and are marked with '10' on one side and '7815' on the other side.

Bextra film-coated tablets are available in the following pack sizes:

Blister packs of: 5, 10, 20, 30, 30x1, 50, 100 and 100x1 film-coated tablets

Bottle: 300 and 500 film-coated tablets

Not all pack sizes may be marketed.

Osteoarthritis and rheumatoid arthritis: Bextra is used to relieve the pain and swelling caused by osteoarthritis and rheumatoid arthritis.

Primary dysmenorrhoea (menstrual pain and cramping): Bextra is used to treat menstrual pain and cramping.

2. BEFORE YOU USE BEXTRA

Do not use Bextra:

- if you are hypersensitive (allergic) to valdecoxib or any of the other ingredients of Bextra
- if you have had an allergic reaction to acetylsalicylic acid (aspirin) or to other NSAIDs (e.g. ibuprofen) or to COX-2 inhibitors. Reactions might include wheezing (bronchospasm), badly blocked nose, itchy skin, rash or swelling of the face, lips or tongue, other allergic reactions or nasal polyps after taking these medicines
- if you have had an allergic reaction to a group of medicines called "sulphonamides" (e.g. some antibiotics used to treat infections)
- if you have a gastric or intestinal ulcer or gastrointestinal bleeding
- if you have inflammation of the intestines (ulcerative colitis or Crohn's disease)
- if you have serious heart failure
- if you have serious liver disease
- if you are more than 6 months pregnant
- if you are breastfeeding

Talk to your doctor first before using Bextra

Make sure your doctor knows before you start taking Bextra:

- if you have had an ulcer, bleeding or perforation of the gastrointestinal tract.
- if your heart, liver or kidneys are not working well
- if your blood pressure is high or if you are about to have heart surgery and have had a stroke
- if you have fluid retention (oedema, such as swollen ankles and feet)
- if you are dehydrated, for instance due to sickness, diarrhoea or the use of diuretics
- if you use medicines to reduce blood clotting
- if you have an infection, as it may hide fever (which is a sign of infection) and make you think, mistakenly, that you are better or that the infection is not serious
- if you are trying to become pregnant
- if you are pregnant

Using Bextra with food and drink:

Bextra may be taken with or without food.

Pregnancy and Breast-feeding

Like other medicines including aspirin or other NSAID medicines, if you are pregnant or thinking of becoming pregnant, you must inform your doctor before using Bextra. Do not use Bextra if you are more than 6 months pregnant. If you are breast-feeding, you must not use Bextra, as it is not known whether valdecoxib passes into breast milk.

Ask your doctor or pharmacist for advice before taking any medicine.

Driving and using machines:

If you feel dizzy or tired after using Bextra, do not drive or use heavy machinery until you feel better again.

Using other medicines:

Please inform your doctor or pharmacist if you are taking or have recently taken any other medicines, even those not prescribed.

Medicines can sometimes affect the way that other medicines work. You may need to reduce the amounts of Bextra or other medicines. Your doctor will advise you. Tell your doctor if you are taking any of the following medicines:

- Fluconazole or ketoconazole (used to treat fungal infections)
- ACE inhibitors (for high-blood pressure and heart failure)
- Diuretics (water tablets used to treat fluid retention)
- Cyclosporin and tacrolimus (used for immune system suppression e.g. after transplants)
- Warfarin (used to prevent blood from clotting)
- Lithium (used to treat depression)
- Rifampicin (used to treat bacterial infections)
- Antiarrhythmics (for irregular heartbeat)
- Phenytoin or carbamazepine (for epilepsy)
- Theophylline (for asthma)
- Methotrexate (for rheumatoid arthritis and cancer)
- Neuroleptics (used to treat psychoses)
- Omeprazole (used to treat gastric ulcers and oesophageal reflux disease)

Bextra can be used in combination with low dose aspirin.

3. HOW TO USE BEXTRA

Always take Bextra exactly as your doctor has instructed you. You should check with your doctor or pharmacist if you are unsure. If you have the impression that the effect of Bextra is too strong or too weak, talk to your doctor or pharmacist.

Recommended dose

Bextra is for adults only; it is not for use in children.

For osteoarthritis and rheumatoid arthritis the recommended dose is 10 mg taken once a day. The maximum dose is 20 mg once daily. Bextra should be taken each day for as long as your doctor prescribes. Bextra will not cure your condition, but it should help to control pain, swelling and stiffness.

For treatment of menstrual pain the recommended dose is 40 mg taken once a day as required. On the first day you may take an additional 40 mg dose if needed. Only take 80 mg in total on the first day of treatment and after that only 40 mg once daily.

