EU ALCOHOL STRATEGY: MONITORING OF GOOD PRACTICES IN EU-27 AS OF 1 JANUARY 2007

LATVIA

Theme 1: Actions to protect young people, children and the unborn child

Existing national <u>18 year</u> age limit for selling and serving alcohol B= Beer W= Wine S= Spirits	Other restrictions on serving or selling to young people ⁱ (other than age limits an proof of age cards)	National restrictions on commercial communication targeting young people ⁱⁱ	Activities involving Multi stakeholders community interventions ⁱⁱⁱ	National media campaigns ^{iv} v	Counselling to support children in families with alcohol problems and measures to protect the unborn child vi vii	Nation wide educational programmes part of curriculum ^{viii}	National pricing policy as a part of alcohol policy ^{ix}	National BAC limits for young drivers	Statistics on young peoples drinking volumes and patterns ^x
Yes National 18 year age limit serving and selling all alcoholic beverages	No	Yes Regulations and self-regulations Level of enforcement Medium	Yes Several preventive activities at governmental and NGO level	Yes Campaign on drink driving Educational seminars for representatives of mass media	Yes Counselling parents AA, Ala- teen Alanon Programmes for pregnant women support groups	Yes Education programmes included in the School Curriculum as part of the Social Education	No Beverage tax related to alcohol content of the drink	Yes Introduced 0,2 for novice drivers Level of enforcement High	Yes ESPAD Data collection on national level
Level of enforcement Medium Proof of age card required		It is not allowed to use children in alcohol commercial, as well as to address children alcohol commercial							

Theme 2: Actions to reduce injuries and deaths from alcohol-related road traffic accidents

National Blood Alcohol Concentration limit (BAC) Below 0,5 g/l	Random Breath Testing (police has the <u>right</u> to test drivers without suspicion) ^{xi}	Special national BAC limits for inexperienced drivers, drivers of public transports or commercial vehicles.	Types of enforcement (other than RBT) and application of dissuasive sanctions, interventions for repeated drink drivers. ^{xii}	Statistics - National data on; Drivers/ victims found with blood alcohol (all BAC limits) Number of killed/injured in alcohol-related road accidents Number of drivers found above national BAC limits
Yes (0,5 g/l)	Yes Daily (increased numbers of tests during Fridays, Saturdays, public holidays and public campaigns against alcohol abuse)	Yes 0.2 For inexperienced drivers	Yes Penalty points, penalty to max 500 Ls, lost driving licence, Above BAC 1,0 - Prison from 10 to 15 days.	Yesstatistics1)Number of detained drivers under the influence of alcohol: $2006 - 8.866$ $2005 - 12.981$ $2004 - 13.800$ 2)Road accidents caused by drivers under the influence of alcohol $2006 - 1.247$ $2005 - 1.533$ $2004 - 1.951$ Number of killed/injured $2006 - 84/655$ $2005 - 96/821$ $2004 - 113/940$

Theme 3: Prevent alcohol-related harm among adults and reduce the negative impact on the workplace

National alcohol policy adopted by Government or Parliament – (targeting adults)	National restrictions on advertising /sponsorship - targeting adults	Brief/ early advise by doctors and nurses in primary health care, ^{xiii}	Treatment/ Rehabilitation of high risk drinkers	Training for health professionals (on a regular basis)	National price policy targeting adults	National licence system of retail sale (shops) and production ^{xiv}	National licence system on - premise (serving on pubs restaurants) xv/	Server training ^{xvi}	Prevention activities at work places/ providing help and specialised care for employees/	Community based intervention – multi- stakeholder cooperation (including local communities)
Yes Program for Reduction of Alcohol Consumption and Restriction of Alcohol Addiction for 2005-2008	Yes Only voluntary codes on commercial communication s but mandatory health warnings on ads and TV and radio media spirit ads are restricted by law.	Yes Training of health care specialists	Yes Health care systems	Yes Insufficient	No Tax related to alcohol content of the drink	Yes Licensing system production Licensing system sales and hours	Yes (Ban on consumption on public places)	No	Yes Partial	Yes Partial, not all local communities are included

Theme 4: Inform, educate and raise awareness

Consumer information on <u>points of sale</u> ^{xvii} Both regulation or non- regulation	Health warning labels on <u>beverage containers</u> or <u>advertisements</u> Both regulation or non- regulation	National awareness raising campaigns on alcohol and pregnancy ^{xviii}	National awareness raising campaigns on alcohol's impact on working performance ^{xix}	National awareness raising campaigns on alcohol's impact on health	National awareness raising campaigns on children in families with alcohol problems ^{xx}	Publicly funded alcohol research and monitoring programmes ^{xxi}
No	Yes (on advertisements) No (on containers)	Yes In health care institutions	No Only National conferences	Yes In mass media	Νο	Yes

Theme 1

- " Use ELSA project information to check this.
- indicate only if this is major activities including local governments or local authorities or a broad number of stakeholders. The target group must be young people, children and pregnant women.
- ^{iv} Indicate only nation-wide or regional media campaigns targeting or involving young people, children (could also include parents) or pregnant women that are monitored or evaluated in some

way.

v Indicate in what way the campaign is evaluated / monitored.

- vii Here you should not mention Health warning labels on alcohol during pregnancy health warnings are reported under theme 4 Information, education and awareness raising activities.
- viii Small scale actions in one or two classes are not included. Indicate only if there are any national, regional or local (municipality) educational programmes implemented.

^{ix} This could be taxation but also regulation on one cheaper non-alcoholic drink than any alcoholic drink.

* Indicate only in what way you are collecting data on young people and children's consumption/drinking patterns and if you collect data on Foetal Alcohol Syndrome/Effects, data which data do you have at national level.

Theme 2

xⁱ Indicate if you have any information on the number of RBT carried out (or any approximately data). Remember that you will be asked to report back in 2008 on the development, could be good to have a benchmark (baseline).

xii Indicate if you have any brief interventions/treatments of repeated drunk-drivers, any penalties for drunk drivers, Alco lock projects etc. Also here it would be good to report quantities.

Theme 3

- xiii Indicate the degree of implementation (national, regional, municipalities, private medical doctors etc).
- xiv Indicate if there is any licensing system, the main criteria for licences and if there are any sanctions (This information can be fund in WHO Country Reports Bridging the Gap web site).

xv Indicate if there is any licensing system, the main criteria for licences and if there are any sanctions (This information can be fund in WHO Country Reports – Bridging the Gap web site).

xvi Indicate if this is arranged by economic operators and/or if it is part of requirement in a national licensing system.

ⁱ Indicate if there is any ban to sell/serve alcoholic beverages close to schools or in vending machines (proof of age cards should be indicated under enforcement of age limits).

vi Indicate if there are special activities for children or special structural programmes used and in which settings the counselling take place.

Theme 4

xvii Indicate if you have any regulation or self-regulation on consumer information on points of sales or on-premises.

xviii In addition to health warning labels, could be awareness raising campaigns, cooperation with medical professionals, schools, universities etc.

xix Indicate if you have any ongoing cooperation with trade unions, employers in order to develop work place alcohol policy/brief interventions for people at risk or national campaigns.

** Under theme 1 you were asked to indicate if you have any counselling activities with children in families with drinking problems. Under this heading you are asked to indicate if you have any awareness raising campaigns to raise awareness among citizens or professionals.

^{xxi} Indicate if there are programmes and approximately how many (if possible the amount of money spent).

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