Progress Report
Scientific Platform of the WP
“Lifestyle and other Health Determinants”
Work Progress of Projects I

- **DAFNE V:**
  - 11 datasets of raw national HBS data from the participating countries received and read;
  - data provision is expected to be completed in the first trimester of 2006 with provision of two additional datasets from the Maltese Statistical Office;
  - Data now is cleaned, fully documented and grouped into the DAFNE Food Classification Scheme as well as according to the DAFNE Classification Scheme for Socio-demographic data (locality of the dwelling; household composition; education and occupation of the household head);
  - Submission of abstracts presenting methodological is [http://www.public-health.tu-dresden.de/eu/sues](http://www.public-health.tu-dresden.de/eu/sues) and national preliminary results at 1st World Congress of Public Health Nutrition (Barcelona, September 28-30, 2006);
  - DAFNE coordinating centre has developed a methodological framework that would allow the combination of household with individual based dietary surveys;
Work Progress of Projects I
Work Progress of Projects II

• AGEING NUTRITION:
  - Data of 36 studies were compiled, 22 from the “new” and 14 from the Western regions.
  - Study designs, numbers of participants, age groups and randomization vary broadly as well as methods and parameters used.
  - Therefore, the comparative evaluation is limited to selected parameters only.
  - The project will give a comprehensive overview about existing data on nutrition and lifestyle of the ageing population in Europe by May 2006.
Work Progress of Projects II

The **Aging Nutrition** Project:

Comparative analysis of existing data on **nutrition** and **lifestyle** of the ageing population in Europe

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NCA Meeting, Luxembourg, 7th February 2006

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NCA Meeting, Luxembourg, 7th February 2006
Work Progress of Projects III
Recent Activities I

• Drafting, Commenting and Finalizing of position paper of the Working Party,
  – states objectives, organizational structure and future direction of the Working Party
Recent Activities I

Position paper of the Working Party on information about "Lifestyle and Health Determinants"
Recent Activities II

- Editing of the Special Topic Issue of the Journal of Public Health with contributions from the 2nd Scientific Workshop “Integrating the Monitoring of Physical Activity into Public Health Nutrition”
Recent Activities III

- Drafting and Making available the first newsletter of the Working Party
  - informing about recent developments of the projects in the Working Party as well as recent developments of the Working Party;
  - the newsletter is available in print and at the Working Party’s website by beginning of February 2006
  - If you would like to visit the Working Party’s website, please refer to: http://www.public-health.tu-dresden.de/dotnetnuke3/eu/Home/tabid/207/Default.aspx
Breaking News


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Read more on page 3

On 9th of November 2005 Dr. Kloppeburg from DG-Sanco Luxembourg and Prof. Kirch, chairman of the Working Party Lifestyle had a meeting with the representative of the European Snacks Association (ESA), Ms. Lisa Kretschmann, in Brussels discussing aspects of salty snacks.

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Editorial

The newsletter of the Working Party "Lifestyle and other Health Determinants" is going to be published quarterly. It aims at providing updates on current projects and latest news from the Working Party.

The Working Party "Lifestyle and other Health Determinants" realized a workshop in Pafos, Cyprus, entitled "Integrating the Monitoring of Physical Activity into Public Health Nutrition" on 12th and 13th September 2005. At this meeting Dr. Meusel, Prof. Sjöström and Dr. Bamas, a co-worker of Prof. Trichopoulou, and Dr. Wagner from the Working Party Lifestyle gave presentations about physical activity in children on health indicators concerning physical activity or health information systems and physical activity. Furthermore renowned scientists of this field like Prof. Oja, Prof. Gippert, Dr. Harro, Dr. Knazelje Zaletel, Dr. Martin and Dr. Armstrong from WHO Geneva spoke about different projects on physical activity.

The Working Party "Lifestyle and other Health Determinants" organized a symposium at the 13th yearly congress of the European Public Health Association in Graz entitled: "DG-Sanco: Working Party on Lifestyle and other Health Determinants – Strategy on Health Information on Physical Activity and Nutrition". Health enhancing physical activity and healthy nutrition are important components for reducing the rising epidemic of obesity. The workshop presented European projects that contribute components to the WP strategy on physical activity and nutrition. The added value of the workshop was to make a wide range of EUPHA experts aware of the issue and offer a forum for discussion. Possible opportunities for future involvement of EUPHA network scientists within the WP and the Public Health Programme will be outlined.

