

ANNEX 7: CONSUMPTION DATA

Belgium: Estimate of food consumption

Teenagers n = 341, all population, age 14-18, average weight = 60 kg

units in g / person / day

Foodgroup	Food item	Nature of the survey	Methodology to collect the data	Geographical level	Mean ± SD total population	Median total population	95 % percentile total population	Mean ± SD consumers only	Median consumers only	95 % percentile consumers only	rate of consumers (%)
		7-day estimated food record	all foods and beverages consumed including home grown and eaten outside	city of Ghent							
coffee (green bean, filter, instant)	coffee as prepared to drink				44.90	0.00	235.71	124.47	92.86	341.43	36.07
hot drinks (tea, infusion excluding cocoa powder)	tea as prepared to drink				15.61	0.00	85.71	98.60	50.71	410.71	15.84
beer & wine	beer				0.45	0.00	1.90	1.55	0.47	6.07	29.33
margarine	margarine group				15.60	11.36	41.61	15.65	11.36	41.66	99.71
butter & animal fats	butter group				2.03	0.00	13.50	7.71	4.29	29.19	26.39
spices/sauces/condiments	sauces				13.35	10.57	40.11	15.27	12.57	41.30	87.39
cheese	cheese				26.79	21.29	71.34	28.91	22.86	71.48	92.67
nuts & oleaginous grains	nuts				1.11	0.00	7.14	6.62	4.50	18.00	16.72
bread / rolls	bread/rolls				165.30	157.50	295.04	165.78	157.50	295.16	99.71
breakfast cereals	breakfast cereals				9.17	0.00	41.29	19.92	12.86	67.30	46.04
pastas / rice	pasta dry				24.65	14.29	85.71	44.94	35.71	108.51	54.84
pastas / rice	pasta ready to eat foods				4.80	0.00	56.43	71.15	64.29	180.00	6.74
pizzas & quiches	pizza & quiches				10.94	0.00	53.21	46.63	50.00	100.00	23.46
biscuits	dry biscuits and sweet bakery products				33.30	25.71	89.96	36.74	30.43	92.96	90.62
sausages & ham	ham				1.71	0.00	11.43	12.70	10.71	43.43	13.49
offals	liver paté				0.03	0.00	0.00	5.00	5.00		0.59
sausages & ham	smoked sausages				0.74	0.00	4.29	9.01	5.71	43.29	8.21
fish / fish products	smoked fish				0.75	0.00	7.14	9.08	7.14	23.79	8.21
fish / fish products	fish in can				1.61	0.00	11.39	9.02	7.14	22.53	17.89
molluscs	mussels				0.61	0.00	0.00	13.95	8.57		4.40
fish / fish products	shrim ps				1.71	0.00	12.75	8.72	5.71	25.43	19.65
poultry & game	poultry				25.37	20.00	75.00	35.60	28.57	86.00	71.26
meat	red meat				72.88	69.36	147.71	75.31	70.96	148.31	96.77
fruits	fresh fruits				86.47	63.57	271.36	102.74	81.00	280.34	84.16
dried fruits	dried raisins, apples, figs and dates				0.77	0.00	4.29	3.02	2.14	9.04	25.51
fruit juice	all kinds of fruit juice				139.15	100.00	488.29	183.92	142.86	543.23	75.66
vegetables (leaf)	leafy vegetables				12.44	6.57	39.90	15.48	10.93	42.89	80.35
vegetables (others)	other vegetables				98.89	93.29	205.74	98.89	93.29	205.74	100.00
potatoes	cooked potatoes, puree, french fries				117.83	105.00	244.44	118.52	105.00	244.57	99.41
vegetal oils	olive oil				2.32	1.00	10.09	3.91	2.57	12.86	59.24
vegetal oils	other veg oils (not including oils as ingredient in foods bought)				0.50	0.00	3.57	2.32	1.43	6.86	21.41
vegetal oils	frying oil				0.92	0.00	6.43	5.80	4.79	12.80	15.84
chocolate (chocolate & cocoa products)	chocolate				8.22	4.43	27.84	10.66	7.14	35.66	77.13
chocolate (chocolate & cocoa products)	chocolate spread				7.64	4.29	28.36	12.12	9.64	36.00	63.05
soups	soup ready to eat				16.75	0.00	100.00	62.76	35.71	152.93	26.69

Denmark: Estimate of food consumption

Adults n = 1837(933 women, 904 men), all population, age 15-80 years, average weight = 72 kg

Nature	Foodgroup	Food item	Process	Reference of the survey	Nature of the survey	Methodology to collect the data	Geographical level	Mean ± SD total population	Representative for the Member State	Remarks
	milk / dairy products	milk, total		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	357	national consumption for adult	Total value
	milk / dairy products	milk, 3.5% fat		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	59.5	national consumption for adult	
	milk / dairy products	milk, 1.5% fat		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	171.3	national consumption for adult	
	milk / dairy products	Milk, skimmed		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	31.4	national consumption for adult	
	milk / dairy products	Buttermilk, 0.3% fat		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	15.6	national consumption for adult	
	milk / dairy products	Milk with chocolate, 1.5% fat		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	10.4	national consumption for adult	
	milk / dairy products	Yoghurt, 3.6% fat		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	14.1	national consumption for adult	
	milk / dairy products	Yoghurt with fruit, 3.2% fat		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	16.5	national consumption for adult	
	milk / dairy products	Yoghurt with fruit juice, 1.6% fat		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	1.3	national consumption for adult	
	milk / dairy products	Ymer, 1.8% fat		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	8.9	national consumption for adult	
	milk / dairy products	Ymer, 13% fat		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.3	national consumption for adult	
	milk / dairy products	Cream, 13% fat		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	10	national consumption for adult	
	milk / dairy products	Cream, 38% fat		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	5.4	national consumption for adult	
	milk / dairy products	Cream, cultured, 18% fat		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	3.2	national consumption for adult	
	milk / dairy products	Cream, cultured, 38% fat		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.8	national consumption for adult	
	milk / dairy products	Ice cream		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	8.4	national consumption for adult	
	milk / dairy products	Skimmed milk powder		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	<0.1	national consumption for adult	
	cheese	Total		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	33	national consumption for adult	Total value
	cheese	cheese, 45%fidm,29.4		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	29.4		
	cheese	Cottage cheese, 20% fidm.		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.8		
	cheese	Quarg, 5% fidm.		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.3		
processed	cheese	cheese, 45%fidm,29.4	not available	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.5		
	cheese	Brie, 60% fidm.		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	2.3		
	cheese	Feta, 50% fidm.		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.1		
	bread / rolls	Rye bread, dark		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	71.7		
	bread / rolls	wheat bread, white		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	70.5		
	bread / rolls	wheat bread, coarse grain		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	23.7		
	bread / rolls	crispbread, wheat, coarse		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.8		
	bread / rolls	bread-crumbs		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.9		
	biscuits	sweet		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.8		
	cereals (others)	wheat flour		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	19.8		
	cereals (others)	wheat bran		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.3		
	cereals (others)	rice flour		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	<0.1		
	cereals (others)	pop corn		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.4		

Denmark: Estimate of food consumption

Adults n = 1837 (933 women, 904 men), all population, age 15-80 years, average weight = 72 kg

Nature	Foodgroup	Food item	Process	Reference of the survey	Nature of the survey	Methodology to collect the data	Geographical level	Mean ± SD total population
	cereals (others)	sweetcorn, canned kernels		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.3
	cereals (others)	sweetcorn, frozen kernels		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	1.9
	breakfast cereals	oats, rolled		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	5.4
	breakfast cereals	Müsli		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	3.1
	breakfast cereals	cornflakes		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	3.3
	breakfast cereals	cornflakes, frosted		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.5
raw	pastas / rice	rice, polished	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	2.9
raw	pastas / rice	rice,paraboiled	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	2.2
raw	pastas / rice	rice groats	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.5
raw	pastas / rice	macaroni/spaghetti	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	7.6
raw	meat	pork loin 12.2% fat	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	15.7
raw	meat	pork loin with rind, 18.3% fat	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	5.4
	meat	pork, hand with rind, 12.9% fat		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	14.7
raw	meat	Pork, tenderloin, trimmed, 3.7% fat	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	5.7
processed	sausages & ham	Pork, ham, 5.4% fat, cured	canned	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	4.5
processed	sausages & ham	Pork, ham, 13% fat	smoking (traditionnal)	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.1
processed	sausages & ham	Pork ham, 14% fat, boiled	smoking (traditionnal)	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	2.2
processed	meat	Pork, loin fillet, 2.2% fat	smoking (traditionnal)	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	1
raw	meat	Bacon, 42% fat	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.3
processed	meat	Pork, saddle 10% fat, boiled	smoking (traditionnal)	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	1.4
processed	meat	Pork, flank, spiced	cooked	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	1.4
raw	meat	Beef, 15.1% fat	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	20.8
raw	meat	Beef, 7.8% fat	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	13
raw	meat	Beef 4.3% fat	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	2.4
raw	meat	Beef, brisket, posterior part, 27.8 % fat	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	1.5
raw	meat	Beef, brisket, 22% fat, soaked in brine	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	1.4
	meat	veal, eye of round, 3.0% fat		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	1.4
raw	meat	Lamb, leg 5.5% fat	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	1.1
raw	meat	Lamb, 13.3% fat	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.8
raw	meat	Lamb, 30% fat	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.8
raw	offals	Liver, Pig	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	1.2
raw	offals	Liver, calf	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.3
	offals	Liver paste		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	6.5

Denmark: Estimate of food consumption

Adults n = 1837 (933 women, 904 men), all population, age 15-80 years, average weight = 72 kg

Nature	Foodgroup	Food item	Process	Reference of the survey	Nature of the survey	Methodology to collect the data	Geographical level	Mean ± SD total population
	sausages & ham	pork, sausage, frankfurter		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	6
raw	sausages & ham	Pork, sausage	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	3.1
	meat	Sausage, salami		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	3.5
	meat	Saveloy		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	1.8
	meat	black pudding		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	<0.1
raw	poultry & game	chicken, flesh and skin	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	6.8
raw	poultry & game	Chicken, flesh only	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	6.5
raw	poultry & game	Duck, flesh and skin	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.2
raw	poultry & game	Duck, flesh only	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.2
raw	poultry & game	Goose, flesh and skin	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.1
raw	poultry & game	Goose, flesh only	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.1
raw	poultry & game	Turkey, flesh only	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	3.5
raw	potatoes		no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	125.6
	crisps & ready-to-eat savouries (salted snacks & seeds)	potato crisps		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	2.6
	cereals (others)	potato flour		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.4
raw	vegetables (root excluding potatoes)	carrot	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	25.8
raw	vegetables (root excluding potatoes)	Beet, red	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.2
processed	vegetables (root excluding potatoes)	Beet, red	canned	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.7
raw	vegetables (others)	celery root	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	1.2
raw	vegetables (others)	Cauliflower	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	3.9
raw	vegetables (others)	Broccoli	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	2.3
raw	vegetables (others)	Cabbage, white	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	4.4
raw	vegetables (others)	Brussels sprout, frozen	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	1
raw	vegetables (others)	Kale	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.2
raw	vegetables (others)	Cabbage, chinese	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.2
raw	vegetables (leaf)	Iceberg lettuce	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.9
raw	vegetables (leaf)	Cabbage lettuce	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	3.4
raw	vegetables (others)	Tomato	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	16.3
processed	vegetables (others)	Tomato, peeled	canned	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	5
	spices/sauces/condiments	Tomato ketchup		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.8
	spices/sauces/condiments	Tomato puree		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.3
raw	vegetables (others)	Cucumber	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	13.9
processed	vegetables (others)	Asparagus	canned	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	<0.1
raw	vegetables (others)	Celery leaves	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.2

Denmark: Estimate of food consumption

Adults n = 1837 (933 women, 904 men), all population, age 15-80 years, average weight = 72 kg

Nature	Foodgroup	Food item	Process	Reference of the survey	Nature of the survey	Methodology to collect the data	Geographical level	Mean ± SD total population
raw	vegetables (others)	Aubergine	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	1
raw	vegetables (others)	Squash	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	1.4
raw	vegetables (others)	Pepper sweet, green	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	2.3
raw	vegetables (others)	Pepper sweet, red	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	1.8
	vegetables (others)	Cucumber, picked		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	1.2
raw	vegetables (others)	onion	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	9.6
raw	vegetables (others)	Leek	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	1.6
raw	vegetables (others)	Garlic	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	<0.1
	vegetables (others)	Spinach, chopped, frozen		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.4
raw	vegetables (others)	Spinach	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.8
raw	vegetables (others)	Parsley	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	<0.1
raw	vegetables (others)	Chives	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	<0.1
raw	vegetables (others)	Peas, green	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	5.7
raw	vegetables (others)	Peas, mature, dray	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.1
processed	vegetables (others)	Beans, white	drying	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.4
	vegetables (others)	Beans, green, frozen		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	1.9
processed	vegetables (others)	Beans, brown	drying	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.2
raw	vegetables (others)	Mushrooms	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	1.1
processed	vegetables (others)	Mushrooms	canned	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.1
raw	vegetables (others)	Avocado	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.7
raw	fish / fish products	Plaice	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	5
raw	fish / fish products	Cod fillet	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	5.1
processed	fish / fish products	Cod, roe	canned	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	1.4
raw	fish / fish products	Mackerel	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.5
processed	fish / fish products	Mackerel	smoking (traditional)	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	1.9
processed	fish / fish products	Mackerel, in tomato sauce	canned	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	1.4
raw	fish / fish products	Herring	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	1.9
processed	fish / fish products	Herring, pickled	canned	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	2.4
processed	fish / fish products	Herring	smoking (traditional)	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.5
raw	fish / fish products	Salmon	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.7
processed	fish / fish products	Tuna in water	canned	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	1.4
processed	fish / fish products	Shrimp	canned	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.8
raw	fish / fish products	shrimp, frozen	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.1
raw	eggs	chicken, whole	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	19.9

