

UNIVERSITY OF TAMPERE, FINLAND  
Department of Child Psychiatry  
School of Medicine

**European Commission, World Health Organization and Luxembourg Health Ministry:**

## **THE MENTAL HEALTH OF CHILDREN AND ADOLESCENTS**

### **Recommendations**

1. Early Interventions:
  - Using services/resources already existing (maternal and child health services, daycare services, school mental health etc)
  - Infant psychiatry services
2. Acute Child and Adolescent Psychiatry:
  - Using services/resources already existing ( police, firemen and army forces, child protection services etc)
  - Crisis services for infants, children and adolescents
3. Out reaching services
4. Evidence Based Child Psychiatry:
  - More clinical research
  - Service evaluation research
  - Quality control for different services
  - More education and delivery of knowledge
5. European Network in Child Psychiatry:
  - Using services/ resources already existing (European Society for Child and Adolescent Psychiatry, European Affiliates of World Association for Infant Mental Health)
  - New resources

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