



Brussels, 15 March 2016

**5<sup>th</sup> meeting of the  
Expert Group on "Health-enhancing physical activity" (XG HEPA)  
12 April 2016, Elias Beach Hotel, Limassol (Cyprus)**

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## **DRAFT AGENDA**

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- 9:00-9:30**      *Arrival of participants and coffee*
- 9:30-9:35**      **1) Introduction & adoption of the agenda**
- 9:35-10:35**      **2) Commission information point**
- Update from the Sport Unit (*Olivier Fontaine, DG EAC*)
  - Update from the Health Determinants Unit (*Stefan Craenen, DG SANTE*)
  - Update from the Public Health Policy Support Unit (*Antonios Proestakis, Joint Research Centre*)
  - Research & innovation in physical activity (*Rachida Ghalouci, DG RTD*)
- 10:35-12:00**      **3) Deliverable 2: Coordination of the implementation of the Council Recommendation on HEPA (2<sup>nd</sup> half 2016)**
- Update by the lead expert (HU) and tour de table
- 12:00-13:00**      **4) Deliverable 2 - Presentation of good practices**
- National Sports For All Program in Cyprus
  - The Spanish A+D Plan. Implementation of a Physical Activity Prescription Course in the National Health Service
  - Example of good practice Estonia
  - Example of good practice in France
- 13:00-14:30**      **Lunch break**
- 14:30-15:15**      **4) Deliverable 2 - Presentation of good practices (Continued)**
- European Cyclists' Federation: Various studies and declaration on Cycling as a climate friendly Transport Mode
  - Joint Research Centre: Project Peer-Active (Network interventions to increase physical activity in children)
- 15:15-15:30**      **5) Presentation on the National Sports Medicine and Sports Research Center - Cyprus Sports Organization**
- 15:30-16:15**      **6) Deliverable 1: Recommendations to encourage physical education in schools, including motor skills in early childhood, and to create valuable interactions with the sport sector, local authorities and the private sector (1st half 2015)**
- Tour de table on action taken and future intentions
- 16:15-17:15**      **7) Feedback from the experts on the EU Work Plan for Sport and future priorities**
- 17:15-17:30**      **Conclusions & next steps**