

Glossary: Minimum European Health Module (MEHM)

Statistics Explained

The Minimum European Health Module (MEHM) is a set of three general questions characterizing three different concepts of health:

- **Self-perceived health** as the self-assessment of a person's own health in general: "How is your health in general? Is it..." with answer categories Very good / Good / Fair / Bad / Very bad;
- **Chronic morbidity** as the presence of long-standing health problems: "Do you have any longstanding illness or health problem?" Yes / No;
- **Activity limitations** as the presence of long-standing activity limitation due to health problems measured via the Global Activity Limitation Indicator (GALI): "For at least the past 6 months, to what extent have you been limited because of a health problem in activities people usually do? Would you say you have been ..." with answer categories "severely limited / limited but not severely or / not limited at all?".

The module was developed to be used in all social surveys and is at present implemented in the [European Health Interview Survey \(EHIS\)](#) and [EU Statistics on Income and Living Conditions \(EU-SILC\)](#) .

Further information

- [European Health Interview Survey \(EHIS wave 2\) - Methodological manual](#)

Related concepts

- [Self-perceived health](#)
- [Chronic morbidity](#)
- [Activity limitation](#)
- [Disability](#)

Statistical data

- [Self-perceived health statistics](#)