# The DAFNE databank for monitoring food disparities within and between European populations.

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### The DAFNE initiative

**Objective**: To develop a European, regularly updated databank of comparable food and socioeconomic information, as a tool for monitoring trends in food habits in Europe.

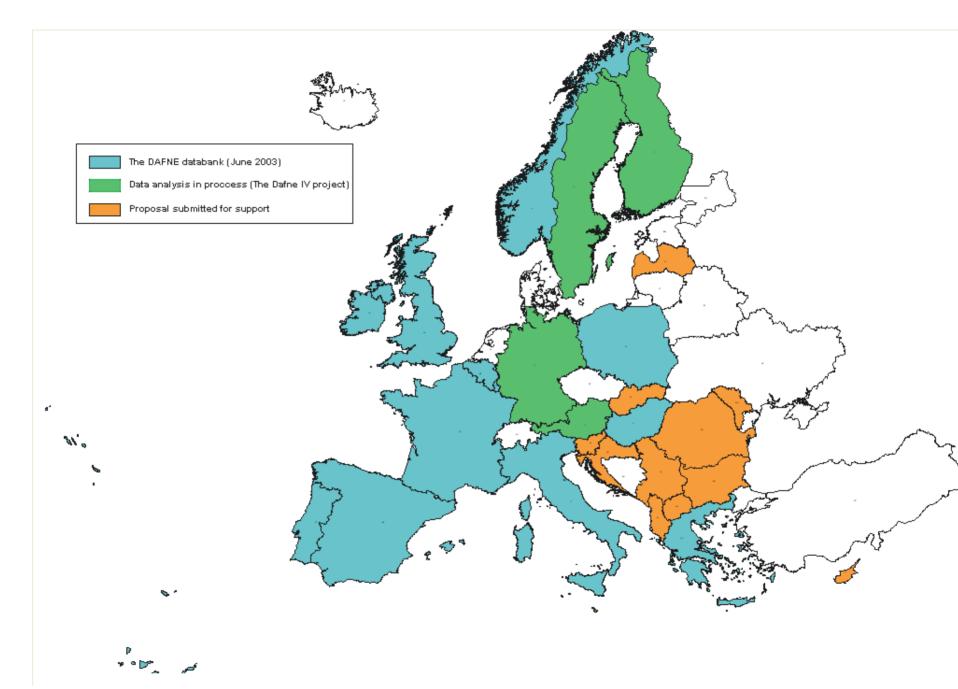
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### The DAFNE participants

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|----------------------------|---|--|--|
| <ul><li>Belgium</li></ul>  | : AM Remaut de Winter, University of Gent             |  |  |
| Finland                    | : MA Berg, Statistics Finland                         |  |  |
| * France                   | : JL Volatier, AFSSA                                  |  |  |
| Germany                    | : IU. Leonhauser, University of Giessen               |  |  |
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| * Greece                   | : A. Trichopoulou, Univ. of Athens                    |  |  |
| (Coordinating Centre)      |   |  |  |
| <ul><li>Hungary</li></ul>  | : G. Zajkas, NIFHN                                    |  |  |
| Ireland                    | : C. Kelleher, National University of Ireland, Galway |  |  |
|                            | : S. Friel, National University of Ireland, Galway    |  |  |
| * Italy                    | : A. Turrini, INRAN                                   |  |  |
| * Luxembourg               | : A. Schmitt, Nutrition Policy Group                  |  |  |
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| <ul><li>Portugal</li></ul> | : MDV Almeida, University of Porto                    |  |  |
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| * Sweden                   | : M. Sjostrom, Karolinska Institute                   |  |  |
| * UK                       | : M. Nelson, University of London                     |  |  |

### The DAFNE databank

| Countries      | Years of HBS data  |
|----------------|--|
| Austria        | 1999-2000 (analysis in process)                          |
| Belgium        | 1987-88, 1996-97, 1999                                   |
| Finland        | 1985, 1990, 1998 (analysis in process)                   |
| France         | 1985, 1991, 1995   |
| Germany        | 1988, <b>1993</b> , <b>1998</b> (analysis in process)    |
| Greece         | 1981-82, 1987-88, 1993-94, 1998-99.                      |
| Hungary        | 1991   |
| Ireland        | 1987, 1994-95, 1999-2000                                 |
| Italy          | 1990, 1993, 1996   |
| Luxembourg     | 1992   |
| Norway         | 1986/87/88, 1992/93/94, 1996/97/98                       |
| Poland         | 1988   |
| Portugal       | 1989-90, 1994-95, <b>1999-2000</b> (analysis in process) |
| Spain          | 1980-81, 1990-91, 1998-99                                |
| Sweden         | 1989, 1995-96 (analysis in process)                      |
| United Kingdom | 1985 – 1999 (15 surveys)                                 |



