

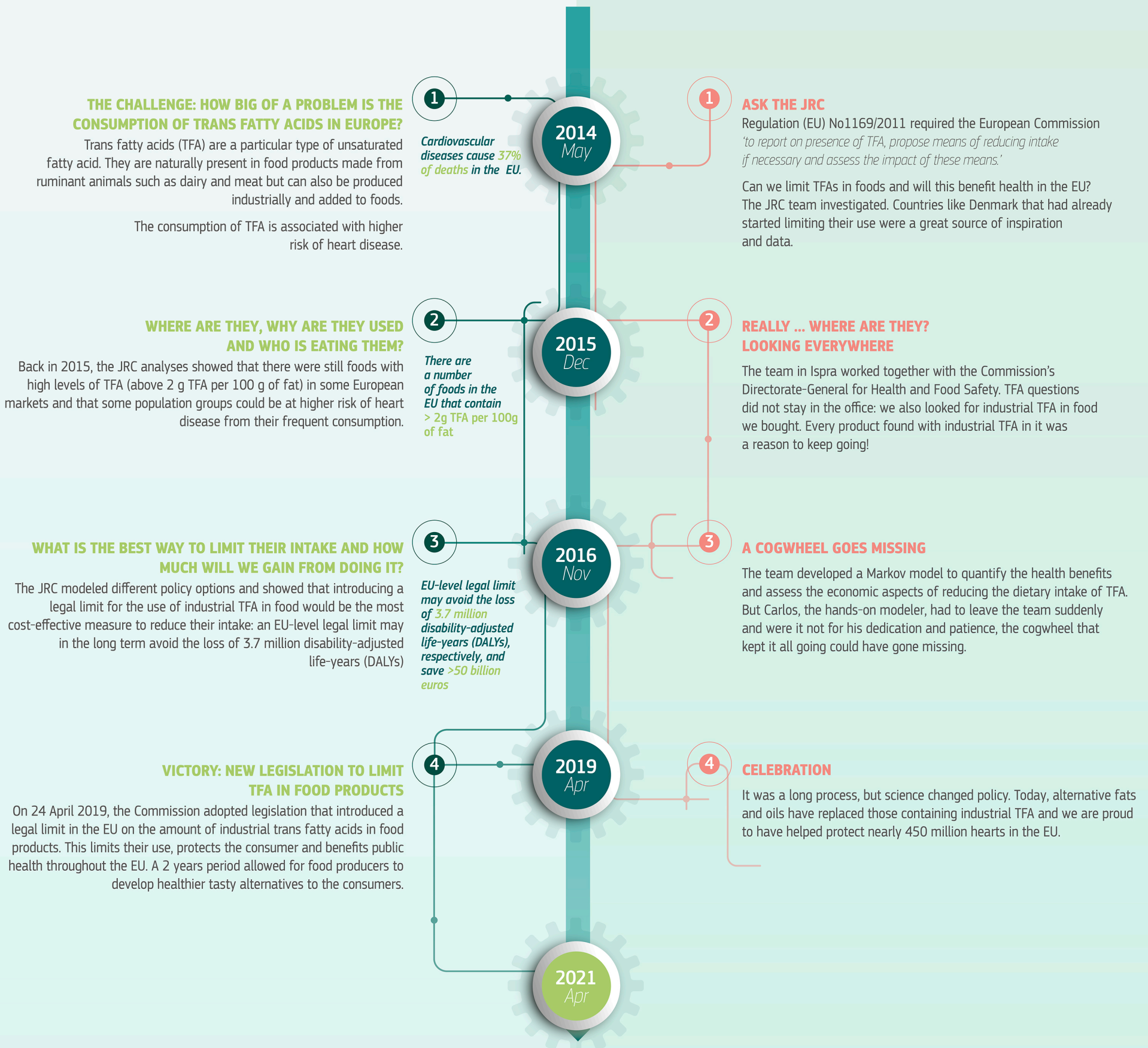
## HOW DOES RESEARCH HELP IN DESIGNING BETTER POLICIES?

# LIVE LONGER AND HEALTHIER

HOW THE EU PROTECTS YOUR  
HEALTH AND THE PEOPLE  
WHO MADE IT POSSIBLE

Scientists from the Joint Research Centre (JRC) played an important role in limiting the use of industrial trans fatty acids (TFA) in our food. The new limit protects the consumer and benefits public health throughout the EU.

This is the story of the EU scientists who assessed the need to reduce the use of these fats in foods, the added value of doing it at EU-level and which policy measure was the most cost-effective to reduce population dietary TFA intake.



RESEARCH HELPS TO BUILD A BETTER EUROPE  
RESEARCH IS MADE BY PEOPLE

