



SEMER ET VOIR GRANDIR



Nos Oignons asbl



 2012 : <u>from Brussels</u> : a daylife center for people suffering from psychological difficulties
 >> a vegetable producer in the green belt

Collective workshops

- 1 day / week <u>out of Brussels</u> Exchange of services
- 2014: First employees & extension in Wallonia & investigations in other EU regions (benchmarking)
- 2015-2016 : Firstaccompaniment of individualexperiences in farms

From **2017-2018** Nos Oignons is co-author of 3 projects co-funded by European agricultural fund for rural development (EAFRD) and Wallonia

Public center for social action *Tubize* (2017-2021)

Mental Health Service 'Safrans' Braine l'Alleud (2017-2019) Mental Health
Service 'Entre Mots'
Ottignies
(2018-2021)







3 projects centered on individual experiences in farms, with an aim of better-being and social insertion (explicitly not professionnal)

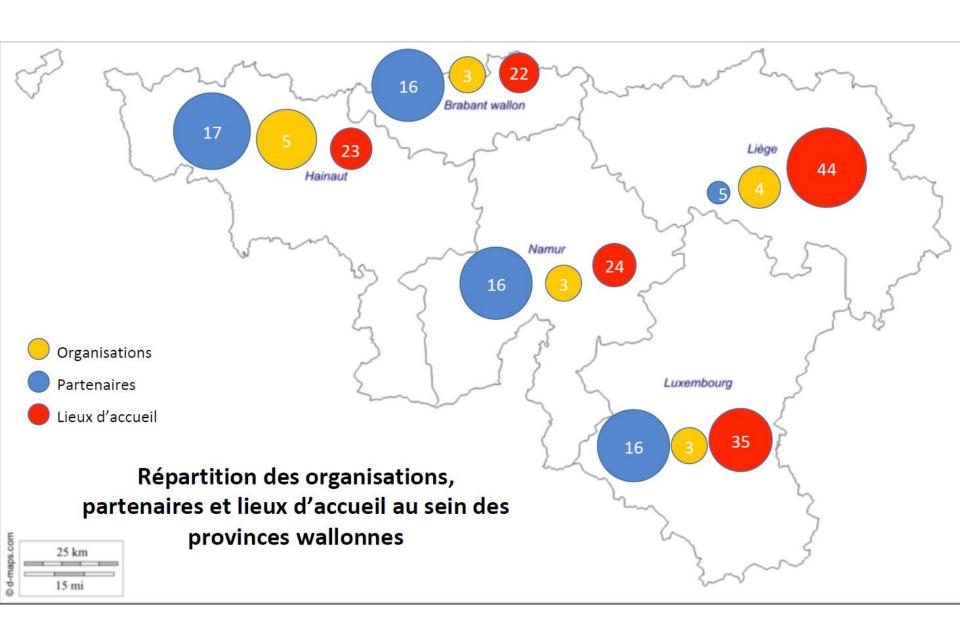
3 projects co-funded by Wallonia and Europe through Programme wallon de Développement Rural 2014-2020







Around <u>45 farms</u> at the moment. On June 30th 2020 : 1000 participations en farms & 142 persons



Walloon landscape of Social Farming

A series of initiatives on the territory

Code + AGW

-www.agriculturesociale.be_{GT RwDR}

Hosting Farms

or in standby
37 in planning
(dans les projets
pilotes)

Polyculture breeding, vegetable production, dairy products processing, viticulture, apiculture...





Social and health institutions

510 bénéficiairies among which 237 on the field presently

CPAS, SIS, SSM, IMP, IPPJ, SRA, habitations protégées, hôpitaux psy, écoles spécialisées, MIRE, mutuelles ...



Benefits for stakeholders

The farm

- New encounters, local bounds... improving the image of agriculture
- **Diversify farmers' activities** while helping somebody t the same time
- Enhance farmers' social and health skills through his activity
- Share a passion, know how, open one's doors

The person 'volunteering' at the farm

- Contact with the earth, animals, nature,... Life!
- Share friendly moments in a non-institutionnal context
- Get back into motion, find a rhythm of life,
- Regain self-confidence, feel useful, valued
- (Re)gain autonomy in a context of high social mixity

The social or health institution

- Diversify and reinvent social or therapeutic support outside the walls of the institution,
- Benefit from the unique setting of the farm to promote inclusion in the community, destigmatize
- Provide a **support solution** for people who are not able to integrate socioprofessional integration mechanisms (**a 'step-in-the-course'**), ...

Benefits for the Rural Communities

Economic benefits

Reduced care cost for patients or beneficiaries of social institutions.

Valorisation of <u>existing</u> infrastructures (farms) and help / small complementary defrayment/income for farmers (max. 40 EUR/day)

Environmental / Climate action benefits:

Encourages environment-friendly agricultural practices.

A means of helping them to rebuild links with their neighborhoods and food consummers.

An evolution in food practices among beneficiaries and communautary kitchens.