Denmark: Estimate of food consumption

Adults n = 1837 (933 women, 904 men), all population, age 15-80 years, average weight = 72 kg

Nature	Foodgroup	Food item	Process	Reference of the survey	Nature of the survey	Methodology to collect the data	Geographical level	Mean ± SD total population
processed	eggs	chicken, whole	drying	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	<0.1
raw	eggs	chicken, yolk	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.9
raw	eggs	chicken, white	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.1
	margarine	Blended spread, 80% fat (milk fat:rape=3:1)		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	13
	butter & animal fats	Butter, 81% fat, salt added		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	8.1
	margarine	Margarine, 82% fat, for frying/baking		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	13.1
	margarine	Margarine, 83% fat, table use		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	3.3
	margarine	Margarine, 41% fat		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	1.9
	butter & animal fats	Lard, pork		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.5
	vegetal oils	Grapeseed oil		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	1.8
	vegetal oils	olive oil		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	1.2
	vegetal oils	sunflower oil		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.7
	vegetal oils	Corn oil		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.2
	fish / fish products	Cod liver oil		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	<0.1
	others	Mayonnaise		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	3.2
	others	Remoulade		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.8
	butter & animal fats	Peanut butter		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	<0.1
raw	fruits	apple	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	48.4
processed	fruit juices	apple juice	canned	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	17.8
raw	fruits	pear	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.3
raw	fruits	orange	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	15.9
processed	fruit juices	Orange juice	canned	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	23.1
raw	fruit juices	Lemon juice, fresh	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.3
raw	fruits	banana	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	15.9
raw	fruits	muskmelon	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	3.2
raw	fruits	pineapple	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.6
processed	fruits	pineapple	canned	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.4
raw	fruits	kiwi	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	2.9
raw	fruits	mango	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.1
raw	fruits	kaki fruit	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.1
raw	fruits	peach	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	2.9
processed	fruits	peach	canned	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.4
raw	fruits	plum	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.3

Denmark: Estimate of food consumption

Adults n = 1837 (933 women, 904 men), all population, age 15-80 years, average weight = 72 kg

Nature	Foodgroup	Food item	Process	Reference of the survey	Nature of the survey	Methodology to collect the data	Geographical level	Mean ± SD total population
raw	fruits	strawberry	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	2.9
raw	fruits	rhubarb	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.4
raw	fruits	grape	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	3.9
	dried fruits	raisin		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	1.6
	fruits	prune		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.4
	fruits	fruit paste, figs		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.1
	fruits	jam, unspecified		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	11.9
	fruit juices	juice, mixed, sweetened, concentrated		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	14.9
	fruit juices	juice mixed, unsweetened, concentrated		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	9.2
processed	nuts & oleaginous grains	peanut	drying	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	1.2
raw	nuts & oleaginous grains	almond	no process	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.5
processed	nuts & oleaginous grains	hazelnut	drying	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.3
processed	nuts & oleaginous grains	coconut	dessiccated	NFA 1996	dietary survey	7 days diary record	national (urban & rural)	<0.1
	sugar & by-products including honey	sugar, saccharose		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	21.9
	chocolate (chocolate & cocoa products)	chocolate milk		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	3.7
	chocolate (chocolate & cocoa products)	chocolate, bitter		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	2.7
	sugar & by-products including honey	sweets		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	1.1
	sugar & by-products including honey	marzipan		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.1

Denmark: Estimate of food consumption

Adults n = 1837 (933 women, 904 men), all population, age 15-80 years, average weight = 72 kg

Nature	Foodgroup	Food item	Process	Reference of the survey	Nature of the survey	Methodology to collect the data	Geographical level	Mean ± SD total population
	Waters	water		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	596
	Coffee	coffee, ready to drink		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	748
	Hot drinks	Tea, ready to drink		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	200
	chocolate (chocolate & cocoa products)	cocoa, powder		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.3
	soft drinks excluding fruit juices	soft drink, sugar added		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	102.2
	soft drinks excluding fruit juices	soft drink, light		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	25.6
	Waters	Water carbonated		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	29.8
	Beer and wine	Beer, lager, 4.4% alc. By vol.		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	203.8
	Beer and wine	Beer, lager, 2.6% alc. By vol.		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	7
	Beer and wine	Beer, strong 7.6% alc. By vol.		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	5.4
	Beer and wine	Red wine		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	66.7
	alcoholic beverages excluding beer & wine	port		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	1.6
	alcoholic beverages excluding beer & wine	Spirits, 70% proof		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	6.4
	spices/sauces/condiments	Salt		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	2.4
	spices/sauces/condiments	Black pepper		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	<0.1
	spices/sauces/condiments	Curry		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	<0.1
	Others	Vinegar		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.1
	Others	Bakers yeast		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.6
	spices/sauces/condiments	Gelatin		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	0.1
	spices/sauces/condiments	Soy protein		NFA 1996	dietary survey	7 days diary record	national (urban & rural)	<0.1

Finland: Estimate of food consumption (g).

Food item	Average consumption (g/day)
C o a l f i s h f i l l e t	1.6
H e r r i n g	5.8
S m o k e d f i s h	3.0
S a l m o n t r o u t	7.7
T u n a i n o i l	2.7
S a r d i n e i n o i l	2.0
A n c h o v i e s i n o i l	1.0
S m o k e d r e i n d e e r	0.9
S m o k e d b e e f	9.4
S m o k e d p o r k	14.1
B e e f, r a w	9.4
P o r k, r a w	14.1
S m o k e d c h u c k / t u r k e y	20.4
S a u s a g e	28.4
D a i r y b u t t e r	12.5
M a r g a r i n e	13.7
V e g e t a l o i l	5.7
R y e b r e a d	81.6
W h e a t b r e a d	46.0
R y e f l o u r	49.1
W h e a t f l o u r	68.7
B r e a k f a s t c e r e a l s	8.9
M a c a r o n i	7.1
R i c e	8.3
C h o c o l a t e / c o c c o a	5.8
S u g a r / H o n e y	19.4
R a i s i n	1.0
B e r r i e s	21.9
O r a n g e	45.4
A p p l e	27.5
P o t a t o	89.2
L e t t u c e	10.6
C a b b a g e	13.6
C u c u m b e r / t o m a t o / p a p r i k a	53.6
C a r r o t	32.8
P e a n u t	1.2
W i n e	15.7
B e e r	99.8
C o f f e e b e v e r a g e	462.2
T e a b e v e r a g e	117.3
S o f t d r i n k	59.1
S u m :	1498.10

France: Estimate of food consumption (Adults)

Adults n = 1474, all population, age ? 15 years old, average weight = 60 kg

Foodgroup	Food item	Process	Reference of the survey	Nature of the survey	Methodology to collect the data	Geographical level	Mean \pm SD total population	Median total population	95 % percentile total population	Mean \pm SD consumers only	Median consumers only	95 % percentile consumers only	rate of consumers (%)	Representative for the Member State
crustaceans	fish and meat	not available	INCA/1998 & 1999	dietary survey	7 days diary record	national (urban & rural)	2,15 \pm 7,37	0	14.29	14,37 \pm 13,74	10.71	32.07	0.15	national consumption for adult
fish / fish products	fish and meat		INCA/1998 & 1999	dietary survey	7 days diary record	national (urban & rural)	31,29 \pm 33,06	24.29	92.86	39,26 \pm 32,53	30	100	0.8	national consumption for adult
meat	fish and meat		INCA/1998 & 1999	dietary survey	7 days diary record	national (urban & rural)	60,98 \pm 42,58	52.86	142.14	64,53 \pm 41,10	55.71	142.86	0.95	national consumption for adult
molluscs	fish and meat		INCA/1998 & 1999	dietary survey	7 days diary record	national (urban & rural)	1,82 \pm 5,75	0	11.43	12,79 \pm 9,60	10	28.57	0.14	national consumption for adult
offals	fish and meat		INCA/1998 & 1999	dietary survey	7 days diary record	national (urban & rural)	3,22 \pm 8,72	0	21.43	19,29 \pm 12,11	18.25	46.43	0.17	national consumption for adult
poultry & game	fish and meat		INCA/1998 & 1999	dietary survey	7 days diary record	national (urban & rural)	37,29 \pm 38,01	27.14	112.14	47,72 \pm 36,76	37.14	120	0.78	national consumption for adult
sausages & ham	fish and meat		INCA/1998 & 1999	dietary survey	7 days diary record	national (urban & rural)	38,40 \pm 33,65	31.43	100.71	41,26 \pm 33,15	34	102.14	0.93	national consumption for adult
butter & animal fats	animal fats		INCA/1998 & 1999	dietary survey	7 days diary record	national (urban & rural)	13,72 \pm 10,64	10.73	34.1	13,75 \pm 10,64	10.76	34.1	1	national consumption for adult
cheese	animal fats		INCA/1998 & 1999	dietary survey	7 days diary record	national (urban & rural)	39,25 \pm 32,33	32.79	100.71	42,29 \pm 31,58	34.5	105	0.93	national consumption for adult
eggs	animal fats		INCA/1998 & 1999	dietary survey	7 days diary record	national (urban & rural)	18,29 \pm 21,56	14.29	57.14	27,50 \pm 21,11	22.86	68.57	0.66	national consumption for adult
milk / dairy products	animal fats		INCA/1998 & 1999	dietary survey	7 days diary record	national (urban & rural)	194,98 \pm 152,49	173.57	480	208,86 \pm 148,35	187.21	487.57	0.93	national consumption for adult
margarine	vegetal fats		INCA/1998 & 1999	dietary survey	7 days diary record	national (urban & rural)	3,66 \pm 4	2.82	9.17	3,71 \pm 4,01	2.86	9.28	0.99	national consumption for adult
nuts & oleaginous grains	vegetal fats		INCA/1998 & 1999	dietary survey	7 days diary record	national (urban & rural)	1,97 \pm 7,52	0	14.29	12,85 \pm 15,17	7.86	45.71	0.15	national consumption for adult
vegetal oils	vegetal fats		INCA/1998 & 1999	dietary survey	7 days diary record	national (urban & rural)	2,14 \pm 3,85	1.14	8.43	2,33 \pm 3,96	1.26	9.43	0.92	national consumption for adult
bread / rolls	cereals		INCA/1998 & 1999	dietary survey	7 days diary record	national (urban & rural)	122,58 \pm 95,44	104.29	280.71	126,35 \pm 94,41	107.79	283.57	0.97	national consumption for adult

France: Estimate of food consumption (Adults)

Adults n = 1474, all population, age ? 15 years old, average weight = 60 kg

Foodgroup	Food item	Process	Reference of the survey	Nature of the survey	Methodology to collect the data	Geographical level	Mean ± SD total population	Median total population	95 % percentile total population	Mean ± SD consumers only	Median consumers only	95 % percentile consumers only	rate of consumers (%)	Representative for the Member State
breakfast cereals	cereals		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	5,21 ± 15,42	0	35.71	29,32 ± 25316	21.43	75	0.18	national consumption for adult
cereals (others)	cereals		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	0,81 ± 4,88	0	0	20,56 ± 14,21	20.36	51.43	0.04	national consumption for adult
pastas / rice	cereals		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	56,88 ± 46,64	44.46	142.86	62,66 ± 45,10	50	150	0.91	national consumption for adult
biscuits	sugar products		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	12,82 ± 21,40	1.43	55	24,1 ± 24,27	15.14	74.29	0.53	national consumption for adult
chocolate (chocolate & cocoa products)	sugar products		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	8,17 ± 18,87	0	36	16,78 ± 24,22	10	49.29	0.49	national consumption for adult
pastry goods	sugar products		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	53,16 ± 56,64	36.32	166.43	64,97 ± 56,15	49.93	178.57	0.82	national consumption for adult
sugar & by-products including honey	sugar products		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	27,94 ± 25,43	22.36	76.07	30,51 ± 25,06	25.05	78.21	0.92	national consumption for adult
dried fruits	fruits and vegetables		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	0,45 ± 3,50	0	0	9,84 ± 13,25	7.14	35.71	0.05	national consumption for adult
fries / chips	fruits and vegetables		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	11,15 ± 15,60	7.14	39.29	20,58 ± 15,96	14.29	50	0.54	national consumption for adult
fruits	fruits and vegetables		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	134,16 ± 133,69	96.8	397.86	159,47 ± 131,18	125.36	423.57	0.84	national consumption for adult
potatoes	fruits and vegetables		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	51,43 ± 44,07	42.86	135.71	61,24 ± 41,38	53.57	142.86	0.84	national consumption for adult
pulses	fruits and vegetables		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	9,95 ± 20,85	0	42.86	33,56 ± 25,96	28.57	85.71	0.3	national consumption for adult
vegetables (leaf)	fruits and vegetables		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	21,06 ± 30,80	5.71	82.14	36,47 ± 32,87	27.14	100	0.58	national consumption for adult
vegetables (others)	fruits and vegetables		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	82,46 ± 57,26	73.26	187	85,71 ± 55,94	76.29	188.71	0.96	national consumption for adult
vegetables (root excluding potatoes)	fruits and vegetables		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	18,95 ± 23,16	12.5	64.29	29,33 ± 22,93	23.93	73.29	0.65	national consumption for adult

