

# NET-SPORT-HEALTH

Promoting networking, exchange and greater synergy  
between  
sport and health-enhancing physical activity sectors



# White paper on Sport

## PIERRE DE COUBERTIN Action plan

- *The Commission will support an EU Health-Enhancing Physical Activity network and, if appropriate, smaller and more focussed networks dealing with specific aspects of the topic (Action area 2).*
- *The Commission will make health-enhancing physical activity a cornerstone of its sport-related activities and will seek to take this priority better into account in relevant financial instruments (Action area 3)...*



(White Paper on Sport, Commission of the European Communities, 2007)

# Aims

- To analyze approaches of Member States towards sport-related physical activity promotion – WP 1
- To strengthen networking and exchange between main health, physical activity promotion and sport actors – WP2
- Dissemination – WP3
- Duration from 31/03/10 – 31/03/11



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# WP1

## Collection and content analysis of national sport policies

- ☑ Comprehensive collection of national sports policies
- ☑ Translation of selected documents into English
- ☑ Refine existing analysis grid and perform content analysis
- Policy briefing and international workshop to discuss results
- Scientific publication on the results of the content analysis

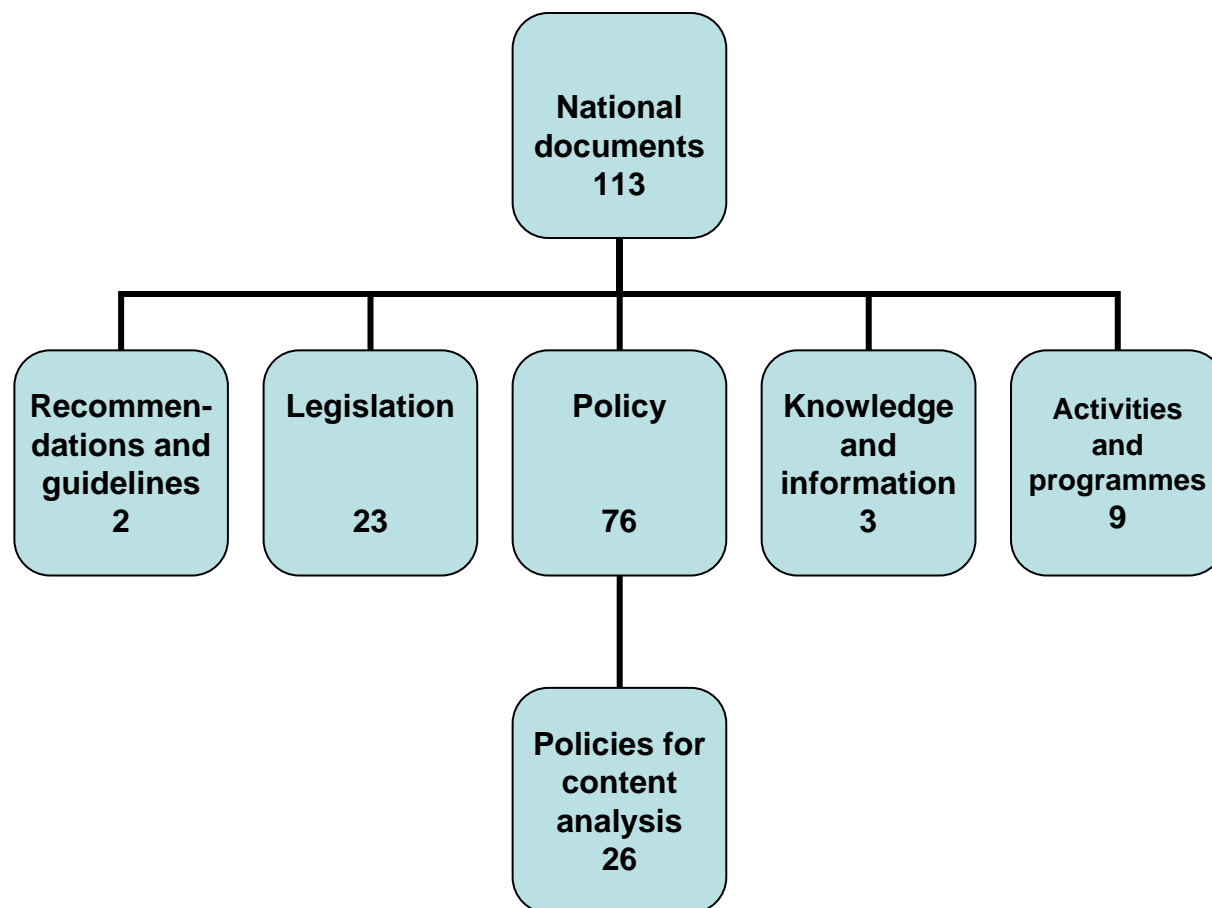


# WP1 Collection of (sub)national sport policies

- Methods for the identification of policies
- 20 EU Member State contributed
- Selection of documents for further analysis: from 103 to 26



# WP1 Collection of (sub\*)national sport policies



incl. 10 subnational documents from federal / united countries

## WP1 National policies included in content analysis

1. Belgium
2. Bulgaria
3. Czech Republic
4. Estonia
5. Finland
6. Hungary
7. Ireland
8. Latvia
9. Lithuania
10. Malta
11. The Netherlands
12. Poland
13. Slovakia
14. Slovenia
15. United Kingdom



## WP1 Analysis grid – example of elements

- Timeframe
- PE in schools
- Sectors and institutions involved
- Budget
- Target groups
- Evaluation and surveillance
- Goals and objectives
- Health-enhancing physical activity
- Access to facilities



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## WP 2 Support exchange on health-enhancing physical activity

- ☑ Establishment of a HEPA Europe - EU Contact Group
- ☑ Session of the HEPA Europe - EU Contact Group at 6<sup>th</sup> annual meeting of HEPA Europe (24 Nov 2011)
- Establishment of regular exchange between the networks



## WP2 Activities to establish the HEPA Europe – EU Contact Group

### ● Task force

- Winfried Banzer, University of Frankfurt, Germany
- Finn Berggren, Gerlev Physical Education and Sports Academy, Denmark
- Jean-Michel Oppert, Paris VI University, France
- Radim Slachta, Palacky University, Czech Republic
- Willem van Mechelen, VU Medical Center, Netherlands
- WHO/Europe (Francesca Racioppi)
- DG EAC



## WP2 Activities to establish the HEPA Europe – EU Contact Group

- Task Force: scope and purpose
  - Input for Terms of Reference
  - Input for activities and a work programme
  - Programme of the 1<sup>st</sup> meeting
  - Short-, medium- and long-term perspectives of the Contact Group



## WP2 Activities to establish the HEPA Europe – EU Contact Group

### ● 1<sup>st</sup> session of the Contact Group

- Discussion and adoption of Terms of Reference
- Election of chair person  
(Willem van Mechelen, VU Medical School, the Netherlands)
- Input for activities
- Short-, medium- and long-term perspectives



## WP3 Dissemination

- ☑ Presentations at ITF Fora (2010, 2011);
- ☑ Submission of abstracts to relevant international conferences
- International workshop – March 17, 2011, Copenhagen;
- Publication of policy briefing
- Upload of policy documents on WHO database



# Thank you