It is important that you take your tablets as your doctor has instructed.

Elderly patients:

If you are over 65 years of age and especially if you weigh less than 50 kg, you may not eliminate valdecoxib as quickly from your body. Your doctor may start you at the lowest recommended dose.

Liver problems:

If you have liver problems your doctor may start with the lowest recommended dose of Bextra for osteoarthritis and rheumatoid arthritis (10 mg once a day) and the dosage should not exceed 20 mg for primary dysmenorrhoea.

Other medicines:

Your doctor may prescribe a lower dose of Bextra if you are taking medicines called fluconazole or ketoconazole (see section "Using other medicines").

If you take more Bextra than you should:

Immediately contact your doctor, pharmacist or hospital.

If you forget to take Bextra:

If you forget to take a tablet, take it as soon as you remember. If it is almost time for your next tablet, do not take the tablet that you have missed. Thereafter, continue to use Bextra as your doctor had prescribed. Do not take a double dose to make up for forgotten individual doses.

Effects when treatment with Bextra is stopped:

Unless your doctor tells you to stop your treatment, it is important to keep taking Bextra as your doctor has prescribed.

4. POSSIBLE SIDE-EFFECTS

Like all medicines, Bextra can have side-effects for some people. If you are worried about side-effects, talk to your doctor as some of these effects may be serious enough to require immediate medical attention.

Stop taking Bextra and tell your doctor immediately:

- if you have an allergic reaction such as skin rash, swelling of the face, lips or tongue which may cause difficulty breathing, or wheezing
- if you have blistering or peeling of the skin
- if you have jaundice (your skin or the whites of your eyes appear yellow)
- if you have any signs of bleeding in the stomach or intestine, such as passing a black or blood-stained bowel movement or vomiting blood

More common side-effects which may affect more than 1 person in 100 are listed below:

- Stomach ache, indigestion, diarrhoea, nausea, bloating and wind
- Itchy skin or rash
- Ankles, legs and feet may swell (fluid build-up)
- Raised blood pressure
- Dry mouth
- Dry socket after a tooth extraction
- Coughing
- Swollen sinuses, sore throat
- Anaemia
- Sleepiness or problems sleeping
- Urinary infections

Less common side-effects which may affect up to 1 person in 100 are listed below:

- Worsening of high blood pressure, dizziness
- General fluid build up in the body, swelling of/or around the eyes, aggravated allergy
- Surgical wounds may become infected

- Increased muscle tension, numbness
- Swelling of the mouth or stomach lining, heartburn
- Palpitation (awareness of your heart beat)
- Abnormalities in liver or kidney function tests
- Weight gain
- Bruising
- Nervousness, anxiety, confusion
- Hives
- Changes in the way things taste
- Blurred vision
- Wheezing
- Upper-respiratory tract infections
- Ulcers or bleeding
- Heart failure

Rare side-effects which may affect up to 1 person in 1000 are listed below:

- Allergic reactions such as skin rash, swelling of the face, lips and tongue, wheezing, difficulty breathing or swallowing
- Swelling, blistering or peeling of the skin
- Hoarse voice
- Obstruction of the digestive system
- Decrease in white blood cell and platelet counts
- Depression
- Sensitivity to light
- Inflammation of the kidney
- Stroke

If you are concerned about side-effects or notice any effects not mentioned in this leaflet, tell your doctor or pharmacist.

5. STORING BEXTRA

Keep out of the reach and sight of children.

There are no special precautions for storage.

Do not use Bextra film-coated tablets after the expiry date stated on the box, blister strip or bottle.

6. FURTHER INFORMATION

For any information about this medicinal product, please contact the local representative of the Marketing Authorisation Holder.

Belgique / België /Belgien

Pfizer S.A. / N.V. 17 Boulevard de la Plaine / Pleinlaan 17 B-1050 Bruxelles / Brussel / Brüssel Tél/Tel: +32 (0)2 554 62 11

Danmark

Pfizer ApS Lautrupvang 8 DK-2750 Ballerup Tlf: +45 44 20 11 00

Deutschland

Pfizer GmbH Pfizerstraße 1 D-76139 Karlsruhe Tel: +49 (0)721 61 01 01

Ελλάδα

Pfizer Hellas A.E. Αλκέτου 5, GR-116 33 Αθήνα Τηλ: +30 210 7517981-3

España

Pfizer S.A. Avenida de Europa 20-B Parque Empresarial La Moraleja E-28108 Alcobendas (Madrid) Tél: +34 91 490 99 00