France: Estimate of food consumption (Adults)

Adults n = 1474, all population, age ? 15 years old, average weight = 60 kg

Foodgroup	Food item	Process	Reference of the survey	Nature of the survey	Methodology to collect the data	Geographical level	Mean \pm SD total population	Median total population	95 % percentile total population	Mean \pm SD consumers only	Median consumers only	95 % percentile consumers only	rate of consumers (%)	Representative for the Member State
crisps & ready-to-eat savouries (salted snacks & seeds)	miscellaneous food		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	1,85 \pm 6,57	0	11.14	7,36 \pm 11,46	4.29	17.14	0.25	national consumption for adult
mixed dishes	miscellaneous food		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	91,48 \pm 82,11	74.29	250.14	105,26 \pm 79,42	85.71	261.86	0.87	national consumption for adult
pizzas & quiches	miscellaneous food		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	23,57 \pm 32,88	14.29	89.29	40,54 \pm 34,23	28.57	107.43	0.58	national consumption for adult
products for special nutritional use (infant & dietetic formulae)	miscellaneous food		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	1,25 \pm 18,52	0	0.06	21,88 \pm 75,04	0.32	107.14	0.06	national consumption for adult
soups	miscellaneous food		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	84,76 \pm 117,62	35.71	328.57	163,10 \pm 117,66	128.57	385.71	0.52	national consumption for adult
spices/sauces/condiments	miscellaneous food		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	9,68 \pm 8,36	7.82	24.7	10,14 \pm 8,27	8.29	24.86	0.95	national consumption for adult
alcoholic beverages excluding beer & wine	beverages		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	23,31 \pm 52,61	0	107.14	51,91 \pm 68,43	28.57	171.43	0.45	national consumption for adult
beer & wine	beverages		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	136,57 \pm 220,10	42.86	557.14	214,61 \pm 243,71	128.57	702.86	0.64	national consumption for adult
coffee (green bean, filter, instant)	beverages		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	200,68 \pm 212,98	141.43	600	243,86 \pm 211,17	187.5	633.93	0.82	national consumption for adult
fruit juices	beverages		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	53,14 \pm 96,55	0	235.71	116,91 \pm 114,27	85.71	304.29	0.45	national consumption for adult
hot drinks (tea, infusion excluding cocoa powder)	beverages		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	69,40 \pm 173,70	0	400	242,39 \pm 252,06	171.43	810	0.29	national consumption for adult
soft drinks excluding fruit juices	beverages		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	46,65 \pm 114,36	0	251.43	125,24 \pm 159,03	70	424.29	0.37	national consumption for adult
waters (mineral, source, tap)	beverages		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	556,85 \pm 392,21	491.43	1234.3	590,93 \pm 378,39	514.29	1280	0.94	national consumption for adult

France: Estimate of food consumption (Children)

Children n = 1018, all population, age 3-14 years old, average weight = 31.6 kg

Foodgroup	Food item	Process	Reference of the survey	Nature of the survey	Methodology to collect the data	Geographical level	Mean \pm SD total population	Median total population	95 % percentile total population	Mean \pm SD consumers only	Median consumers only	95 % percentile consumers only	rate of consumers (%)	Representative for the Member State
crustaceans	fish and meat	not available	INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	0,78 \pm 3,97	0	4.29	11,89 \pm 10,44	10	34.29	0.07	national consumption for children
fish / fish products	fish and meat		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	21,14 \pm 22,48	15.71	60	27,24 \pm 22,03	21.43	64.71	0.78	national consumption for children
meat	fish and meat		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	47,42 \pm 34,13	41.43	111.43	49,67 \pm 33,3	42.86	113.57	0.95	national consumption for children
molluscs	fish and meat		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	0,79 \pm 3,35	0	7.14	9,55 \pm 7,26	7.14	25.71	0.08	national consumption for children
offals	fish and meat		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	1,56 \pm 5,14	0	11.43	13,92 \pm 8,03	11.43	34.29	0.11	national consumption for children
poultry & game	fish and meat		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	25,74 \pm 28,31	20	72.86	32,55 \pm 28,14	25	80.71	0.79	national consumption for children
sausages & ham	fish and meat		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	27,62 \pm 22,49	22.86	71.14	30,16 \pm 21,81	25	71.43	0.92	national consumption for children
butter & animal fats	animal fats		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	10,17 \pm 7,94	8	23.96	10,20 \pm 7,93	8.02	23.96	1	national consumption for children
cheese	animal fats		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	22,26 \pm 23,20	15.71	65.71	25,70 \pm 23,09	18.57	67.86	0.87	national consumption for children
eggs	animal fats		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	11,49 \pm 13,54	8.57	37.14	19,43 \pm 12,47	17.14	42.86	0.59	national consumption for children
milk / dairy products	animal fats		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	295,62 \pm 161,69	292.14	567.86	300,64 \pm 158,36	295	567.86	0.98	national consumption for children
margarine	vegetal fats		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	2,80 \pm 2,11	2.41	6	2,83 \pm 2,11	2.42	6	0.99	national consumption for children
nuts & oleaginous grains	vegetal fats		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	1,12 \pm 6,08	0	5.71	11,05 \pm 16,06	5.71	25	0.1	national consumption for children
vegetal oils	vegetal fats		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	1,24 \pm 1,79	81	3.66	1,32 \pm 1,82	89	3.81	0.94	national consumption for children
bread / rolls	cereals		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	61,5 \pm 67,80	42.86	177.71	66,75 \pm 68,11	48.21	186.43	0.92	national consumption for children

France: Estimate of food consumption (Children)

Children n = 1018, all population, age 3-14 years old, average weight = 31.6 kg

Foodgroup	Food item	Process	Reference of the survey	Nature of the survey	Methodology to collect the data	Geographical level	Mean \pm SD total population	Median total population	95 % percentile total population	Mean \pm SD consumers only	Median consumers only	95 % percentile consumers only	rate of consumers (%)	Representative for the Member State
breakfast cereals	cereals		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	18,57 \pm 27,23	8.57	64.29	29,26 \pm 29,29	21.43	77.14	0.63	national consumption for children
cereals (others)	cereals		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	1,42 \pm 12,49	0	5.71	26,69 \pm 48,02	20.46	42.86	0.05	national consumption for children
pastas / rice	cereals		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	58,32 \pm 43,48	50	142.86	60,83 \pm 42,65	50	142.86	0.96	national consumption for children
biscuits	sugar products		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	28,46 \pm 30,95	20.57	89.86	34,45 \pm 30,87	27.43	94.57	0.83	national consumption for children
chocolate (chocolate & cocoa products)	sugar products		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	22,12 \pm 21,5	17.43	58.29	24,34 \pm 21,32	20	62.07	0.91	national consumption for children
pastry goods	sugar products		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	56,59 \pm 55,47	44	158	63,3 \pm 54,93	49.5	163.57	0.89	national consumption for children
sugar & by-products including honey	sugar products		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	18,38 \pm 18,33	12.86	53.14	19,45 \pm 18,30	14.11	54.43	0.94	national consumption for children
dried fruits	fruits and vegetables		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	0,23 \pm 1,72	0	0	7,25 \pm 6,71	5.64	21.43	0.03	national consumption for children
fries / chips	fruits and vegetables		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	13,14 \pm 17,17	10.71	42.86	18,82 \pm 17,76	14.29	42.86	0.7	national consumption for children
fruits	fruits and vegetables		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	83,54 \pm 91,82	59.14	250	101,24 \pm 91,80	76.29	267.95	0.83	national consumption for children
potatoes	fruits and vegetables		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	46 \pm 40,19	37.68	121.43	53,58 \pm 38,40	42.86	128.57	0.86	national consumption for children
pulses	fruits and vegetables		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	6,61 \pm 13,43	0	28.57	22,58 \pm 15,99	14.29	57.14	0.29	national consumption for children
vegetables (leaf)	fruits and vegetables		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	9,04 \pm 18,17	0	42.86	22,35 \pm 22,77	14.29	65.71	0.4	national consumption for children
vegetables (others)	fruits and vegetables		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	52,62 \pm 38,03	45	121.14	54,55 \pm 37,33	47.86	121.43	0.96	national consumption for children
vegetables (root excluding potatoes)	fruits and vegetables		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	12,85 \pm 15,80	7.14	43.79	20,67 \pm 15,49	14.29	52.14	0.62	national consumption for children

France: Estimate of food consumption (Children)

Children n = 1018, all population, age 3-14 years old, average weight = 31.6 kg

Foodgroup	Food item	Process	Reference of the survey	Nature of the survey	Methodology to collect the data	Geographical level	Mean \pm SD total population	Median total population	95 % percentile total population	Mean \pm SD consumers only	Median consumers only	95 % percentile consumers only	rate of consumers (%)	Representative for the Member State
crisps & ready-to-eat savouries (salted snacks & seeds)	miscellaneous food		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	2,16 \pm 4,88	0	11.43	6,82 \pm 6,61	4.29	19.29	0.32	national consumption for children
mixed dishes	miscellaneous food		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	78,41 \pm 66,24	64.29	196.57	83,32 \pm 65,22	67.86	198.29	0.94	national consumption for children
pizzas & quiches	miscellaneous food		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	17,91 \pm 22,04	11.43	67.86	27,96 \pm 21,85	22.86	71.43	0.64	national consumption for children
products for special nutritional use (infant & dietetic formulae)	miscellaneous food		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	0,45 \pm 13,43	0	0	154,30 \pm 236,97	35.71	427.14	0	national consumption for children
soups	miscellaneous food		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	41,15 \pm 63,14	0	171.43	89,70 \pm 65,84	71.43	214.29	0.46	national consumption for children
spices/sauces/condiments	miscellaneous food		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	6,50 \pm 6,43	5	18.43	7,24 \pm 6,38	5.57	19.29	0.9	national consumption for children
alcoholic beverages excluding beer & wine	beverages		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	1,11 \pm 8,09	0	0	28,95 \pm 30,43	21.43	57.14	0.04	national consumption for children
beer & wine	beverages		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	0,71 \pm 6,65	0	0	25,78 \pm 31,55	18.57	90	0.03	national consumption for children
coffee (green bean, filter, instant)	beverages		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	10,46 \pm 45,76	0	67.86	63,78 \pm 96,99	35.71	178.57	0.16	national consumption for children
fruit juices	beverages		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	107,93 \pm 129,08	71.43	331.43	144,57 \pm 130,47	112.86	358.57	0.75	national consumption for children
hot drinks (tea, infusion excluding cocoa powder)	beverages		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	8,44 \pm 40,81	0	42.86	106,12 \pm 103,31	71.43	342.86	0.08	national consumption for children
soft drinks excluding fruit juices	beverages		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	89,74 \pm 129,14	47.14	368.57	125,32 \pm 137,23	82.86	434.29	0.72	national consumption for children
waters (mineral, source, tap)	beverages		INCA/1998 &1999	dietary survey	7 days diary record	national (urban & rural)	477,71 \pm 273,63	444.29	981.43	491,22 \pm 265,24	451.43	981.43	0.97	national consumption for children

France: Estimate of food consumption (Adults, n = 1474, age ≥ 15, average weight = 60kg)

