## Quality of life indicators

Statistics Explained

Measuring quality of life
Material living conditions
Leisure
Social interactions
Economic security and physical safety
Governance and basic rights
Natural and living environment

## **Contents**

ONLINE PUBLICATION

Overall experience of life

Quality of life indicators is a Eurostat online publication providing recent statistics on the quality of life in the European Union (EU). The publication presents a detailed analysis of 8+1 dimensions which can be measured statistically to represent the different complementary aspects of quality of life, complementing the indicator traditionally used as the measure of economic and social development, gross domestic product (GDP). Eight of these dimensions concern the functional capabilities citizens should have available to effectively pursue their self-defined well-being, according to their own values and priorities. The last dimension refers to the personal achievement of life satisfaction and well-being.

For each quality of life dimension a set of selected relevant statistical indicators is presented and analysed. Trends over time and differences between countries or demographic groups are discussed. In each case the emphasis has been on highlighting interesting findings, rather than providing a complete and exhaustive presentation of all available statistical data.