France

Pfizer 23-25, Av. du Dr Lannelongue F-75014 Paris Tél: +33 (0)1 58 07 30 00

Luxembourg/Luxemburg

Pfizer S.A. 17 Boulevard de la Plaine B-1050 Bruxelles / Brüssel Belgique / Belgien Tél/Tel: +32 (0)2 554 62 11

Nederland

Pfizer BV Postbus 37 NL-2900 AA Capelle a/d IJssel Tel: +31 (0)10 406 42 00

Norge

Pfizer AS Strandveien 55 N-1366 Lysaker Tlf: +47 67 52 61 00

Österreich

Pfizer Corporation Austria Ges.m.b.H. Seidengasse 33-35 A-1070 Wien Tel: +43 (0)1 521 15-0

Portugal

Laboratórios Pfizer, Lda Lagoas Park, Edificio 10 2740-244 Porto Salvo Portugal +351 21 2278200

Suomi/Finland

Pfizer Oy Tietokuja 4/Datagränden 4 FI-00330 Helsinki/Helsingfors Puh./Tlf: +358 (0)9 43 00 40

Ireland

Pfizer Sales Ireland 4 Parkway House Ballymount Road Lower IRL-Dublin 12

Tel: +353 1800 633 363

Ísland

PharmaNor hf. Hörgatún 2 IS-210 Garðabær Sími: +354 535 7000

Italia

Pfizer Italia S.r.l. Via Valbondione, 113 I-00188 Roma Tel: +39 06 33 18 21

Sverige

Pfizer AB Box 501 SE-183 25 Täby

Tlf: +46 (0)8 519 062 00

United Kingdom

Pfizer Limited, Walton Oaks, Dorking Road, Tadworth, Surrey

KT20 7NS- UK

Tel: +44 (0)1737 331111

>-----

PACKAGE LEAFLET

Read all of this leaflet carefully before you start using this medicine.

- Keep this leaflet. You may need to read it again.
- If you have further questions, please ask your doctor or your pharmacist.
- This medicine has been prescribed for you personally and you should not pass it on to others. It may harm them, even if their symptoms are the same as yours.

What's in this leaflet:

- 1. What Bextra is and what it is used for
- 2. Before you use Bextra
- 3. How to use Bextra
- 4. Possible side-effects
- 5 Storing Bextra
- 6. Further information

Bextra 20 mg film-coated tablets

Valdecoxib

The active substance in Bextra is valdecoxib.

Bextra film-coated tablets contain 20 mg valdecoxib.

The other ingredients are lactose monohydrate, microcrystalline cellulose, pregelatinised starch (maize), croscarmellose sodium, and magnesium stearate. The coating of the tablet contains titanium dioxide (E171), hypromellose (E464), macrogol, polysorbate (E433).

Marketing Authorisation Holder:

Pharmacia-Pfizer EEIG, Hillbottom Road, High Wycombe, Buckinghamshire HP12 4PX, United Kingdom

Manufacturer:

Pharmacia Limited, Whalton Road, Morpeth, Northumberland NE61 3YA, United Kingdom

Heinrich Mack Nachf. GmbH & Co., KG, Heinrich-Mack-Str. 35, D-89257, Illertissen, Germany

1. WHAT BEXTRA IS AND WHAT IT IS USED FOR

What Bextra is:

Your body makes substances called prostaglandins. Some prostaglandins cause pain and swelling, whilst others help protect the stomach lining. Bextra works by reducing the amount of prostaglandins which produce pain and swelling without reducing the protective prostaglandins in the stomach.

Bextra treats pain and inflammation. It belongs to a group of medicines called Coxibs that act by inhibiting cyclooxygenase-2 (COX-2).

Bextra 20 mg film-coated tablets are white, capsule-shaped and are marked with '20' on one side and '7815' on the other side.

Bextra film-coated tablets are available in the following pack sizes:

Blister packs of: 5, 10, 20, 30, 30x1, 50, 100 and 100x1 film-coated tablets

Bottle: 300 and 500 film-coated tablets

Not all pack sizes may be marketed.

Osteoarthritis and rheumatoid arthritis: Bextra is used to relieve the pain and swelling caused by osteoarthritis and rheumatoid arthritis.

Primary dysmenorrhoea (menstrual pain and cramping): Bextra is used to treat menstrual pain and cramping.