Foodgroup	Food item	Mean ± SD total population	Median total population	95 % percentile total population	Mean ± SD consumers only	Median consumers only	95 % percentile consumers only	rate of consumers (%)
crustaceans	fish and meat	2,15 ± 7,37	0	14,29	14,37 ± 13,74	10,71	32,07	15%
fish / fish products		31,29 ± 33,06	24,29	92,86	39,26 ± 32,53	30	100	80%
meat		60,98 ± 42,58	52,86	142,14	64,53 ± 41,10	55,71	142,86	95%
molluscs		1,82 ± 5,75	0	11,43	12,79 ± 9,60	10	28,57	14%
offals		3,22 ± 8,72	0	21,43	19,29 ± 12,11	18,25	46,43	17%
poultry & game		37,29 ± 38,01	27,14	112,14	47,72 ± 36,76	37,14	120	78%
sausages & ham		38,40 ± 33,65	31,43	100,71	41,26 ± 33,15	34	102,14	93%
butter & animal fats	animal fats	13,72 ± 10,64	10,73	34,1	13,75 ± 10,64	10,76	34,1	100%
cheese		39,25 ± 32,33	32,79	100,71	42,29 ± 31,58	34,5	105	93%
eggs		18,29 ± 21,56	14,29	57,14	27,50 ± 21,11	22,86	68,57	66%
milk / dairy products		194,98 ± 152,49	173,57	480	208,86 ± 148,35	187,21	487,57	93%
margarine	vegetal fats	3,66 ± 4	2,82	9,17	3,71 ± 4,01	2,86	9,28	99%
nuts & oleaginous grains		1,97 ± 7,52	0	14,29	12,85 ± 15,17	7,86	45,71	15%
vegetal oils		2,14 ± 3,85	1,14	8,43	2,33 ± 3,96	1,26	9,43	92%
bread / rolls	cereals	122,58 ± 95,44	104,29	280,71	126,35 ± 94,41	107,79	283,57	97%
breakfast cereals		5,21 ± 15,42	0	35,71	29,32 ± 25316	21,43	75	18%
cereals (others)		0,81 ± 4,88	0	0	20,56 ± 14,21	20,36	51,43	4%
pastas / rice		56,88 ± 46,64	44,46	142,86	62,66 ± 45,10	50	150	91%
biscuits	sugar products	12,82 ± 21,40	1,43	55	24,1 ± 24,27	15,14	74,29	53%
chocolate (chocolate & cocoa products)		8,17 ± 18,87	0	36	16,78 ± 24,22	10	49,29	49%
pastry goods		53,16 ± 56,64	36,32	166,43	64,97 ± 56,15	49,93	178,57	82%
sugar & by-products including honey		27,94 ± 25,43	22,36	76,07	30,51 ± 25,06	25,05	78,21	92%
dried fruits	fruits and vegetables	0,45 ± 3,50	0	0	9,84 ± 13,25	7,14	35,71	5%
fries / chips		11,15 ± 15,60	7,14	39,29	20,58 ± 15,96	14,29	50	54%
fruits		134,16 ± 133,69	96,8	397,86	159,47 ± 131,18	125,36	423,57	84%
potatoes		51,43 ± 44,07	42,86	135,71	61,24 ± 41,38	53,57	142,86	84%
pulses		9,95 ± 20,85	0	42,86	33,56 ± 25,96	28,57	85,71	30%
vegetables (leaf)		21,06 ± 30,80	5,71	82,14	36,47 ± 32,87	27,14	100	58%
vegetables (others)		82,46 ± 57,26	73,26	187	85,71 ± 55,94	76,29	188,71	96%
vegetables (root excluding potatoes)		18,95 ± 23,16	12,5	64,29	29,33 ± 22,93	23,93	73,29	65%
crisps & ready-to-eat savouries (salted snacks & seeds)	miscellaneous food	1,85 ± 6,57	0	11,14	7,36 ± 11,46	4,29	17,14	25%
mixed dishes		91,48 ± 82,11	74,29	250,14	105,26 ± 79,42	85,71	261,86	87%
pizzas & quiches		23,57 ± 32,88	14,29	89,29	40,54 ± 34,23	28,57	107,43	58%
products for special nutritional use (infant & dietetic formulae)		1,25 ± 18,52	0	0,06	21,88 ± 75,04	0,32	107,14	0%
soups		84,76 ± 117,62	35,71	328,57	163,10 ± 117,66	128,57	385,71	52%
spices/sauces/condiments		9,68 ± 8,36	7,82	24,7	10,14 ± 8,27	8,29	24,86	95%
alcoholic beverages excluding beer & wine	beverages	23,31 ± 52,61	0	107,14	51,91 ± 68,43	28,57	171,43	45%
beer & wine		136,57 ± 220,10	42,86	557,14	214,61 ± 243,71	128,57	702,86	64%
coffee (green bean, filter, instant)		200,68 ± 212,98	141,43	600	243,86 ± 211,17	187,5	633,93	82%
fruit juices		53,14 ± 96,55	0	235,71	116,91 ± 114,27	85,71	304,29	45%
hot drinks (tea, infusion excluding cocoa powder)		69,40 ± 173,70	0	400	242,39 ± 252,06	171,43	810	29%
soft drinks excluding fruit juices		46,65 ± 114,36	0	251,43	125,24 ± 159,03	70	424,29	37%
waters (mineral, source, tap)		556,85 ± 392,21	491,43	1234,3	590,93 ± 378,39	514,29	1280	94%

France: Estimate of food consumption (Children, n=1018, age 3-14 years, average weight = 31.6kg)

Foodgroup	Food item	Mean ± SD total population	Median total population	95 % percentile total population	Mean ± SD consumers only	Median consumers only	95 % percentile consumers only	rate of consumers (%)
	crustaceans	0,78 ± 3,97	0	4,29	11,89 ± 10,44	10	34,29	7%
	fish / fish products	21,14 ± 22,48	15,71	60	27,24 ± 22,03	21,43	64,71	78%
	meat	47,42 ± 34,13	41,43	111,43	49,67 ± 33,3	42,86	113,57	95%
	molluscs	0,79 ± 3,35	0	7,14	9,55 ± 7,26	7,14	25,71	8%
	offals	1,56 ± 5,14	0	11,43	13,92 ± 8,03	11,43	34,29	11%
	poultry & game	25,74 ± 28,31	20	72,86	32,55 ± 28,14	25	80,71	79%
	sausages & ham	27,62 ± 22,49	22,86	71,14	30,16 ± 21,81	25	71,43	92%
	butter & animal fats	10,17 ± 7,94	8	23,96	10,20 ± 7,93	8,02	23,96	100%
	cheese	22,26 ± 23,20	15,71	65,71	25,70 ± 23,09	18,57	67,86	87%
	eggs	11,49 ± 13,54	8,57	37,14	19,43 ± 12,47	17,14	42,86	59%
	milk / dairy products	295,62 ± 161,69	292,14	567,86	300,64 ± 158,36	295	567,86	98%
	margarine	2,80 ± 2,11	2,41	6	2,83 ± 2,11	2,42	6	99%
	nuts & oleaginous grains	1,12 ± 6,08	0	5,71	11,05 ± 16,06	5,71	25	10%
	vegetal oils	1,24 ± 1,79	81	3,66	1,32 ± 1,82	89	3,81	94%
	bread / rolls	61,5 ± 67,80	42,86	177,71	66,75 ± 68,11	48,21	186,43	92%
	breakfast cereals	18,57 ± 27,23	8,57	64,29	29,26 ± 29,29	21,43	77,14	63%
	cereals (others)	1,42 ± 12,49	0	5,71	26,69 ± 48,02	20,46	42,86	5%
	pastas / rice	58,32 ± 43,48	50	142,86	60,83 ± 42,65	50	142,86	96%
	biscuits	28,46 ± 30,95	20,57	89,86	34,45 ± 30,87	27,43	94,57	83%
	chocolate (chocolate & cocoa products)	22,12 ± 21,5	17,43	58,29	24,34 ± 21,32	20	62,07	91%
	pastry goods	56,59 ± 55,47	44	158	63,3 ± 54,93	49,5	163,57	89%
	sugar & by-products including honey	18,38 ± 18,33	12,86	53,14	19,45 ± 18,30	14,11	54,43	94%
	dried fruits	0,23 ± 1,72	0	0	7,25 ± 6,71	5,64	21,43	3%
	fries / chips	13,14 ± 17,17	10,71	42,86	18,82 ± 17,76	14,29	42,86	70%
	fruits	83,54 ± 91,82	59,14	250	101,24 ± 91,80	76,29	267,95	83%
	potatoes	46 ± 40,19	37,68	121,43	53,58 ± 38,40	42,86	128,57	86%
	pulses	6,61 ± 13,43	0	28,57	22,58 ± 15,99	14,29	57,14	29%
	vegetables (leaf)	9,04 ± 18,17	0	42,86	22,35 ± 22,77	14,29	65,71	40%
	vegetables (others)	52,62 ± 38,03	45	121,14	54,55 ± 37,33	47,86	121,43	96%
	vegetables (root excluding potatoes)	12,85 ± 15,80	7,14	43,79	20,67 ± 15,49	14,29	52,14	62%
	crisps & ready-to-eat savouries (salted snacks & seeds)	2,16 ± 4,88	0	11,43	6,82 ± 6,61	4,29	19,29	32%
	mixed dishes	78,41 ± 66,24	64,29	196,57	83,32 ± 65,22	67,86	198,29	94%
	pizzas & quiches	17,91 ± 22,04	11,43	67,86	27,96 ± 21,85	22,86	71,43	64%
	products for special nutritional use (infant & dietetic formulae)	0,45 ± 13,43	0	0	154,30 ± 236,97	35,71	427,14	0%
	soups	41,15 ± 63,14	0	171,43	89,70 ± 65,84	71,43	214,29	46%
	spices/sauces/condiments	6,50 ± 6,43	5	18,43	7,24 ± 6,38	5,57	19,29	90%
	alcoholic beverages excluding beer & wine	1,11 ± 8,09	0	0	28,95 ± 30,43	21,43	57,14	4%
	beer & wine	0,71 ± 6,65	0	0	25,78 ± 31,55	18,57	90	3%
	coffee (green bean, filter, instant)	10,46 ± 45,76	0	67,86	63,78 ± 96,99	35,71	178,57	16%
	fruit juices	107,93 ± 129,08	71,43	331,43	144,57 ± 130,47	112,86	358,57	75%
	hot drinks (tea, infusion excluding cocoa powder)	8,44 ± 40,81	0	42,86	106,12 ± 103,31	71,43	342,86	8%
	soft drinks excluding fruit juices	89,74 ± 129,14	47,14	368,57	125,32 ± 137,23	82,86	434,29	72%
	waters (mineral, source, tap)	477,71 ± 273,63	444,29	981,43	491,22 ± 265,24	451,43	981,43	97%

Germany: Estimate of food consumption

Adults (>= 18 years), bw. mean=70.5 kg, n=19115

Representative for the Member State: national food consumption survey for the whole population

Nature	Foodgroup	Food item	Process	Reference of the survey	Nature of the survey	Methodology to collect the data	Geographical level	Mean ± SD total population	Median total population	95 % percentile total population	Mean ± SD consumers only	Median consumers only	95 % percentile consumers only	rate of consumers (%)
processed	sausages & ham	ham and bacon	smoking	NVS**	dietary survey	7 days diary record	national (urban & rural)	9,28+/-13,94	4.1	35.70	13,48+/-15,02	8.70	41.90	68.90
processed	sausages & ham	frankfurter type sausage	smoking	"	"	"	"	7,42+/-15,02	0	37.10	23,96+/-18,22	21.40	57.10	31.00
processed	meat with poultry	smoked meat sometimes cured	smoking	"	"	"	"	7,74+/-16,17	1.10	30.90	14,67+/-19,84	10.30	41.10	52.80
processed	fish / fish products	smoked fish	smoking	"	"	"	"	1,19+/-6,65	0.00	3.40	22,15+/-18,90	17.30	57.10	5.40
processed	fish / fish products	fish in oil	not available	"	"	"	"	1,22+/-5,08	0.00	8.60	13,89+/-10,81	10.70	31.70	8.80
processed	molluscs	canned mussel	not available	"	"	"	"	0,02+/-0,69	0.00	0.00	17,58+/-11,25	17.10	47.86	0.10
processed	vegetal oils	vegetal oil	not available	"	"	"	"	4,39+/-4,35	3.40	12.00	4,58+/-4,34	3.60	12.10	95.80
processed	vegetal oils	olive oil	not available	"	"	"	"	0,79+/-1,90	0.00	4.70	2,83+/-2,69	2.40	7.70	27.90
processed	vegetal oils	sunflower oil	not available	"	"	"	"	0,49+/-1,97	0.00	3.30	3,63+/-4,16	2.30	11.40	13.60
processed	margarine	margarine	not available	"	"	"	"	11,13+/-14,43	6.00	39.40	11,67+/-14,57	6.50	40.10	95.30
processed	nuts and oleaginous grains	rasped coconuts	not available	"	"	"	"	0,04+/-0,98	0.00	0.00	7,44+/-11,73	2.90	30.33	0.50
processed	cereals	green corn	not available	"	"	"	"	0,10+/-1,62	0.00	0.00	14,63+/-13,62	11.10	37.34	0.70
raw	fruits	some fruits*	no process	"	"	"	"	40,04+/-54,21	22.30	137.00	51,88+/-56,51	35.70	150.76	77.20
processed	dried fruits	plums, dried	not available	"	"	"	"	0,08+/-1,22	0.00	0.00	1,978+/-5,60	0.10	11.40	4.20
processed	waters (mineral, source, tap)	tap water	not available	"	"	"	"	108,11+/-104,42	84.30	268.73	108,11+/-104,42	84.30	268.73	100.00
processed	waters (mineral, source, tap)	mineral water	not available	"	"	"	"	148,83+/-234,18	53.60	606.78	229,59+/-257,02	143.60	719.16	64.80

* apple, plum, red currant, gooseberry

**National Food Consumption Survey (NVS-Nationale Verzehrsstudie) , Source: Database BgVV Berlin, Germany

Germany: Estimate of food consumption

Girls (4-6 years), bw. mean=20.7 kg, n=453

Representative for the Member State: national food consumption survey for the whole population