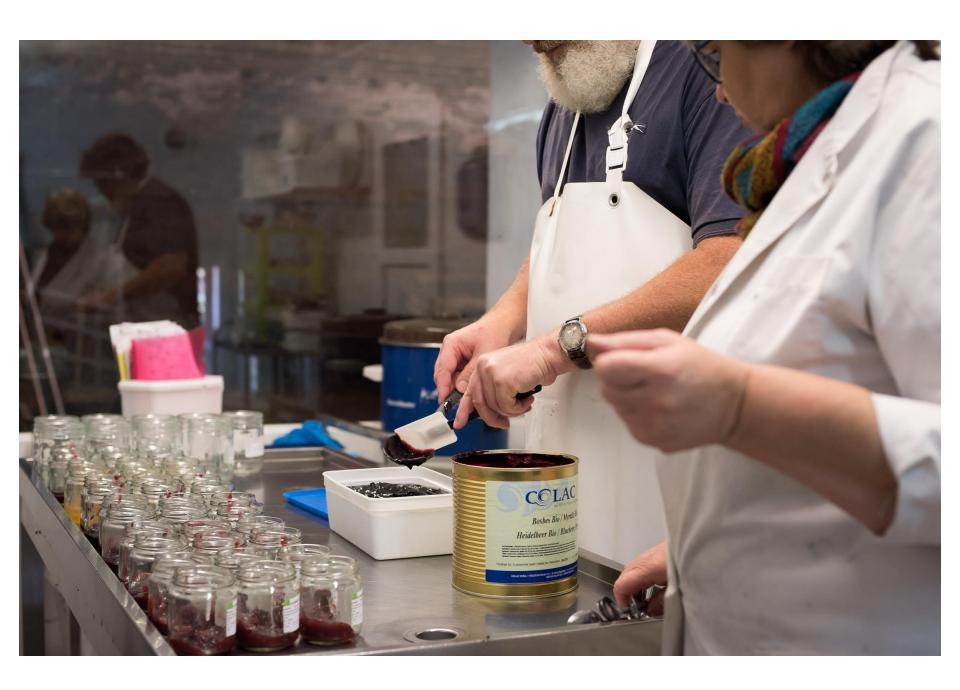
Networking benefits: brings together a diverse range of actors!

Transferability: current work on a regional framework may benefit all farms and social institutions' beneficiaries in Wallonia.





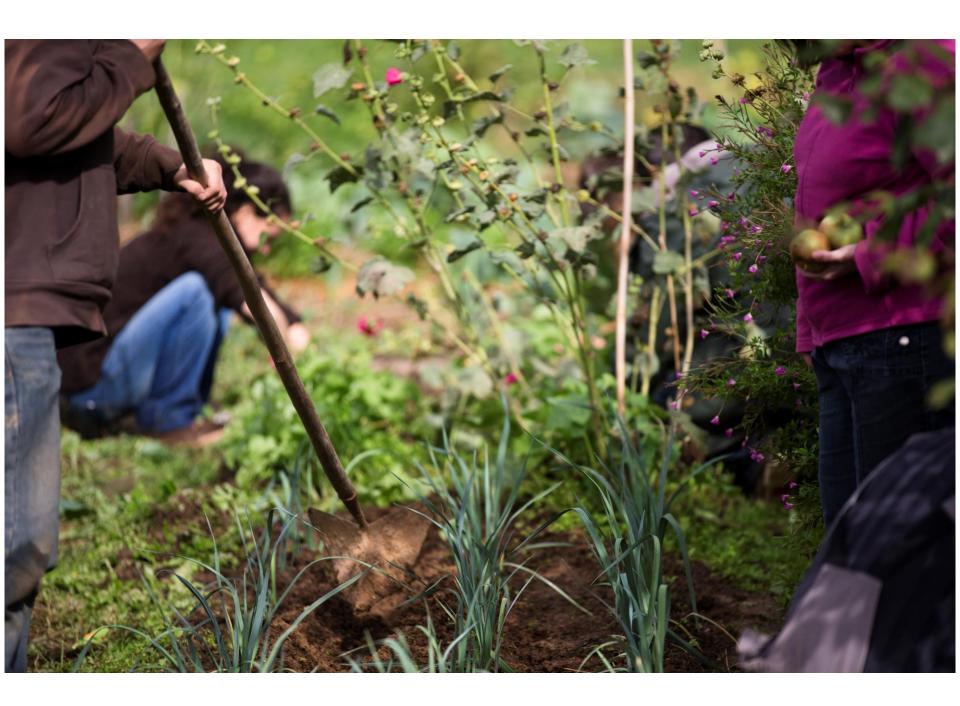












Want to know more? Contact us ;-)



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Des projets co-fiancés par la Wallonnie et l'Europe dans le cadre du Programme wallon de Développement Rural 2014-2020

UNION EUROPÉENNE

FONDS EUROPÉEN AGRICOLE POUR LE DÉVELOPPEMENT RURAL le soutien de la

Wallonie