2. BEFORE YOU USE BEXTRA

Do not use Bextra:

- if you are hypersensitive (allergic) to valdecoxib or any of the other ingredients of Bextra
- if you have had an allergic reaction to acetylsalicylic acid (aspirin) or to other NSAIDs (e.g. ibuprofen) or to COX-2 inhibitors. Reactions might include wheezing (bronchospasm), badly blocked nose, itchy skin, rash or swelling of the face, lips or tongue, other allergic reactions or nasal polyps after taking these medicines
- if you have had an allergic reaction to a group of medicines called "sulphonamides" (e.g. some antibiotics used to treat infections)
- if you have a gastric or intestinal ulcer or gastrointestinal bleeding
- if you have inflammation of the intestines (ulcerative colitis or Crohn's disease)
- if you have serious heart failure
- if you have serious liver disease
- if you are more than 6 months pregnant
- if you are breastfeeding

Talk to your doctor first before using Bextra

Make sure your doctor knows before you start taking Bextra:

- if you have had an ulcer, bleeding or perforation of the gastrointestinal tract.
- if your heart, liver or kidneys are not working well
- if your blood pressure is high or if you are about to have heart surgery and have had a stroke
- if you have fluid retention (oedema, such as swollen ankles and feet)
- if you are dehydrated, for instance due to sickness, diarrhoea or the use of diuretics
- if you use medicines to reduce blood clotting
- if you have an infection, as it may hide fever (which is a sign of infection) and make you think, mistakenly, that you are better or that the infection is not serious
- if you are trying to become pregnant
- if you are pregnant

Using Bextra with food and drink:

Bextra may be taken with or without food.

Pregnancy and Breast-feeding

Like other medicines including aspirin or other NSAID medicines, if you are pregnant or thinking of becoming pregnant, you must inform your doctor before using Bextra. Do not use Bextra if you are more than 6 months pregnant. If you are breast-feeding, you must not use Bextra, as it is not known whether valdecoxib passes into breast milk.

Ask your doctor or pharmacist for advice before taking any medicine.

Driving and using machines:

If you feel dizzy or tired after using Bextra, do not drive or use heavy machinery until you feel better again.

Using other medicines:

Please inform your doctor or pharmacist if you are taking or have recently taken any other medicines, even those not prescribed.

Medicines can sometimes affect the way that other medicines work. You may need to reduce the amounts of Bextra or other medicines. Your doctor will advise you. Tell your doctor if you are taking any of the following medicines:

- Fluconazole or ketoconazole (used to treat fungal infections)
- ACE inhibitors (for high-blood pressure and heart failure)
- Diuretics (water tablets used to treat fluid retention)
- Cyclosporin and tacrolimus (used for immune system suppression e.g. after transplants)
- Warfarin (used to prevent blood from clotting)
- Lithium (used to treat depression)
- Rifampicin (used to treat bacterial infections)
- Antiarrhythmics (for irregular heartbeat)
- Phenytoin or carbamazepine (for epilepsy)
- Theophylline (for asthma)
- Methotrexate (for rheumatoid arthritis and cancer)
- Neuroleptics (used to treat psychoses)
- Omeprazole (used to treat gastric ulcers and oesophageal reflux disease)

Bextra can be used in combination with low dose aspirin.

3. HOW TO USE BEXTRA

Always take Bextra exactly as your doctor has instructed you. You should check with your doctor or pharmacist if you are unsure. If you have the impression that the effect of Bextra is too strong or too weak, talk to your doctor or pharmacist.

Recommended dose

Bextra is for adults only; it is not for use in children.

For osteoarthritis and rheumatoid arthritis the recommended dose is 10 mg taken once a day. The maximum dose is 20 mg once daily. Bextra should be taken each day for as long as your doctor prescribes. Bextra will not cure your condition, but it should help to control pain, swelling and stiffness.

For treatment of menstrual pain the recommended dose is 40 mg taken once a day as required. On the first day you may take an additional 40 mg dose if needed. Only take 80 mg in total on the first day of treatment and after that only 40 mg once daily.

It is important that you take your tablets as your doctor has instructed.

Elderly patients:

If you are over 65 years of age and especially if you weigh less than 50 kg, you may not eliminate valdecoxib as quickly from your body. Your doctor may start you at the lowest recommended dose.

Liver problems:

If you have liver problems your doctor may start with the lowest recommended dose of Bextra for osteoarthritis and rheumatoid arthritis (10 mg once a day) and the dosage should not exceed 20 mg for primary dysmenorrhoea.

Other medicines:

Your doctor may prescribe a lower dose of Bextra if you are taking medicines called fluconazole or ketoconazole (see section "Using other medicines").

If you take more Bextra than you should:

Immediately contact your doctor, pharmacist or hospital.

