

Prevention of Depression and Suicide – Making it Happen

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Greetings from the World Organisation of Family Doctors - Wonca

Mental Health
"Prevention of Depression and Suicide – Making it Happen"

"Prevention of Depression and Suicide – Making it Happen"

Thematic Conference under the European Pact for Mental Health and Well-being

Organized jointly by the Ministry of Health of the Republic of Hungary and the European Commissions' Directorate of Health and Consumers, with the support of the Swedish EU Presidency and in collaboration with the WHO Regional Office for Europe

10th - 11th December 2009
Kempinski Hotel Corvinus, BUDAPEST

mhGAP

mental health Gap Action Programme Scaling up care for mental, neurological and substance use disorders

- Depression**: Leading cause of disability worldwide... The time to act is now
- Epilepsy**: 65 million live with epilepsy in many parts of Africa go untreated! The time to act is now
- Mental Health**: No health without mental health. The time to act is now
- Human Rights**: HUMAN WRONGS. The time to act is now
- Suicide**: every 40 seconds... somebody dies from suicide. The time to act is now

WORLD HEALTH ASSEMBLY REPORT 2009



World Health Organization

SIXTY-SECOND WORLD HEALTH ASSEMBLY
Provisional agenda item 12.4

A62/8
9 April 2009

Primary health care, including health system strengthening

Report by the Secretariat

INTEGRATING MENTAL HEALTH INTO PRIMARY CARE : A GLOBAL PERSPECTIVE

Part 1

- Context and Rationale

Part 2

- Best practices
- Guidance and recommendations

Annex 1

- Clinical implications for primary care workers



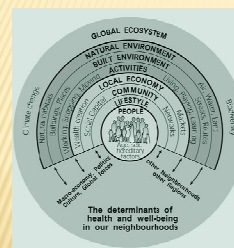
Integrating mental health into primary care
A global perspective



SUICIDE PREVENTION : A TASK FOR PUBLIC HEALTH

Each suicide is the product of particular circumstances and results in an individual tragedy (Dawson & Silva 2009)

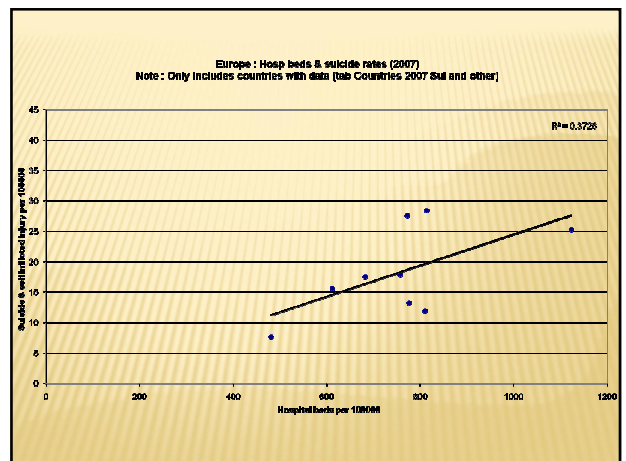
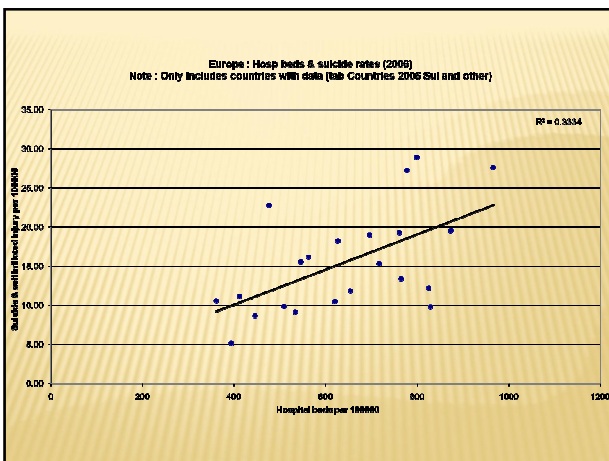
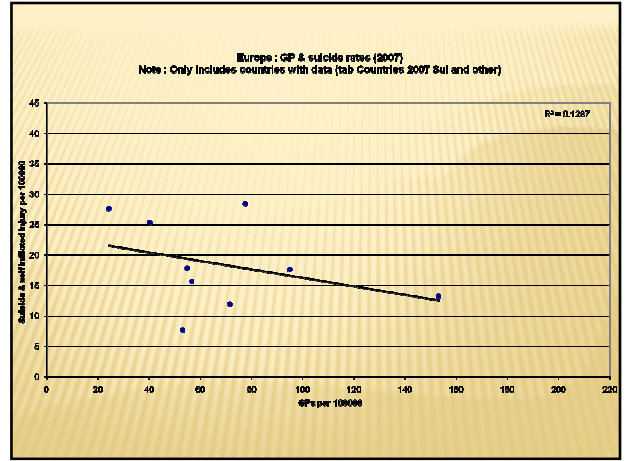
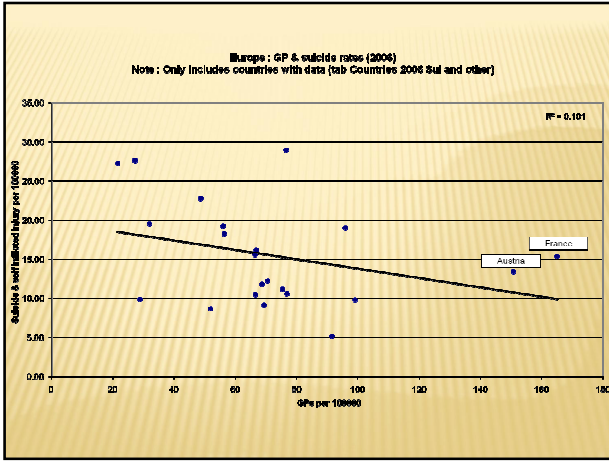
SOCIAL DETERMINANTS