On 9th of November 2005 Dr. Kloppeburg from DG-Sanco Luxembourg and Prof. Kirch, chairman of the Working Party Lifestyle had a meeting with the representative of the European Snacks Association (ESA), Ms. Lisa Kretschmann, in Brussels discussing aspects of salty snacks. Topics like salt content, fat content, kinds of fat contained in snacks, calorie content, flavour additives, advertising and packaging for children were mentioned by Dr. Kloppeburg and Prof. Kirch in this context. Ms. Kretschmann from the European Snacks Association gave her opinion about these concerns. Recommendations for the production of salty snacks were suggested by the DG-Sanco representative.

(see also the minutes of this meeting and the answers of Ms. Kretschmann from ESA on the website of the Working Party Lifestyle of DG-Sanco.)

Prof. Dr. Dr. Kirch, Chairman of the WP Lifestyle

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Meetings I

- Meeting of the Working Party in Pafos, Cyprus, on 12 September 2005
  - Introduction and Discussion of position paper

- Organisation of the 2nd Scientific Workshop entitled “Integrating the Monitoring of Physical Activity into Public Health Nutrition” in Pafos, Cyprus, on 12/13 September 2005
  - various experts in the field of monitoring physical activity presented their research on the topic that are being used to coordinate future work in this field
Presentations:

The European Commission aims at producing comparable information on health and health-related behaviour of the population, on diseases and health systems. This will be based on European-wide common agreed indicators with regard to their definition, their collection and use.

Most of the actions supported by the Public Health Programme of Community action on health monitoring were in relation to the development of Indicators. They were leading to recommendations either for indicators for various health fields or for improvements in the data collection in relation to these indicators.

The present workshop aims at outlining the work on monitoring levels of physical activity at population level as well as at specifying tasks that future work in the field should aim at.

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Integrating the Monitoring of Physical Activity into Public Health Nutrition

2nd Scientific Workshop of the Working Party ‘Lifestyle and other Health Determinants’ within the Public Health Programme of the European Commission, DG SANCO, Luxembourg
Almyra Hotel
Pafos, Cyprus
12/13 September 2005

Final Announcement
Meetings II

• Organisation of Workshop “DG-SANCO: Working Party on Lifestyle and other Health Determinants - Strategy on Health Information on Physical Activity and Nutrition” at the 13th EUPHA (European Public Health Association) Annual Conference, Graz, 10-12 November 2005
13th EUROPEAN CONFERENCE ON PUBLIC HEALTH

Promoting the Public's Health

Reorienting health policies, linking health promotion and health care

Grazer Stadthalle
Graz Austria

organised by the
Austrian Public Health Association,
the Slovenian Preventive Medicine Society and the
Croatian Public Health Association

10 - 12 NOVEMBER 2005
Meetings III

- Meeting with representative of European Snack Association (ESA) on the 9 November 2005
  - Ms Kretschmann (ESA)
  - Dr Kloppenburg, DG Sanco
  - Prof Dr Dr Kirch, Chairman Working Party Lifestyle
  - Introduction of the origin and tasks of the “European Snack Association” (ESA). Different categories of salty snacks were explained by the ESA representative.
Meeting IV

- Meeting with Dr Hübel and Dr Kamphausen, representatives of the Unit C4 Health Determinants of DG Sanco on 23 January 2006
- Introduction and discussion on the European Platform on Diet, Physical Activity and Health
- Discussion about Green Paper
Meeting V

• Discussion on possible co-operation between WP Accidents and Injuries and WP Lifestyle
• Meeting with Prof Rogmans in Amsterdam on 26 January 2006
New Project

• Scientific Platform of the Working Party "Lifestyle and other Health Determinants"
  - Scientific coordination of Working Party (Secretariat)
  - Report: "Inventory of Health Information Activities on Physical Activity and Nutrition – A Report to summarise activities carried out by the European Commission, WHO, European Networks and National Examples" (due end of 2006)
Future Activities

- A Workshop will be organised at the EUPHA conference in Montreux, Switzerland, from 16 – 18 November 2006
Thank you!