



Mental Health

“Promotion of Mental Health and Well-being of Children and Young People – Making it happen”

Thematic Conference Mental Health in Youth and Education
Organised by European Commission and Swedish Ministry of Health
and Social Affairs under the auspices of the Swedish Presidency
of the Council of the European Union

29th - 30th September 2009, Stockholm

Hotel Hilton Stockholm Slussen

Guldgränd 8, Stockholm, Sweden

Programme



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29/9 Tuesday

Check-in & Coffee

11.00 am -13.00 am

1. Opening Session (13.00 pm-13.30 pm)

Maria LARSSON

Minister of Elderly Care and Public Health, Sweden

Androulla VASSILIOU

European Commissioner for Health (by video message)

2. Plenary Session (13.30 pm - 14.30 pm)

SETTING THE SCENE

Building an EU-framework for promoting mental health and well-being in children and young people

Andrzej RYS

Director for Public Health and Risk Assessment, Directorate General for Health and Consumers, European Commission

KEY NOTES

Promoting mental health and well-being in children and young people: key issues and priorities for action

Poul Nyrup RASMUSSEN

President, Party of European Socialists, Former Prime Minister of Denmark

Mental health and well-being - from the perspective of young people

Kadri VANEM

Member of the Board, European Youth Forum

Break

(14.30 pm - 15.00 pm)

3. Two Parallel Focus Sessions

SESSION 1:

Parents, family
and early years

(15.00 pm - 16.45 pm)

CHAIR

Shona ROBISON

Minister for Public Health and Sport of Scotland, MSP, United Kingdom

PRESENTATION

The role of parents, family and early years in promotion of mental health and prevention of mental disorders - key messages and framework for action

Sarah STEWART-BROWN

Chair of Public Health and Director of the Health Sciences Research Institute Warwick Medical School, University of Warwick, UK

REACTIONS AND PRESENTATIONS OF POLICIES AND INITIATIVES

Marjaana PELKONEN

Representative of Ministry of Health and Social Affairs, Finland

Vincent MAGOS

Deputy Director General, Ministry of French Community, Coordination of Help for Victims of Abuse, Belgium

29/9 Tuesday**Vibeke BING**

Founder of Föreningen for Familjecentralers Främjande (Organisation for Promotion of Family Centers), Sweden

Geoff LINDSAY

Director of CEDAR (Centre for Educational Development, Appraisal and Research), UK

Joy LADURNER

Youth representative, HPE (Hilfe für Angehörige psychisch Erkrankter) and EUFAMI (European Federation of Associations of Families of People with Mental Illness), Austria

DISCUSSION**SESSION 2:**

The role of health services in promoting mental health and preventing mental disorders

(15.00 pm - 16.45 pm)

CHAIR**Melinda MEDGYASZAI**

Secretary of State for Health Policy at the Ministry of Health, Hungary

PRESENTATION

Health services as actor and setting for promoting mental health and preventing mental disorders in children and young people

Tytti SOLANTAUS

Research Professor, National Institute for Health and Welfare, Finland

REACTIONS AND PRESENTATIONS OF POLICIES AND INITIATIVES**Lars HELLGREN**

Leader of the Centre for Child Mental Health in Socialstyrelsen, Sweden

Jan DE MAESENEER

Professor at Ghent University, The Network Towards Unity for Health in Ghent, Belgium

Christa KUYPER

GGD Rotterdam, Netherlands

Stanislas FILLIOL

Representative of UNAFAM, "Les GEM" (Groupe d'entraide Mutuelle): self-governed support groups, France

Anthia ZAMMIT

Youth representative, Malta

DISCUSSION**4. Plenary Session**

(17.00 pm - 17.30 pm)

REPORTING BACK FROM FOCUS SESSIONS 1-2**SESSION 1****PARENTS, FAMILY AND EARLY YEARS****Geoff HUGGINS**

Ministry of Health, Scottish Government, UK

SESSION 2**THE ROLE OF HEALTH SERVICES****Dainius PURAS**

Associate Professor and Head of Vilnius University Centre of Child Psychiatry and Social Paediatrics, Vilnius University, Lithuania

DISCUSSION

20.00 pm

DINNER at Rosenbad, Drottningatan 1

30/9 Wednesday
1. Plenary Session
 (9.00 am - 9.45 am)

KEY NOTE ADDRESSES
Gregor HENDERSON

"Setting the scene – the importance of the community dimension, internet/media and promotion of mental health at school settings"

Mental Health Europe's Advisor and Chair of Young Scotland in Mind

Ulrike RAVENS-SIEBERER / Viviane KOVESS-MASFÉTY

"Mental health and well-being in children and young people in the EU and the prevalence of mental health problems and disorders"

Head of Research - Professor for Child Public Health
 University Clinic Hamburg-Eppendorf, Germany