# Standard procedures

#### **Data collection**

Methodology of post harmonisation

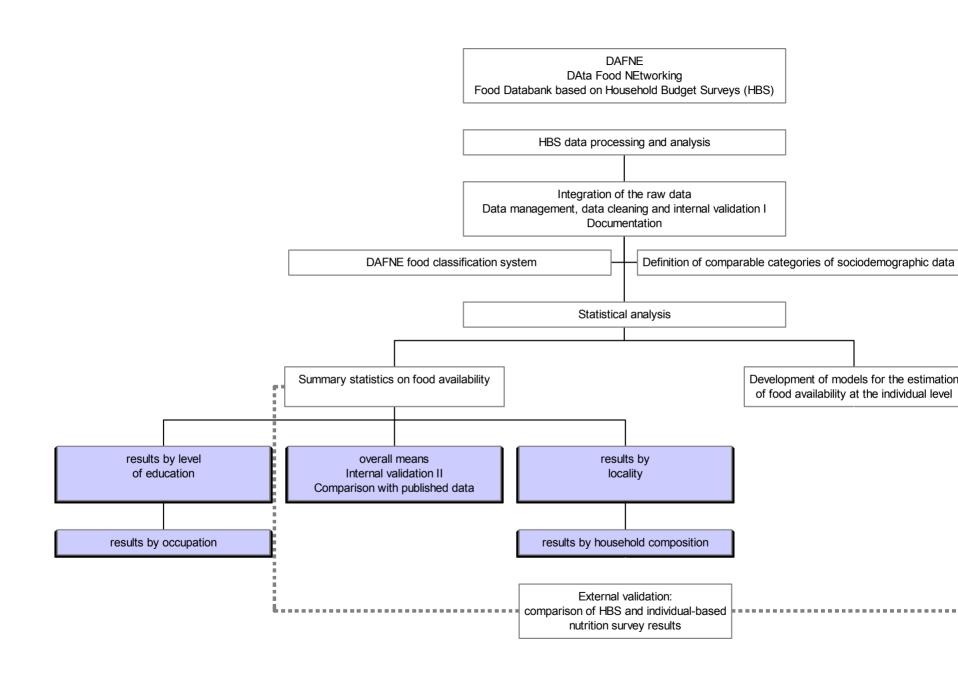
**Statistical analysis** 

### Standard procedures: Data collection

#### 1.General information

- household identification number
- trimester of participation
- 2. Nutritional information
  - food code
  - total food expenditure
  - expenditure per food item
  - amounts per food item
- 3. Socioeconomic information
  - degree of urbanisation of household (urban, rural, semi-urban)
- name of geographical area where the household is situated
- household size
- household composition

- Age and gender of household head and members
- Relationship of household members with the household head
- Household disposable income (net income)
- Household total expenditure
- Occupation / employment status / economic activity of household head and members
- Education of household head and members
- Income of household head
- Medical expenses data



