## COMMITMENTS TO THE PLATFORM ON DIET, PHYSICAL ACTIVITY AND HEALTH (updated 14 March 2007, total number of commitments: 211) For full description of commitments: <u>http://ec.europa.eu/health/ph\_determinants/life\_style/nutrition/platform/database/web/dsp\_search.isp</u>

| AREFLH                 | l (Assemblée de  | s Régions Europé   | éennes Fruitières, Légumières e   | et Horticoles) (1)  |
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| 724                    | AREFLH           | 2006-2007,<br>in France, Italy,<br>Spain and<br>Portugal | Coordination and promotion of regional education programmes   | AREFLH support, coordinate and promote regional education programmes on diet involving regional authorities, agricultural producers and schools. The aim is to provide the regions with feedback and give them the means to communicate more effectively. |
| BEUC -                 | European Const   | umers Organisatio  | <b>on</b> (3)   |   |
| 522                    | BEUC             | 2005 – 2006<br>in 25 EU Member<br>States and USA         | Generation Excess II  | Conference to discuss obesity and diet related diseases with European and American regulatory officials, consumers and other stakeholders.  |
| 523<br>M               | BEUC             | 2006 – 2007<br>in 25 EU Member<br>States                 | Stakeholder engagement  | Engagement on an informal basis with other stakeholders to discuss modalities for providing on-pack nutritional information in an effective way so as to enhance the possibilities of consumer choice.  |
| 525<br>M               | BEUC             | 2006 – 2007<br>in 25 EU Member<br>States                 | Publication of nutrition information  | A number of member organisations commit to publishing articles on nutrition and, in particular, comparative tests on products which would allow consumers to make informed choices on products with similar characteristics.                              |
| CIAA -                 | Confederation of | the Food and Dr  | ink Industries of the EU (68)   |   |
| 591<br><b>M</b>        | CIAA             | 2006<br>in 16 EU Member<br>States                        | Support the development of<br>EPODE and SHAPE UP<br>programmes at national levels                     | CIAA will institutionally support the development of both "EPODE" and "Shape UP" programmes at national level via collaboration among national food and drink industry associations, individual companies and other relevant stakeholders.                |
| 593<br>M               | CIAA             | 2006<br>in 21 EU Member<br>states                        | Healthy Lifestyles Weeks at national level  | CIAA will explore the idea of creating national "Food Weeks" in different Member<br>States to promote healthy eating and healthy lifestyles together with relevant player   |
| 595<br><b>M</b> (Late) | CIAA             | 2006<br>in 21 EU Member<br>States                        | Common framework for an informative/educational brochure  | CIAA will develop a common framework, suitable for further adaptation at national level, for an informative/educational brochure/package aimed at informing consume on how to interpret/understand nutritional information and nutritional claims.        |
| 609<br><b>M</b>        | CIAA             | 2006<br>Location Still to<br>be determined               | Consumer Research to identify<br>educational messages to promote<br>healthy lifestyles                | CIAA will promote consumer research to improve the understanding of what kind of educational messages will best promote balanced diets and healthy lifestyles.  |
| 610<br><b>M</b>        | CIAA             | 2006<br>Pan-European<br>campaign                         | Healthy lifestyles public<br>information advertising campaign   | CIAA will collaborate with relevant stakeholders to promote a "Healthy Lifestyles<br>Public Information and Advertising Campaign", suitable for national adaptation and<br>adoption.  |
| 611<br><b>M</b>        | CIAA             | 2006<br>in 21 EU Member<br>States                        | CIAA Principles for food and<br>beverage advertising and product<br>marketing communications          | CIAA will encourage implementation of both its Principles for Food and Beverage<br>Advertising and Product Marketing Communications.  |
| 612<br>M               | CIAA             | 2006<br>European<br>approach                             | Scientific research of the diverse<br>causes related to obesity to<br>promote effective interventions | Explore the idea of involving relevant stakeholders in a study of the diverse causes related to obesity to promote effective interventions to help maintain appropriate an balanced eating habits & influence consumer behaviour towards healthy eating.  |

M (Late) = second monitoring report delivered after deadline

|  |  | Action<br>Number | Actor name | Where and when | Action title | Brief description of the action |
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| CIAA - (                      | CIAA - Confederation of the Food and Drink Industries of the EU cont. |  |  |   |  |  |  |
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| 614<br><b>M</b>               | CIAA  | 2006<br>European<br>approach             | Strategic research agenda -<br>European Technology Platform<br>"Food for Life"     | CIAA will work on a Strategic Research Agenda to enable the development of innovative food products and process innovations.  |  |  |  |
| 740<br><b>M</b>               | CIAA  | 2006 – 2007<br>in 21 EU Member<br>States | CIAA Recommendation for a<br>Common Nutrition Labelling<br>Scheme                  | The CIAA recommendation, which includes front-of-pack and back-of-pack nutrition labelling, is based on a uniform list of nutrients, nutrition information per serving and the introduction of Guideline Daily Amounts (GDAs).                                |  |  |  |
| 826<br>M                      | CIAA  | 2005 – 2006<br>in 25 EU Member<br>States | Survey on product reformulation and innovation and packaging size                  | Survey to get general impression of efforts made by the food&drink industry to increase the range of food products with different energy content, and in different portion sizes, to help consumers to adjust their purchases to meet individual requirements |  |  |  |
| 266<br><b>M</b>               | FEVIA - National<br>food & drink<br>industry federation               | 2005-2020,<br>in Belgium                 | Website "alimentationinfo.org /<br>voedingsinfo.org"                               | FEVIA developed a website www.alimentationinfo.org / www.voedingsinfo.org   |  |  |  |
| 268<br><b>M</b>               | FEVIA - National<br>food & drink<br>industry federation               | 2005-2020,<br>in Belgium                 | NUBEL  | NUBEL (NUtrition BELgium) is the compiler and supervisor of a scientific database of nutrients in food products   |  |  |  |
| 269<br><b>M</b>               | FEVIA - National<br>food & drink<br>industry federation               | 2005-2008,<br>in Belgium                 | FEVIA Fund (partnership with the King Baudouin Foundation)                         | This is a fund for educational projects promoting nutrition, physical activity and a healthy way of living aimed at children between 6 and 18 years old, in their community at local level (school, sport association, youth association).                    |  |  |  |
| 263<br>M                      | FEVIA - National<br>food & drink<br>industry federation               | 2005-2020,<br>in Belgium                 | Nutritional policy Charter   | With this Charter, the participating companies undertake to make a specific effort in implementing a pro-active nutritional policy at company level   |  |  |  |
| 265<br>M                      | FEVIA - National<br>food & drink<br>industry federation               | 2005-2020,<br>in Belgium                 | The self-regulatory code for advertising   | The self-regulatory code for advertising has been compiled by FEVIA and the Union of Belgian Advertisers (UBA)  |  |  |  |
| 437                           | Nestlé  | 2004-2009,<br>in Austria                 | Nestlé Austria Schulläufe +<br>Nutrition training workshops +<br>Obesity symposium | The project "Nestlé Austria Schulläufe" was launched in 2000 to promote physical activity in young people, in this case, running  |  |  |  |
| 438<br><b>M</b> <i>(Late)</i> | Nestlé  | 2004-2009,<br>in Portugal                | Apetece-Me / Nestlé Nutrition Prize  | Nutrition Program   |  |  |  |
| 440<br><b>M</b> <i>(Late)</i> | Nestlé  | 2004-2009,<br>in Turkey                  | NUTRITION I KNOW   | Nutrition education programme   |  |  |  |
| 441<br><b>M</b> <i>(Late)</i> | Nestlé  | 2004-2010,<br>in Greece                  | Public Health Programme  | Community involvement + Public Health programmes  |  |  |  |
| 442<br><b>M</b> <i>(Late)</i> | Nestlé  | 2004-2010,<br>in Hungary                 | NUTRIKID   | Nutrition Education Programme   |  |  |  |

