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**Sent:** Monday, January 15, 2007 12:49 PM  
**To:** SANCO-HEALTH-SERVICES-CONSULT  
**Subject:** Developing Community Framework for Safe, High Quality and Efficient Health Services

Dear Sirs,

I have read the EU action on health service document 'Communication of the Commission: Consultation regarding Community action on health services' posted at [http://ec.europa.eu/health/ph\\_overview/co\\_operation/mobility/community\\_framework\\_en.htm](http://ec.europa.eu/health/ph_overview/co_operation/mobility/community_framework_en.htm).

The contents are accurate and straight forward. However I missed a couple of concepts that may be important for policy and autonomy of the population regarding their self risk assessment capacity:

1) In the Health Determinants section, "life-styles" is one of the key issues for health sustainability. However in the list I missed Physical Activity & Exercise., which is known to be crucial for health and wellbeing in the population. Its preventive benefits are beyond question. This life style should be analyzed, promoted, and further investigated in the EU.

2) In the risk assessment section I also miss a mention to the development of risk functions (e.g. for cardiovascular or cancer risk) that may be implemented on computer systems for self administration. Such devices should work with simple assessments of diet, physical activity, body mass index, age, sex, blood pressure, alcohol consumption and yet other factors that may well be self measured.

I hope that these comments may help to develop the final version of this EU action and lead to proper calls for projects.

Sincerely,

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