# Methodology

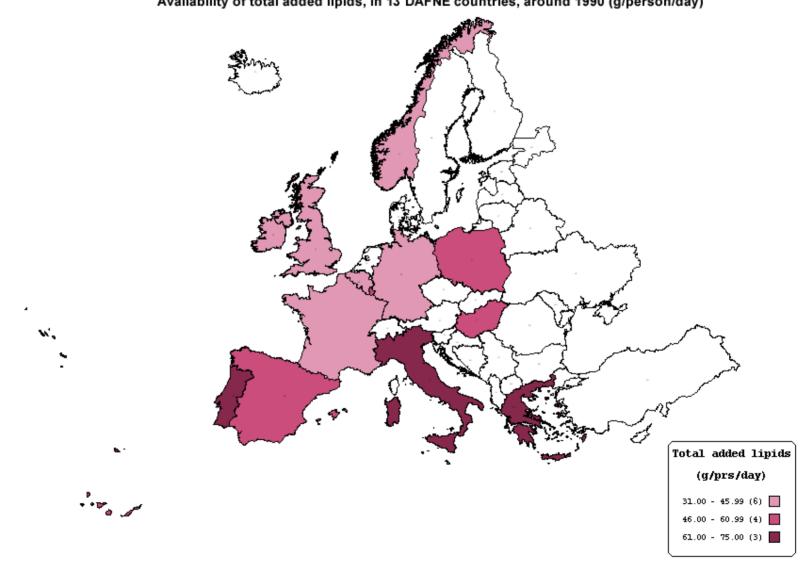
#### Post-harmonisation

**DAFNE Food Classification** 

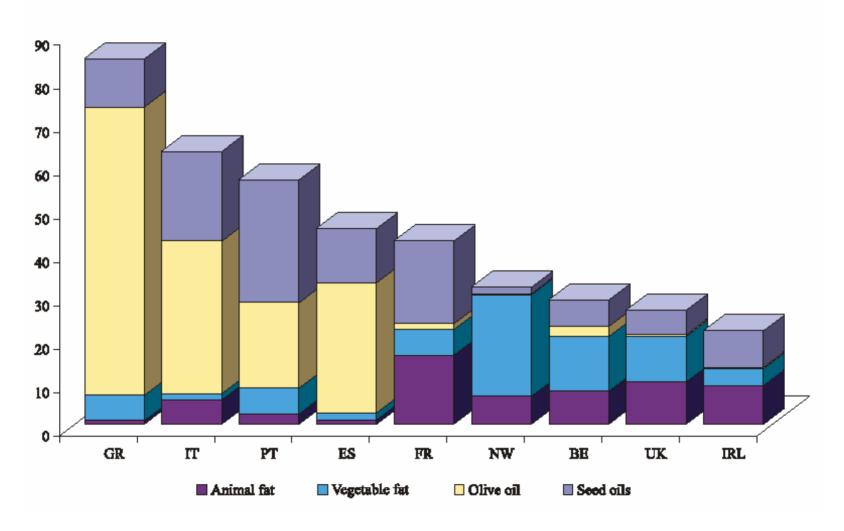
#### **DAFNE Classification Schemes for:**

- locality
- education of household head
- occupation of household head
- household composition

Availability of total added lipids, in 13 DAFNE countries, around 1990 (g/person/day)



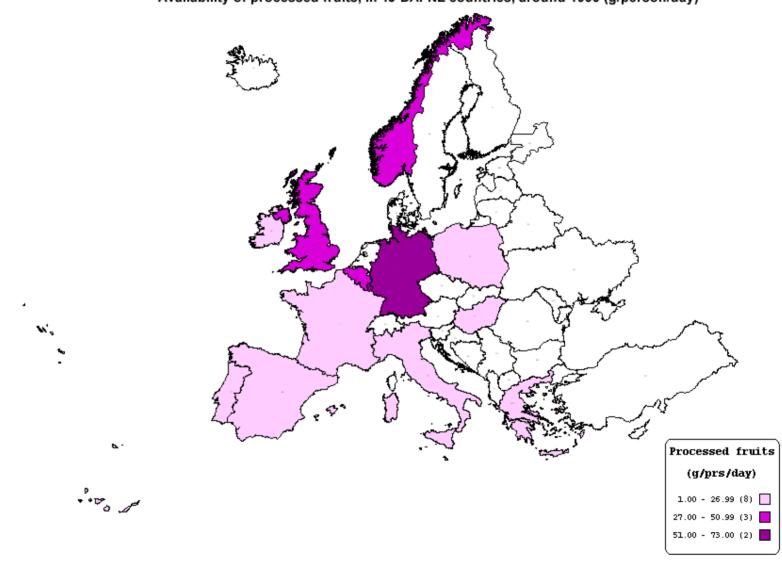
## Average availability of total added lipids by type in the DAFNE countries, circa 1998 (g/person/day)\*



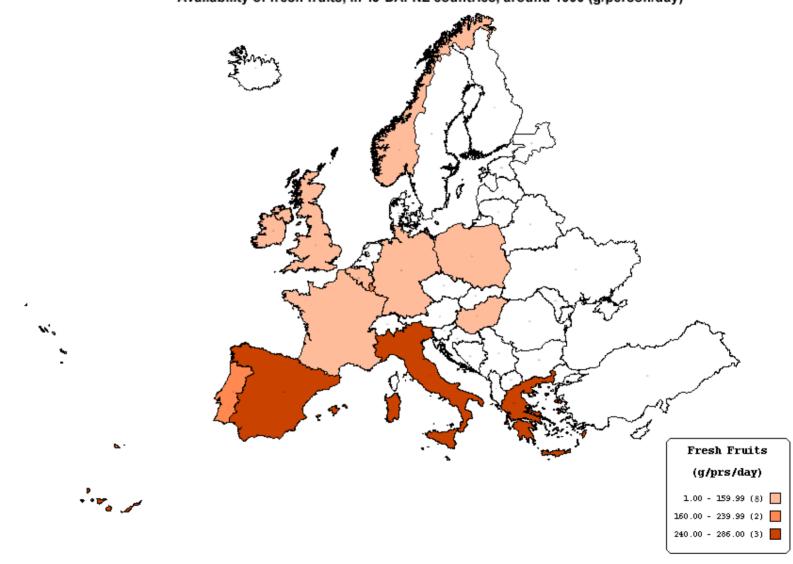
<sup>\*</sup> In France data were collected in 1991

