

# Glossary: Self-perceived health

Statistics Explained

Self-perceived health expresses subjective assessment by the respondent of his/her health. Indicators based on this concept can be used to evaluate the general health status, health inequalities and health care needs at the population level.

Example of an operational definition used within the European Statistical System:

- One question instrument assessing the general perceived health: “How is your health in general? Is it...” Very good / Good / Fair / Bad / Very bad. It is a standardized question recommended by the World Health Organization. It is used in [European health interview survey \(EHIS\)](#) (HS1 variable) and [EU statistics on income and living conditions \(EU-SILC\)](#) (PH010 variable).

## Further information

- [Minimum European Health Module \(MEHM\)](#)

## Related concepts

- [Chronic morbidity](#)
- [Activity limitation](#)

## Statistical data

- [Health statistics introduced](#)