If you forget to take Bextra:

If you forget to take a tablet, take it as soon as you remember. If it is almost time for your next tablet, do not take the tablet that you have missed. Thereafter, continue to use Bextra as your doctor had prescribed. Do not take a double dose to make up for forgotten individual doses.

Effects when treatment with Bextra is stopped:

Unless your doctor tells you to stop your treatment, it is important to keep taking Bextra as your doctor has prescribed.

4. POSSIBLE SIDE-EFFECTS

Like all medicines, Bextra can have side-effects for some people. If you are worried about side-effects, talk to your doctor as some of these effects may be serious enough to require immediate medical attention.

Stop taking Bextra and tell your doctor immediately:

- if you have an allergic reaction such as skin rash, swelling of the face, lips or tongue which may cause difficulty breathing, or wheezing
- if you have blistering or peeling of the skin
- if you have jaundice (your skin or the whites of your eyes appear yellow)
- if you have any signs of bleeding in the stomach or intestine, such as passing a black or blood-stained bowel movement or vomiting blood

More common side-effects which may affect more than 1 person in 100 are listed below:

- Stomach ache, indigestion, diarrhoea, nausea, bloating and wind
- Itchy skin or rash
- Ankles, legs and feet may swell (fluid build-up)
- Raised blood pressure
- Dry mouth
- Dry socket after a tooth extraction
- Coughing
- Swollen sinuses, sore throat
- Anaemia
- Sleepiness or problems sleeping
- Urinary infections

Less common side-effects which may affect up to 1 person in 100 are listed below:

- Worsening of high blood pressure, dizziness
- General fluid build up in the body, swelling of/or around the eyes, aggravated allergy
- Surgical wounds may become infected
- Increased muscle tension, numbness

- Swelling of the mouth or stomach lining, heartburn
- Palpitation (awareness of your heart beat)
- Abnormalities in liver or kidney function tests
- Weight gain
- Bruising
- Nervousness, anxiety, confusion
- Hives
- Changes in the way things taste
- Blurred vision
- Wheezing
- Upper-respiratory tract infections
- Ulcers or bleeding
- Heart failure

Rare side-effects which may affect up to 1 person in 1000 are listed below:

- Allergic reactions such as skin rash, swelling of the face, lips and tongue, wheezing, difficulty breathing or swallowing
- Swelling, blistering or peeling of the skin
- Hoarse voice
- Obstruction of the digestive system
- Decrease in white blood cell and platelet counts
- Depression
- Sensitivity to light
- Inflammation of the kidney
- Stroke

If you are concerned about side-effects or notice any effects not mentioned in this leaflet, tell your doctor or pharmacist.

5. STORING BEXTRA

Keep out of the reach and sight of children.

There are no special precautions for storage.

Do not use Bextra film-coated tablets after the expiry date stated on the box, blister strip or bottle.

6. FURTHER INFORMATION

For any information about this medicinal product, please contact the local representative of the Marketing Authorisation Holder.

Belgique / België /Belgien

Pfizer S.A. / N.V. 17 Boulevard de la Plaine / Pleinlaan 17 B-1050 Bruxelles / Brussel / Brüssel Tél/Tel: +32 (0)2 554 62 11

Danmark

Pfizer ApS Lautrupvang 8 DK-2750 Ballerup Tlf: +45 44 20 11 00

Deutschland

Pfizer GmbH Pfizerstraße 1 D-76139 Karlsruhe Tel: +49 (0)721 61 01 01

Ελλάδα

Pfizer Hellas A.E. Αλκέτου 5, GR-116 33 Αθήνα Τηλ: +30 210 7517981-3

España

Pfizer S.A. Avenida de Europa 20-B Parque Empresarial La Moraleja E-28108 Alcobendas (Madrid) Tél: +34 91 490 99 00

France

Pfizer 23-25, Av. du Dr Lannelongue F-75014 Paris Tél: +33 (0)1 58 07 30 00

Luxembourg/Luxemburg

Pfizer S.A. 17 Boulevard de la Plaine B-1050 Bruxelles / Brüssel Belgique / Belgien Tél/Tel: +32 (0)2 554 62 11

Nederland

Pfizer BV Postbus 37 NL-2900 AA Capelle a/d IJssel Tel: +31 (0)10 406 42 00

Norge

Pfizer AS Strandveien 55 N-1366 Lysaker Tlf: +47 67 52 61 00

Österreich

Pfizer Corporation Austria Ges.m.b.H. Seidengasse 33-35 A-1070 Wien Tel: +43 (0)1 521 15-0

Portugal

Laboratórios Pfizer, Lda Lagoas Park, Edificio 10 2740-244 Porto Salvo Portugal +351 21 2278200