Source: The DAFNE databank (www.nut.uoa.gr)

Availability of processed fruits, in 13 DAFNE countries, around 1990 (g/person/day)



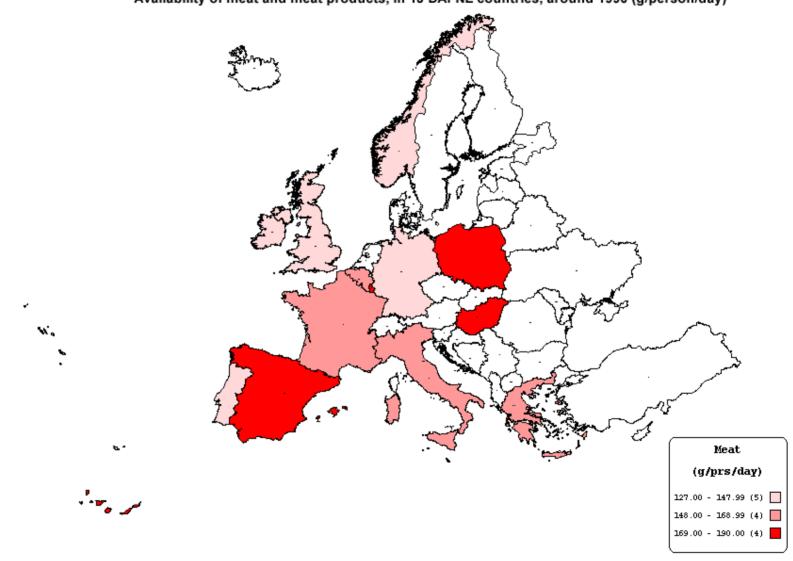
Availability of fresh fruits, in 13 DAFNE countries, around 1990 (g/person/day)



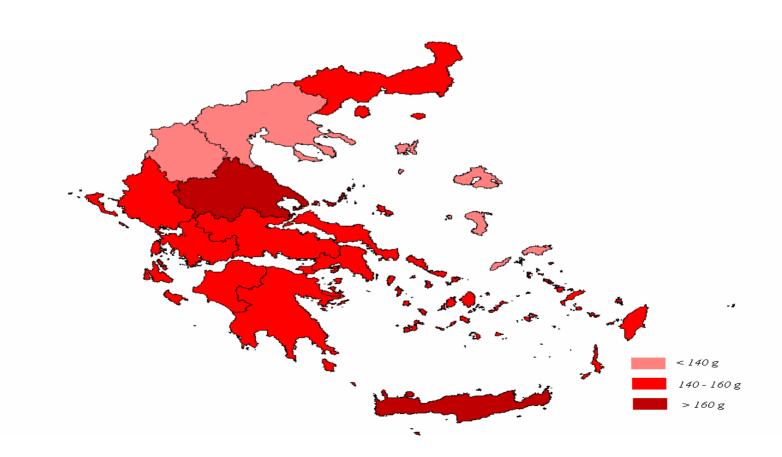
#### Percentage of low consumers

| Countries             | Fruit < 150 g/p/day | <b>Vegetable &lt; 250 g/p/day</b> |
|-----------------------|---------------------|-----------------------------------|
| Belgium               | 68                  | <b>76</b>                         |
| France                | <b>59</b>           | 71                                |
| Germany               | 45                  | 88                                |
| Greece                | <b>30</b>           | <b>50</b>                         |
| Hungary               | 66                  | <b>76</b>                         |
| <b>italy</b>          | <b>34</b>           | 71                                |
| Luxembourg            | 41                  | 83                                |
| Norway                | <b>69</b>           | 93                                |
| Poland                | <b>81</b>           | <b>75</b>                         |
| Portugal              | <b>55</b>           | 83                                |
| Rep. of Ireland       | 74                  | 80                                |
| <b>Spain</b>          | <b>30</b>           | <b>72</b>                         |
| <b>United Kingdom</b> | 70                  | <b>78</b>                         |