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| 443<br><b>M</b> (Late)        | Nestlé                               | 2004-2010,<br>in Ireland          | Parks Tennis League + Schools<br>Athletics   | Physical activity in schools   |
|-------------------------------|--------------------------------------|-----------------------------------|--|--|
| 444                           | Nestlé                               | 2004-2010<br>in Norway            | Jan Age Fjortoft's Football School   | Promotion of physical activity and sports  |
| 445<br><b>M</b> (Late)        | Nestlé                               | 2004-2009,<br>in Romania          | Healthy Breakfast with Cereals   | Education campaign for children  |
| 446<br><b>M</b> <i>(Late)</i> | Nestlé                               | 2004-2010,<br>in Spain            | Dialogues of Nestlé Nutrition  | Nutrition information/publications   |
| 447<br><b>M</b> (Late)        | Nestlé                               | 2004-2010,<br>in Sweden           | Springtime Running Event   | Promotion of physical activity for children  |
| 448<br><b>M</b> (Late)        | Nestlé                               | 2004-2010,<br>in Switzerland      | NUTRIKIDS  | Nutrition education programme/Obesity prevention   |
| 449                           | Nestlé                               | 2004-2010, in<br>Switzerland      | Plaisir de l'équilibre   | In-house nutrition education   |
| 450                           | Nestlé                               | 2004-2010,<br>in the UK           | Nestlé Team Tennis / Healthy<br>Eating for Tennis / Lawn Tennis<br>Association   | Nestlé UK is Britain's leading supporter of tennis for children and young people   |
| 451                           | Nestlé                               | 2004-2010,<br>in the UK           | Exercise your Choice   | This programme engages young people who do not normally participate in main stream sports, in activities such as dance and street sports   |
| 656<br><b>M</b> <i>(Late)</i> | Nestlé                               | 2004-2010,<br>in Germany          | Nutrition and Physical Activity<br>Platform / Nestlé Alete Doctor  | The programme was founded in 2004 as a concerted action by the German Government, the Food Industry, the Health Care System and others. It was initiated to combine all activities to address the health threats of overweight and obese children.     |
| 657                           | Nestlé                               | 2004-2010,<br>in Denmark          | Promotion of healthy lifestyle   | Community programme. In 2004 Nestlé Denmark sponsored "Julemærkesagen" is a organisation that runs 4 homes for children in difficult situations. Overweight and obese children get support to enter into play and sports and find healthy eating habit |
| 658<br><b>M</b> (Late)        | Nestlé                               | 2004-2009,<br>in France           | Fleurbaix Laventie Ville Santé / EPODE   | Community Nutrition Education Programme for Prevention of Childhood Obesity  |
| 604<br><b>M</b>               | European Snacks<br>Association (ESA) | 2006<br>in 16 EU Member<br>States | Savoury snacks industry<br>commitments in the areas of<br>consumer information, product<br>development and commercial<br>communication | ESA and its members commit to increase consumer information on-pack, to further develop products reduced in fats/salt as well as to comply with ESA self-regulatory guidelines on commercial communication, sales in schools and vending.              |

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| CIAA C                        | CIAA Confederation of the Food and Drink Industries of the EU cont. |                                       |   |   |  |  |  |
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| 617<br><b>M</b> <i>(Late)</i> | United Biscuits<br>(Part of ESA<br>commitments)                     | 2006<br>in UK and Ireland             | UB's commitments in the areas of<br>product development, consumer<br>information and advertising to<br>children                     | UB commits to:<br>- provide further products reduced in salt/fat - provide nutrition labelling, GDAs &<br>healthy lifestyle advice on all packs - not to directly advertise to children<br>- further develop the corporate programme on healthy lifestyles  |  |  |  |
| 618                           | KiMs A/S (Part of ESA commitments)                                  | 2006<br>in UK, Ireland<br>and Denmark | KiMs' commitments in the areas of<br>consumer information, product<br>development, physical exercise<br>and advertising to children | For 2006 KiMs commits to:<br>- move to "Big 8" nutrition labelling - provide further low fat crisp alternatives<br>- sponsor the children handball school of the Danish Handball Federation<br>- refrain from broadcast advertising to children             |  |  |  |
| 452<br><b>M</b>               | Kraft   | 2006<br>in 21 EU Member<br>States     | Provision of nutrition and other information to the consumer  | it is Kraft's global policy to have detailed nutrition labelling on pack by the end of 2006 as well as other means of informing and educating consumers about the nutritional values of its products and their role in a healthy diet.                      |  |  |  |
| 453<br><b>M</b>               | Kraft   | 2006<br>in 21 EU Member<br>States     | Voluntary restriction on promoting certain products to children   | for some time it has been kraft policy not to advertise (in tv, print or radio) to children<br>under 6 years old; in 2005 kraft announced further restrictions on advertising and<br>promotion to children over 6. These policies are implemented globally. |  |  |  |
| 455<br><b>M</b>               | Kraft   | 2006<br>in 21 EU Member<br>States     | Reduction of fat, sugar and salt across a range of products   | it is Kraft's aim to improve existing products and introduce new ones, in order to give consumers more choices to help address their health and wellness needs. This includes reducing fat, trans fat, sugar and salt.                                      |  |  |  |
| 457<br>M                      | Kraft   | 2004-2008,<br>in the UK               | Health4schools  | An initiative to promote healthy diet and active play to school children and communities. The programme aims to have a tangible and measurable impact on children's knowledge, understanding, attitude and behaviour concerning diet and active play.       |  |  |  |
| 581<br><b>M</b>               | UNESDA - Union of<br>European<br>Beverages<br>Associations          | 2006<br>in 25 EU Member<br>States     | Advertising and Commercial<br>Communications, including school<br>vending   | The following UNESDA 2006 commitments relate to the advertising of and commercial communications for beverages - especially to children. These commitments include commitments relating to vending in schools.  |  |  |  |
| 582<br>M                      | UNESDA - Union of<br>European<br>Beverages<br>Associations          | 2006<br>in 25 EU Member<br>States     | Non-alcoholic beverages:<br>Consumer Information  | The following UNESDA 2006 commitments relate to the provision of information to the consumer (essentially labelling) for non-alcoholic beverages.   |  |  |  |
| 583<br>M                      | UNESDA - Union of<br>European<br>Beverage<br>Associations           | 2006,<br>in 25 EU Member<br>States    | Non-alcoholic beverages:<br>Products, choice and portion sizes  | The following UNESDA 2006 commitments relate to the provision of a choice of beverages and to portion sizes.  |  |  |  |

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| CIAA C                 | CIAA Confederation of the Food and Drink Industries of the EU cont. |   |  |   |  |  |  |  |
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| 619<br><b>M</b>        | PepsiCo Europe &<br>UK  | 2006<br>in 25 EU Member<br>States           | PepsiCo commitments in the areas<br>of product development, consumer<br>information, marketing/advertising<br>and the promotion of healthy<br>lifestyles | <ul> <li>Accelerate roll-out of more healthier snacks, beverages and breakfast cereals</li> <li>Provide additional nutritional information on all products</li> <li>Implement new advertising &amp; marketing guidelines</li> <li>Promote healthy lifestyles among employees</li> </ul> |  |  |  |  |
| 621<br><b>M</b>        | Intersnack<br>Vertriebs GmbH<br>(Part of ESA<br>commitments)        | 2005 – 2006<br>in Germany                   | Fit am Ball - Der Schul-Cup von<br>funny-frisch" (1000 schools, 35.000<br>children - for more physical<br>activity and a balanced diet)                  | Football centred scientific project, developed & organised by the German Sport<br>University Cologne, aiming to prevent excess weight with school children. Focus is<br>on weekly sports clubs & nutrition education in schools for girls & boys (8-12 years).                          |  |  |  |  |
| 654<br>M               | Cadbury<br>Schweppes  | 2006 – 2020<br>in Ireland and UK            | "Be Treatwise" Guideline Daily<br>Amounts nutrition labelling<br>scheme  | "Be Treatwise" will reinforce consumers' understanding of the role of treats in our lifestyles within the overall context of food intake and energy expenditure - by visibly displaying Guideline Daily Amounts (GDAs).   |  |  |  |  |
| 748<br><b>M</b> (Late) | Polish Federation<br>of Food Industry                               | 2006-2009,<br>in Poland                     | Keep fit!  | Purpose of the program - education of youth aiming to form constant pro-health habits. The main goal is promotion of active lifestyle and balanced diet, based on the individual responsibility and freedom of choice.  |  |  |  |  |
| 432<br>M               | Spanish Food &<br>Drink Industries<br>Federation                    | 2005-2020<br>in Spain                       | FIAB contribution to NAOS<br>(Spanish Strategy nutrition,<br>physical activity, obesity and<br>health)   | FIAB contributes to NAOS Strategy and under this framework is developing actions<br>on nutritional information, marketing and advertising, monitoring, etc. All these<br>actions are in line with the objectives of the European Platform.  |  |  |  |  |
| 427<br>M               | FERRERO Group<br>(WFA)  | 2005-2020, in<br>Belgium, UK and<br>Germany | Public education and media literacy  | Media Smart is a media literacy programme for school children, that brings together industry, academics, parents, teachers and governments, aimed at developing and promoting children's understanding of advertising.  |  |  |  |  |
| 431<br><b>M</b>        | FERRERO Group   | 2004-2020<br>in Italy, UK and<br>Germany    | Promotion of physical activity   | Ferrero promotes physical activities and sports by sponsoring ski, cycling, volleyball, beach volley, basket and football teams in different countries  |  |  |  |  |
| 807<br>M               | FERRERO Group   | 2004-2020<br>in 25 EU Member<br>States      | Product formulation and portion sizes  | Tailoring portion sizes, namely those for Kinder chocolate, to children consumption; -<br>Reducing the levels of trans fatty acids and salt; - Eliminating all hydrogenated fats<br>contained in Ferrero products by 2006.  |  |  |  |  |
| 827<br>M               | FERRERO Group   | 2004-2007<br>in Italy                       | Nutritional information  | For 2006, Ferrero intends to provide GDAs (guidelines on daily amounts) referring to the energy content per portion on its Kinder products' multipacks (or at least where this is allowed by the size of the packaging).  |  |  |  |  |

