"Deinstitutionalization and legislation in MHC"

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#### Introduction

- From Total Institutions to
- → Regional, accessible, integrated hospital/community mental health care
- $\rightarrow$  Social inclusion, recovery
- Change Mental Health Care system
- $\rightarrow$  requires change in legislation

# Green Paper 6.2

- Social Inclusion and Change in Paradigm
- $\rightarrow$  deinstitutionalization; less stigma
- Risk: invisibility of the needs of the group
- $\rightarrow$  organize specialized ACT services
- $\rightarrow$  let the Euro follow the patient
- $\rightarrow$  monitoring: budget & forensic M.H.

## Fundamental Rights

- EU Fundamental Rights Agency

   Special Department for Mental Health?
   European Platform on Mental Health?
- "The right of patients with incapacity to consent to be treated safely "
- "Not only prevention of danger but also for the benefit of the patient"

## Pressure or Compulsion

- Boundaries and Preferences:
- Compulsion only as last resort ?
  - $\rightarrow$  respect for autonomy
- Or formal compulsion at an earlier stage?
- Imposed by a 'formal body'
  - $\rightarrow$  more transparent

# Scotland 1

- Principle of reciprocity
- "Where society imposes an obligation on an individual to comply with a programme of treatment and care, it should impose a parallel obligation to provide safe and appropriate services, including ongoing care following discharge from compulsion"
- Principle of Participation

## Scotland 2

- [principle of reciprocity]
- Principle of Participation
- o "Service users should be fully involved, to the extent permitted by their individual capacity, in all aspects of treatment and care [etc..] Account should be taken of both past and present wishes [ etc etc]

# Participation in the community

- Community Treatment Orders

   New Zealand, Australia
- Transparent system
  - If needed forced medication in very short stay in hospital / outpatient dept
- No forced medication in your own home
- Monitoring by MH Review Tribunal

#### Discussion

- Changing Mental Health Care System to deinstitutionalization and community care
- Requires Adjusted Legislation
- $\rightarrow$  parallel processes

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