Availability of meat and meat products, in 13 DAFNE countries, around 1990 (g/person/day)

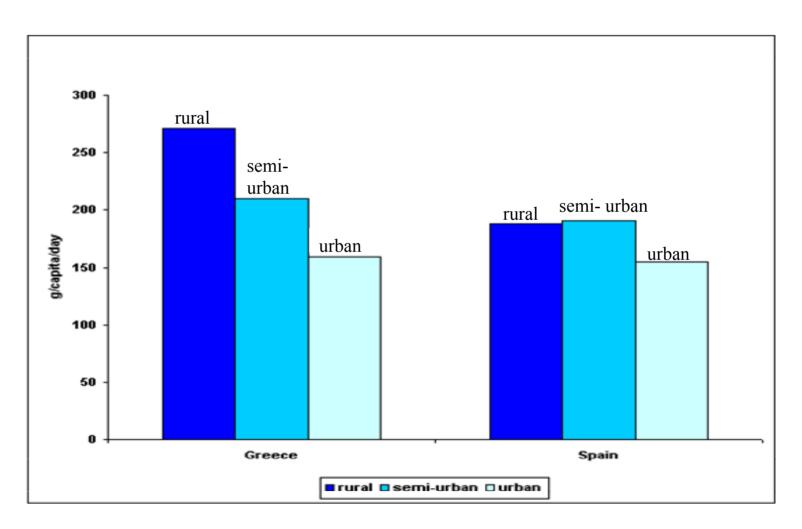


Meat availability in Greece

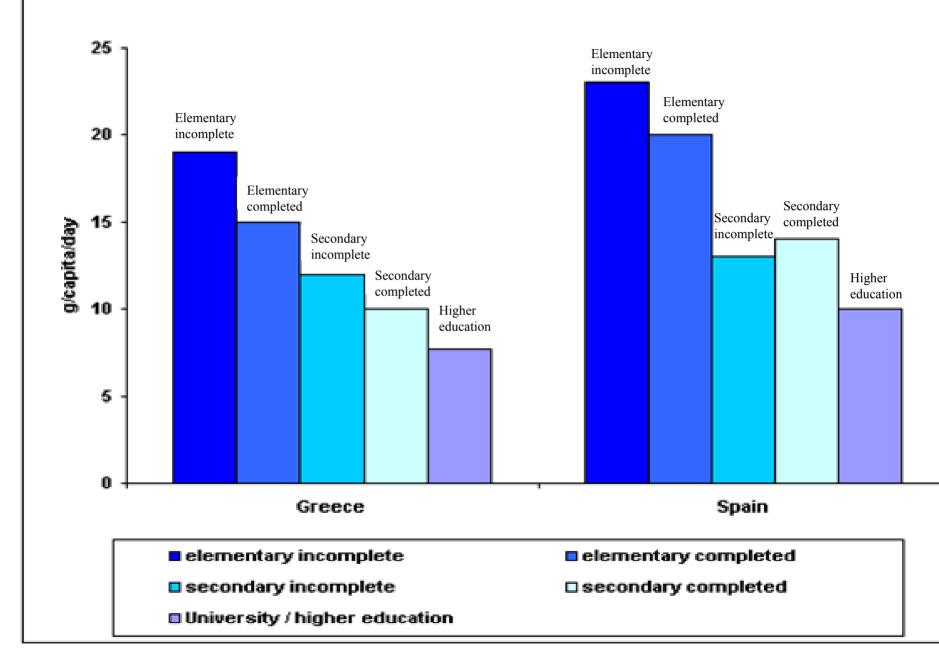


# Food availability by locality

# Bread availability by degree of urbanization in Greece and Spain

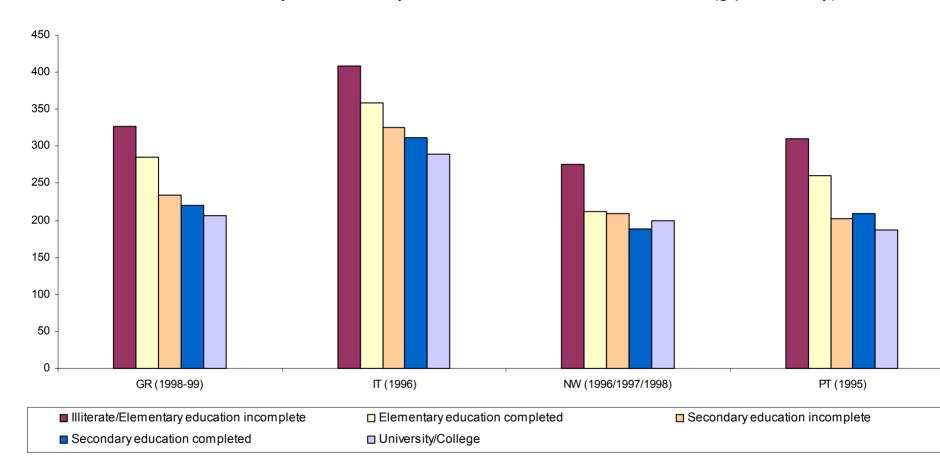


#### Pulses availability by education level of the household head in Greece and Spain circa 1990



# Food availability by education

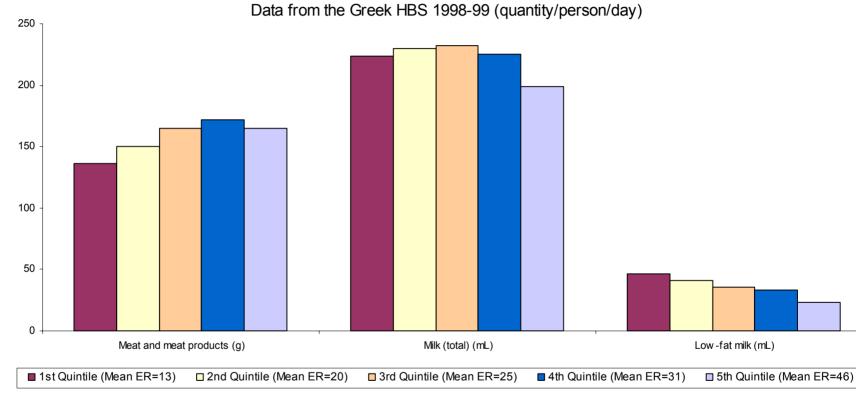