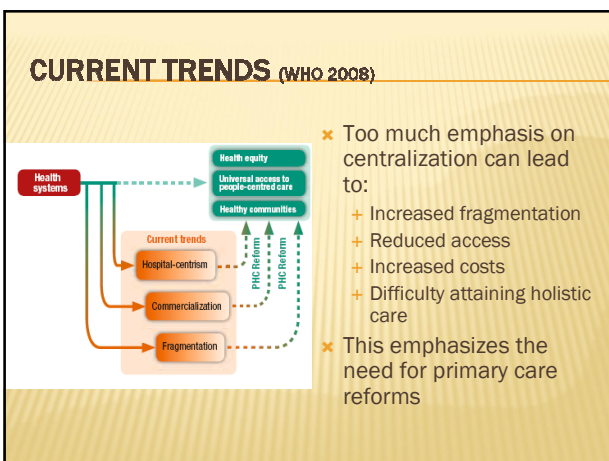
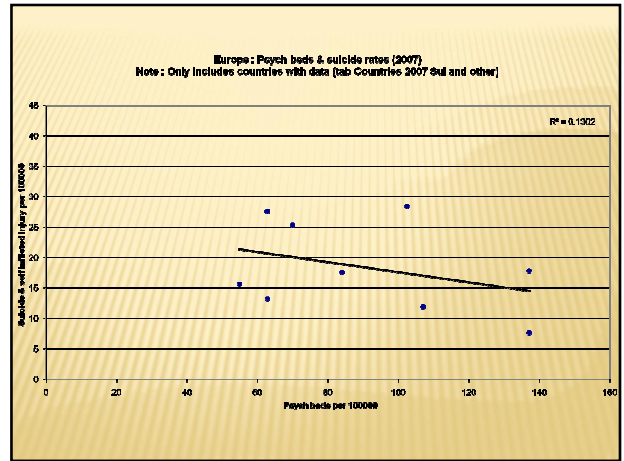
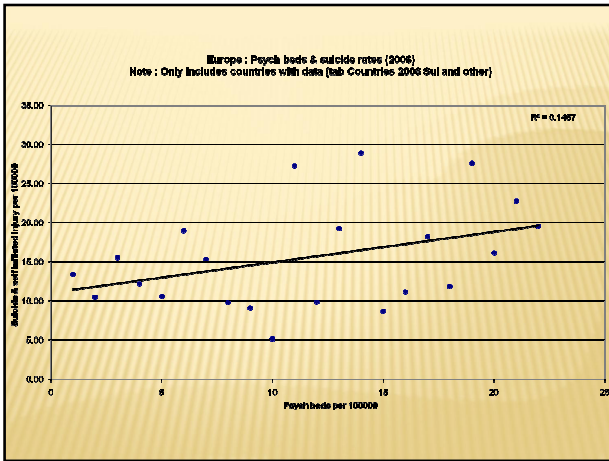


REMINDER

- ✗ Matt- Stressed This today
- ✗ Access relates to structure and culture
- ✗ Jose-Response Using Portugal as Example, Concern about implementation
- ✗ Andre- EU Pact/ survey
- ✗ Arne- Psychological access
- ✗ Eszter - Reminder about importance of service users/ Stigma

SUICIDE PREVENTION AND THE SOCIAL DETERMINANTS OF HEALTH





- ### WHAT IS WONCA DOING?
- ✗ Education
 - ✗ Collaboration
 - ✗ Advocacy
 - ✗ **2001** – Wonca Special Interest Group in Psychiatry & Neurology initiated
 - ✗ **October 2004** – ‘Wonca Culturally Sensitive Depression Guideline’ produced

WHAT IS WONCA DOING?

- ✦ **2005** – Wonca SIG granted Wonca Working Party on Mental Health status
- ✦ **2005** - Improved mental state assessment skills in primary care through promoting 'Look, listen, test'
[Primary Care Mental Health](#), Volume 3, Number 2, June 2005 , pp. 145-147(3)
- ✦ **Jan 2008** – Official Wonca Working Party Journal launched 'Mental Health in Family Medicine'
http://www.radcliffeoxford.com/journals/J20_Mental_Health_in_Family_Medicine/default.htm

WHAT IS WONCA DOING?

- ✦ **2008** – Wonca & WHO publish 'Integrating mental health into primary care: A global perspective'
www.who.int/mental_health/resources/mentalhealth_PHC_2008.pdf
- ✦ **October 2009** – Wonca Call to Action for World Mental Health Day 2009
- ✦ **November 2009** – Wonca Membership of the Mental and Physical Health Platform

CHALLENGES FOR THE COMMISSION AND MEMBER STATE

- ✦ Making Integration a reality
- ✦ How to avoid Silos and conflict of interest
- ✦ Re affirmation of the European definition of General Practice
- ✦ Availability of Enough Psychiatrist/social worker/psychologist/counsellors/housing officers/nurses
- ✦ Service users/Family rights



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