Suomi/Finland

Pfizer Oy Tietokuja 4/Datagränden 4 FI-00330 Helsinki/Helsingfors Puh./Tlf: +358 (0)9 43 00 40

Ireland

Pfizer Sales Ireland 4 Parkway House Ballymount Road Lower IRL-Dublin 12

Tel: +353 1800 633 363

Ísland

PharmaNor hf. Hörgatún 2 IS-210 Garðabær Sími: +354 535 7000

United Kingdom

SE-183 25 Täby

Tlf: +46 (0)8 519 062 00

Sverige

Box 501

Pfizer AB

Pfizer Limited, Walton Oaks, Dorking Road, Tadworth, Surrey

KT20 7NS- UK

Tel: +44 (0)1737 331111

Italia

Pfizer Italia S.r.l. Via Valbondione, 113 I-00188 Roma Tel: +39 06 33 18 21

This leaflet was last approved on {date}	
`	

PACKAGE LEAFLET

Read all of this leaflet carefully before you start using this medicine.

- Keep this leaflet. You may need to read it again.
- If you have further questions, please ask your doctor or your pharmacist.
- This medicine has been prescribed for you personally and you should not pass it on to others. It may harm them, even if their symptoms are the same as yours.

What's in this leaflet:

- 1. What Bextra is and what it is used for
- 2. Before you use Bextra
- 3. How to use Bextra
- 4. Possible side-effects
- 5 Storing Bextra
- 6. Further information

Bextra 40 mg film-coated tablets

Valdecoxib

The active substance in Bextra is valdecoxib.

Bextra film-coated tablets contain 40 mg valdecoxib.

The other ingredients are lactose monohydrate, microcrystalline cellulose, pregelatinised starch (maize), croscarmellose sodium, and magnesium stearate. The coating of the tablet contains titanium dioxide (E171), hypromellose (E464), macrogol, polysorbate (E433), iron oxide yellow (E172).

Marketing Authorisation Holder:

Pharmacia-Pfizer EEIG, Hillbottom Road, High Wycombe, Buckinghamshire HP12 4PX, United Kingdom

Manufacturer:

Pharmacia Limited, Whalton Road, Morpeth, Northumberland NE61 3YA, United Kingdom

Heinrich Mack Nachf. GmbH & Co., KG, Heinrich-Mack-Str. 35, D-89257, Illertissen, Germany

1. WHAT BEXTRA IS AND WHAT IT IS USED FOR

What Bextra is:

Your body makes substances called prostaglandins. Some prostaglandins cause pain and swelling, whilst others help protect the stomach lining. Bextra works by reducing the amount of prostaglandins which produce pain and swelling without reducing the protective prostaglandins in the stomach.

Bextra treats pain and inflammation. It belongs to a group of medicines called Coxibs that act by inhibiting cyclooxygenase-2 (COX-2).

Bextra 40 mg film-coated tablets are yellow, heptagon-shaped and are marked with '40' on one side and '7815' on the other side.

Bextra film-coated tablets are available in the following pack sizes:

Blister packs of: 2 and 5 film-coated tablets
Bottle: 300 and 500 film-coated tablets

Not all pack sizes may be marketed.

Osteoarthritis and rheumatoid arthritis: Bextra is used to relieve the pain and swelling caused by osteoarthritis and rheumatoid arthritis.

Primary dysmenorrhoea (menstrual pain and cramping): Bextra is used to treat menstrual pain and cramping.

2. BEFORE YOU USE BEXTRA

Do not use Bextra:

- if you are hypersensitive (allergic) to valdecoxib or any of the other ingredients of Bextra
- if you have had an allergic reaction to acetylsalicylic acid (aspirin) or to other NSAIDs (e.g. ibuprofen) or to COX-2 inhibitors. Reactions might include wheezing (bronchospasm), badly blocked nose, itchy skin, rash or swelling of the face, lips or tongue, other allergic reactions or nasal polyps after taking these medicines
- if you have had an allergic reaction to a group of medicines called "sulphonamides" (e.g. some antibiotics used to treat infections)
- if you have a gastric or intestinal ulcer or gastrointestinal bleeding
- if you have inflammation of the intestines (ulcerative colitis or Crohn's disease)
- if you have serious heart failure
- if you have serious liver disease
- if you are more than 6 months pregnant
- if you are breastfeeding

Talk to your doctor first before using Bextra

Make sure your doctor knows before you start taking Bextra:

- if you have had an ulcer, bleeding or perforation of the gastrointestinal tract.
- if your heart, liver or kidneys are not working well
- if your blood pressure is high or if you are about to have heart surgery and have had a stroke
- if you have fluid retention (oedema, such as swollen ankles and feet)
- if you are dehydrated, for instance due to sickness, diarrhoea or the use of diuretics
- if you use medicines to reduce blood clotting
- if you have an infection, as it may hide fever (which is a sign of infection) and make you think, mistakenly, that you are better or that the infection is not serious
- if you are trying to become pregnant
- if you are pregnant

Using Bextra with food and drink:

Bextra may be taken with or without food.