#### Mean availability of cereals by education level of household head (g/person/day)



Source: The DAFNE databank (www.nut.uoa.gr)

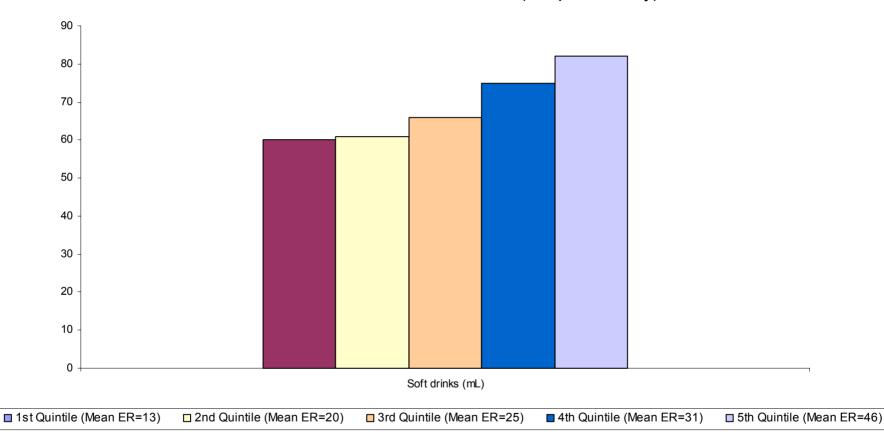
# Food expenditure

Mean availability of meat and meat products, milk (total) and low-fat milk by quintiles of the households' food expenditure ratio.



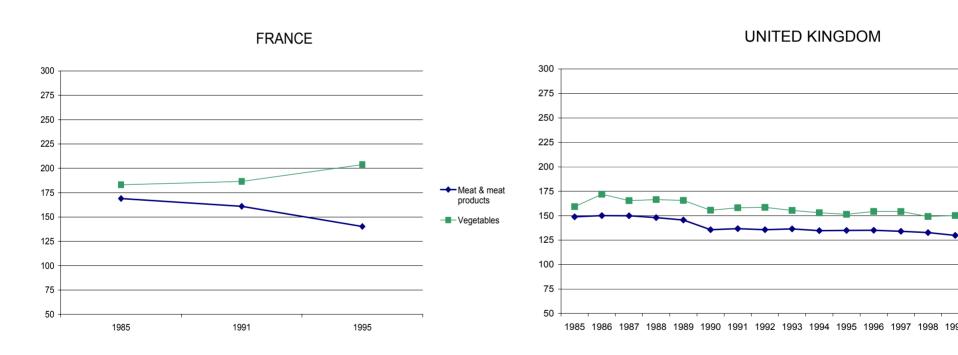
Mean availability of soft drinks by quintiles of the households' food expenditure ratio.