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| CIAA            | CIAA Confederation of the Food and Drink Industries of the EU cont. |  |  |   |  |  |  |
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| 462<br>M        | DANONE  | 2006-2009<br>in France                 | DANONE NATIONS CUP   | The Danone Nations Cup is a football world cup for children 10 to 12. This competition gives each year > 2,5 million children from 32 countries (40 in 2007) the opportunity to take part in an international football tournament recognised by the FIFA            |  |  |  |
| 463<br><b>M</b> | DANONE  | 2005-2010<br>in France                 | Faut que ça Bouge ! (Let's Get<br>Moving!)                                   | A program dedicated to children and teens, that aims at promoting good nutritional & physical activity habits, thanks to a web site (www.fautquecabouge.com), a mobile sports course (Nutripark), a call center and a pedagogical kit for schools.                  |  |  |  |
| 782<br>M        | DANONE  | 2006-2009<br>in France                 | <i>Danone et Vous</i> , a relationship program based on health and nutrition | Danone et vous is a relationship program (online and offline) that aims at providing nutritional and health information and advices for the general public, through 1 guide and 3 magazines per year and a website.   |  |  |  |
| 781<br><b>M</b> | DANONE  | 2006-2008<br>in 25 EU Member<br>States | Harmonized nutritional labelling   | Implementation of a harmonized and more complete nutritional labelling (based on the CIAA scheme) on Front of Pack and Back of Pack + implementation of complementary DANONE educational programs off-pack  |  |  |  |
| 780<br>M        | DANONE Eaux<br>France   | 2006-2008<br>in France                 | Design of a sugar scale on Volvic flavoured beverages labels                 | A "Sugar scale" (positioning of beverages on a coloured cursor running from plain<br>water to sugary beverages) on Volvic flavoured beverages labels to help consumers<br>better evaluate the amount of sugar they contain and choose their beverage<br>accordingly |  |  |  |
| 774<br>M        | DANONE  | 2004-2010<br>in Belgium                | BON APPETIT LA SANTE   | Educational game played in the schools for children 5-6 years to promote a healthy and balanced diet (generic non promotional information). This program is set up with the Belgian Association of paediatricians.  |  |  |  |
| 800             | Institute Danone<br>France  | 2004-2008<br>in France                 | Ensemble surveillons sa<br>corpulence (Watching their body<br>mass together) | This program is an awareness campaign targeting health professionals & parents to aid in early detection of childhood obesity thanks to regular monitoring of children's body mass index, to identify those at risk of becoming obese as early as possible          |  |  |  |
| 813             | DANONE  | 2004-2006<br>in France and<br>Belgium  | Improving the nutritional value of Groupe DANONE's biscuits                  | The biscuit division of DANONE has been developing a nutrition strategy for >10 yrs in Europe. E.g we have been working to improve the nutrition profile of our ranges in France & Belgium: increase of cereals, decrease of fat (esp. SFA&TFA) and sugars          |  |  |  |
| 779<br>M        | CEEREAL<br>European<br>Breakfast Cereal<br>Association              | 2005-2008,<br>in 5 EU Member<br>States | Implementation of GDAs   | Better understanding of nutrition labelling will enable consumers to make informed choices about the foods they buy. GDAs give consumers "benchmarks" against which they can judge the amount of a nutrient a food provides.  |  |  |  |
| 778<br>M        | CEEREAL<br>European<br>Breakfast Cereal<br>Association              | 2005-2008,<br>in Belgium               | Organization of a breakfast week -<br>EP Brussels                            | Promote healthier nutritional habits. Increase understanding of the importance of breakfast for both children and adults. Enhance the importance of including cereals as part of a healthy and balanced diet.   |  |  |  |

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| 825        | Federation of<br>Hellenic food<br>industries (SEVT) | 2005-2007,<br>in Greece   | Code of Principles for Diet,<br>Physical Activity and Health | The Code has been fully endorsed by the Members of the Federation and promotes<br>the contribution of the Food Industry to the achievement of a balanced and healthy<br>diet by improving the products already existing or developing new.         |
| 830<br>new | Unilever  | 2006-2007, In<br>Belgium,<br>Netherlands, UK  | Promotion of physical activity and consumer education        | Unilever aims at supporting people to achieve the nutritional balance needed for a vital and healthy life. Unilever has been promoting and commits to continue in 2006 promoting physical activities through various sport events and sponsorships |
| 833<br>new | Unilever  | 2007-2008 in 27<br>EU Member<br>States  | Responsible marketing and advertising                        | Unilever will revise and implement its Advertising and Marketing Principles focussing<br>on advertising healthier products to children.  |
| 834<br>new | Unilever  | 2006-2008 in 27<br>EU Member<br>States  | Product reformulation and portion sizes                      | Unilever will continue its product reformulation process, including an assessment of portion sizes.  |
| 835<br>new | Unilever  | 2006-2007 in<br>Belgium and<br>Netherlands  | Research, Survey and dissemination                           | In 2007 Unilever will share its knowledge and experience with health professionals through seminars, conferences and symposiums with the aim of promoting and disseminating scientific research leading to innovations.                            |
| 836<br>new | Unilever  | 2007-2009 in<br>Belgium, France,<br>Netherlands and<br>UK                           | Nutritional information                                      | In 2007 Unilever will roll-out GDA based nutrition labelling   |
| 837<br>new | Unilever  | 2007-2008 in the<br>Czech Republic,<br>France, Italy,<br>Luxembourg,<br>Netherlands | Healthy Choice the Easy Choice                               | Unilever will roll-out a programme that will make healthier choices easier for consumers through a front-of-pack 'Choices' logo on packaged products. The Choices logo will meet the criteria of the Nutrition Enhancement Programme               |
| COFAC      | E - Family Associ                                   | ations (2)  |  |  |
| 633        | COFACE  | 2006 – 2008<br>in France and<br>Belgium   | Give the right information on children's diet                | Educations on children's diet in the context of the relation between the children care professionals and the parents. What are the expectations of the parents, how do they communicate with the professionals.                                    |
| 634        | UNAF  | 2006 – 2006<br>in France  | Fight against obesity. Different ways of family action       | An issue of the publication of the association for responsible members   |

| COPA-                         | COPA-COGECA - Agricultural organizations and cooperatives (7)                  |  |   |  |  |  |  |
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| 635<br><b>M</b> <i>(Late)</i> | COPA-COGECA  | 2006 – 2007<br>in 25 EU Member<br>States | COPA-COGECA - Policy Statement<br>on a healthy diet | COPA-COGECA, the EU umbrella organization of 71 national Farmers' organizations<br>and co-operatives, has unanimously adopted in November 2005 a "Policy statement<br>on a healthy diet" and is committed to ensure its dissemination and follow-up. |  |  |  |
| 771<br><b>M</b> (Late)        | Danish Agricultural<br>Council   | 2006 – 2007<br>in Denmark                | Enjoy Healthy Food                                  | The initiative from the DAC is primarily aimed at students in upper secondary education. The initiative includes education on nutrition, physical activity, lifestyle and food politics.   |  |  |  |
| 772<br><b>M</b> (Late)        | Danish Agricultural<br>Council   | 2004 – 2007<br>in Denmark                | Holiday food and nutrition camp (the Camp)          | The Camp is a voluntary holiday activity targeting children from 8 to 12 years. The main objective is to teach children about healthy food, diet and physical activity in an entertaining, educational and activating way.                           |  |  |  |
| 773<br><b>M</b> (Late)        | Partnership for<br>Danish potatoes<br>(DAC)                                    | 2006-2007<br>in Denmark                  | Potato trailer for events and exhibitions           | The Partnership for Danish potatoes has designed and built a complete potato exhibition in a trailer to be used in expos, for cattle shows, harvest markets and other events. The aim is to present potatoes for the consumers.                      |  |  |  |
| 793<br>new                    | Fédération<br>nationale des<br>syndicats<br>d'exploitants<br>agricoles - FNSEA | 2007-2008<br>in France                   | Farms and nutrition                                 | French farmers, in the framework of an existing national network, will distribute to children visiting their farms educational and science-based tools about nutrition. These tools will also be approved by the French health ministry.             |  |  |  |
| 475<br>new                    | National Farmers'<br>Union   | 2006-2007<br>in the UK                   | FACE Healthy Living                                 | Healthy Living is a collection of actives and resource to encourage teenagers to adopt a lifestyle of good nutrition, physical activity and personal well-being.   |  |  |  |
| 477<br>new                    | National Farmers'<br>Union   | 2006-2007<br>in the UK                   | Schools Fruit and Vegetable<br>Scheme               | A English department of Health scheme Under the Scheme, all four to six year old children in state maintained infant, primary and special schools will be entitled to a free piece of fruit or vegetable each school day                             |  |  |  |

