

Internet is more than a game, it's your life!

6 key tips to help your child use the internet safely

TALK ABOUT THE INTERNET and dedicate time to explore it together with your child. Ask your child to show you what they like to do online, and try not to be shocked or overreact if you do not share the same interests.

STIMULATE YOUR CHILD'S CREATIVITY. Point them in the direction of the best online content to explore for their development or just for fun). Your child can learn and discover new sites, play games, write blogs, create websites. Stretch his or her imagination.

SET UP RULES or BOUNDARIES TOGETHER. When\Where\Why\ and for how long can your child use their mobile phone or computer? If you listen to your child and establish fair rules, then he or she is more likely to stick to them.

PROTECT PERSONAL DATA and help your child understand that information or photos they put online can remain visible to everybody forever. Help him to set up the highest level of privacy settings on social networks.

THINK ABOUT USING PARENTAL CONTROL TOOLS to automatically filter certain topics (e.g. violence, porn) and limit the time your child will be able to navigate the web.

AVOID HAVING A COMPUTER IN YOUR CHILD'S BEDROOM. Put it in the living room instead. It will make it easier to follow your child's web-surfing habits on a daily basis.



**SAFER
INTERNET
DAY 2011**
8 FEBRUARY

What is Safer Internet Day?

The European Commission's Safer Internet Programme has supported Safer Internet Day since 2004 to promote safer use of internet by children. On Safer Internet Day, hundreds of national and local events targeting children, parents, teachers and national actors are organised by the INSAFE network of 30 awareness centres in Europe, as well as in more than 30 countries around the world.

To check out what is happening in your own country, visit

<http://www.saferinternet.org>

<http://ec.europa.eu/saferinternet>