Data from the Greek HBS 1998-99 (mL/person/day)

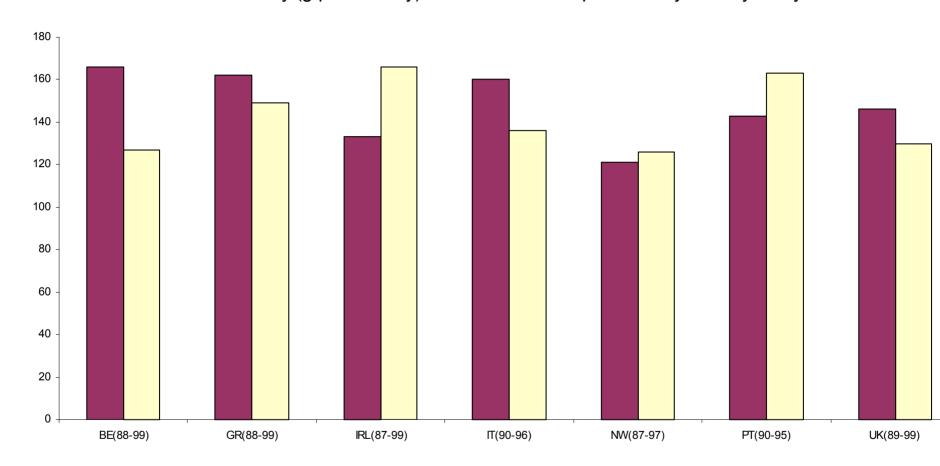


# Overtime trends

# Overtime trends in the mean availability of meat and vegetables (g/person/day) in two DAFNE countries

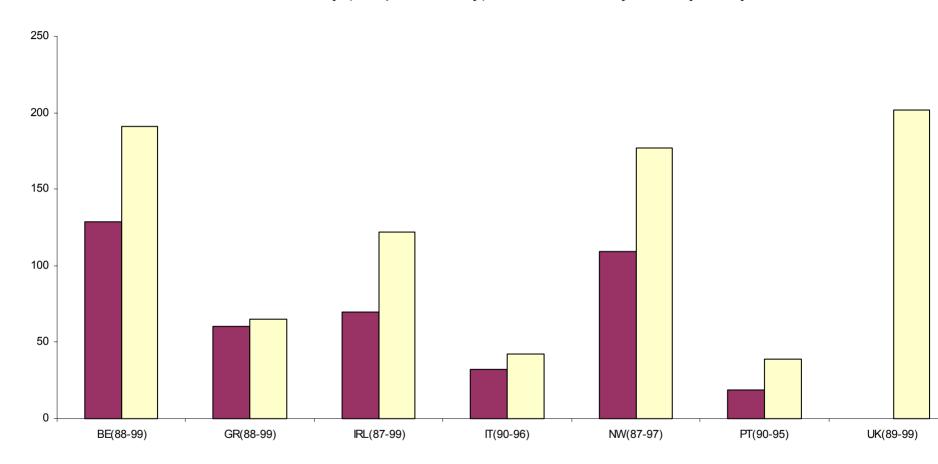


Mean availability (g/person/day) of meat and meat products by country and year.



Source: The DAFNE databank (www.nut.uoa.gr)

Mean availability (mL/person/day) of soft drinks by country and year.



