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Digital Single Market

News article 15 November 2012

The App "Positive Technology" developed under the Interstress project just received the UN-based World Summit Award Mobile for the best m-health app in the world

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Learn more about Positive Technology App (PTA). This is the first iOS mobile application that integrates a 3D Virtual Reality environment with a mobile biofeedback technology to help users in managing and coping with daily psychological stress. Sounds interesting? Watch this video & share your feedback!

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[You can read more about the EU funded eHealth projects on the DAE website](#) [1]

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