

Transcript: Work-Life Balance for Parents and Carers

On-screen text: Work-Life Balance for Parents and Carers

On-screen text: Mateusz Hanslik, Orthopaedic Surgeon, Father on parental leave, Poland

(On screen: We see Mateusz Hanslik leaving the hospital where he works.)

Mateusz Hanslik: Hello, my name is Mateusz Hanslik, I am 36 years old and I am an orthopaedic surgeon from Poland.

On-screen text: Women spend 22 hours on housework and care per week while men spend 10 hours a week.

(On screen: We see Mateusz Hanslik with his children.)

Mateusz Hanslik: We have three children.

Mateusz Hanslik: I spent seven months at home with the kids.

(On screen: We see Mateusz Hanslik talking to his son in the kitchen whilst they are making lunch.)

Mateusz Hanslik: Do you like it when daddy is at home?

Bruno Hanslik: I do.

Mateusz Hanslik: Why?

(On screen: We see Mateusz Hanslik taking his children out for a bike ride.)

Bruno Hanslik: Because we go skiing and we make breakfast and dinner together.

(On screen: We see Mateusz Hanslik dressing his children, ready for a day out.)

Mateusz Hanslik: Parental leave should be used evenly by mothers and fathers.

(On screen: We see Mateusz Hanslik sitting down and playing with his children.)

Mateusz Hanslik: This will make every father see what a normal life at home is like, what a normal day looks like, and young mothers will get back to work faster and will not lose time in their careers.

On-screen text: Jannie Kwakernaat, HR manager and carer, The Netherlands

(On-screen: We see Jannie Kwakernaat leaving her office building and walking towards her car.)

Jannie Kwakernaat: I am Jannie Kwakernaat and I work as a Human Resource Manager for a research and consultancy company in Rotterdam.

On-screen text: Caring responsibilities are a reason for inactivity for almost 20% of inactive women, while this is only the case for less than 2% of men.

(On-screen: We see Jannie Kwakernaat driving in her car to her mother's nursing home.)

Jannie Kwakernaat: My mother is 82 years old and 6 years ago she had a stroke.

Jannie Kwakernaat: Due to the stroke she has vascular dementia and it was necessary to put her in a nursing home.

(On-screen: We see Jannie Kwakernaat in a meeting with her work colleagues.)

Jannie Kwakernaat: Fortunately I am able to combine the duties for my mother with my busy job.

(On-screen: We see Jannie Kwakernaat walking into her mother's nursing home.)

Jannie Kwakernaat: This is possible due to the good care of the nursing home and the flexible working hours my employer offers me.

(On-screen: We see Jannie Kwakernaat looking at books in the library with her mother.)

Jannie Kwakernaat: On average I visit my mother three times a week. I help the nurses with feeding my mother, and we go outside for walks, since she is in a wheelchair.

(On-screen: We see Jannie Kwakernaat walking through the library with her mother.)

Jannie Kwakernaat: People have become older and I have noticed, in my surroundings, that more people need care. Therefore I think flexibility should be more important so that work and care can easily be combined.

On-screen text: Cinzia Fefé, Co-owner of Fefé Group Ltd, Italy

(On-screen: We see Cinzia Fefé walking outside the office building.)

Cinzia Fefé: Hi, I'm Cinzia Fefé.

On screen text: On average, less than 1 in 3 workers have access to flexible working time in the EU.

(On-screen: We see images of the workers inside the factory.)

Cinzia Fefé: At the Fefé Group we have roughly 100 employees and we run different activities. We work for a large upholstery company including crafting luxury car interiors.

(On-screen: We see Cinzia Fefé walking through the building corridors.)

Cinzia Fefé: We believe that flexible working hours are fundamental to help our employees balance work and private life.

(On-screen: We see Cinzia Fefé walking through the factory and we see employees sewing fabrics.)

Cinzia Fefé: By offering flexible working hours to our employees we have noticed increased participation and collective responsibility.

(On-screen: We see Cinzia Fefé sitting with children in the after school care facility.)

Cinzia Fefé: When in 2016 the earthquake hit us hard, all of the schools in the area closed, which is why we came up with the idea to open this after school care facility, so that our employees had somewhere to leave their kids.

(On-screen: We see Cinzia Fefé in the factory talking to camera)

Cinzia Fefé: The great availability showed by our employees allowed us to maintain excellence in our sector in times of economic crisis.

On screen text: The economic loss due to the gender employment gap in the EU amounts to around €370 billion per year. Strengthening work-life balance policies will benefit parents, carers, companies and society in general.

(On-screen: EU AV Signature)

On-screen text:

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