

All-Poland Association of Optimal Brotherhoods named after Prof. *Włodzimierz* Sedlak, with its registered seat in Jaworzno, Poznań Branch -  
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Dear Sirs,

We would like to express our satisfaction with the fact that the Commission of the European Communities has become involved in the promotion of healthy diets and physical activity. In Poznań for the last five years we have been promoting the healthy diet developed by Doctor Jan Kwasniewski.

Experience which we gained in these five years fully confirms in practice Doctor Kwaśniewski's knowledge. It is effective in curing diseases generally considered as incurable, and at the same time permits the achievement of proper weight.

At present, the Medical Academy in Poznań, in cooperation with our Branch carries out research regarding health aspects of low-carbohydrate diet, taking as an example the optimal diet developed by Doctor Jan Kwaśniewski. The Head of the Bromathology Department of the Medical Academy in Poznań, which carries out the research, is Prof. Juliusz Przyslawski.

We would like to invite you to cooperate and to provide patronage over this undertaking.

We hope that you will accept our invitation.

In connection with your proposal, we invite a Commission representative to Poznań, so that s/he can see for himself/herself the effects of our activities.

Yours sincerely,  
Zuzanna Rzepecka