



From choice, a world of possibilities

A Guide for Developing Policies on Youth SRHR in Europe

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The International Planned Parenthood European Network

- **The International Planned Parenthood Federation European Network (IPPF EN) is one of 6 regions of the IPPF, one of the leading global agencies working on sexual and reproductive health and rights (SRHR) in the world**
- **41 members throughout Europe and Central Asia, (Regional Office is in Brussels)**



What is Sexual Awareness For Europe - SAFE?

- 3 years project (1 November 2004 to 31 October 2007) in 26 EU MS
- Donor: DG SANCO (European Commission)
- Project partners are:
 - IPPF European Network
 - SRHR expertise
 - WHO Regional Office for Europe
 - Access to health policy making bodies
 - Lund University
 - Research expertise



Why do I bother you with the policy guide of SAFE?

- **Ambitious and comprehensive strategy to combat HIV**
- **HOLISTIC, participative, right approach (gets HIV out of the medical ghetto)**
- **Innovative and successful**
- **it involves all key actors (Institutions, Academic world, NGOs, Youth)**



Why a Policy Guide?

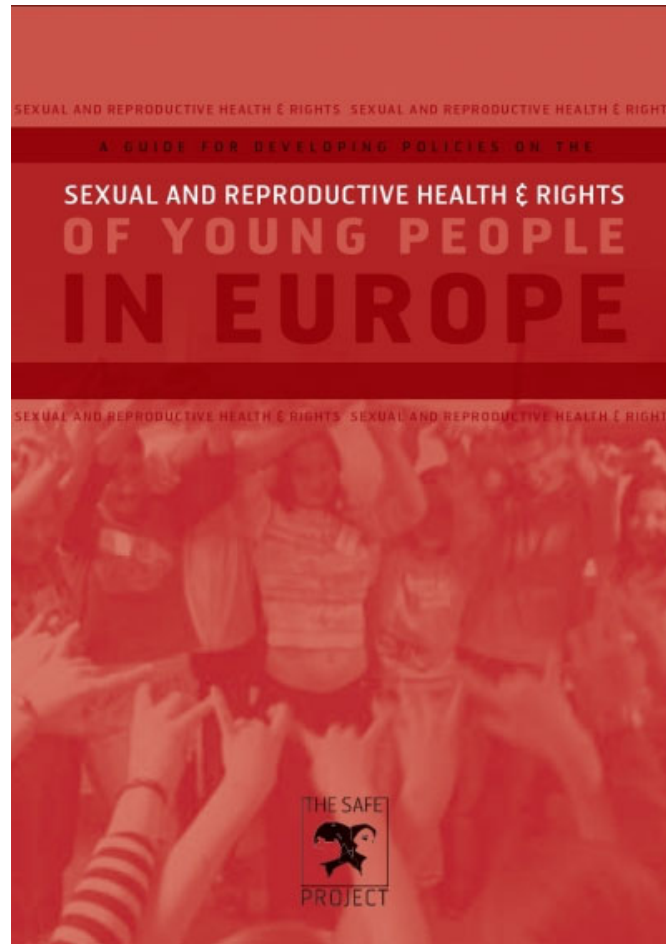
**To inspire and assist policymakers
and governments to ensure
appropriate policies and practices
related to the sexual and
reproductive health and rights of
young people INCLUDING HIV**



What is the Policy Guide?

