



Jose Javier Ariño Irujo

About me: Medicine Doctor in Anaesthesiology with 35 years of experience as staff Anaesthesiologist in hospitals in Spain and in the United Arab Emirates. Author of more than 84 papers and communications to national and international Congresses and of 22 publications to Spanish and foreign journals and magazines. Participation in 13 chapters of books on the speciality of anaesthesiology. Primary research interest in muscle relaxants, difficult airway, anaesthesia in robotic surgery and postoperative pain.

● WORK EXPERIENCE

1988 – 1989 – Madrid, Spain

STAFF ANAESTHESIOLOGIST – Burn and Plastic Surgery Center of the Red Cross, Madrid (Spain)

- Perioperative physician with responsibilities during the preoperative, intraoperative and postoperative periods to keep the patient comfortable and safe.
- Management of patients with acute and chronic pain, assisting in the management of cardiopulmonary resuscitation and advanced cardiac life support and the management of critically ill patients in intensive care units.

1989 – 1995 – Madrid, Spain

STAFF ANAESTHESIOLOGIST – Ramon y Cajal Hospital

- Perioperative physician with responsibilities during the preoperative, intraoperative and postoperative periods to keep the patient comfortable and safe.
- Management of patients with acute and chronic pain, assisting in the management of cardiopulmonary resuscitation and advanced cardiac life support and the management of critically ill patients in intensive care units.

1995 – 2007 – Madrid, Spain

STAFF ANAESTHESIOLOGIST – Clinico San Carlos Hospital

- Perioperative physician with responsibilities during the preoperative, intraoperative and postoperative periods to keep the patient comfortable and safe.
- Management of patients with acute and chronic pain, assisting in the management of cardiopulmonary resuscitation and advanced cardiac life support and the management of critically ill patients in intensive care units.

1998 – 2009 – Madrid, Spain

RESIDENCY PROGRAM DIRECTOR – Department of Anaesthesia, San Carlos Hospital

- The aim of this position was to enable each resident to develop skills to the highest capacity, providing an in-depth didactic program, a wide variety of clinical experiences and outstanding teaching and mentor-ship, also providing opportunity for research at all levels of training.

2007 – 2009 – Madrid, Spain

JUNIOR CONSULTANT ANAESTHESIOLOGIST – Clinico San Carlos Hospital

- Perioperative physician with responsibilities during the preoperative, intraoperative and postoperative periods to keep the patient comfortable and safe.
- Management of patients with acute and chronic pain, assisting in the management of cardiopulmonary resuscitation and advanced cardiac life support and the management of critically ill patients in intensive care units.
- Train, teach and supervise more junior staff in both critical care and anaesthesia.

2005 – 2012 – Madrid, Spain

ASSISTANT PHYSICIAN IN MEDICINE – Department of Pharmacology, Complutense University

- Give practical anaesthesia classes to medical students.

2009 – 2013 – Madrid, Spain

SENIOR CONSULTANT ANAESTHESIOLOGIST – Clinico San Carlos Hospital

- Perioperative physician with responsibilities during the preoperative, intraoperative and postoperative periods to keep the patient comfortable and safe.
- Management of patients with acute and chronic pain, assisting in the management of cardiopulmonary resuscitation and advanced cardiac life support and the management of critically ill patients in intensive care units.
- Train, teach and supervise more junior staff in both critical care and anaesthesia.
- Work with Robotic Surgery (Da Vinci).

2013 – 2016 – Abu Dhabi, United Arab Emirates

CONSULTANT ANAESTHESIA, DEPARTMENT OF ANAESTHESIA AND OT – Al Noor Hospital, Khalifa Campus

- From June to November 2013, Acting Head of Department of Anaesthesia and OT: I coordinated the delivery of anaesthesia services by overseeing staff, monitoring trends and reviewing singular events, and providing an overall vision of the practice. I strived to exceed accreditation, regulatory, organizational and professional expectations. I acted as a liaison between anaesthesia professionals and members of administrative, clinical and medical staff.
- From November 2013 to September 2014, Consultant Anaesthesia and Director of Perioperative Services in the Operating Theaters: I served as the leader of the operating room, pre- and post-op, as well as the ambulatory center. The role was heavily involved with improving outcomes, enhancing block time utilization, reducing turnover times, and utilizing analytics to examine overall OR processes
- From September 2014 to April 2015, Acting Head of Department of Anaesthesia and OT: I coordinated the delivery of anaesthesia services by overseeing staff, monitoring trends and reviewing singular events, and providing an overall vision of the practice. I strived to exceed accreditation, regulatory, organizational and professional expectations. I acted as a liaison between anaesthesia professionals and members of administrative, clinical and medical staff.

2015 – 2016 – Abu Dhabi, United Arab Emirates

CONSULTANT ANAESTHESIA – Corniche Hospital

- Perioperative physician with responsibilities during the preoperative, intraoperative and postoperative periods to keep the patient comfortable and safe.
- Management of patients with acute and chronic pain, assisting in the management of cardiopulmonary resuscitation and advanced cardiac life support and the management of critically ill patients in intensive care units.
- Train, teach and supervise more junior staff in both critical care and anaesthesia.