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| CPME -                        | Standing Commit                               | ttee of European                         | Doctors (6)   |   |
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| 653                           | CPME  | 2006 - 2006<br>in 25 EU Member           | Prevention in Europe (prevention<br>of CVD) – Improving EU public               | The purpose of this conference is to place Prevention firmly on the EU agenda a   |
| Μ                             |   | States                                   |   | statement with recommendations Motto: Prevention is key a "simple" suggestion<br>A prevention programme in every MS by a given date   |
| 572<br><b>M</b>               | National Medical<br>Associations of<br>Europe | 2006 – 2007<br>in 25 EU Member<br>States | National Medical Associations to approach decision-makers                       | National Medical Associations will approach decision makers in their respective countries and give concrete suggestions on how to promote healthy lifestyles.   |
| 573<br><b>M</b>               | National Medical<br>Associations of<br>Europe | 2006 – 2007<br>in 25 EU Member<br>States | National Medical Associations mapping activities against obesity                | National Medical Associations will contact National Scientific Societies in their respective countries to map activities against obesity on national level.   |
| 574<br><b>M</b>               | National Medical<br>Associations of<br>Europe | 2006 – 2007<br>in 25 EU Member<br>States | Exchange of scientific articles on obesity                                      | National Medical Associations from all member states will exchange and share scientific articles on obesity.  |
| 571<br><b>M</b>               | National Medical<br>Associations of<br>Europe | 2006 – 2007<br>in 25 EU Member<br>States | Doctors as role models  | Doctors to act as role-models and committing themselves to slim down when needed.   |
| 575<br><b>M</b>               | National Medical<br>Associations of<br>Europe | 2006 – 2007<br>in 25 EU Member<br>States | CPME advocacy for a "good health for all"                                       | CPME is monitoring the EU legislative proposals and is advocating good health for all in every proposal it sees will have an impact on citizens' health.  |
| EASO -                        | European Associa                              | ation for the Stu                        | dy of Obesity (1)   |   |
| 533<br>M                      | EASO  | 2007-2008<br>in 27 EU Member<br>States   | Research, informing policy and advocacy   | The European Association for the Study of Obesity (EASO) will to inform European health policy, and improve awareness and understanding of obesity prevention and management  |
| EACA -                        | European Associa                              | ation of Commu                           | nications Agencies (1)  |   |
| 519<br><b>M</b> <i>(Late)</i> | EACA  | 2006 - 2007<br>Pan-European              | Contribute creative & production<br>skills to CIAA social marketing<br>campaign | CIAA proposes the development of a social marketing campaign on healthy lifestyles<br>in Europe to raise the awareness of individuals of how to improve diet & increase<br>physical activity. EACA will contribute creative & production skills to the project. |
| EBU – E                       | uropean Broadca                               | asting Union (1)                         |   |   |
| 655<br><b>M</b>               | EBU   | 2005 - 2007<br>in 9 EU Member<br>States  | Health In Europe  | Health in Europe is a major multimedia initiative comprising TV and radio programmes, flash animations and extensive online content on Health and Medicine.   |

| Action<br>Number | Actor name | Where and when | Action title | Brief description of the action |
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| 817<br><b>M</b> | EFAD                            | 2006 in 19 EU<br>Member States,<br>Turkey, Iceland,<br>Norway and<br>Switzerland | Implementation of the European<br>Academic and Practitioner<br>Standards for Dietetics       | Higher Education Institutions teaching dietetics and National Dietetic Associations<br>representing practising dietitians will meet together for the first time to consider<br>implementation of the European Academic and Practitioner Standards for Dietetic |
|-----------------|---------------------------------|--|--|--|
| EGTA -          | Association of te               | elevision and rad  | io sales houses (1)  |  |
| 553<br>M        | EGTA                            | 2006 – 2007<br>in 16 EU Member<br>States   | Media air-time for the promotion of<br>healthy lifestyles                                    | The launch of a social marketing campaign on healthy lifestyles in Europe, as proposed by the CIAA, necessitates access to free or reduced-rate television and radio time. Egta will contribute to this campaign by providing media time.                      |
| EHFA -          | EUROPEAN HEA                    | LTH AND FITNES   | SS ASSOCIATION (5)   |  |
| 718<br><b>M</b> | EHFA                            | 2006 – 2008,<br>in 17 EU Member<br>States  | Coordination of Fitness and Sport<br>Organisations initiatives towards<br>Healthy Lifestyles | EHFA will take the lead to encourage, coordinate, lead and develop initiatives related in the level of organised physical activity through the European Sport Workforce Development Alliance (ESWDA)   |
| 720<br>new      | EHFA                            | 2007-2009<br>in 6 EU Member<br>States and<br>Switzerland                         | Feasibility of a web search relating food intake to physical activity requirements           | To research the feasibility of developing a web search to make the link between for<br>intake and physical activity requirements to balance the energy input/output equat  |
| 796<br><b>M</b> | Fitness Industry<br>Association | 2005-2010<br>in the UK   | Active at Work - Healthy Workforce<br>Programme  | The Active at Work programme markets physical activity in the workplace and<br>encourages people to make it part of their working day while also promoting the<br>continuation of a physically active, healthy lifestyle outside the workplace.                |
| 797<br>M        | Fitness Industry<br>Association | 2005-2010<br>in the UK   | Adopt a School (Healthy Schools<br>Programme)  | Adopt a School links health clubs with primary schools to deliver high quality phys activity programmes for children (10/11 year olds). Fitness professionals also educate pupils on the importance of leading a healthy lifestyle.                            |
| 798<br><b>M</b> | Fitness Industry<br>Association | 2005-2010<br>in the UK   | Go (Teenage Girls - Healthy<br>Schools Programme)  | Go links health clubs with secondary schools to deliver health and fitness session teenage girls (15/16 years old). Fitness professionals also educate pupils on the importance of leading a healthy lifestyle.  |

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|                 |  | 2000 2007                                |   |  |
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| 535<br>M        | EMRA   | 2006 – 2007,<br>in 4 EU Member<br>States | Product Composition   | EMRA members will reasonably endeavour to bring salt, fat or sugar levels in lir with the recommendations of the appropriate regulatory bodies.  |
| 536<br>M        | EMRA   | 2006 – 2007<br>in 25 EU Member<br>states | Consumer Information  | EMRA members pledge to inform their customers about how product options and product composition compare to the GDAs, or other nutrition driven references, through the use of various communications and consumer information materials  |
| 537<br>M        | EMRA   | 2006 – 2007<br>in 25 EU Member<br>states | Choice  | EMRA members pledge to continuously make options available for those<br>seeking balanced diets and ensure that these options are properly<br>highlighted in our restaurants. Given the special nature of the Food Service<br>sector there is a need for a flexible framework with regard to this<br>commitment |
| ENGSC           | ) – European Netv  | vork of Sport Org                        | ganizations (1)   |  |
| 638<br>M        | German Sports<br>Confederation in<br>Cooperation with<br>the German<br>Medical<br>Association<br>(ENGSO) | 2004 – 2020<br>in Germany                | SPORT PRO GESUNDHEIT, a<br>quality seal for programs which<br>promote health enhancing physical<br>activity   | SPORT PRO GESUNDHEIT is a seal for courses of health enhancing physical activity in Sports Clubs, released and awarded by the German Sports Confederatio in cooperation with the German Medical Association.   |
| EPHA ·          | European Public  | Health Alliance                          | (3)   |  |
| 630<br>M        | European Public<br>Health Alliance<br>(EPHA)   | 2006 - 2007<br>in 25 EU Member<br>states | Participation on the World Health<br>Organisation preparatory meetings<br>for the Ministerial meeting in<br>November 2006 on the prevention<br>of obesity | The World Health Organisation's European Region Ministerial Conference of 2006 will focus on the prevention of obesity. NGOs are working together to assist the WH to prepare the NGO demands to be presented at the Ministerial meeting.  |
| 631<br><b>M</b> | European Public<br>Health Alliance<br>(EPHA)   | 2006 – 2007<br>in 25 EU Member<br>states | Participating in the European Food<br>Safety Agency Stakeholder<br>Consultative Platform  | Assist EFSA with the development of its overall relations and policy with regard to stakeholder involvement with its tasks and mission by participating in a forum for regular dialogue and exchanges.   |
| 632<br>M        | European Public<br>Health Alliance<br>(EPHA)   | 2006 - 2007<br>in 25 EU Member<br>states | The link between the European<br>Common Agricultural Policy and<br>diet   | Call for proposal submitted to DG Agriculture to develop a web-based game which will offer direct information about how the EU common agricultural policy influences the diet of the people living in Europe.  |

