

Sess. [1] Identifying the Challenges

- State of Mental Health in EU?
 - Similarities amongst countries – different strategies
 - Increasing prevalence – young
 - Increasing cost – esp indirect costs
 - Risk of suicide increasing – unemployed
 - Social sequelae of mental illness

Sess. [1] Identifying the Challenges

- Burdens for policies & stakeholders?
 - Political commitment
 - Multisectoral approach – Partnership within & outside health sector
 - Funding
 - Effective Management – coordination of the action plan

Sess. [2] Identifying the Priorities

- Available EB actions to promote MH & prevent MH problems?
 - More EB evaluation of implemented actions needed
 - Suicide prevention strategies
 - Alcohol & Drugs
 - Multi-professional training for early detection & treatment for depression
 - Others – parental skills

Sess. [2] Identifying the Priorities

- Contribution that promotion & prevention to attain policy & stakeholder objectives?
 - Lisbon Agenda
 - Social cohesion
 - Part of a spectrum of seamless service

Sess. [3] Engaging Actors

- *Dissemination & mainstreaming EB practices?*
 - *Convincing actors to invest & cooperate in mental health programmes?*
- Health issues are mainly determined outside health sector
 - Need to bring on board other actors to influence the decision making process [Repairer to Maintainer]
 - Actors = other sectors [govt, private, unions]
 - = consumers
 - = health care professionals

Sess. [3] Engaging Actors

How to engage them

- Formal cross sectoral collaboration
- Clear messages that are understood by all
- Marketing approach = Win/win situation
= Make them own agenda
- Make sure in house work is in synergy
- Information about health & wellbeing
- Information on EB practices
- Bottom up approach

Sess. [4] Role of the E.C.

- *How can EC support MH promotion & prevention?*
- *Should EU formulate a strategy - Priorities?*
 - Mainstreaming MH vs Adhoc Strategy
 - In-house = Visibility for MH to influence the decision making process & put & maintain MH on the EU agenda
 - Actions that bring added value to member countries within the EU mandate within a policy of rapprochement with other international agencies.

Sess. [4] Role of the E.C.

- Long term process to influence policy = transform the Working Party on MH into a Platform on Mental Health.
- Advocacy = public, professionals, tri-partite
- Action Plan on Depression + MH promotion with an emphasis on the workplace & a health “growing” environment {home + schools}

Sess. [4] Role of the E.C.

- Framework of Minimum Rights
- Training
- Indicators – Health determinants
 - Mental well being
 - Mental ill health
 - Do not re-invent the wheel
 - Simple & valid
- Research on EB practice & dissemination
- Exchange of knowledge & expertise

Need to focus future discussions

This paper was produced for a meeting organized by Health & Consumer Protection DG and represents the views of its author on the subject. These views have not been adopted or in any way approved by the Commission and should not be relied upon as a statement of the Commission's or Health & Consumer Protection DG's views. The European Commission does not guarantee the accuracy of the data included in this paper, nor does it accept responsibility for any use made thereof.