



Risky sex and alcohol in nightlife. A gender perspective

This project has been financed by Delegación del Gobierno para el Plan Nacional sobre Drogas (PNSD)

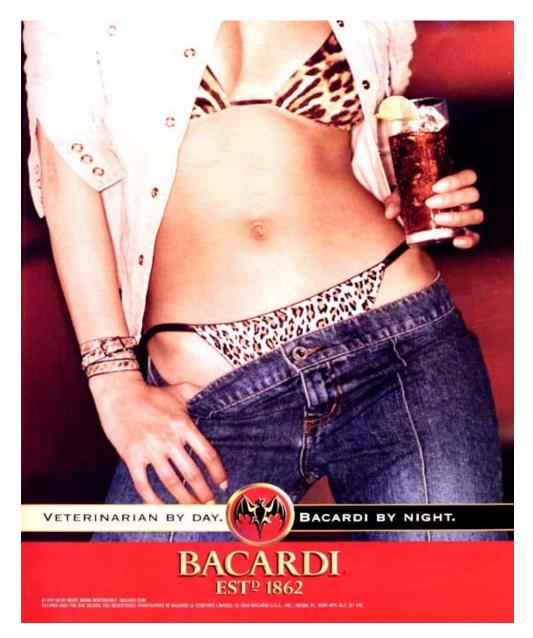


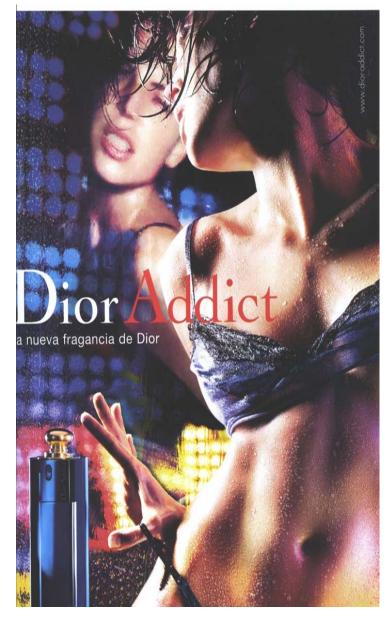
SECRETARÍA GENERAL DE SANIDAD

DELEGACIÓN DEL GOBIERNO PARA EL PLAN NACIONAL SOBRE DROGAS

Background. SOCIAL AND CULTURAL CONTEXT

- A good part of the messages reaching young people informs them that sex, drugs and having fun is theirs by right; and experiencing them is a form of counterculture rebellion.
- Eliminating traditional norms is a road to liberty and equality (Heath and Potter 2004).
- The recreational context becomes a temple for experiencing transgression, rebellion, the counterculture (Winlow 2006)





Women are one of the key collectives targeted by these messages



Nightlife is a excellent context for sex opportunities

Some comments from interviws

"It is easy in the discos because the people are very drunk or drugged and are always more receptive and less fussy." (girl, age:17)

"When I am looking for sex I go to a place where I can find pill-popping chicks, because you can find easy sex. They are the typical girls you can offer a line to and then you shag them." (boy, age:19)

"There are two good places to get sex. Where the posh sluts are, where ecstasy is fashionable, and the whole 'we're all friends together' thing is in. Although god knows what you'll find! And then, any place where there is a university party. They are like the circus where all the animals pair off."

(research: SOCIDROGALCOHOL 2006)

Alcohol

Alcohol disinhibits; you lose any embarrassment; you are more daring; when you drink alcohol you score more.

Difficulties with an erection, difficulties with an orgasm, less intense orgasms.

"Alcohol provoques the desire, but frustrates its performance"
William Shakespeare

Alcohol and sex

"I know of a lot of men who think that if a girl is drunk, it is going to be a lot more likely that she'll get off with them." (girl 20).

"With alcohol, I like the feeling of being drunk, of not remembering anything and having a good time." (girl 19).

"Alcohol is the best, because it makes you go wild.

Because it makes you horny, you want it more.

Alcohol eases the approach. It makes sexual relations easier because it's easier to let go of yourself" (girl 16).'

Times of Drunkenness last month

Drunkenness Last month	never	1	Dos	>2		
	19,3 %	16,1%	18,9%	44,5%		
Gender (p = 0,000)						
Males	29,4%	40,8%	61,4%	53,1%		
Females	70,6%	59,2%	38,6%	46,9%		

Reasons to use drugs in sexual intercourse (socidRogalcohol research 2007, N: 440):

JAI /	ALCOHOL	COCAÏNA	CANNABIS
To prolong sex	15,6	66,7	8,9
To enhance sensations and sexual arousal	42,6	17,4	21,7
To facilitate a sexual encounter	74,7	10,1	6,3
To get into unusual/exciting new sexual activity'	54,8	25,8	3,2

Reasons to have sex without condoms

Razones	TOTAL	Men	Woman Q
Sex with a steady partner/Trusted partner	68,7%	68,4%	68,9%
Got carried away	38,9%*	45,6%	32,0%
Chose not to use a condom	37,1%*	44,2%	30,5%
Forgot to use a condom / Did not have a condom	29,3%	35,8%	24,1%
Too drunk/high	26,5%*	34,6%	19,3%
Felt awkward asking/using	12,9%*	19,7%	7,4%

(estudi SOCIDROGALCOHOL 2007, N: 440):

CONCLUSIONS

- A sex-alcohol-and-drugs and having fun link exists. The current sexuality style is "instant", "fast" and should be "easy".
- Many women experience this sexual model as a liberator. Substances are valued as promoters of sexual relations.
- In drug use linked to sex, there are a number of potential risks that affect women just as much or even more.
- A good part of the values that define sexuality are being defined by a market, through advertising with a merchandising end, with no prosocial ethics.
- The convergence theory of gender relationships must be discussed in relation to both the values on sexuality as well as drug use. Its defence is that the use of drugs among women is an indicator of a greater quota of equality.



www.irefrea.org

comments to: nicole@irefrea.org

This paper was produced for a meeting organized by Health & Consumer Protection DG and represents the views of its author on the subject. These views have not been adopted or in any way approved by the Commission and should not be relied upon as a statement of the Commission's or Health & Consumer Protection DG's views. The European Commission does not guarantee the accuracy of the data included in this paper, nor does it accept responsibility for any use made thereof.