Adjunct Professor of Psychiatry at McGill and Director of the Paris University
 Research Centre in Epidemiology and Policy Design in Mental Health, France

Break
 (9.45 am-10.00 am)

**2. Three Parallel
 Focus Sessions**
SESSION 3:

The role of the
 Community
 environment
 (10.00 - 11.45 am)

CHAIR
Francesco AMADDEO

Associate Professor, Department of Psychiatry and Clinical Psychology, University of Verona, Italy

PRESENTATION

The role of the community environment in promotion of mental health and prevention of mental disorders in children and young people - key messages and framework for action

Håkan STATTIN

Research Professor in Psychology, Örebro University, Sweden

REACTIONS AND PRESENTATIONS OF POLICIES AND INITIATIVES
John SVENSSON

Representative of BHC (Building Healthy Communities) project, co-funded from URBACT programme, Sweden

Anne Marie LE CLAIRE

European Commission, DG Education and Culture, Youth Policy-Unit

Håkan LEIFMAN

Director of STAD, Stockholm, Sweden

Jana HAINSWORTH

Secretary General, Eurochild

Kristiina LEPA

Youth representative, Estonia

DISCUSSION
SESSION 4:

The role of new
 media technologies
 and the internet
 (10.00 - 11.45 am)

CHAIR
Tuula TAMMINEN

Professor of Child Psychiatry, President, European Society for Child and Adolescent Psychiatry (ESCAP)

PRESENTATION

The role of new media technologies and the Internet: Coping with risks, maximizing opportunities and promoting mental health and well-being

Ingunn HAGEN

Professor in Media and Communication Psychology, Department of Psychology, Norwegian University of Science and Technology, NTNU, Norway

30/9 Wednesday

REACTIONS AND PRESENTATIONS OF POLICIES AND INITIATIVES

Uwe SCHAEFER

Office of the Federal Drug Commissioner, Federal Ministry of Health of Germany

Pia K. LANG

European Commission, DG Information and Society, eContent and Safer Internet Unit

Rachel O'CONNELL / Leon CLOWES

Bebo.com, UK / YouthNet, UK

Maria Soares LINDBERG

Project Manager of Fryshuset Web Coaches (Fryshusets Nätvandrare), Sweden

Pauline ÖSTNER

Youth representative, Sweden

DISCUSSION

SESSION 5:
Educational
settings and
learning
(10.00 - 11.45 am)

CHAIR

Gintaras STEPONAVICIUS

Minister of Education and Science, Lithuania

PRESENTATION

Key messages and framework for action for addressing mental health of children and young people in educational settings and learning

Peter PAULUS

Professor of Psychology, Leuphana Universität Lüneburg, Germany

REACTIONS AND PRESENTATIONS OF POLICIES AND INITIATIVES

Robertas POVILAITIS

President of Lithuanian Psychological Association

Cor J.W. MEIJER

Director, European Agency for Development in Special Needs Education

Chris HARRISON

President, European School Head's Association (ESHA)

Anders BJURSTRÖM

Managing director of Arbetslinjen Klippan 7-TJUGO programme, Sweden

Ana AGUIAR

Youth representative, Portugal

DISCUSSION

30/9 Wednesday

3. Plenary Session
(11.50 pm - 12.30 pm)

REPORTING BACK FROM FOCUS SESSIONS 3-5**SESSION 3****COMMUNITY ENVIRONMENT****Ville LETHINEN***Professor (emer.), National Institute for Health and Welfare, Finland***SESSION 4****NEW MEDIA TECHNOLOGIES AND THE INTERNET****Mari FRESU***Health policy advisor, Mental Health Europe***SESSION 5****EDUCATIONAL SETTINGS AND LEARNING****Goof BUIJS***Coordinator of SHE, European network for health promoting schools***DISCUSSION**

Sandwich buffet
12.30 pm - 13.45 pm

4. Plenary Session
(13.45 pm - 14.30 pm)

**HIGH LEVEL ROUND TABLE AND DISCUSSION ON
THEME: "THE FUTURE"****CHAIR****Vappu TAIPALE***National Institute for Health and Welfare (THL), Finland***PARTICIPANTS:****Andrzej RYS***Director for Public Health and Risk Assessment, Directorate General for Health and Consumers, European Commission***Anja Esther BAUMANN***WHO Regional Office for Europe***Veronique BERNARD***DG Research, European Commission***Jana HAINSWORTH***Secretary General, Eurochild***Tuula TAMMINEN***Professor of Child Psychiatry, President, European Society for Child and Adolescent Psychiatry (ESCAP)***Viveca MISSLER***Youth Participant***DISCUSSION**

5. Closing Session
(14.30 pm - 15.00 pm)

Andrzej RYS*Director for Public Health and Risk Assessment, Directorate General for Health and Consumers, European Commission***Irene NILSSON CARLSSON***Deputy Director General, Ministry of Health and Social Affairs, Division for Public Health, SE*



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