

A person is considered to be of **normal weight** if he or she has a **Body mass index (BMI)** greater than or equal to 18.5 but less than 25.

Related concepts

- [Body mass index \(BMI\)](#)
- [Obesity](#)
- [Overweight](#)
- [Underweight](#)

Statistical data

- [Overweight and obesity - BMI statistics](#)