Pregnancy and Breast-feeding

Like other medicines including aspirin or other NSAID medicines, if you are pregnant or thinking of becoming pregnant, you must inform your doctor before using Bextra. Do not use Bextra if you are more than 6 months pregnant. If you are breast-feeding, you must not use Bextra, as it is not known whether valdecoxib passes into breast milk.

Ask your doctor or pharmacist for advice before taking any medicine.

Driving and using machines:

If you feel dizzy or tired after using Bextra, do not drive or use heavy machinery until you feel better again.

Using other medicines:

Please inform your doctor or pharmacist if you are taking or have recently taken any other medicines, even those not prescribed.

Medicines can sometimes affect the way that other medicines work. You may need to reduce the amounts of Bextra or other medicines. Your doctor will advise you. Tell your doctor if you are taking any of the following medicines:

- Fluconazole or ketoconazole (used to treat fungal infections)
- ACE inhibitors (for high-blood pressure and heart failure)
- Diuretics (water tablets used to treat fluid retention)
- Cyclosporin and tacrolimus (used for immune system suppression e.g. after transplants)
- Warfarin (used to prevent blood from clotting)
- Lithium (used to treat depression)
- Rifampicin (used to treat bacterial infections)
- Antiarrhythmics (for irregular heartbeat)
- Phenytoin or carbamazepine (for epilepsy)
- Theophylline (for asthma)
- Methotrexate (for rheumatoid arthritis and cancer)
- Neuroleptics (used to treat psychoses)
- Omeprazole (used to treat gastric ulcers and oesophageal reflux disease)

Bextra can be used in combination with low dose aspirin.

3. HOW TO USE BEXTRA

Always take Bextra exactly as your doctor has instructed you. You should check with your doctor or pharmacist if you are unsure. If you have the impression that the effect of Bextra is too strong or too weak, talk to your doctor or pharmacist.

Recommended dose

Bextra is for adults only; it is not for use in children.

For osteoarthritis and rheumatoid arthritis the recommended dose is 10 mg taken once a day. The maximum dose is 20 mg once daily. Bextra should be taken each day for as long as your doctor prescribes. Bextra will not cure your condition, but it should help to control pain, swelling and stiffness.

For treatment of menstrual pain the recommended dose is 40 mg taken once a day as required. On the first day you may take an additional 40 mg dose if needed. Only take 80 mg in total on the first day of treatment and after that only 40 mg once daily.

It is important that you take your tablets as your doctor has instructed.

Elderly patients:

If you are over 65 years of age and especially if you weigh less than 50 kg, you may not eliminate valdecoxib as quickly from your body. Your doctor may start you at the lowest recommended dose.

Liver problems:

If you have liver problems your doctor may start with the lowest recommended dose of Bextra for osteoarthritis and rheumatoid arthritis (10 mg once a day) and the dosage should not exceed 20 mg for primary dysmenorrhoea.

Other medicines:

Your doctor may prescribe a lower dose of Bextra if you are taking medicines called fluconazole or ketoconazole (see section "Using other medicines").

If you take more Bextra than you should:

Immediately contact your doctor, pharmacist or hospital.

If you forget to take Bextra:

If you forget to take a tablet, take it as soon as you remember. If it is almost time for your next tablet, do not take the tablet that you have missed. Thereafter, continue to use Bextra as your doctor had prescribed. Do not take a double dose to make up for forgotten individual doses.

Effects when treatment with Bextra is stopped:

Unless your doctor tells you to stop your treatment, it is important to keep taking Bextra as your doctor has prescribed.

4. POSSIBLE SIDE-EFFECTS

Like all medicines, Bextra can have side-effects for some people. If you are worried about side-effects, talk to your doctor as some of these effects may be serious enough to require immediate medical attention.