| Action<br>Number | Actor name | Where and when | Action title | Brief description of the action |
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| 520<br>M        | EUFIC   | 2006 – 2008<br>in 25 EU Member<br>States | Enhancing web-based<br>communications   | Building on content from the websites www.eufic.org, www.foodexperts.net,<br>www.coolfoodplanet.org and www.foodstudents.net, EUFIC intends to build a<br>consistent strategy for web-based communications, in order to maximise coherence<br>outreach and impact. |
|-----------------|---|--|---|--|
| 521<br>M        | EUFIC   | 2006 – 2008<br>in 25 EU Member<br>States | Consumer research on nutrition information and labelling                        | EUFIC will expand its research programme on nutrition information and labelling,<br>building a knowledge base of existing research and findings and conducting further<br>research on the basis of an assessment of the knowledge gaps in existing research        |
| 524<br>M        | EUFIC   | 2006 – 2008<br>in 6 EU Member<br>States  | Increasing the outreach of EUFIC's information on healthy lifestyles            | Working with partners in the Member States, EUFIC intends to translate its educational materials on healthy diets and lifestyles into additional languages, and provide these materials on the web as well as in printed copy where possible.                      |
| 526<br>M        | EUFIC   | 2006 – 2008<br>in 25 EU Member<br>States | Using EUFIC communication<br>vehicules to raise awareness of the<br>EU Platform | Using EUFIC's communication tools to help raise awareness of and spread information about the work of the EU Platform for Action on Diet, Physical Activity and Health.  |
| EURO            | COOP (10)   |  |   |  |
| 594<br><b>M</b> | Coop Italia   | 2006 – 2007<br>in Italy                  | Spreading the seeds of healthy diets amongst consumers                          | Since the '70s Coop is sincerely committed to the well-being and the health of Italia consumers by providing information on nutrition in its outlets, on its products and a school. Product composition is another field on which Coop is working.                 |
| 597<br><b>M</b> | Eroski  | 2006 – 2007<br>in Spain                  | Preventing obesity is a healthy idea!   | Eroski is genuinely devoted to consumers' well-being. Accordingly, it has recently<br>launched an ambitious awareness campaign to tackle obesity in tune with the<br>Spanish government action plan against unhealthy dietary habits (NAOS strategy)               |
| 596<br>M        | FENACOOP-<br>Federaçao<br>Nacional das<br>Cooperativas de<br>Consumidores | 2006 – 2007<br>in Portugal               | Informing consumers is enabling them to make healthy choices                    | Given the alarming rate of obese people recorded in Portugal, FENACOOP has decided to actively engage in the fight against obesity. FENACOOP's general beli is that today informing consumers is a key-driver in tackling the obesity issue.                       |
| 598<br>M        | SOK - Inex  | 2006 – 2007<br>in Finland                | Health and Nutrition Activities in SOK and Inex                                 | For many years SOK and Inex have been both working to ensure Finnish consume<br>full and reliable information with regard to the food they eat. SOK consumer-<br>magazine and Inex food labelling are the most important information tools so far<br>developed.    |
| 599<br><b>M</b> | FDB   | 2006 – 2007<br>in Denmark                | Do you put just anything in your mouth?   | FDB has been engaged in the fight against obesity since '70s when started to labe nutrients on its own brand products. From then on FDB has much focussed on educating consumers and schoolchildren to understand the importance of healthy lifestyles.            |

| Number | Action<br>Number | Actor name | Where and when | Action title | Brief description of the action |
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| EUROO                         | COOP cont  |   |  |  |
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| 600                           | HISPACOOP <sup></sup> -<br>Spanish National<br>Federation of<br>Consumer<br>Cooperatives | 2006 – 2007<br>in Spain   | Educational Training Sessions on<br>healthy dietary habits                 | Hispacoop and its member organizations have committed themselves to empowerin<br>consumers and targeted groups, especially children, to make informed dietary choic<br>through e. g. educational training sessions, consumer magazines and conferences.        |
| 601<br><b>M</b>               | Kooperativa<br>Forbundet   | 2006 – 2007<br>in Sweden  | Healthy diet   | KF fights against obesity through a set of tools ranging from consumer information to<br>innovative product development policy (whithin Coop Norden). Action is developed<br>on a national basis in collaboration with our societies, implementation is local. |
| 602<br>M                      | The Co-operative<br>Group LTD  | 2006 – 2007<br>in the UK  | Healthy living- Product<br>Reformulation towards healthier<br>alternatives | In order to help consumers make healthier choices, Co-op has undertaken pioneeri work on product reformulation with reductions of fat, saturated fat, sugar and salt levels in processed food.   |
| 816<br><b>M</b>               | The Co-operative<br>Group LTD  | 2006 – 2007<br>in the UK  | Healthy Living - Nutrition Labelling                                       | The Co-op is committed to providing clear and honest information on all its own<br>brand labels, allowing consumers to know how much fat, salt and calories they're<br>eating at a glance on the front of pack.  |
| 818<br><b>M</b>               | The Co-operative<br>Group LTD  | 2006 – 2007<br>in the UK  | Healthy Living - Responsible<br>advertising and marketing<br>practices     | The Co-operative Group has chosen to develop a responsible policy on advertising and marketing to children of foods considered to be unhealthy   |
| EURO                          | COMMERCE (26)  |   |  |  |
| 580<br>M                      | EuroCommerce   | 2006 – 2010<br>in 25 EU Member<br>States +<br>Switzerland         | EuroCommerce commitments   | EuroCommerce is committed to increase the number of its member federations taking steps to put in place, on national level, a policy on diet, physical activity and health that is based on the WHO recommendation.  |
| 794<br>new                    | EuroCommerce   | 2007-2010<br>in 21 EU Member<br>States, Norway<br>and Switzerland | EuroCommerce recommandation<br>on nutrition labelling                      | Based on EuroCommerce's recommendation, 11 retail companies across Europe a committed to increase the amount of information on the label about the nutritional composition of their own brand products   |
| 134<br><b>M</b> <i>(Late)</i> | Federation belge<br>des Entreprises de<br>Distribution -FEDIS                            | 2006-2010<br>in Belgium   | Healthy diets and lifestyles   | Fedis is continuing its efforts to encourage its members to take actions to attain nutritional goals and improve the populations' well being as outlined by the Europea and Belgian authorities.   |
| 714<br><b>M</b> <i>(Late)</i> | Pohid  | 2006-2010<br>in Belgium and<br>Poland                             | Healthy diets and lifestyles   | Since one year, Pohid has been involved in the discussions taking place on national level on nutrition but also malnutrition and undernutrition; two additional concerns in this country. Pohid is encouraging its members to take action in these fields.     |
| 715<br><b>M</b>               | Royal Ahold  | 2006-2010,<br>in 8 MS and USA                                     | Healthy diets and lifestyles   | The Ahold company has carried out several initiatives to improve diet, along with consumer information, and back up physical activity.   |

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| EURO                          | COMMERCE cont                                    | t.  |  |  |
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| 725<br>M                      | Casino Group                                     | 2005- 2010<br>in Belgium and<br>France  | Healthy diets and lifestyles                   | The Casino Group is carrying out several initiatives to improve diet, along with consumer information, and backing up physical activity.   |
| 726                           | Norwegian<br>Association of<br>Wholesale Grocers | 2006 - 2010<br>in Belgium and<br>Norway   | Healthy diets and lifestyles                   | The Norwegian association of grocers is working towards improving dietary habits and increasing physical activity.   |
| 727                           | Danish Commerce<br>and Services                  | 2005- 2010,<br>in Belgium and<br>Denmark  | Healthy diets and lifestyles                   | The DHS is undertaking various ways to make consumers aware of the need for a healthy lifestyle, facilitating their choice for a healthier diet, through nutrition labelling, promotion of healthy foods and product development.        |
| 728<br><b>M</b> <i>(Late)</i> | CBL - Central<br>Bureau for Food<br>Trade        | 2004-2009<br>in the Netherlands   | Action plan to stimulate a healthier lifestyle | CBL members are committed to develop a 10 point action plan to stimulate consumers to lead a healthier life, not only through balanced diet but also through physical activity   |
| 729<br><b>M</b> (Late)        | Anged and Asedas                                 | 2005 -2009<br>in Spain  | Promoting a healthy lifestyle                  | Retailers have taken commitments in the framework of the Spanish National<br>Strategy on Nutrition, Physical Activity, Health and Prevention of Obesity (NAOS)<br>put in place by the Ministry for Health and Consumer in February 2005. |
| 731<br><b>M</b> <i>(Late)</i> | Retail Ireland                                   | 2004-2010<br>in Belgium and<br>Ireland  | Healthy diets and lifestyles                   | Members of the Irish Retails organisation are carrying out several initiatives to improve diet, along with consumer information, and backing up physical activity.   |
| 732<br><b>M</b> (Late)        | Svensk<br>Dagligvaruhandel                       | 2004 - 2020<br>in Sweden  | Promotion of Healthy Lifestyles                | The Swedish Retail Federation participates in the National Platform for establishing a strategy on good dietary habits and increased physical activity. Its members are also active individually.  |
| 734<br>M                      | ICA  | 2004 – 2010<br>in Belgium, Sweden<br>and Norway   | Healthy diets and lifestyles                   | The ICA company is carrying out several initiatives to improve diet, along with consumer information, and backing up physical activity.  |
| 735<br>M                      | Metro Group                                      | 2005-2010, in 18<br>EU states +<br>Switzerland,Croatia,<br>Serbia Moldova &<br>Montenegro | Healthy diets and lifestyles                   | The Metro company is carrying out several initiatives to improve diet, along with consumer information, and backing up physical activity.  |
| 736<br>M                      | Auchan   | 2005-2010,<br>in Belgium and<br>France  | Healthy diets and lifestyles                   | The Auchan company is carrying out several initiatives to improve diet, along with consumer information, and backing up physical activity.   |