Nature	Foodgroup	Food item	Process	Reference of the survey	Nature of the survey	Methodology to collect the data	Geographical level	Mean ± SD total population	Median total population	95 % percentile total population	Mean ± SD consumers only	Median consumers only	95 % percentile consumers only	rate of consumers (%)
processed	sausages & ham	ham and bacon	smoking	NVS**	dietary survey	7 days diary record	national (urban & rural)	2,41+/-4,70	0.1	10.95	4,56+/-5,66	2.9	14.3	53
processed	sausages & ham	frankfurter type sausage	smoking	"	"	"	"	6,32+/-10,96	0	25.7	16,45+/-12,09	12.9	43.6	38.4
processed	meat with poultry	smoked meat sometimes cured	smoking	"	"	"	"	2,57+/-5,45	0	11.93	6,82+/-7,07	5.1	23.48	37.7
processed	fish / fish products	smoked fish	smoking	"	"	"	"	0,8+/-0,8	0.00	0.00	7,43+/-2,51	7.10	.	1.10
processed	fish / fish products	fish in oil	not available	"	"	"	"	0,26+/-1,75	0.00	0.00	7,78+/-6,0	5.70	.	3.30
processed	molluscs	canned mussel	not available	"	"	"	"							
processed	vegetal oils	vegetal oil	not available	"	"	"	"	2,65+/-2,45	2	7.6	2,71+/-2,45	2	7.6	97.8
processed	vegetal oils	olive oil	not available	"	"	"	"	0,48+/-1,39	0	2.76	1,79+/-2,20	1.1	6.74	26.9
processed	vegetal oils	sunflower oil	not available	"	"	"	"	0,23+/-0,85	0	1.4	1,56+/-1,68	1	5.3	15
processed	margarine	margarine	not available	"	"	"	"	7,58+/-8,79	4.2	25.34	7,62+/-8,80	4.2	25.42	99.6
processed	nuts and oleaginous grains	rasped coconuts	not available	"	"	"	"	0,01+/-0,08	0	0	1,25+/-0,21	1.25		0.4
processed	cereals	green corn	not available	"	"	"	"	0,17+/-1,66	0	0	9,85+/-8,34	8.85	.	1.8
raw	fruits	some fruits*	no process	"	"	"	"	37,35+/-37,29	29.4	112.58	44,17+/-36,64	33.6	124.72	84.5
processed	dried fruits	plums, dried	not available	"	"	"	"	0,02+/-0,22	0	0	0,58+/-1,27	0.05	.	2.6
processed	waters (mineral, source, tap)	tap water	not available	"	"	"	"	67,55+/-51,56	57	170.46	67,55+/-51,56	57	170.46	100
processed	waters (mineral, source, tap)	mineral water	not available	"	"	"	"	57,06+/-119,26	0.1	243.71	108,15+/-146,50	68.6	329.8	52.8

* apple, plum, red currant, gooseberry

**National Food Consumption Survey (NVS-Nationale Verzehrsstudie) , Source: Database BgVV Berlin, Germany

Germany: Estimate of food consumption

Children (10-12 years), bw. mean=40.95 kg, n=695

Representative for the Member State: national food consumption survey for the whole population

Nature	Foodgroup	Food item	Process	Reference of the survey	Nature of the survey	Methodology to collect the data	Geographical level	Mean ± SD total population	Median total population	95 % percentile total population	Mean ± SD consumers only	Median consumers only	95 % percentile consumers only	rate of consumers (%)
processed	sausages & ham	ham and bacon	smoking	NVS**	dietary survey	7 days diary record	national (urban & rural)	5,09+/-7,77	1.40	21.40	7,96+/-8,46	5.40	25.70	70.50
processed	sausages & ham	frankfurter type sausage	smoking	"	"	"	"	7,86+/-13,13	0.00	35.70	20,47+/-13,81	17.10	45.70	38.40
processed	meat with poultry	smoked meat sometimes cured	smoking	"	"	"	"	6,47+/-27,66	0.00	23.57	14,35+/-39,82	8.50	38.10	45.10
processed	fish / fish products	smoked fish	smoking	"	"	"	"	0,51+/-3,63	0.00	0.00	18,51+/-12,24	14.30	.	2.80
processed	fish / fish products	fish in oil	not available	"	"	"	"	0,39+/-2,32	0.00	0.00	8,85+/-7,05	6.35	25.70	4.40
processed	molluscs	canned mussel	not available	"	"	"	"	0,01+/-0,27	0.00	0.00	7.10	.	.	0.10
processed	vegetal oils	vegetal oil	not available	"	"	"	"	3,74+/-3,23	2.90	9.97	3,77+/-3,22	2.90	10.00	99.10
processed	vegetal oils	olive oil	not available	"	"	"	"	0,64+/-1,50	0.00	3.90	2,32+/-2,07	1.90	6.00	27.60
processed	vegetal oils	sunflower oil	not available	"	"	"	"	0,41+/-1,66	0.00	2.90	3,31+/-3,57	2.30	10.98	12.40
processed	margarine	margarine	not available	"	"	"	"	10,24+/-12,49	5.30	36.59	10,35+/-12,51	5.40	36.82	99.00
processed	nuts and oleaginous grains	rasped coconuts	not available	"	"	"	"	0,04+/-0,77	0.00	0.00	6,10+/-7,49	0.70	.	0.70
processed	cereals	green corn	not available	"	"	"	"	0,20+/-2,34	0.00	0.00	22,77+/-11,53	25.30	.	0.70
raw	fruits	some fruits*	no process	"	"	"	"	47,64+/-47,02	35.00	139.89	55,03+/-46,33	45.70	148.50	86.60
processed	dried fruits	plums, dried	not available	"	"	"	"	0,06+/-1,12	0.00	0.00	1,57+/-5,66	0.10	20.69	3.80
processed	waters (mineral, source, tap)	tap water	not available	"	"	"	"	85,72+/-66,13	73.30	204.93	85,72+/-66,13	73.30	204.93	100.00
processed	waters (mineral, source, tap)	mineral water	not available	"	"	"	"	80,85+/-148,25	0.10	412.90	157,34+/-175,38	97.10	523.15	51.40

* apple, plum, red currant, gooseberry

**National Food Consumption Survey (NVS-Nationale Verzehrsstudie) , Source: Database BgVV Berlin, Germany

Germany: Estimate of food consumption

Youth (15-17 years), bw. mean=62.0 kg, n=933

Representative for the Member State: national food consumption survey for the whole population

Nature	Foodgroup	Food item	Process	Reference of the survey	Nature of the survey	Methodology to collect the data	Geographical level	Mean \pm SD total population	Median total population	95 % percentile total population	Mean \pm SD consumers only	Median consumers only	95 % percentile consumers only	rate of consumers (%)
processed	sausages & ham	ham and bacon	smoking	NVS**	dietary survey	7 days diary record	national (urban & rural)	7,56+/-12,16	2.6	30.3	11,34+/-13,38	7.1	35.655	66.7
processed	sausages & ham	frankfurter type sausage	smoking	"	"	"	"	8,30+/-16,83	0	45.7	25,13+/-20,86	22.9	64.3	33
processed	meat with poultry	smoked meat sometimes cured	smoking	"	"	"	"	6,19+/-11,52	0	30	14,72+/-13,79	10.3	42.91	44.8
processed	fish / fish products	smoked fish	smoking	"	"	"	"	0,35+/-3,24	0	0	21,95+/-13,87	21.4	.	1.6
processed	fish / fish products	fish in oil	not available	"	"	"	"	0,81+/-4,21	0	0.27	16,33+/-10,37	14.3	38.3	5.3
processed	molluscs	canned mussel	not available	"	"	"	"	0,01+/-0,23	0	0	7.1			0.1
processed	vegetal oils	vegetal oil	not available	"	"	"	"	4,58+/-4,00	3.8	12.03	4,68+/-3,99	3.9	12.16	97.9
processed	vegetal oils	olive oil	not available	"	"	"	"	1,25+/-2,36	0	5.46	3,32+/-2,82	2.9	8.3	37.6
processed	vegetal oils	sunflower oil	not available	"	"	"	"	0,43+/-1,86	0	2.9	3,29+/-4,16	1.9	12.96	13
processed	margarine	margarine	not available	"	"	"	"	10,82+/-14,21	5.7	37.35	11,23+/-14,32	6.1	37.9	96.4
processed	nuts and oleaginous grains	rasped coconuts	not available	"	"	"	"	0,07+/-1,08	0	0	8,90+/-9,49	6.1	.	0.8
processed	cereals	green corn	not available	"	"	"	"							
raw	fruits	some fruits*	no process	"	"	"	"	40,33+/-49,71	24.6	140.66	50,78+/-50,80	35.7	149.26	79.4
processed	dried fruits	plums, dried	not available	"	"	"	"	0,01+/-0,21	0	0	0,37+/-1,12	0.1	4.075	3.4
processed	waters (mineral, source, tap)	tap water	not available	"	"	"	"	92,69+/-84,84	70.95	230.06	92,69+/-84,84	70.95	230.06	100
processed	waters (mineral, source, tap)	mineral water	not available	"	"	"	"	98,51+/-166,89	14.3	428.6	178,13+/-190,26	118.3	559.245	55.4

* apple, plum, red currant, gooseberry

**National Food Consumption Survey (NVS-Nationale Verzehrsstudie) , Source: Database BgVV Berlin, Germany

Greece: Estimate of food consumption

Representative for the Member State: Nationally representative

Reference of the survey: HBS/1998-9

Nature of the survey: Household budget survey

Nature	Foodgroup	Food item	Process	Methodology to collect the data	Geographical level	Mean \pm SD total population	Median total population	95 % percentile total population	Mean \pm SD consumers only	Median consumers only	95 % percentile consumers only	rate of consumers (%)
processed	cereals & cereal products	Bread (all types)	not available	14-day food accounts diary	national (urban & rural)	167 (\pm 98)	153	356	170 (\pm 97)	154	357	98
processed	cereals & cereal products	Rusks	not available	14-day food accounts diary	national (urban & rural)	6.4 (\pm 16.5)	0	32	18 (\pm 24)	11	52	37
processed	cereals & cereal products	Bakery products (incl. biscuits, crackers, buns, cheese pies, cream pies, pita bread).	not available	14-day food accounts diary	national (urban & rural)	11 (\pm 20)	0	47	24 (\pm 23)	18	70	41
processed	cereals & cereal products	Pastry products (cakes, buns, cheese pies, cheese-ham pies, pizza etc.)	not available	14-day food accounts diary	national (urban & rural)	0.03 (\pm 3)	0	0	100 (\pm 138)	11	279	0.3
processed	cereals & cereal products	Cereals and flour	not available	14-day food accounts diary	national (urban & rural)	23 (\pm 64)	0	91	50 (\pm 89)	31	143	41
processed	cereals & cereal products	Other cereal based products (e.g. breakfast cereals, quacker, pop corn, corn on the knob, cereal-based savory snacks, baby food and dietary products)	not available	14-day food accounts diary	national (urban & rural)	2.5 (\pm 7)	0	16	12 (\pm 11)	9	32	17
raw	meat & meat products	Beef, fresh	no process	14-day food accounts diary	national (urban & rural)	0.6 (\pm 7.2)	0	0	42 (\pm 42)	30	93	1.4
raw	meat & meat products	Veal, fresh	no process	14-day food accounts diary	national (urban & rural)	52 (\pm 53)	40	143	66 (\pm 52)	54	161	74
processed	meat & meat products	Beef, frozen	frying	14-day food accounts diary	national (urban & rural)	0.1 (\pm 3)	0	0	34 (\pm 34)	27	78	0.3
processed	meat & meat products	Veal, frozen	frying	14-day food accounts diary	national (urban & rural)	1.2 (\pm 7.4)	0	0	31 (\pm 22)	24	71	3.4
raw	meat & meat products	Pork, fresh	no process	14-day food accounts diary	national (urban & rural)	22 (\pm 40)	0	89	52 (\pm 46)	37	129	37
processed	meat & meat products	Pork, frozen	frying	14-day food accounts diary	national (urban & rural)	0.03 (\pm 1.3)	0	0	35 (\pm 24)	20	71	0.1

Greece: Estimate of food consumption

Representative for the Member State: Nationally representative

Reference of the survey: HBS/1998-9

Nature of the survey: Household budget survey

Nature	Foodgroup	Food item	Process	Methodology to collect the data	Geographical level	Mean \pm SD total population	Median total population	95 % percentile total population	Mean \pm SD consumers only	Median consumers only	95 % percentile consumers only	rate of consumers (%)
raw	meat & meat products	Lamb and kid, fresh	no process	14-day food accounts diary	national (urban & rural)	19 (\pm 61)	0	117	94 (\pm 105)	60	286	19
raw	meat & meat products	Sheep and goat, fresh	no process	14-day food accounts diary	national (urban & rural)	2.8 (\pm 21.8)	0	0	72 (\pm 85)	54	179	3.5
processed	meat & meat products	Lamb and kid, frozen	frying	14-day food accounts diary	national (urban & rural)	0.4 (\pm 7.3)	0	0	69 (\pm 66)	48	232	0.5
processed	meat & meat products	Sheep and goat, frozen	frying	14-day food accounts diary	national (urban & rural)	0.03 (\pm 1.5)	0	0	56 (\pm 20)	48	86	0.1
processed	meat & meat products	Poultry, fresh	frying	14-day food accounts diary	national (urban & rural)	37 (\pm 42)	29	111	56 (\pm 40)	45	132	63
processed	meat & meat products	Poultry, frozen	frying	14-day food accounts diary	national (urban & rural)	1.3 (\pm 11.7)	0	0	41 (\pm 51)	32	104	2.8
raw	meat & meat products	Cold cut, cured meat, matured meat etc.	no process	14-day food accounts diary	national (urban & rural)	6.1 (\pm 12.9)	0	29	17 (\pm 17)	12	48	31
processed	meat & meat products	Ham and bacon	not available	14-day food accounts diary	national (urban & rural)	2.3 (\pm 5.6)	0	13	10 (\pm 8)	9	24	19
raw	meat & meat products	Offal	no process	14-day food accounts diary	national (urban & rural)	1.6 (\pm 9.5)	0	8.9	29 (\pm 29)	19	78	5
processed	meat & meat products	Canned meat and other meat products	not available	14-day food accounts diary	national (urban & rural)	0.4 (\pm 2.8)	0	0	12 (\pm 11)	9	35	2.8
raw	meat & meat products	Other types of meat, fresh (rabbit, pigeon,	no process	14-day food accounts diary	national (urban & rural)	1.8 (\pm 11.7)	0	0	47 (\pm 37)	36	107	3.6
processed	meat & meat products	Other types of meat, frozen	frying	14-day food accounts diary	national (urban & rural)	0.1 (\pm 1.9)	0	0	24 (\pm 13)	24	43	0.4
raw	fish & fish products	Fish (Quality A), fresh	no process	14-day food accounts diary	national (urban & rural)	6.0 (\pm 20)	0	36	41 (\pm 36)	36	95	15
raw	fish & fish products	Fish (Quality B), fresh	no process	14-day food accounts diary	national (urban & rural)	6.1 (\pm 17.1)	0	36	37 (\pm 25)	29	89	16