Stop taking Bextra and tell your doctor immediately:

- if you have an allergic reaction such as skin rash, swelling of the face, lips or tongue which may cause difficulty breathing, or wheezing
- if you have blistering or peeling of the skin
- if you have jaundice (your skin or the whites of your eyes appear yellow)
- if you have any signs of bleeding in the stomach or intestine, such as passing a black or blood-stained bowel movement or vomiting blood

More common side-effects which may affect more than 1 person in 100 are listed below:

- Stomach ache, indigestion, diarrhoea, nausea, bloating and wind
- Itchy skin or rash
- Ankles, legs and feet may swell (fluid build-up)
- Raised blood pressure
- Dry mouth
- Dry socket after a tooth extraction
- Coughing
- Swollen sinuses, sore throat
- Anaemia
- Sleepiness or problems sleeping
- Urinary infections

Less common side-effects which may affect up to 1 person in 100 are listed below:

- Worsening of high blood pressure, dizziness
- General fluid build up in the body, swelling of/or around the eyes, aggravated allergy
- Surgical wounds may become infected

- Increased muscle tension, numbness
- Swelling of the mouth or stomach lining, heartburn
- Palpitation (awareness of your heart beat)
- Abnormalities in liver or kidney function tests
- Weight gain
- Bruising
- Nervousness, anxiety, confusion
- Hives
- Changes in the way things taste
- Blurred vision
- Wheezing
- Upper-respiratory tract infections
- Ulcers or bleeding
- Heart failure

Rare side-effects which may affect up to 1 person in 1000 are listed below:

- Allergic reactions such as skin rash, swelling of the face, lips and tongue, wheezing, difficulty breathing or swallowing
- Swelling, blistering or peeling of the skin
- Hoarse voice
- Obstruction of the digestive system
- Decrease in white blood cell and platelet counts
- Depression
- Sensitivity to light
- Inflammation of the kidney
- Stroke

If you are concerned about side-effects or notice any effects not mentioned in this leaflet, tell your doctor or pharmacist.

5. STORING BEXTRA

Keep out of the reach and sight of children.

There are no special precautions for storage.

Do not use Bextra film-coated tablets after the expiry date stated on the box, blister strip or bottle.

6. FURTHER INFORMATION

For any information about this medicinal product, please contact the local representative of the Marketing Authorisation Holder.

Belgique / België /Belgien

Pfizer S.A. / N.V. 17 Boulevard de la Plaine / Pleinlaan 17 B-1050 Bruxelles / Brussel / Brüssel Tél/Tel: +32 (0)2 554 62 11

Danmark

Pfizer ApS Lautrupvang 8 DK-2750 Ballerup Tlf: +45 44 20 11 00

Deutschland

Pfizer GmbH Pfizerstraße 1 D-76139 Karlsruhe Tel: +49 (0)721 61 01 01

Ελλάδα

Pfizer Hellas A.E. Αλκέτου 5, GR-116 33 Αθήνα Τηλ: +30 210 7517981-3

España

Pfizer S.A. Avenida de Europa 20-B Parque Empresarial La Moraleja E-28108 Alcobendas (Madrid) Tél: +34 91 490 99 00

France

Pfizer 23-25, Av. du Dr Lannelongue F-75014 Paris Tél: +33 (0)1 58 07 30 00

Luxembourg/Luxemburg

Pfizer S.A. 17 Boulevard de la Plaine B-1050 Bruxelles / Brüssel Belgique / Belgien Tél/Tel: +32 (0)2 554 62 11

Nederland

Pfizer BV Postbus 37 NL-2900 AA Capelle a/d IJssel Tel: +31 (0)10 406 42 00

Norge

Pfizer AS Strandveien 55 N-1366 Lysaker Tlf: +47 67 52 61 00

Österreich

Pfizer Corporation Austria Ges.m.b.H. Seidengasse 33-35 A-1070 Wien Tel: +43 (0)1 521 15-0

Portugal

Laboratórios Pfizer, Lda Lagoas Park, Edificio 10 2740-244 Porto Salvo Portugal +351 21 2278200

Suomi/Finland

Pfizer Oy Tietokuja 4/Datagränden 4 FI-00330 Helsinki/Helsingfors Puh./Tlf: +358 (0)9 43 00 40

Ireland

Pfizer Sales Ireland 4 Parkway House Ballymount Road Lower IRL-Dublin 12

Tel: +353 1800 633 363

Ísland

PharmaNor hf. Hörgatún 2 IS-210 Garðabær Sími: +354 535 7000

Italia

Pfizer Italia S.r.l. Via Valbondione, 113 I-00188 Roma Tel: +39 06 33 18 21

Sverige

Pfizer AB Box 501 SE-183 25 Täby Tlf: +46 (0)8 519 062 00

United Kingdom

Pfizer Limited, Walton Oaks, Dorking Road, Tadworth, Surrey KT20 7NS- UK

Tel: +44 (0)1737 331111