Policy Working
Tool

Young
People's
Sexual Health



Comprehensive

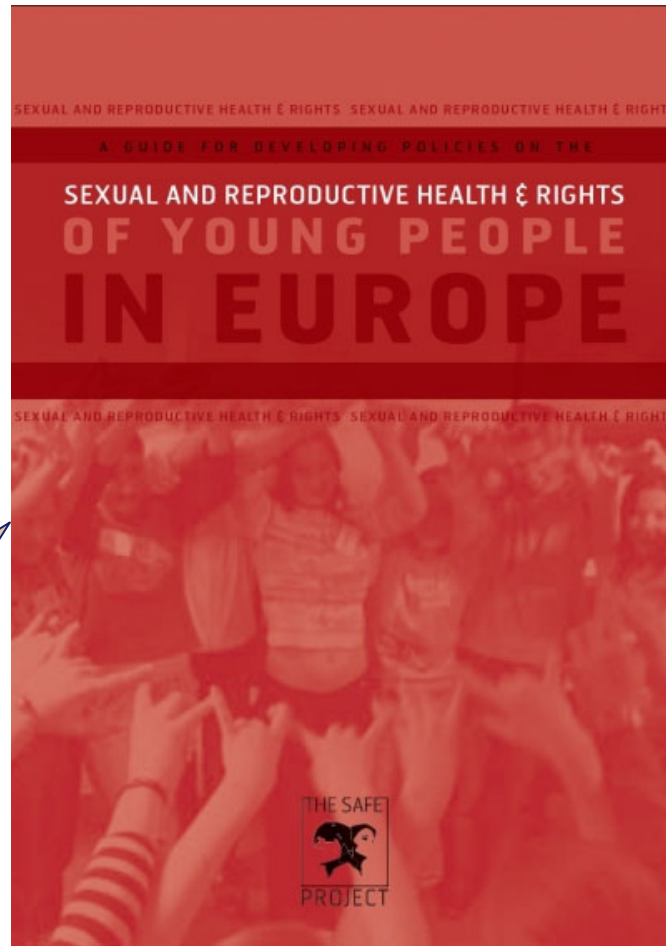
Positive &
balanced

Rights based

What inspired the policy guide?

