## MINISTERUTAS SANHA L'ANZIANU) KURA FIL-KOMUNITÀ



## MINISTRY OF HEALTH. THE ELDERLY AND COMMUNITY CARE

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Marcos Kyprianou European Health and Consumer Protection Commissioner European Commission B-1049 Brussels Belgium

6 February 2006

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Green Paper - Promoting Healthy Diets and Physical Activity: a European dimension for the prevention of overweight, obesity and chronic diseases

Dear Mr Kyprianou

I warmly welcome the publication of this Green Paper in an effort to reduce the epidemic of overweight and obesity among European countries, in view of Malta's own particular problem of overweight and obesity among its citizens.

Over the past decades, the Maltese Governments have continuously worked at communicating sound autritional advice as well as advice on the importance of regular physical activity to the public, through its health services and its various health promotional campaigns. These campaigns have contributed to increase the public knowledge on the relationship between diet, physical activity and health; however it is now recognised that more population-wide strategies and multi-sectoral interventions are needed to support individuals and educational campaigns to make healthy choices about diet and physical activity.

Malta agrees that the actions to prevent overweight and obesity must address the current social and economic inequalities, and the physical environment. In addition, health objectives must be pursued through other Community policies across the many sectors as described in the Green Paper.

The key areas for action, as referred to in the Green Paper, must be addressed in order to target overweight and obesity. However, priority could be given to issues such as banning aggressive advertising and marketing of foods high in fat, sait and sugars to children.

Yours Sincerply

Logis Peguaia Minister of Health

Copy Permanent Representative of Malta to the European Union

## RAPPREŻENTANZA PERMANENTI GHALL-UNJONI EWROPEA



## PERMANENT REPRESENTATION TO THE EUROPEAN UNION

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The Permanent Representative

PR 229/06

Mr Marcos Kyprianou Commissioner DG Health and Consumer protection European Commission B-1049 Brussels

13 March 2006

Dear Commissioner

I have been asked by the Minister for Health, the Elderly and Community Care to forward to you the attached letter with regard to issues raised in the Green Paper on Promoting Healthy diets and physical activity: a European dimension for the prevention of overweight, obesity and chronic diseases.

Yours Sincerely

Richard Cachia Caruana

**Ambassador** 

Permanent Representative

Enclosures: Letter from the Minister for Health, the Elderly and Community Care

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