Source: The DAFNE databank (www.nut.uoa.gr)

# Wishing to retrieve information?

Visit our web site at: www.nut.uoa.gr



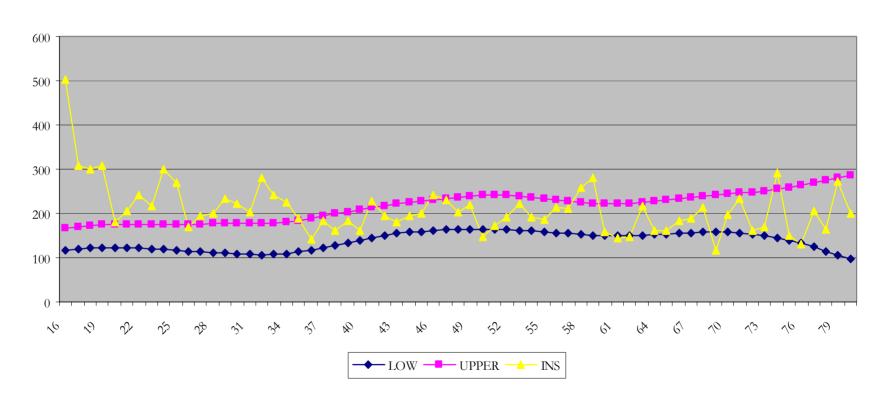
# The DAFNE-Software (*DafneSoft* v2.0) can be freely downloaded at: www.nut.uoa.gr

# **QUALITY ASPECTS**

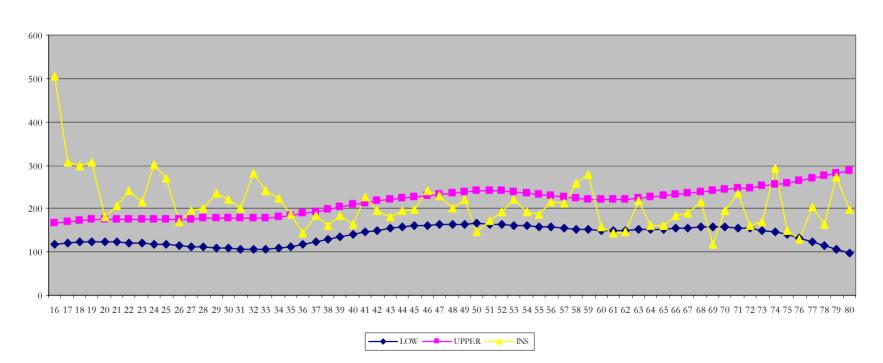
# Quality Aspects: Data Compatibility

To evaluate whether household budge and food consumption surveys can converge, given the limitations and inconsistencies present in both, in order to describe the dietary habits of the studied population

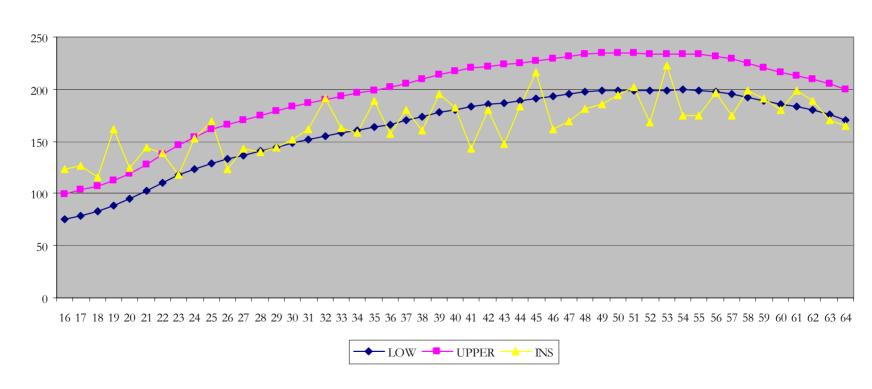
#### FRUIT AVAILABILITY AND INTAKE AMONG MALES - NORWAY



#### FRUIT AVAILABILITY AND INTAKE AMONG MALES - NORWAY



#### VEGETABLE AVAILABILITY AND INTAKE AMONG FEMALES - UNITED KINGDOM



## Results

Pearson coefficients of mean daily individual values (in g) of principal food groups, evaluated through HBS and INS are expressed in percent of total daily dietary intake (in g).

| Cereals                         | 0,57  |
|---------------------------------|-------|
| Meat and meat products          | 0,82  |
| Fish and seafood                | -0,04 |
| Milk and milk products          | 0,96  |
| Total added lipids              | 0,42  |
| <b>Starchy roots (potatoes)</b> | 0,74  |
| Pulses                          | 0,68  |
| Vegetables                      | 0,91  |
| Nuts                            | 0,44  |
| Fruits                          | 0,93  |

# National Nutrition Policy Committee – Greek Ministry of Health

### **GOALS**

- Reduce obesity in childhood
- Increase the consumption of vegetables and legumes
- Reduce meat consumption and increase fish consumption
- Prudent diet in mass catering
- Food safety, quality and consumers' protection

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