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EU Health Programme

Consumers, Health, Agriculture and Food Executive Agency



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Priority 1.2.2.6

Support for Member States' implementation of best practices in the area of mental health

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Background

Mental (ill) health huge challenge

We can build on 15+ years of EU efforts

- Joint Action on Mental Health and Well-being
- European Framework for Action
- EU Compass (good practices)
- Implementable research outcomes

Steering Group on Promotion and Prevention

- Priority theme for scaling up good practices
- Market place in Ispra
- Ranking exercise

Aim and objectives

Support Member States to improve and promote mental health via innovative and sustainable (mental) health system change.

Reinforce capacity to address system transformation to support citizen-centered and integrated approaches, increase system efficiency, build and maintain healthy alliances across sectors, reinforce the coordination between national and regional authorities.

Through transfer of best practices with the highest priority ranking, which also require a strong involvement of governmental actors to enable such practices to be embedded in health systems.

Which practices/interventions?

- **Mental health care delivery system reform in Belgium**
 - Comprehensive & integrated approach; supporting client-centered networks while using resources with optimal efficiency
- **Suicide Prevention Austria**
 - Multi-level national prevention programme integrated in other health promotion activities; taking regional and nation level actions into account
- **Via additional 1.2.1.4 project call:**
 - iFightDepression (European Alliance Against Depression)
 - Housing First (Portugal)

Activities to include

- National/regional situation analysis, feasibility/needs assessment
- Identification the core features of model practice, adapt to national context
- Pilot/implement
- Develop indicators, monitor progress, evaluate impact also with OECD
- Prepare to sustain
- Increase awareness and commitment policy makers
- Build on outcomes previous EU-funded work on mental health & practice transfer
- Link with (policy aspects of) project action 1.2.1.4 on mental health good practices

Expected Impact & Budget

Expected Impact

Improve mental health and support (mental) health systems innovation in response to Member States' priority setting, also in light of the European Pillar of Social Rights and UN Sustainable Development Goals

Budget: 5.400.000 €

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