Research results

Good Practices

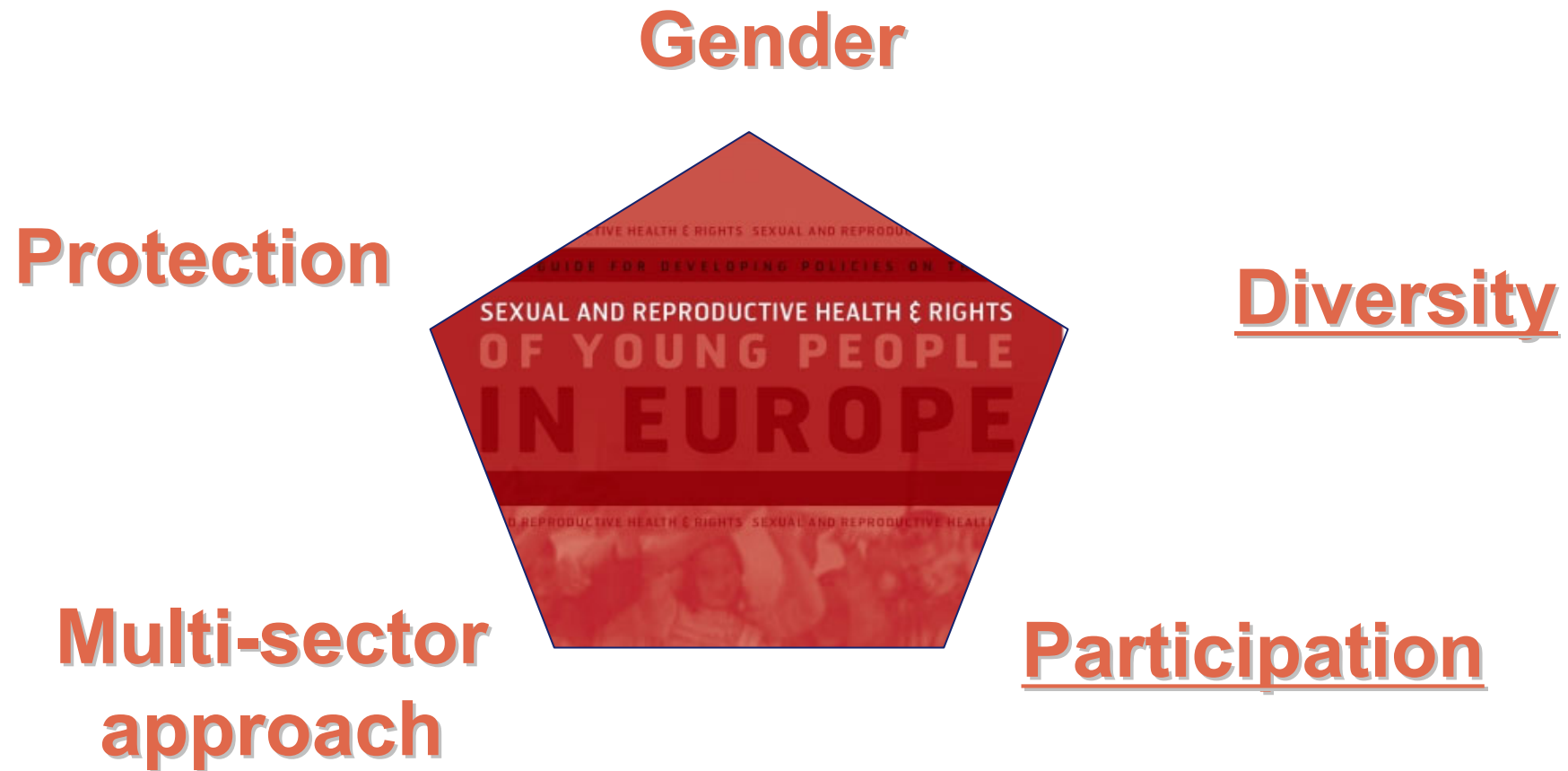


International Conventions & Agreements

IPPF policies

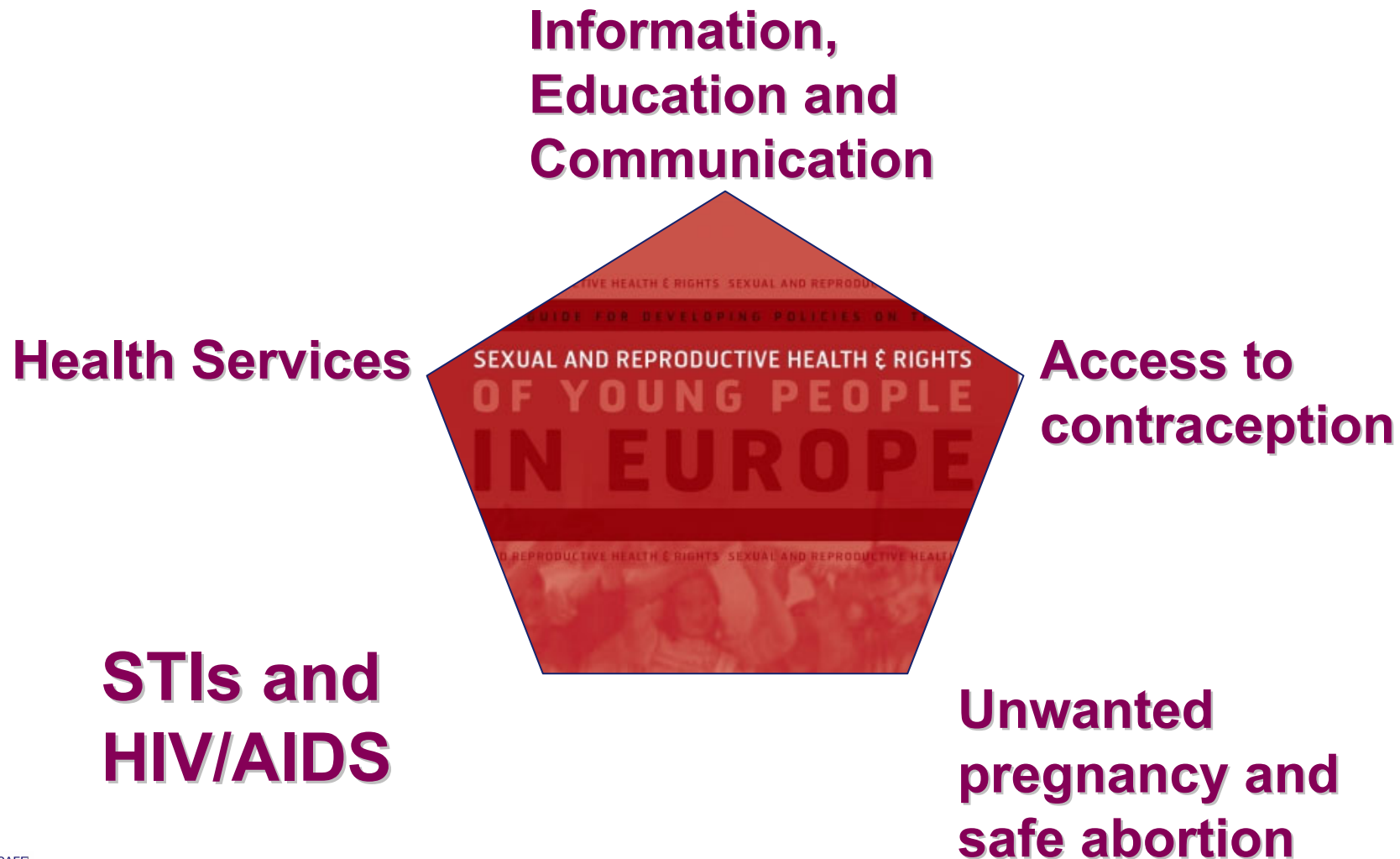
WHO European Strategy for Child and Adolescent Health and Development

