

**PROJECTS SELECTED UNDER THE CALL FOR PROPOSALS  
VP/2006/018:  
"ENEA PREPARATORY ACTION ON ACTIVE AGEING AND  
THE MOBILITY OF ELDERLY PEOPLE"**

**BENEFICIARY:**     ***ATHENS NETWORK OF COLLABORATING EXPERTS ASTIKI  
ETAIRIA (ANCE)***

- **Legal representative:**     Dr. George PAVLIDES
- **Address:**                     39 Vatatzi St.  
  GR – 114 72 ATHENS (GREECE)
- **Action Title:**                TraVeL AGEents
- **Grant awarded:**             534.646,88 €
- **Rate of funding:**            80%
- **Action Summary:**     The project aims at offering travelling, volunteering, learning, intercultural and income generation opportunities to older people from 10 countries (Greece, Italy, Finland, Germany, Portugal, Cyprus, Estonia, Slovakia, Poland and Czech Republic) through the establishment of the "Over 55s without frontiers" networks. The networks' members will be trained in sustainable tour planning, participate in test-travel cultural exchange programs and publish an elderly-friendly low-cost guide book in order to facilitate older people's mobility in the EU and promote social inclusion and active participation. The project activities that will be carried out in all the 10 participating countries will be disseminated through a web site, a newsletter and various conferences, both at national and at European level allowing the exchange of good practices between Northern and Southern countries of the Union and between old and new member countries.

**BENEFICIARY:**     ***DIMOS THESSALONIKIS***

- **Legal representative:**     Mr Vassilios PAPAGEORGOPOULOS
- **Address:**                     Venizelou 45  
  GR – 546 31 THESSALONIKI (GREECE)
- **Action Title:**                3 Dimensions
- **Grant awarded:**             190.250,44 €
- **Rate of funding:**            76,02%
- **Action Summary:**     The project aims at preparing older people, and more specifically the 55-plus, for an active third age. It focuses on three dimensions: activity, volunteerism and mobility. It promotes greater understanding concerning the issues of active ageing and mobility of older people, it guarantees better quality of life, raises the standards, and it activates European citizens and employees and encourages

them to work together, to offer what they can and also to enhance their skills and abilities through mobility and training programs.

The participants will contribute to the successful outcomes. It is essential to underline that they will create (with the help of experts) two guides (special nutrition guide and a simple foreign languages guide), a book with the experiences and opinions from the exchange program and will also help in the monitoring of the progress of the project.

**BENEFICIARY:**     ***FAGLIGT INTERNATIONALT CENTER FOR U DDANNELSE  
FORENING (FIC)***

- **Legal representative:**     Mr Larsen-Jensen CLAUS
- **Address:**                     Lygten 18  
  DK – 2400 KOBENHAVN (DENMARK)
- **Action Title:**                 Seniors and Mobility (SaM)
- **Grant awarded:**             470.733,23 €
- **Rate of funding:**            80%
- **Action Summary:**     The SaM project aims at supporting the development of a genuine "mobility culture". To quote H.C. Andersen: "to travel is to live". It is the objective of this project to support this quote.

More specifically, the aim of the project is to promote new employment opportunities and make low-skilled seniors realise that there are realistic job opportunities outside their own country. The seniors will travel together with a number of representatives of management from enterprises in the different countries. This is to open the eyes for managers about the possibilities of attracting labour among unskilled seniors elsewhere in EU. In other words this project will aim to put "Seniors and Mobility" (SaM) on the agenda in EU25 by letting unemployed seniors and representatives of management witness and disseminate their experience about job- and labour opportunities in the EU to other seniors, enterprises, stakeholders etc.

**BENEFICIARY:**     ***VEREIN ZUR REGIONALFÖRDERUNG VON FORSCHUNG,  
INNOVATION UND TECHNOLOGIE FÜR DIE  
STRUKTURENTWICKLUNG (REFIT)***

- **Legal representative:**     Mr Andreas STAMMWITZ
- **Address:**                     Ernst Haeckel Platz 5-6  
  DE – 07745 JENA (GERMANY)
- **Action Title:**                 Mobile Elderly in Labour and Volunteers Actions-  
  MELVA
- **Grant awarded:**             297.747,72
- **Rate of funding:**            79,34%
- **Action Summary:**     A network of public and private non-profit partners from several regions (Thuringia, Asturias, South Tyrol and Silesia) will jointly develop

mobility measures for elderly people to enhance their chances for active participation in society and employment. Through the implementation of cross-border pilot exchanges, new employment opportunities in the growing social economy sector shall be identified, existing mobility barriers and individual labour market integration obstacles will be addressed and initiatives of the elderly to take an active role are to be stimulated. The project partners will facilitate the development of regional working groups of mobile elderly for labour and volunteer actions and involve regional decision-makers and actors of the third system to achieve widespread dissemination and sustainability of the project results.