



Ciasnocha Family Farms – our soil health journey

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Ciasnocha Family Farms



Farming in the Vistula Delta since the 1970s



Conventional cereals production

- Heavy tillage (ploughing)
- Poor rotation: wheat and rapeseed
- •Till 2004 (Poland enters the EU)



Regenerative Agriculture 1.0

- •2004-2008
- •Spring cash crops with cover crops
- Min-tillage



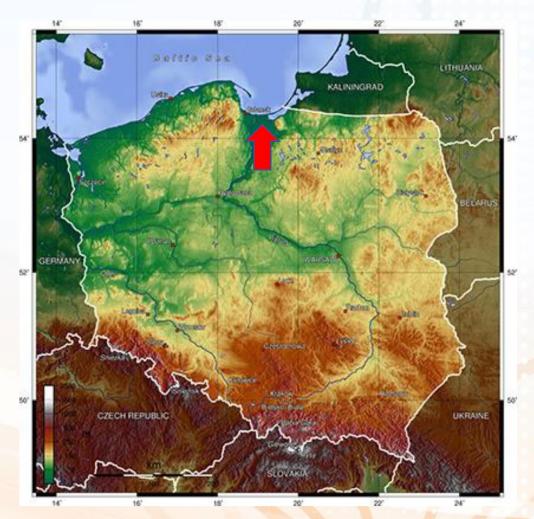
Regenerative Agriculture 2.0

- •2008-now
- Permanent grassland



Regenerative Agriculture 3.0

- Livestock integration?
- Pollinator strips?
- Agro-forestry?





Keeping the soil covered 365/year



Keeping the soil covered 365/year



Improving soil health through re-seeding



Our key soil challenge: compaction



Farming cannot be green when farmers are in the red

Ciasnocha Family Farms' climate mitigation perspective:

- From net emitter of GHG in 2004 to the net capturer of CO₂ since 2008 onwards.
- 6,5 tCO₂e/ha/year (Cool Farm Tool)
- 6.5 $tCO_2e/ha \times 700ha = 4550$ $tCO_2e/year$

Ciasnocha Family Farms' financial perspective:

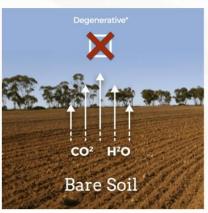
- 6,5 tCO₂e/ha/year (Cool Farm Tool)
 x €20/CO₂e = €130/ha
- €130/ha x 700ha = €91 000
- €130/ha = 40% of the current farm profit

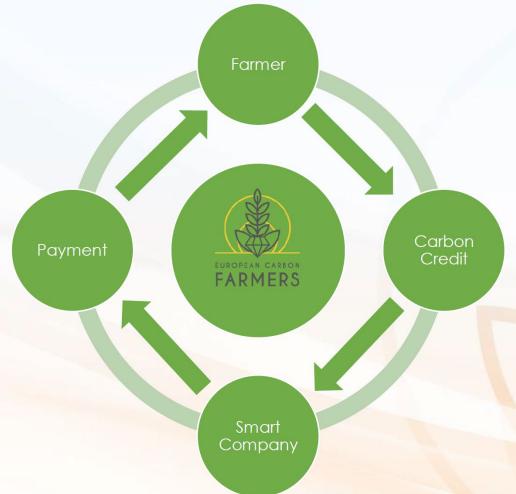
The amount of CO₂ captured and stored on our farm is equal to CO₂ emissions from producing 2.400 tons of steel

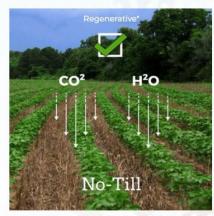


The solution: agricultural carbon credit – paying farmers for additional carbon captured and stored in their soils











Ciasnocha Family Farms – reflections on soil:

- Soil is at the core of our business.
 - Part of a bigger Regenerative Agriculture work with the focus on cycles of nature.
- Currently taking soil samples to measure SOC.
- Key soil problems from the past:
 - Too wet/too dry due to tillage practices,
 - Erosion,
 - · Compaction.
- Under consideration:
 - Cover crops in the permanent grass land,
 - Higher cutting heights of grass,
 - Integration of animals,
 - Pollination strips,
 - Buffer zones.

I am grateful for your attention and I am looking forward to the future!

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EIP-AGRI seminar Healthy soils for Europe: sustainable management through knowledge and practice Online – 13-14 April 2021

All information of the seminar is available on www.eip-agri.eu