Greece: Estimate of food consumption

Representative for the Member State: Nationally representative

Reference of the survey: HBS/1998-9

Nature of the survey: Household budget survey

Nature	Foodgroup	Food item	Process	Methodology to collect the data	Geographical level	Mean \pm SD total population	Median total population	95 % percentile total population	Mean \pm SD consumers only	Median consumers only	95 % percentile consumers only	rate of consumers (%)
raw	fish & fish products	Fish (Quality C), fresh	no process	14-day food accounts diary	national (urban & rural)	18 (\pm 28.2)	0	71	41 (\pm 30)	36	95	41
processed	fish & fish products	Fish (Quality A, B and C), frozen	frying	14-day food accounts diary	national (urban & rural)	5.5 (\pm 18.5)	0	36	39 (\pm 33)	30	89	14
raw	fish & fish products	Fresh seafood (incl. snails)	no process	14-day food accounts diary	national (urban & rural)	2.6 (\pm 16.6)	0	18	37 (\pm 51)	25	95	6.4
processed	fish & fish products	Frozen seafood (incl. snails)	frying	14-day food accounts diary	national (urban & rural)	3.4 (\pm 12.6)	0	24	31 (\pm 25)	24	71	9.8
processed	fish & fish products	Cured, dried and smoked fish (hake excluded)	drying, smoking	14-day food accounts diary	national (urban & rural)	0.6 (\pm 3.6)	0	2.7	10 (\pm 12)	6	33	5.1
raw	fish & fish products	Cured hake	no process	14-day food accounts diary	national (urban & rural)	1.8 (\pm 8.8)	0	14	32 (\pm 20)	27	71	5.6
processed	fish & fish products	Canned fish, fish roe, caviar, fish pies	not available	14-day food accounts diary	national (urban & rural)	1.5 (\pm 5.8)	0	10	12 (\pm 12)	8	34	13
processed	milk / dairy products	Milk, fresh	pasteurizing	14-day food accounts diary	national (urban & rural)	112 (\pm 141)	54	393	189 (\pm 138)	167	429	57
processed	milk / dairy products	Low-fat milk	not available	14-day food accounts diary	national (urban & rural)	33 (\pm 88)	0	250	164 (\pm 129)	143	411	20
processed	milk / dairy products	Condensed milk (sweetened and unsweetened)	not available	14-day food accounts diary	national (urban & rural)	30 (\pm 59)	0	146	69 (\pm 73)	46	201	39
processed	milk / dairy products	Dried milk	not available	14-day food accounts diary	national (urban & rural)	1.0 (\pm 7.3)	0	0	32 (\pm 26)	24	80	2.4
processed	milk / dairy products	Soft cheese	not available	14-day food accounts diary	national (urban & rural)	31 (\pm 32)	24	87	39 (\pm 32)	34	93	76
processed	milk / dairy products	Hard cheese	not available	14-day food accounts diary	national (urban & rural)	14 (\pm 21)	8.9	50	23 (\pm 22)	18	60	58
processed	milk / dairy products	Chocolate milk	not available	14-day food accounts diary	national (urban & rural)	2.9 (\pm 17.6)	0	14	38 (\pm 52)	18	118	6.3

Greece: Estimate of food consumption

Representative for the Member State: Nationally representative

Reference of the survey: HBS/1998-9

Nature of the survey: Household budget survey

Nature	Foodgroup	Food item	Process	Methodology to collect the data	Geographical level	Mean \pm SD total population	Median total population	95 % percentile total population	Mean \pm SD consumers only	Median consumers only	95 % percentile consumers only	rate of consumers (%)
raw	vegetables	Vegetables, fresh	no process	14-day food accounts diary	national (urban & rural)	248 (\pm 187)	212	596	258 (\pm 184)	217	607	94
processed	vegetables	Vegetables, processed (incl. olives)	not available	14-day food accounts diary	national (urban & rural)	23 (\pm 35)	14	81	35 (\pm 38)	24	94	61
raw	fruits	Fruit, fresh	no process	14-day food accounts diary	national (urban & rural)	305 (\pm 273)	238	819	329 (\pm 270)	262	836	91
processed	fruits	Fruit, dried and preserved	not available	14-day food accounts diary	national (urban & rural)	0.47 (\pm 3.4)	0	0	12 (\pm 13)	9	36	3.7
raw	vegetal oils	Olive oil	no process	14-day food accounts diary	national (urban & rural)	66 (\pm 169)	42	161	87 (\pm 188)	56	166	75
processed	vegetal oils	Vegetable oils	not available	14-day food accounts diary	national (urban & rural)	11 (\pm 31)	0	64	50 (\pm 50)	32	141	20
raw	sugar & by-products including honey	Honey, syrup, glucose	no process	14-day food accounts diary	national (urban & rural)	2.8 (\pm 11.9)	0	18	18 (\pm 26)	11	56	14
processed	coffee	Coffee (beans or ground)	not available	14-day food accounts diary	national (urban & rural)	5.1 (\pm 6.4)	3.6	17	7 (\pm 7)	5	18	67
raw	beverages alcoholic	Wine (mL)	no process	14-day food accounts diary	national (urban & rural)	23 (\pm 67)	0	137	90 (\pm 109)	54	274	24
raw	beverages alcoholic	Sparkling wine (mL)	no process	14-day food accounts diary	national (urban & rural)	0.2 (\pm 8.3)	0	0	65 (\pm 104)	21	413	0.3

Ireland: Estimate of food consumption (adults, 18-64 years old)

Adults n =958 , all population, age > 18-64, average weight = 75 kg for Ireland

dietary survey: NSFCS 1997-1999, 7 days diary record

Representative for the Member State: national consumption for adult (18-64 years)

Nature	Foodgroup	Food item	Process	Geographical level	Mean ± SD consumers only	Median consumers only	95 % percentile consumers only	rate of consumers (%)	Remarks
processed	vegetal oils	Evening primrose oil supplements	not available	national (urban & rural)	164.9 ± 128.6	100.0	600.0	4.0	Food supplement capsules
processed	fish / fish products	Smoked Salmon Pasta with Creamy Tomato Sauce	smoking (traditional)	national (urban & rural)	20.4 ± 7.3	20.4	25.5	0.2	weight corresponds to fish only
processed	fish / fish products	Smoked Salmon White Sauce	smoking (traditional)	national (urban & rural)	80.5 ± 23.8	87.8	99.7	0.3	weight corresponds to fish only
processed	fish / fish products	Brisling canned in soya oil	not available	national (urban & rural)	82.0±.	82.0	82.0	0.1	
processed	fish / fish products	Smoked Salmon Pate	smoking (traditional)	national (urban & rural)	10.0±.	10.0	10.0	0.1	
processed	fish / fish products	Smoked Haddock fried in Oil	smoking (traditional)	national (urban & rural)	150.0±.	150.0	150.0	0.1	
processed	vegetal oils	Golden Vale Golden Olive	not available	national (urban & rural)	20.1 ± 14.0	16.6	50.6	3.7	
processed	fish / fish products	Cod, smoked, poached	smoking (traditional)	national (urban & rural)	149.0 ± 46.6	158.0	190.0	0.5	
processed	fish / fish products	Haddock, smoked, raw	smoking (traditional)	national (urban & rural)	50.0±.	50.0	50.0	0.1	
processed	fish / fish products	Haddock, smoked, poached	smoking (traditional)	national (urban & rural)	158.7 ± 36.5	147.0	227.0	1.0	
processed	fish / fish products	Haddock, smoked, steamed	smoking (traditional)	national (urban & rural)	132.3 ± 15.3	123.5	150.0	0.3	
processed	fish / fish products	Mackerel, smoked	smoking (traditional)	national (urban & rural)	112.0 ± 33.6	100.0	150.0	0.3	
processed	fish / fish products	Salmon, smoked	not available	national (urban & rural)	53.1 ± 23.8	56.0	114.6	3.7	
processed	fish / fish products	Sardines, canned in oil, drained	not available	national (urban & rural)	85.0 ± 38.9	90.0	120.0	0.6	
processed	fish / fish products	Tuna, canned in oil, drained	not available	national (urban & rural)	69.8 ± 30.2	60.0	146.3	4.6	
processed	fish / fish products	Mackerel pate, smoked	not available	national (urban & rural)	85.0±.	85.0	85.0	0.1	
processed	vegetal oils	Corn oil	not available	national (urban & rural)	6.0±.	6.0	6.0	0.1	oil used for cooking not included
processed	vegetal oils	Olive oil	not available	national (urban & rural)	10.5 ± 5.3	10.5	21.3	2.7	oil used for cooking not included
processed	vegetal oils	Rapeseed oil	not available	national (urban & rural)	4.0 ± 2.8	4.0	6.0	0.2	oil used for cooking not included
processed	vegetal oils	Soya oil	not available	national (urban & rural)	15.0±.	15.0	15.0	0.1	oil used for cooking not included
processed	vegetal oils	Sunflower oil	not available	national (urban & rural)	7.8 ± 3.1	8.0	14.2	1.0	oil used for cooking not included
processed	vegetal oils	Vegetable oil, blended, average	not available	national (urban & rural)	8.9 ± 4.3	8.0	18.5	3.3	oil used for cooking not included
processed	sausages & ham	Bacon rashers, back, smoked, grilled	smoking (traditional)	national (urban & rural)	46.0 ± 18.8	46.0	69.0	0.4	
processed	sausages & ham	Ham, Parma	smoking (traditional)	national (urban & rural)	22.2 ± 13.3	17.0	47.0	0.6	

Ireland: Estimate of food consumption (All population)

Food group code	Food name	Reference	Year(s)	Population	Data (g/day) ¹	
					Mean	High consumers 95 percentile
1	Dairy products	IR 1	98/99	958	310.62	660.84
1.1.2	Whole Milk	IR 1	98/99	958	187.75	542.88
1.1.2	Semi-skimmed milk	IR 1	98/99	958	47.69	286.81
1.7	Puddings	IR 1	98/99	958	13.80	64.29
1.6	Cheeses	IR 1	98/99	958	13.17	42.90
1.1.2	Skimmed milk	IR 1	98/99	958	9.51	51.52
1.7	Puddings & chilled deserts	IR 1	98/99	958	8.69	45.17
1.7	Ice creams	IR 1	98/99	958	7.44	34.29
1.2	Whole milk yogurts	IR 1	98/99	958	7.28	48.01
1.2	Low fat yogurts	IR 1	98/99	958	6.66	53.57
1.1.4	Milk based drinks	IR 1	98/99	958	2.44	0.00
1.1.2	Other milks	IR 1	98/99	958	1.88	0.00
1.1.4	Processed milks	IR 1	98/99	958	1.72	0.00
1.4.1	Fresh creams (pasteurised)	IR 1	98/99	958	1.66	8.57
1.2	Other yogurts	IR 1	98/99	958	0.79	0.00
1.2	Yoghurts	IR 1	98/99	958	0.11	0.00
1.4.1	Frozen creams (pasteurised)	IR 1	98/99	958	0.02	0.00
1.4.2	UHT creams	IR 1	98/99	958	0.01	0.00
1.4.4	Imitation creams	IR 1	98/99	958	0.00	0.00
2	Fats and oils	IR 1	98/99	958	23.47	59.14
2.2.3	Spreading fats	IR 1	98/99	958	16.34	48.30
2.1.3	Animal fats	IR 1	98/99	958	6.00	31.01
2.2.2	Butters	IR 1	98/99	958	0.75	2.29
2.1.2	Oils	IR 1	98/99	958	0.38	1.58
2.1.2	Non-animal fats	IR 1	98/99	958	0.01	0.00
4	Fruits and vegetables	IR 1	98/99	958	443.37	950.01
4.2	Potatoes	IR 1	98/99	958	191.79	557.35
4.1	Fruit, general	IR 1	98/99	958	96.49	333.84
4.2.2	Chipped old potatoes	IR 1	98/99	958	46.04	152.28
4.2	Fruit vegetables	IR 1	98/99	958	27.49	86.94
4.2	Root vegetables	IR 1	98/99	958	24.78	69.86
4.2	Brassica	IR 1	98/99	958	21.92	68.05
4.2	Beans & Lentils	IR 1	98/99	958	11.79	50.04
4.2	Peas	IR 1	98/99	958	9.47	39.14
4.2	Leafy vegetables	IR 1	98/99	958	3.96	16.43
4.2.2	Potato products	IR 1	98/99	958	3.42	17.93
4.2	Mushrooms	IR 1	98/99	958	2.24	12.89
4.2	Mixed vegetables	IR 1	98/99	958	1.74	12.86
4.2.2	Nuts & Seeds, general	IR 1	98/99	958	1.19	7.14
4.2	Stem vegetables	IR 1	98/99	958	0.91	4.29
4.1	Fruit	IR 1	98/99	958	0.12	0.00
4.2	Fresh herbs	IR 1	98/99	958	0.02	0.00
5	Confectionery	IR 1	98/99	958	12.72	47.57
5.1	Chocolate confectionery	IR 1	98/99	958	11.39	43.59
5.2	Non-chocolate confectionery	IR 1	98/99	958	1.24	7.72
5.3	Confectionery (Chewing gum)	IR 1	98/99	958	0.09	0.00
6	Cereals and cereal products	IR 1	98/99	958	59.41	189.21
6.3	Breakfast Cereals	IR 1	98/99	958	39.02	160.00
6.1	Rice	IR 1	98/99	958	10.52	51.43
6.4	Pasta	IR 1	98/99	958	9.57	57.16
6.2	Flours, grains and starches	IR 1	98/99	958	0.31	0.00
7	Bakery wares	IR 1	98/99	958	175.71	342.51
7.1.1	Breads	IR 1	98/99	958	126.99	281.32
7.1.1	Rolls	IR 1	98/99	958	15.90	58.02
7.2.1	Biscuits	IR 1	98/99	958	15.01	50.19
7.2.1	Cakes	IR 1	98/99	958	11.70	50.02
7.2.2	Buns and pastries	IR 1	98/99	958	6.01	31.43
7.2.3	Pastry (mixed, doughs)	IR 1	98/99	958	0.10	0.00

