

## Digital Single Market

EventsBad Hofgastein, Austria30 September 2015 to 2 October 2015

# eHealth at European Health Forum Gastein 2015

One of the 'Fora' of this annual health policy event organised by the European Commission, will highlight the benefits that eHealth and mHealth can bring to our health system.

## Modern healthcare

### My health, my responsibility

During this session the importance of access to health information for patient empowerment will be discussed. Practical examples from different Member States will illustrate the discussion – for example how the internet can be effectively used for creating a social network for people with rare diseases, how to overcome difficulties in making health information accessible to citizens and how people with chronic diseases can benefit from eHealth tools.

Benny Eklund, County Council of Uppsala, Sweden

Ana Maria Carriazo Pérez de Guzmán, Senior Advisor, Regional Ministry of Equality, Health and Social Policies of Andalusia (Junta de Andalucía), Spain

J Beun, AdrenaNET, The Netherlands

Angela Brand, Professor, Maastricht University, The Netherlands

Presentations will be followed by an interactive discussion between speakers and the audience.

Chaired by a European Commission representative

16:30–19:30 • Thursday • 1 October 2015

The importance of the solidarity principle in our healthcare systems is unique to Europe and we should not change it. However, we can modernise it, i.e. digitise processes in our healthcare systems which can make them more efficient and bring them closer to citizens.

The objectives of this forum are two-fold:

- first of all to raise awareness among citizens of what they can and should do in managing their own health and disease and
- secondly to show how eHealth can contribute to fortifying a patient-centric approach, which also needs understanding and support from the healthcare workforce.

Furthermore, we will demonstrate the role of modern technologies in making the balance right – how mobile health can support patients, informal carers and healthcare professionals in their responsibilities and how concerns about trust, security and safety need to be addressed.

The forum will share experience gained in different Member States where the use of digital tools has helped bring healthcare closer also to those people who may often be difficult to reach – young people or people living in remote areas and people with certain medical conditions that may give rise to stigmatisation.



Organised by DG Communications Networks, Content and Technology (DG CONNECT), European Commission

## Modern healthcare

### mHealth is a solution (not a problem)

In this session we will discuss recent developments in the area of mHealth following the public consultation on the Green Paper on mHealth: data protection, quality and safety of health and wellbeing applications, how mHealth supports patient empowerment and the possibilities of the effective use of mHealth in everyday practice.

Michał Boni, Member of the European Parliament (EPP, Poland) (tbc)

Simon Hamilton, Minister for Health, Social Services and Public Safety, Northern Ireland

Jeremy Wyatt, Professor, Adviser on New Information and Communication Technologies, Royal College of Physicians, UK

Industry representative from the Code of Conduct Working Group

Representative from the European Patients' Forum

Presentations will be followed by an interactive discussion between speakers and the audience.

Chaired by a European Commission representative

09:00–12:00 • Friday • 2 October 2015

More information and full programme : [www.ehfg.org](http://www.ehfg.org) [1]

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