2016 – CURRENT – Madrid, Spain

SENIOR CONSULTANT ANAESTHESIOLOGIST – Clinico San Carlos Hospital

- Perioperative physician with responsibilities during the preoperative, intraoperative and postoperative periods to keep the patient comfortable and safe.
- Management of patients with acute and chronic pain, assisting in the management of cardiopulmonary resuscitation and advanced cardiac life support and the management of critically ill patients in intensive care units.
- Train, teach and supervise more junior staff in both critical care and anaesthesia.
- I currently work with Robotic Surgery (Da Vinci).

● EDUCATION AND TRAINING

1977 – 1983 – Madrid, Spain

M.D. – Complutense University

1984 – 1988 – Bilbao, Vizcaya, Spain

RESIDENCY ANAESTHESIA – Santo Hospital Civil de Basurto

2000 – Madrid, Spain

M.D. P.H.D. – Complutense University

Graduate with cum laude distinction for the thesis titled "*Comparative study of laryngoscopy and intubation conditions with five laryngoscopes: Macintosh, McCoy, Belscope, Miller and LeeFiberview*".

● LANGUAGE SKILLS

Mother tongue(s): SPANISH

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
ENGLISH	C1	C1	C1	C1	C1
ARABIC	A1	A1	A1	A1	A1

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

● PUBLICATIONS

Author of 22 publications to Spanish and foreign journals and magazines. Participation in 13 chapters of books on the speciality of anaesthesiology.

Recent/Relevant samples of work:

1. "Anaphylactic shock to atropine". Aguilera L, Martínez Bourio R, Cid C, Ariño JJ, Saez de Eguilaz JL, Arizaga A. *Anaesthesia* 43:955-957 (1988).
2. "Straight blades improve visualization of the larynx while curved blades increase ease of intubation: a comparison of the Macintosh, Miller, McCoy, Belscope and Lee-Fiberview blades". Jose J. Arino ; Jose M. Velasco; Carmen Gasco ; Francisco Lopez-Timoneda. *Can J Anesth* 2003; 50: 501-506.
3. Correspondence . Reply. Jose J. Arino ; Jose M. Velasco; Carmen Gasco ; Francisco Lopez-Timoneda. *Can J Anesth* 2003; 50: 1079.
4. "Delivered oxygen fraction during simulated cardiopulmonary resuscitation depending on the kind of resuscitation bag and oxygen flow". Ariño JJ, Velasco JM, Moral P, Carrillo B, López Timoneda F. *European Journal of Emergency Medicine*. 2012;19:359-362.
5. Book Chapter: "Muscle relaxants in intensive care and resuscitation," in "muscle relaxants in anesthesia and intensive care", Editors: JA Alvarez Gomez and F. Gonzalez Miranda Publisher Book of the Year (ALS). In Spanish. Editorial Aran pág.551-560. Madrid 2000.
6. Book Chapter: Assessment and anesthetic management of morbid obesity. De la Calle P, Arino JJ. In: Handbook of morbid obesity. In Spanish. Medical Editorial Panamericana. Pag 235- 242. 2005.

● CONFERENCES AND SEMINARS

Author of more than 84 papers and communications to national and international Congresses.

Sample of recent work:

1. Anesthesia in Robotic Abdominal surgery. Madrid. November 2019.
2. Anesthesia in Abdominal surgery.Robotic surgery. Tenerife. Canary Islands. May 2019.
3. Ventilation in Abdominal Robotic Surgery. Madrid. October 2018
4. Clinical Experience with the Analgesia Nociception Index. Abu Dhabi Anesthesia Club. Abu Dhabi. UAE April 2016.
5. Updates in Neuromuscular blockers. Abu Dhabi Anesthesia Club. Abu Dhabi. UAE. March 2015.

● PROJECTS

Tutor for Residents of the Anaesthesiology Speciality at the Clínico San Carlos Hospital in Madrid

Physician collaborating in practical teaching at the Complutense University of Madrid

Collaborating Doctor in Doctorate courses at the Faculty of Medicine of the Complutense University of Madrid

Collaborating Doctor in doctorate courses at the Faculty of Medicine of the Autónoma University of Madrid

● **HONOURS AND AWARDS**

ABBOTT Award on New Agents Inhalation (1987) for "Influence of isoflurane on intracranial pressure in hypocapnia conditions." JJ Gomez Sainz, J Elexpuru Camiroaga, JJ Irujo Ariño, F Fernandez Cano, J Herran

BMS Award (2004/2005) for a communication entitled "Analgesia with Paracetamol IV for conisation laser vaporization of the uterine cervix in Outpatient surgery"

First prize award (2011) of the SECLA with a communication entitled "Hypothermia prevention in robotic surgery"

● **CERTIFICATIONS**

Specialist in Anaesthesiology. Specialty certificate issued by Ministry of Education and Science, January 1988, Madrid (Spain)

Diploma in "Marketing", Centro de Estudios CEAC, January 1991, Madrid (Spain)

Master in Management and Health Management. European Institute of Health and Welfare, 2005, Madrid (Spain)

● **MEMBERSHIPS**

Spanish Society of Anaesthesia, Resuscitation and Pain Therapy (SEDAR)

Spanish Society of Laparoscopic Surgery (SECLA)

European Society of Anesthesia (ESA)

Madrid Society of Anaesthesia (SMA)

● **MEMBER OF EDITORIAL BOARDS AND JOURNAL REFEREE ACTIVITIES**

Spanish Journal of Anesthesiology and Reanimation

Ad Hoc Reviewer

Anesthesia Analgesia

Journal of Postgraduate Medicine

European Journal of Emergency Medicine