Components of a youth-friendly SRHR policy



...and monitoring & evaluation

Five Key Policy Areas



Recurrent themes

- Quality of information and services
- Variety of settings and providers
- Comprehensiveness and range of choices
- Affordability
- Training and support for staff
- Clients' rights
- Need for protection policies

Policy Area 1: Information, Education and Communication

Provide young people with knowledge, skills, attitudes to make informed choices, now and in the future

- Recognize sexuality of YP from all angles
- Nurture positive attitudes and values
- Develop life skills
- Appropriate methodologies and approaches
- Age-appropriate information
- Support parents & families

Policy Area 2: Health services

Meet the SRH needs of YOUNG PEOPLE with high quality services provided in an appropriate manner and in a comfortable and safe environment

- **Easy and discreet access**
- **Flexible opening hours**
- **Counselling**
- **Effective referral system**
- **Provide for needs of young men and women**



Policy area 3: Access to Contraception

Provide access to a wide but suitable range of contraceptives so that YP can control their lives while safeguarding their health

- Information about methods
- Easily available and affordable
- Confidentiality



Policy Area 4: STIs and HIV/AIDS

Enable YP to protect themselves against STIs and to have access to high quality- and effective treatment

- **Prevention and services**
- **Access to condoms, dual protection**
- **Prevention for/with YP living with HIV**
- **Decriminalisation**
- **Needs for specific groups**

HIV and STIs

- Resurgence in unprotected sex or sexual risk behaviour
- Aids fatigue
- Need for NEW and more effective Prevention programmes:
- Access to information and sexuality education (S&D)
- Promotion of CONDOM & Gender policy
- AIDS no longer a killer disease
- Sexual and reproductive rights of PLWH
- S& D - Positive prevention
- **ESTABLISH COORDINATED MULTISECTORAL RESPONSE**
- **INTEGRATE SRHR AND HIV PROGRAMMES**
- (improved access to and uptake of services; reduce stigma; protection of SRHR of PLWH)



VULNERABLE GROUPS

- Changing patterns of transmission- unprotected sex
- Migration of people from regions with generalised epidemics
- URGENT and SENSITIVE
- MSM
- IDUs (and partners) - es in YP recreational iD
- Sex workers (and clients)
- PLWH

Cross-cutting issues:

**PARTICIPATION
TARGET VULNERABLES
HOLISTIC APROACH
VCT**

POSITIVE PREVENTION

- **NO CRIMINALISATION**
- **LONG TERM PROGRAMMES**
- **EDUCATION**
- **RESEARCH**



Policy Area 5: Unwanted pregnancy and abortion

To enable young women to make informed choices and access high quality safe abortion services

- Legal framework
- Geographical access
- Parental consensus
- Conscientious objection
- Counselling

Policy Guide: Next Steps

- Share and disseminate at all levels
- Advocate for adoption/implementation
- Support



Thank you for your attention



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