| Action<br>Number | Actor name | Where and when | Action title | Brief description of the action |
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| EUROC                  | COMMERCE cont   |   |  |  |
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| 737<br>M               | Carrefour   | 2005 – 2010,<br>in 9 EU Member<br>States, Turkey<br>and Switzerland | Healthy diets and lifestyles   | The objective of Carrefour is to provide access of consumers to diverse and varied foodstuffs. To promote healthy diets and contribute to fight against obesity, the Grow has launched several actions targeted to both employees and consumers  |
| 738<br><b>M</b> (Late) | HDE -<br>Confederation of<br>German Retail                                  | 2004 – 2010,<br>in Germany  | German retailers' initiatives in the field of nutrition and healthy lifestyles                               | German retailers - especially HDE members - are undertaking a wide range of different initiatives in the field of nutrition and healthy lifestyle.   |
| 739                    | FCD - Fédération<br>des Entreprises du<br>Commerce et de la<br>Distribution | 2005 – 2010<br>in France  | Activities of the French trade sector  | In addition to the individual work of its members, FCD is involved in various actions for the promotion of healthy lifestyles.   |
| 758                    | Marks & Spencer   | 2006-2007<br>in 8 EU Member<br>States                               | Encouraging healthy eating -<br>through labelling, product<br>reformulation, consumer<br>awareness/education | "Eat Well" sunflower introduced in 2005 across M&S' entire range of foods to signpost healthy food choices to customers. Supported by product reformulation, additives removal, training, marketing and provision of information for staff and customers.  |
| 792                    | Delhaize  | 2004-2010<br>in 5 EU Member<br>States, USA and<br>Indonesia         | Healthy diets and lifestyles   | Delhaize emphasises the importance of combining a well-balanced diet with physic activity, encouraging the consumption of healthy food, but also through education and information of its customers and employees.   |
| 733                    | British Retail<br>Consortium BRC  | 2004 - 2010<br>in Belgium and<br>UK                                 | Healthy diets and lifestyles   | UK retailers are playing a major role in the current debate revolving around health<br>and nutrition. They are working closely with the government to promote consistent<br>messages about healthy diets and increased physical activity   |
| 799<br>new             | British Retail<br>Consortium BRC  | 2007-2008<br>in the UK  | Removing Trans Fats!!  | Product development is key in tackling overweight-related diseases. The BRC is committed to achieving further progress in this area by encouraging its members to entirely remove industrially added trans-fats from their own-brand food lines.   |
| 821                    | TESCO   | 2006-2010<br>in the UK  | Product Improvement Programme  | This is a long term programme which started in 2005 to reduce the levels of Fat,<br>Saturates, Salt, Sugar, Hydrogenated Fats (HVO) and additives in Tesco own-bran<br>products. The main successes have been in salt and HVO reductions and whilst<br>these will continue the focus in 2007 will be saturates and sugars. |
| 822<br>new             | TESCO   | 2007<br>in the UK   | Guideline Daily Amount (GDA)<br>Labelling – Monitoring and<br>Customer Information                           | In 2005 Tesco started labelling all eligible food products with Guideline Daily<br>Amounts on the front of pack. This will be completed in early 2007. Consumer<br>education and research into the impact of the labelling will continue during the year   |
| 823<br>new             | TESCO   | 2007<br>in the UK   | Simple Steps to a Healthier 2007<br>Calendar   | The "Calendar" is a year long event with ideas and tips to help Customers focus on<br>one change a month. There are 12 Health themes which will be communicated one<br>month to Customers via point of sale, publications, website and promotional activity  |
| 824<br>new             | TESCO   | 2007<br>in the UK   | The Tesco Great School Run   | An free annual 2k event encouraging children to take part in exercise for fun, and to help to make physical activity part of each school's and every family's lifestyle. Teacher's pack with a 5 week learning plan will be provided.  |

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| Action<br>Number | Actor name | Where and when | Action title | Brief description of the action |
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| EUROF                         | EL/EUCOFEL (1)  |  |   |  |
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| 756                           | EUROFEL<br>EUCOFEL  | 2006-2010,<br>in 14 EU Member<br>States    | Use of new technologies for the promotion of fruit and vegetables for a healthy life. | EUROFEL and EUCOFEL will encourage the use of new technologies, such as the barcode (calorific content in food products) and the vending machine for Fruit and Vegetables, in order to promote and increase the consumption of F & V for a healthy life. |
| EUROF                         | IEALTH NET (2)  |  |   |  |
| 629<br><b>M</b>               | EuroHealthNet   | 2006 – 2007<br>in 25 EU Member<br>States   | Framework commitments for<br>Network of national health<br>promotion agencies         | The network will up-date and complete compilation and dissemination of significant national health promotion activities contributing to obesity prevention and healthy lifestyles within EU Member States.   |
| 644                           | Finnish Centre for<br>Health Promotion                            | 2006 – 2010<br>in Finland                  | Guidelines for Health Promoting<br>Communication                                      | We'll organize a working meeting called "NGOs and the promotion of healthy nutrition" During that meeting we, about 20-30 NGOs, are going to discuss what more NGOs can do concerning healthy nutrition and physical activity to prevent obesity.        |
| EUROP                         | EAN HEART NET   | NORK – EHN (19                             | ))  |  |
| 547<br><b>M</b>               | European Heart<br>Network   | 2006<br>in 20 EU Member<br>States          | Review of nutrition banding schemes   | The aim is to carry out a review of unpublished and published literature and webs based information, covering nutrition banding schemes on labels which present information on levels of nutrients within foods.   |
| 548<br><b>M</b>               | European Heart<br>Network   | 2006<br>in 18 EU Member<br>States + Norway | Policy options and guidelines for<br>childhood obesity                                | Development of policy options and guidelines on tackling childhood obesity;<br>dissemination of these guidelines to national heart alliances and more widely at<br>European level.   |
| 203<br><b>M</b> <i>(Late)</i> | The Swedish Heart<br>Lung Foundation                              | 2005 – 2006<br>in Sweden                   | Recipes for the Heart - a Lifestyle<br>and Cook Book                                  | A Lifestyle and cook book with heart healthy recipes and other inspiring health promotion information, especially designed for the working population.   |
| 551<br><b>M</b> <i>(Late)</i> | The Swedish Heart<br>Lung Foundation                              | 2005 – 2020<br>in Sweden                   | Cholesterol campaign  | A broad campaign targeting men and women at 40-60.   |
| 552<br><b>M</b> <i>(Late)</i> | ALT Italian<br>Association for the<br>fight against<br>thrombosis | 2005 – 2006<br>in Italy                    | "Children and obesity" working group  | ALT is coordinating a multi-stakeholder working group aiming to tackle child obesity<br>by taking into account all its causes: physical inactivity, unhealthy diet, impact of food<br>advertising, labelling, health and nutrition claims.               |
| 555<br><b>M</b>               | Austrian Heart<br>Foundation                                      | 2005 – 2006<br>in Austria                  | Children and Obesity  | A programme for schools in cooperation with the medical practitioner of the schools, parents and teachers.   |
| 567<br>M                      | Slovenian Heart<br>Foundation                                     | 2005 – 2006<br>in Slovenia                 | Eat your words  | promote healthy nutrition & establish healthy eating patterns • understand food messages in mass media • help children acquire necessary skills to make informed healthy food choices • counter pressures of persuasive commercial interests             |
| 569<br><b>M</b>               | Slovenian Heart<br>Foundation                                     | 2006 – 2020<br>in Slovenia                 | Heart Walks   | The SHF will open several "Heart Walks" in Slovenia in order to: - to promote healthy lifestyle and regular physical activity - to establish healthy lifestyle patterns - to provide a possibility for active daily inclusion of physical activity       |

