

ANNEX I

1. NAME OF THE BENEFICIARY:

SUOMEN KUNTOLIIKUNTALIITTO RY, Finnish Sport for All association

2. NUMBER AND NAME OF THE PROJECT

EAC/21/2009/100 – SPORT CLUBS FOR HEALTH (SCFORH)

3. AREA OF INTERVENTION:

HEALTH AND PHYSICAL ACTIVITY

4. SPECIFIC OBJECTIVE(S):

- To develop advanced SCforH guidelines for European sport clubs;
- To establish a basis for a SCforH network in Europe.

The project also aims to develop a cycle for the continuous development of the programme, to strengthen the responsible role of the national sports federations to motivate their member clubs to organise HEPA activities, to identify the role of the public sector as a supportive partner of SCforH programmes, to analyse the existing funding schemes and to develop advanced national funding systems, which support health-related physical activity promotion programs in sport clubs, and to operationalise the developed theoretical framework of the programme with the purpose of strengthening an evidence-based approach for the programme, providing a sound starting point for the evaluation of the programmes and opening to researchers possibilities to further study the field.

5. DETAILED DESCRIPTION OF THE PROJECT:

The implementation of the project will take place in the form of work packages. Participating countries and other partners are in charge of and/or contribute to each defined work package.

The programme consists of the following work packages:

- Project management, coordination and economy
- Further development of the first SCforH guidelines
- Model certificate system for the assessment of sport clubs for health
- Health profile of different sports
- The leadership and management of sports clubs as civic organisations when organising health-related physical activity
- Funding system for health-related physical activity promotion programmes in sports clubs
- Evaluation of the project.

6. ACTIVITIES TO BE COMPLETED AS PART OF THE PROJECT:

See section 5 above.

7. PARTNERS OF THE NETWORK:

- Federazione Italiana Aerobica e Fitness - FIAF
- AccETTD- Cultural and Scientific Association of Tourism, Leisure and Sport (Spain)
- Ministry of Sport and Tourism (Poland)
- Estonian Sport for All Association
- Faculty of Kinesiology, University of Zagreb, Croatia

8. ARRANGEMENTS FOR EVALUATION / SUPERVISION DURING THE OPERATION:

Dr. Charlie Foster from the University of Oxford is in charge of the guidelines. He will execute the external evaluation of the current project.

The SCforH steering group will also evaluate internally the progress of the project through process evaluation. In which the actions done are evaluated with relation to what has been achieved, for example what activities have been done in order to increase networking and what kind of networking has been achieved.

9. EXPECTED RESULTS AND THEIR USE:

- Evidence-based guidelines and the continued development process to support the use of existing best practices as well as to provide instruments to recognise new practices in the field
- A cross-organizational SCforH network is created in co-operation with participating national organisations and European sports organisations (ENGSO, TAFISA-ESFAN and ISCA)
- SCforH developmental cycle as an instrument for continuous development of the SCforH guidelines.

10. EXPECTED DURATION OF THE PROJECT ACCORDING TO THE PRELIMINARY WORK PLAN

01/12/2009 to 31/03/2011

11. BUDGET:

Total budget of the project:	90.880,00 €
Of which EU grant:	72.704,00 €
Rate of EU funding:	80,00 %.

12. CONTACT:

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