

Digital Single Market

MONARCA: MONitoring, treAtment and pRediCtion of bipolar Disorder Episodes

Audiovisual25/05/2011

MONARCA EU funded project is a mobile phone application designed to support the treatment and management of bipolar disorder. Monitoring of behavioral data is achieved through user-sensitive data collection and clinically focused analysis and feedback. Persuasion is used to help patients follow treatment recommendations that will allow them to manage their illness throughout their lifetime. Analysis of behavioral data collected can help to predict and prevent the relapse of critical episodes.

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