| 570<br><b>M</b> (Late) | German Heart<br>Foundation         | 2005 – 2006<br>in Germany                                      | Skipping Hearts   | Programme on promotion of rope skipping in schools.  |
|------------------------|------------------------------------|--|---|--|
| 586<br><b>M</b>        | Finnish Heart<br>Association       | 2005 – 2006<br>in Finland                                      | Sports adventure around the Globe                                   | Sports adventure around the Globe: to encourage children to take more exercise.  |
| 587<br><b>M</b>        | Finnish Heart<br>Association       | 2005 – 2006<br>in Finland                                      | Heart Symbol  | To promote heart healthy dietary changed in Finland.   |
| 588<br>M (Late)        | Netherlands Heart<br>Foundation    | 2005 – 2006<br>in Netherlands                                  | Children, healthy weight, healthy<br>diet                           | One evening parents programme; lecture for in- school use: a free-lance dietician visits the school and tells the parents all about diet and physical activity.  |
| 589<br><b>M</b> (Late) | Netherlands Heart<br>Foundation    | 2005 – 2006<br>in Netherlands                                  | Heart for your life   | Increasing knowledge and consciousness on the importance of a healthy lifestyle among Moroccan people in the Netherlands.  |
| 590<br><b>M</b>        | Slovenian Heart<br>Foundation      | 2006 – 2020<br>in Slovenia                                     | The "Nature - Health Fair   | promote healthy nutrition & and healthy lifestyle  |
| 605<br><b>M</b>        | Danish Heart<br>Foundation         | 2005 – 2020<br>in Denmark                                      | Rumlerikkerne   | Children Food Exercise   |
| 606<br><b>M</b>        | Finnish Heart<br>Association       | 2006 – 2020<br>in Finland                                      | Vegetables for better health  | Vegetables for better health (Terveyttä kasviksilla; in Finnish) is a campaign for primary schools to promote healthy eating   |
| 607<br><b>M</b>        | Finnish Heart<br>Association (EHN) | 2005 – 2020<br>in Finland                                      | Women's Heart Programme   | Healthy heart for the whole life.  |
| 608<br><b>M</b>        | Finnish Heart<br>Association (EHN) | 2005 – 2006<br>in Finland                                      | From overweight to balance  | To develop patterns and activities that help to support the prevention of overweigh and weight control.  |
| 616<br>M               | Slovenian Heart<br>Foundation      | 2006 – 2007<br>in Slovenia                                     | Healthy lifestyle workshops   | <ul> <li>to promote healthy lifestyle and healty nutrition</li> <li>to establish healthy eating patterns</li> <li>to help children acquire the necessary skills and knowledge to make informed healthy food choices</li> <li>to organize 50 healthy nutrition workshops</li> </ul> |
| EVA - E                | uropean Vending                    | Association (3)  |   |  |
| 518<br><b>M</b>        | EVA                                | 2007, in 17 EU<br>Member States                                | Best Practice Guidance - Vending<br>in schools : a matter of choice | The EVA adopted the Best Practice Guidance on Vending in schools, the objective which is to explain to vending operators how they should adapt their offering to schools   |
| 801<br>new             | EVA                                | 2007, in 17 EU<br>Member States +<br>Turkey and<br>Switzerland | Communication on healthy initiatives                                | The EVA will devote one web page to the dissemination of the initiatives taken by t<br>vending players on healthy lifestyles   |
| 803<br>new             | EVA                                | 2007, in 17 EU<br>Member States +<br>Turkey and<br>Switzerland | Health at workplace   | The EVA will promote healthy lifestyle internally  |

M (*Late*) = second monitoring report delivered after deadline

| Action<br>Number | Actor name | Where and when | Action title | Brief description of the action |
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| 504                           | FERCO   | 2006-2010<br>in 12 EU Member<br>States  | FERCO Commitments for better information                     | FERCO encourages its members and Contract Catering companies to work with their clients and suppliers to improve the availability of understandable and relevant information for the end consumers.  |
|-------------------------------|---|---|--|--|
| 505<br><b>M</b> <i>(Late)</i> | FERCO   | 2006-2010<br>in 11 EU Member<br>States  | FERCO General Nutrition<br>Recommendations                   | FERCO encourages its members and Contract Catering companies to adopt and implement general nutrition recommendations based on 7 principles  |
| 506                           | FERCO   | 2006-2010<br>in 11 EU Member<br>States  | Partnership with Public Authorities and Educational Campaign | FERCO encourages its members to participate in public authorities' initiatives and to develop educational campaigns in partnership with relevant stakeholders.   |
| 507                           | FERCO   | 2006-2007<br>in 11 EU Member<br>States  | FERCO partnership with its Social Partner, EFFAT             | Through the EU Social Dialogue of the Contract Catering sector, FERCO will strive to gain EFFAT's support to promote healthier lifestyles and will encourage its members to develop sustainable training programmes in this area.                    |
| 508                           | FERCO   | 2006<br>in 11 EU Member<br>States       | FERCO Monitoring and Evaluation system                       | FERCO will set up a monitoring system comprised of a Common Checklist of<br>Progress to review the implementation of the FERCO 2006 Commitment by national<br>associations and Contract Catering companies.  |
| 790<br>new                    | FERCO   | 2007-2010<br>in 12 EU Member<br>States  | Continuation in 2007 of the FERCO 2006 commitments           | FERCO and its Members are committed to continue with their 2006 commitments in 2007 through implementing new and innovative actions or by extending existing actions   |
| 820<br>new                    | FERCO   | 2007<br>in 14 EU Member<br>States       | Healthy Eating Week  | FERCO and its members will organise in 2007 specific initiatives referring to "Healthy Eating " aimed at promoting the fight against obesity at the work place   |
| 819<br>new                    | FERCO   | 2007<br>in 14 EU Member<br>States       | FERCO Workshops with<br>Stakeholders                         | FERCO and its members will study the possibility to organise in collaboration with<br>other EU Federations workshops aiming at strengthen the partnership between<br>Contract Catering Operators and other stakeholders in the fight against obesity |
| 791<br>new                    | FERCO   | 2007-2010<br>in 12 EU Member<br>States  | FERCO 2007 Monitoring system                                 | FERCO will use the monitoring system set up by the EU Platform for Action on Diet,<br>Physical Activity and Health   |
| FEPI - I                      | Federation of the E                                   | European play in                        | dustry (1)   |  |
| 741<br>new                    | FEPI - Federation<br>of the European<br>play industry | 2007 – 2009<br>in 9 EU Member<br>States | FEPI award "capital of play"                                 | This action aims at sensitizing local authorities to the importance of a playgrounds' offer answering to the needs of their local children's population, by communicating about local authorities that develop the best playground policies.         |

| Action<br>NumberActor nameWhere and<br>whenAction titleBrief description of th | ne action |
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| FRESH           | FRESHFEL (6)  |  |   |  |  |
|-----------------|---|--|---|--|--|
| 527<br>M        | Freshfel Europe   | 2006 - 2007<br>Europe-wide<br>action     | Pan-European Logo for the<br>promotion of fruits and vegetables<br>consumption                    | To create a logo that will encourage consumers to increase consumption of fruit and vegetables. Today different logos are used in different countries, which creates confusion at consumer level as products freely circulate in the internal market.      |  |
| 528<br><b>M</b> | Bord Bia  | 2006 – 2008<br>in Ireland                | Food Dude Healthy Eating<br>Programme   | Introduce a programme to over 30.000 primary school children consisting of videos<br>and rewards to positively change children's long-term behaviour in the consumption<br>of fruit and vegetables which are provided free of charge over a 16 day period. |  |
| 529<br>M        | Freshfel Europe   | 2006 - 2007<br>Europe-wide<br>action     | Freshfel Europe's Fresh fruit and vegetables consumption monitor                                  | Freshfel sets in one document available information on fruit and vegetable consumption across Europe per year. The document includes a general section on the EU's total gross supply of fresh fruit and vegetables and specific sections by country.      |  |
| 530<br><b>M</b> | Freshfel Europe   | 2006 - 2007<br>Europe-wide<br>action     | Freshfel Information on Promotion   | Freshfel provides a platform for the exchange and dissemination of information on promotional activities undertaken either by members or other entities. These experiences increase awareness of the benefits of consuming fruits and vegetables.          |  |
| 775<br>new      | Freshfel Europe   | 2007-2008,<br>Europe-wide<br>action      | Freshfel "Fresh Produce Charter"<br>on fruit & vegetables at the<br>workplace                     | With this charter Freshfel invites its members and others to make fresh fruit and vegetables available at all the reception areas and meeting rooms of their companies for employees and visitors to enjoy.  |  |
| 776<br>new      | Freshfel Europe   | 2007, Europe-<br>wide action             | EGEA International Conference<br>"The role of fruit & vegetables in<br>the fight against obesity" | Cooperation with Aprifel (France) in the organisation of the International Conference EGEA 2007 to explain and disseminate the latest scientific research on the role of fruit & vegetables in the fight against obesity.                                  |  |
| IBFAN           | – International Bal   | by Food Action I                         | Network (1)   |  |  |
| 615<br><b>M</b> | IBFAN   | 2006 – 2007<br>in 19 EU Member<br>States | Continued protection, promotion and<br>support of breastfeeding and<br>appropriate CF             | Advocacy and training to ensure that parents have access to objective, complete information about infant and young child feeding, free from commercial influence, through policies, health care practices, in workplace, the community and family.         |  |
| IDF - In        | IDF - International Diabetes Federation (1)                 |  |   |  |  |
| 640<br><b>M</b> | International<br>Diabetes<br>Federation,<br>European region | 2004 – 2010<br>in 25 EU Member<br>States | Gluco-forum - a new European<br>initiative leading the fight against<br>pre-diabetes              | Gluco-forum is working to raise awareness of health care professionals and people<br>at risk of developing pre-diabetes or type 2 diabetes. Through early identification of<br>those at risk, the conditions can either be prevented or the onset delayed. |  |