Ireland: Estimate of food consumption (All population)

Food group code	Food name	Reference	Year(s)	Population	Data (g/day) ¹	
					Mean	High consumers 95 percentile
8	Meat and meat products	IR 1	98/99	958	87.85	192.71
8.2, 8.3	Meat products	IR 1	98/99	958	29.90	94.73
8.2.1.1	Bacon	IR 1	98/99	958	29.28	80.89
8.1.1	Chicken	IR 1	98/99	958	18.04	61.59
8.1.1	Beef	IR 1	98/99	958	17.62	67.94
8.1.1	Pork	IR 1	98/99	958	10.43	48.57
8.1.1	Lamb	IR 1	98/99	958	8.73	42.86
8.1.1	Turkey	IR 1	98/99	958	2.41	15.59
8.4	Offal	IR 1	98/99	958	0.88	0.00
8.1.1	Duck	IR 1	98/99	958	0.28	0.00
8.1.1	Venison	IR 1	98/99	958	0.10	0.00
8.1.1	Veal	IR 1	98/99	958	0.05	0.00
8.1.1	Rabbit	IR 1	98/99	958	0.02	0.00
8.1.1	Pheasant	IR 1	98/99	958	0.02	0.00
9	Fish and fish products	IR 1	98/99	958	23.31	74.86
9	fish and fish products intake	IR 1	98/99	958	22.55	73.30
9.4	canned Brisling	IR 1	98/99	958	0.02	0.00
9.4	canned Herring	IR 1	98/99	958	0.02	0.00
9.4	canned Kippers	IR 1	98/99	958	0.05	0.00
9.4	canned Mackerel	IR 1	98/99	958	0.07	0.00
9.4	canned Salmon	IR 1	98/99	958	0.93	6.60
9.4	canned Sardines	IR 1	98/99	958	0.28	0.00
9.4	canned Tuna	IR 1	98/99	958	1.97	14.29
9.1	fresh Cod	IR 1	98/99	958	0.02	0.00
9.1	fresh John Dory	IR 1	98/99	958	0.04	0.00
9.1	fresh Rock Salmon	IR 1	98/99	958	0.02	0.00
9.1	fresh Seabass	IR 1	98/99	958	0.03	0.00
9.1	fresh Trout	IR 1	98/99	958	0.01	0.00
9.1	fresh Tuna	IR 1	98/99	958	0.07	0.00
9.2	processed Cod	IR 1	98/99	958	7.00	35.04
9.2	processed Coley	IR 1	98/99	958	0.05	0.00
9.2	processed Fish	IR 1	98/99	958	0.41	0.00
9.2	processed Haddock	IR 1	98/99	958	1.22	4.73
9.2	processed Hake	IR 1	98/99	958	0.01	0.00
9.2	processed Herring	IR 1	98/99	958	0.07	0.00
9.2	processed Kedgeree	IR 1	98/99	958	0.03	0.00
9.2	processed Kippers	IR 1	98/99	958	0.12	0.00
9.2	processed Lemon Sole	IR 1	98/99	958	0.24	0.00
9.2	processed Mackerel	IR 1	98/99	958	0.30	0.00
9.2	processed Monkfish	IR 1	98/99	958	0.07	0.00
9.2	processed Mullet	IR 1	98/99	958	0.01	0.00
9.2	processed Plaice	IR 1	98/99	958	1.42	0.00
9.2	processed Rainbow Trout	IR 1	98/99	958	0.45	0.00
9.2	processed Rock Salmon	IR 1	98/99	958	0.04	0.00
9.2	processed salmon	IR 1	98/99	958	4.76	42.86
9.2	processed Sea Bass	IR 1	98/99	958	0.02	0.00
9.2	processed Skate	IR 1	98/99	958	0.20	0.00
9.2	processed Swordfish	IR 1	98/99	958	0.02	0.00
9.2	processed Trout	IR 1	98/99	958	0.22	0.00
9.2	processed Tuna	IR 1	98/99	958	0.12	0.00
9.2	processed Whiting	IR 1	98/99	958	1.24	0.00
9.3	semi-preserved Caviare	IR 1	98/99	958	0.00	0.00
9.3	semi-preserved Cod	IR 1	98/99	958	0.11	0.00
9.3	semi-preserved Haddock	IR 1	98/99	958	0.33	0.00
9.3	semi-preserved Herring	IR 1	98/99	958	0.03	0.00
9.3	semi-preserved Mackerel	IR 1	98/99	958	0.09	0.00
9.3	semi-preserved salmon	IR 1	98/99	958	0.42	0.00
9	mollusks	IR 1	98/99	958	0.08	0.00
9.2	processed Mussels	IR 1	98/99	958	0.04	0.00
9.2	processed Scallops	IR 1	98/99	958	0.04	0.00
9	crustaceans	IR 1	98/99	958	0.57	2.59
9.1.4	fresh Prawns	IR 1	98/99	958	0.04	0.00
9.2	processed Crab	IR 1	98/99	958	0.08	0.00
9.2	processed Lobster	IR 1	98/99	958	0.00	0.00
9.2	processed Prawn	IR 1	98/99	958	0.26	0.00
9.2	processed Scampi	IR 1	98/99	958	0.18	0.00
9.2	processed Squid	IR 1	98/99	958	0.01	0.00
9	mixed seafood	IR 1	98/99	958	0.11	0.00
9.2	processed Seafood	IR 1	98/99	958	0.11	0.00

Ireland: Estimate of food consumption (All population)

Food group code	Food name	Reference	Year(s)	Population	Data (g/day) ¹	
					Mean	High consumers 95 percentile
10	Eggs and egg products	IR 1	98/99	958	18.32	57.01
10.1	Cooked eggs	IR 1	98/99	958	14.68	50.01
10	Savoury egg dishes	IR 1	98/99	958	3.64	21.50
11	Sweeteners including honey	IR 1	98/99	958	21.74	72.14
11	Sugars, syrups & preserves	IR 1	98/99	958	21.74	72.14
12	Salt, spices, soups, sauces, salads, protein products, etc	IR 1	98/99	958	42.57	142.01
12.6	Sauces	IR 1	98/99	958	17.67	57.45
12.5.1	Homemade soups	IR 1	98/99	958	13.07	66.06
12.5.2	Packet soups	IR 1	98/99	958	5.87	34.30
12.5.1	Soups	IR 1	98/99	958	2.66	27.16
12.5.1	Canned soups	IR 1	98/99	958	2.24	0.00
12.6.1	Salad sauces, dressings & pickles	IR 1	98/99	958	0.28	2.14
12.6.3	Miscellaneous foods (stock cubes)	IR 1	98/99	958	0.26	0.00
12.6.2	Pickles and chutneys	IR 1	98/99	958	0.18	0.00
12.6	Dairy sauces	IR 1	98/99	958	0.18	0.00
12.6.2	Non-salad sauces	IR 1	98/99	958	0.16	0.00
12.2	Dried herbs and spices	IR 1	98/99	958	0.00	0.00
14	Beverages	IR 1	98/99	958	1555.44	3116.95
14.1.1	Daily intake of water	IR 1	98/99	958	273.28	1085.44
14.1.5	Infusions	IR 1	98/99	958	659.54	1363.72
14.1.4.1	Carbonated drinks	IR 1	98/99	958	118.22	461.51
14.1.5.1	Powdered drinks and essences (cocoa and coffee powders)	IR 1	98/99	958	88.03	746.54
14.1.2	Fruit juices	IR 1	98/99	958	31.89	150.17
14.1.4.3	Squash and cordials	IR 1	98/99	958	11.43	68.63
14.1.2	Juices	IR 1	98/99	958	0.34	0.00
14.1.4	Soft drinks	IR 1	98/99	958	0.07	0.00
14.2.1	Beers	IR 1	98/99	958	314.58	1541.71
14.2.3	Wines	IR 1	98/99	958	24.55	142.72
14.2.2	Ciders	IR 1	98/99	958	23.22	47.14
14.2.6	Spirits	IR 1	98/99	958	6.69	36.37
14.3	Alcoholic beverages (Alcopops, irish coffee, etc)	IR 1	98/99	958	2.54	0.00
14.2.3.3	Liquers	IR 1	98/99	958	0.60	2.59
14.2.3.3	Fortified wines	IR 1	98/99	958	0.45	0.00
15	Ready to eat savouries	IR 1	98/99	958	5.25	22.86
15.1	Potato-based snacks	IR 1	98/99	958	4.23	19.32
15.1	Savoury snacks (corn snacks, tortilla chips, etc)	IR 1	98/99	958	0.52	4.29
15.1	Non-potato snacks (pop corn, pretzels, etc)	IR 1	98/99	958	0.40	2.58
15.1	Potato and mixed cereal snacks	IR 1	98/99	958	0.10	0.00
16	Composites	IR 1	98/99	958	146.18	342.24
16	Meat dishes	IR 1	98/99	958	70.85	207.76
16	Vegetable Dishes	IR 1	98/99	958	24.56	89.69
16	Savouries	IR 1	98/99	958	20.87	87.55
Total		IR 1	98/99		2925.95	4655.27

Ireland: Estimate of food consumption (Consumers only)

