

A person is considered to be **pre-obese** if he or she has a [Body mass index \(BMI\)](#) greater than or equal to 25 but less than 30.

## Related concepts

- [Body mass index \(BMI\)](#)
- [Obesity](#)
- [Overweight](#)
- [Underweight](#)

## Statistical data

- [Overweight and obesity - BMI statistics](#)