| Action<br>Number | Actor name | Where and when | Action title | Brief description of the action |
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|                   |  | 2004-2020  |  | IOTF as part of International Association for the Study of Obesity (IASO) will work   |
|-------------------|--|--|--|---|
| 531<br>M          | IOTF                                   | in 27 EU Member<br>States  | Research, informing policy and advocacy                                      | in cooperation with European Association for the Study of Obesity (IASO) will work<br>NGOs and scientific networks, to inform health policy.  |
| 809<br>new        | IOTF                                   | 2007-2009<br>in 27 EU Member<br>States                             | Research, informing policy and advocacy                                      | Health-Promotion Through Obesity Prevention Across Europe: An Integrated Analysis To Support European Health Policy (HOPE)  |
| 814<br><i>new</i> | IOTF                                   | 2007-2010<br>in 27 EU Member<br>States                             | Research, informing policy and advocacy                                      | Development of a dynamic modelling tool to evaluate potential health gain and assess the life style-mediated health impact of policies (DYNAMO-HIA).  |
| 810<br>new        | IOTF                                   | 2007-2018<br>in 27 EU Member<br>States                             | Improving medical and health<br>professional skills to counteract<br>obesity | The IOTF will introduce an online training course for clinicians to improve their knowledge and skills in weight management, diet and activity and the prevention related chronic diseases developed in conjunction with EASO.  |
| 811<br>new        | IOTF                                   | 2007-2008<br>in 27 EU Member<br>States                             | Research, informing policy and advocacy                                      | The IOTF will support the development of the European Childhood Obesity<br>Prevention Alliance to extend NGO collaboration on advocacy and action involvin<br>more than 12 European NGOs through an active network and website.   |
| ISCA              | - International Spo                    | ort and Culture As   | ssociation (1)   |   |
|                   |  |  |  |   |
| 754               | ISCA                                   | 2006-2009,<br>in 14 EU Member<br>States, Iceland<br>and Greenland  | P.A.T.H.E. Physical Activity Towards<br>a Healthier Europe                   | PATHE is a European project that will match best practice of existing 'health promotion through mass-sport' projects & campaigns with countries wishing to implement first-time projects. Actions include consultancy, training seminars, and workshops.  |
|                   |  | in 14 EU Member<br>States, Iceland                                 |  | promotion through mass-sport' projects & campaigns with countries wishing to implement first-time projects. Actions include consultancy, training seminars, and   |
|                   | ISCA                                   | in 14 EU Member<br>States, Iceland                                 |  | promotion through mass-sport' projects & campaigns with countries wishing to implement first-time projects. Actions include consultancy, training seminars, and   |
| UK GC             | ISCA<br>DVERNMENT (9)<br>Department of | in 14 EU Member<br>States, Iceland<br>and Greenland<br>2004 – 2010 | a Healthier Europe<br>Choosing a better diet: a food and                     | promotion through mass-sport' projects & campaigns with countries wishing to<br>implement first-time projects. Actions include consultancy, training seminars, and<br>workshops.<br>A Plan that brings together the range of mainly voluntary actions across England<br>tackle obesity, including: obesity social marketing campaign simplified labelling |

| Action<br>NumberActor nameWhere and<br>whenAction titleBrief description of the | e action |
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| 761<br><b>M</b> | Food standards agency -            | 2006-2007,<br>in the UK                  | 2nd edition - Food Policy in<br>Schools: framework document for<br>Governing Bodies | The Agency has commissioned the National Governors Association (NGA) to develop a 2nd edition of 'Food Policy in Schools: A Strategic Policy Framework for Governing Bodies'. Its aim is to help School Governors develop their school's foo policy.            |
|-----------------|------------------------------------|--|---|---|
| 762<br>M        | Food standards agency              | 2006-2020,<br>in the UK                  | Food Vision website<br>(www.foodvision.gov.uk)                                      | The aim of the Food Vision website is to help local groups develop food projects is<br>will improve community health and well being. It offers case studies and toolkits to<br>encourage and spread good practice.  |
| 765<br><b>M</b> | Food standards agency              | 2006-2013,<br>in the UK                  | UK National Diet and Nutrition<br>Survey  | A diet and nutrition survey covering all four countries of the UK. The survey will collect information on food consumption, nutrient intake, nutritional status and physical measurements in a random, representative sample of the UK population               |
| 158<br><b>M</b> | Food standards agency              | 2006-2007,<br>in the UK                  | Reformulation of processed and<br>prepared foods to reduce salt<br>contents         | The FSA is encouraging and supporting the reformulation of processed and prepa<br>foods to reduce their salt contents through the development of salt targets for key<br>products and the publication of individual organisations' salt-reduction plans.        |
| 159<br><b>M</b> | Food standards agency              | 2006-2010,<br>in the UK                  | Development of a Front-of-Pack<br>'Signposting' Labelling Scheme                    | The FSA is developing a voluntary front of pack signposting scheme for use by retailers and manufacturers to give 'at a glance' information on the fat, saturated salt and sugar content of foods - to help consumers make healthier food choices.              |
| 777<br>M        | Food standards agency              | 2006-2010,<br>in the UK                  | Guidance for small and medium-<br>sized businesses on salt reduction                | Development of guidance for small and medium-sized food businesses, to increar<br>awareness of Government work with industry to reduce salt in processed meat<br>products, and provide practical advice on achieving reductions without reducing for<br>safety. |
| WFA -           | WORLD FEDERAT                      | ION OF ADVER                             | TISERS (9)  |   |
| 538<br>M        | World Federation of<br>Advertisers | 2006 – 2007<br>in 25 EU Member<br>States | Strengthening advertising self-<br>regulatory mechanisms across the<br>EU25         | Implementing the EASA Self-Regulation Charter. General provisions: establishme<br>of self-regulatory organisations (SROs) and effective, comprehensive codes of<br>conduct.   |
| 539<br><b>M</b> | World Federation of<br>Advertisers | 2006 - 2007<br>in 25 EU Member<br>States | Strengthening advertising self-<br>regulatory mechanisms across the<br>EU25         | Implementing the EASA Self-Regulation Charter: Provision of advice and training   |
| 540<br><b>M</b> | World Federation of<br>Advertisers | 2006 – 2007<br>in 25 EU Member<br>States | Strengthening advertising self-<br>regulatory mechanisms across the<br>EU25         | Implementing the EASA Self-Regulation Charter: Complaint handling, enforceme and compliance   |
| 541<br>M        | World Federation of<br>Advertisers | 2006 – 2007<br>in 25 EU Member<br>States | Strengthening advertising self-<br>regulatory mechanisms across the<br>EU25         | Implementing the EASA Self-Regulation Charter: Stakeholder involvement  |

| Action<br>Number | Actor name | Where and when | Action title | Brief description of the action |
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| WFA - V         | WFA - WORLD FEDERATION OF ADVERTISERS cont. |  |  |  |  |
|-----------------|---|--|--|--|--|
| 542<br><b>M</b> | World Federation of<br>Advertisers          | 2006 – 2007<br>in 25 EU Member<br>States | Strengthening advertising self-<br>regulatory mechanisms across the<br>EU25                      | Implementing the EASA Self-Regulation Charter: Awareness raising   |  |
| 543<br>M        | World Federation of<br>Advertisers          | 2006 – 2007<br>in 25 EU Member<br>States | Strengthening and expanding food<br>and beverage advertising self-<br>regulation across the EU25 | Strengthening and expanding the remit of advertising self-regulation for food and beverage advertising across the EU25, by implementing the ICC Framework for Responsible Food and Beverage Advertising into national self-regulatory code provisions. |  |
| 544<br><b>M</b> | World Federation of<br>Advertisers          | 2006 – 2008<br>in 25 EU Member<br>States | Strengthening and expanding food<br>and beverage advertising self-<br>regulation across the EU25 | Strengthening and expanding the remit of advertising self-regulation for food and beverage advertising across the EU25, by implementing Marketing Communications Guidelines, which go beyond the ICC Framework both in terms of content and coverage.  |  |
| 545<br><b>M</b> | World Federation of<br>Advertisers          | 2006 – 2007<br>in 6 EU Member<br>States  | Media Smart – teaching children to<br>be media-literate  | Media Smart develops and provides, free of charge, educational materials to primary schools that teach children to think critically about advertising in the context of their daily lives.   |  |
| 546<br><b>M</b> | World Federation of<br>Advertisers          | 2006 – 2008<br>in 25 EU<br>Member States | Promoting healthy lifestyles through advertising   | To conduct a social marketing campaign on healthy lifestyles in Europe.  |  |