

Obesity is the condition of severe overweight where a person has a [body mass index \(BMI\)](#) equal to or greater than 30.

The **obesity rate** is the proportion of the total population (or of a subgroup based on gender, age, etc.) with a BMI of 30 or above.

Related concepts

- [Body mass index](#)
- [Overweight](#)
- [Underweight](#)

Statistical data

- [Overweight and obesity - BMI statistics](#)