Food group code	Food name	Reference	Year(s)	Consumers		Data (g/day) ¹	
				% consumers	Mean	High consumers 95 percentile	
1	Dairy products	IR 1	98/99	100.0	310.62	660.84	
1.6	Cheeses	IR 1	98/99	75.2	17.53	48.12	
1.4.1	Fresh creams (pasteurised)	IR 1	98/99	23.1	7.21	17.11	
1.4.1	Frozen creams (pasteurised)	IR 1	98/99	0.2	7.50	10.71	
1.7	Ice creams	IR 1	98/99	38.8	19.17	51.43	
1.4.4	Imitation creams	IR 1	98/99	0.1	2.14	2.14	
1.2	Low fat yogurts	IR 1	98/99	13.5	49.49	123.21	
1.1.4	Milk based drinks	IR 1	98/99	3.2	75.42	257.49	
1.1.2	Other milks	IR 1	98/99	1.1	163.52	511.14	
1.2	Other yogurts	IR 1	98/99	3.1	25.09	94.29	
1.1.4	Processed milks	IR 1	98/99	1.3	137.01	568.00	
1.7	Puddings	IR 1	98/99	40.5	34.08	94.44	
1.7	Puddings & chilled deserts	IR 1	98/99	30.3	28.69	69.99	
1.1.2	Semi-skimmed milk	IR 1	98/99	28.7	166.14	430.03	
1.1.2	Skimmed milk	IR 1	98/99	6.4	149.36	407.89	
1.4.2	UHT creams	IR 1	98/99	0.4	3.04	4.86	
1.1.2	Whole Milk	IR 1	98/99	89.8	209.14	567.56	
1.2	Whole milk yogurts	IR 1	98/99	18.4	39.60	93.66	
1.2	Yoghurts	IR 1	98/99	0.6	17.31	23.86	
2	Fats and oils	IR 1	98/99	97.0	24.20	59.36	
2.2.3	Spreading fats	IR 1	98/99	82.5	19.82	50.06	
2.1.3	Animal fats	IR 1	98/99	44.9	13.36	44.79	
2.2.2	Butters	IR 1	98/99	7.7	9.72	46.61	
2.1.2	Oils	IR 1	98/99	9.3	4.07	11.00	
2.1.2	Non-animal fats	IR 1	98/99	0.2	3.00	5.57	
4	Fruits and vegetables	IR 1	98/99	100.0	443.37	950.01	
4.2	Beans & Lentils	IR 1	98/99	46.1	25.55	63.75	
4.2	Brassica	IR 1	98/99	73.9	29.66	74.16	
4.2.2	Chipped old potatoes	IR 1	98/99	75.1	61.34	173.57	
4.2	Fresh herbs	IR 1	98/99	1.0	1.99	9.00	
4.1	Fruit	IR 1	98/99	0.4	28.14	46.86	
4.2	Fruit vegetables	IR 1	98/99	77.9	35.31	92.52	
4.1	Fruit, general	IR 1	98/99	76.7	125.76	375.14	
4.2	Leafy vegetables	IR 1	98/99	58.5	6.78	21.43	
4.2	Mixed vegetables	IR 1	98/99	8.6	20.32	48.44	
4.2	Mushrooms	IR 1	98/99	20.8	10.77	30.86	
4.2.2	Nuts & Seeds, general	IR 1	98/99	14.3	8.33	28.57	
4.2	Peas	IR 1	98/99	56.8	16.68	46.39	
4.2.2	Potato products	IR 1	98/99	11.0	31.23	94.90	
4.2	Potatoes	IR 1	98/99	96.7	198.42	563.24	
4.2	Root vegetables	IR 1	98/99	87.3	28.40	72.86	
4.2	Stem vegetables	IR 1	98/99	7.2	12.63	31.86	
5	Confectionery	IR 1	98/99	65.2	19.50	54.54	
5.1	Chocolate confectionery	IR 1	98/99	60.3	18.88	53.16	
5.2	Non-chocolate confectionery	IR 1	98/99	18.1	6.84	24.29	
5.3	Confectionery (Chewing gum)	IR 1	98/99	3.3	2.81	12.18	
6	Cereals and cereal products	IR 1	98/99	83.1	71.50	200.71	
6.3	Breakfast Cereals	IR 1	98/99	72.7	53.70	166.56	
6.4	Pasta	IR 1	98/99	23.7	40.39	95.09	
6.1	Rice	IR 1	98/99	29.3	35.87	89.13	
6.2	Flours, grains and starches	IR 1	98/99	2.5	12.19	55.00	
7	Bakery wares	IR 1	98/99	99.9	175.90	342.60	
7.1.1	Breads	IR 1	98/99	99.4	127.79	281.54	
7.1.1	Rolls	IR 1	98/99	54.7	29.07	76.79	
7.2.1	Cakes	IR 1	98/99	48.6	24.05	70.83	
7.2.2	Buns and pastries	IR 1	98/99	27.8	21.65	50.38	
7.2.1	Biscuits	IR 1	98/99	78.1	19.23	57.52	
7.2.3	Pastry (mixed, doughs)	IR 1	98/99	1.6	6.20	19.14	
8	Meat and meat products	IR 1	98/99	97.7	89.92	192.82	
8.2, 8.3	Meat products	IR 1	98/99	79.6	37.54	102.37	
8.2.1.1	Bacon	IR 1	98/99	89.5	32.74	85.93	
8.1.1	Beef	IR 1	98/99	57.3	30.74	78.36	
8.1.1	Pork	IR 1	98/99	34.9	29.90	67.75	
8.1.1	Lamb	IR 1	98/99	31.5	27.68	65.99	
8.1.1	Chicken	IR 1	98/99	66.1	27.30	76.39	
8.1.1	Duck	IR 1	98/99	1.3	22.70	52.86	
8.1.1	Rabbit	IR 1	98/99	0.1	22.43	22.43	
8.4	Offal	IR 1	98/99	4.4	19.98	56.69	
8.1.1	Venison	IR 1	98/99	0.5	19.34	24.29	
8.1.1	Veal	IR 1	98/99	0.3	17.14	21.43	
8.1.1	Turkey	IR 1	98/99	15.7	15.38	37.80	

Ireland: Estimate of food consumption (Consumers only)

Food group code	Food name	Reference	Year(s)	Consumers	Data (g/day) ¹	
				% consumers	Mean	High consumers 95 percentile
9	Fish and fish products	IR 1	98/99	65.3	35.68	85.71
9	fish and fish products intake	IR 1	98/99	63.5	35.53	85.71
9.4	canned Brisling	IR 1	98/99	0.1	23.43	23.43
9.4	canned Herring	IR 1	98/99	0.2	11.64	14.29
9.4	canned Kippers	IR 1	98/99	0.2	24.43	27.14
9.4	canned Mackerel	IR 1	98/99	0.3	21.43	28.57
9.4	canned Salmon	IR 1	98/99	5.9	15.57	30.10
9.4	canned Sardines	IR 1	98/99	1.7	16.57	34.29
9.4	canned Tuna	IR 1	98/99	13.4	14.75	41.21
9.1	fresh Cod	IR 1	98/99	0.1	21.43	21.43
9.1	fresh John Dory	IR 1	98/99	0.2	21.43	21.43
9.1	fresh Rock Salmon	IR 1	98/99	0.1	22.86	22.86
9.1	fresh Seabass	IR 1	98/99	0.2	13.79	21.43
9.1	fresh Trout	IR 1	98/99	0.1	10.71	10.71
9.1	fresh Tuna	IR 1	98/99	0.2	33.43	42.86
9.2	processed Cod	IR 1	98/99	28.2	24.85	54.29
9.2	processed Coley	IR 1	98/99	0.2	25.00	28.00
9.2	processed Fish	IR 1	98/99	2.1	19.54	60.36
9.2	processed Haddock	IR 1	98/99	5.0	24.25	44.04
9.2	processed Hake	IR 1	98/99	0.1	14.29	14.29
9.2	processed Herring	IR 1	98/99	0.3	22.81	32.14
9.2	processed Kedgeree	IR 1	98/99	0.1	27.43	27.43
9.2	processed Kippers	IR 1	98/99	0.4	28.39	37.14
9.2	processed Lemon Sole	IR 1	98/99	0.9	25.68	42.86
9.2	processed Mackerel	IR 1	98/99	1.0	28.71	62.86
9.2	processed Monkfish	IR 1	98/99	0.4	16.07	27.14
9.2	processed Mullet	IR 1	98/99	0.1	10.71	10.71
9.2	processed Plaice	IR 1	98/99	4.8	29.51	75.71
9.2	processed Rainbow Trout	IR 1	98/99	1.4	32.99	65.71
9.2	processed Rock Salmon	IR 1	98/99	0.1	37.14	37.14
9.2	processed salmon	IR 1	98/99	12.1	39.33	85.71
9.2	processed Sea Bass	IR 1	98/99	0.1	16.97	16.97
9.2	processed Skate	IR 1	98/99	0.6	32.64	50.43
9.2	processed Swordfish	IR 1	98/99	0.1	20.00	20.00
9.2	processed Trout	IR 1	98/99	1.0	21.34	46.57
9.2	processed Tuna	IR 1	98/99	1.0	11.64	27.86
9.2	processed Whiting	IR 1	98/99	4.7	26.46	49.11
9.3	semi-preserved Caviare	IR 1	98/99	0.1	2.71	2.71
9.3	semi-preserved Cod	IR 1	98/99	0.5	21.29	27.14
9.3	semi-preserved Haddock	IR 1	98/99	1.5	22.38	32.43
9.3	semi-preserved Herring	IR 1	98/99	0.1	25.71	25.71
9.3	semi-preserved Mackerel	IR 1	98/99	0.4	21.68	28.57
9.3	semi-preserved salmon	IR 1	98/99	4.1	10.20	35.71
9	mollusks	IR 1	98/99	0.7	11.45	24.00
9.2	processed Mussels	IR 1	98/99	0.5	8.37	17.14
9.2	processed Scallops	IR 1	98/99	0.2	19.14	24.00
9	crustaceans	IR 1	98/99	6.3	9.15	21.43
9.1.4	fresh Prawns	IR 1	98/99	0.3	12.38	17.14
9.2	processed Scampi	IR 1	98/99	0.6	28.81	48.57
9.2	processed Crab	IR 1	98/99	1.3	6.65	14.29
9.2	processed Prawn	IR 1	98/99	4.4	5.88	18.27
9.2	processed Squid	IR 1	98/99	0.2	4.29	5.71
9.2	processed Lobster	IR 1	98/99	0.1	3.69	3.69
9	mixed seafood	IR 1	98/99	1.6	7.05	17.14
9.2	processed Seafood	IR 1	98/99	1.6	7.05	17.14
10	Eggs and egg products	IR 1	98/99	70.0	26.15	62.00
10	Savoury egg dishes	IR 1	98/99	14.2	25.61	58.29
10.1	Cooked eggs	IR 1	98/99	65.7	22.36	58.71
11	Sweeteners including honey	IR 1	98/99	84.4	25.74	74.86
11	Sugars, syrups & preserves	IR 1	98/99	84.4	25.74	74.86

Ireland: Estimate of food consumption (Consumers only)

Food group code	Food name	Reference	Year(s)	Consumers	Data (g/day) ¹	
				% consumers	Mean	High consumers 95 percentile
14	Salt, spices, soups, sauces, salads, protein products, etc	IR 1	98/99	92.5	46.03	144.79
12.5.1	Canned soups	IR 1	98/99	4.6	48.85	127.64
12.6	Dairy sauces	IR 1	98/99	1.4	13.00	27.14
12.2	Dried herbs and spices	IR 1	98/99	1.0	0.44	1.43
12.5.1	Homemade soups	IR 1	98/99	23.7	55.15	149.40
12.6.3	Miscellaneous foods (stock cubes)	IR 1	98/99	2.9	8.91	96.13
12.6.2	Non-salad sauces	IR 1	98/99	2.4	6.69	46.77
12.5.2	Packet soups	IR 1	98/99	20.1	29.14	117.31
12.6.2	Pickles and chutneys	IR 1	98/99	4.4	4.05	12.54
12.6.1	Salad sauces, dressings & pickles	IR 1	98/99	11.6	2.46	8.23
12.6	Sauces	IR 1	98/99	87.1	20.29	61.61
12.5.1	Soups	IR 1	98/99	5.2	50.94	92.84
14	Beverages	IR 1	98/99	100.0	1555.44	3116.95
14.3	Alcoholic beverages	IR 1	98/99	3.0	83.95	424.29
14.2.1	Beers	IR 1	98/99	45.7	688.06	1951.21
14.1.4.1	Carbonated drinks	IR 1	98/99	63.2	187.19	583.60
14.2.2	Ciders	IR 1	98/99	5.8	397.29	2549.33
14.1.1	Daily intake of water	IR 1	98/99	77.9	350.94	1220.22
14.2.3.3	Fortified wines	IR 1	98/99	1.7	27.15	214.29
14.1.2	Fruit juices	IR 1	98/99	40.3	79.14	195.28
14.1.5	Infusions	IR 1	98/99	92.2	715.56	1381.43
14.1.2	Juices	IR 1	98/99	0.8	40.68	104.57
14.2.3.3	Liquers	IR 1	98/99	5.4	11.00	32.66
14.1.5.1	Powdered drinks and essences	IR 1	98/99	22.4	392.26	1177.71
14.1.4	Soft drinks	IR 1	98/99	0.6	11.81	28.57
14.2.6	Spirits	IR 1	98/99	25.7	26.07	81.24
14.1.4.3	Squash and cordials	IR 1	98/99	15.3	74.47	247.09
14.2.3	Wines	IR 1	98/99	30.0	81.93	248.29
15	Ready to eat savouries	IR 1	98/99	44.7	11.75	32.86
15.1	Potato-based snacks	IR 1	98/99	39.7	10.66	29.25
15.1	Savoury snacks	IR 1	98/99	6.6	7.95	21.14
15.1	Non-potato snacks	IR 1	98/99	6.8	5.92	17.96
15.1	Potato and mixed cereal snacks	IR 1	98/99	2.4	4.11	8.46
16	Composites	IR 1	98/99	98.1	148.98	344.04
16	Meat dishes	IR 1	98/99	73.2	96.83	230.33
16	Savouries	IR 1	98/99	51.4	40.63	119.37
16	Vegetable Dishes	IR 1	98/99	60.9	40.36	114.83
Total		IR 1	98/99		2925.95	4655.27

Italy: Estimate of food consumption (see Turrini et al., 2001)

Table - Food intakes in Italy (g/person/day)													
	Total sample (n=1978)		Consumer only		% consumer	By age class							
	Mean ± s.d.	Median	Mean ± s.d.	Median		Children (n=138)		Adolescents (n=150)		Adults (n=1513)		Elderly (n=167)	
						Mean ± s.d.	Median	Mean ± s.d.	Median	Mean ± s.d.	Median	Mean ± s.d.	Median
<i>Cereals and tubers</i>													
Bread and pizza	149.5 ± 79.9	140.9	151.6 ± 78.7	142.1	98.6	87.4 ± 62.1	83.0	177.8 ± 178.1	158.2	155.4 ± 155.4	145.7	130.6 ± 67.2	128.6
Crackers, bread sticks, rusks, etc	8.9 ± 16.3	0.0	19.7 ± 20.6	14.3	44.8	4.8 ± 10.0	0.0	8.4 ± 8.3	0.8	8.5 ± 8.6	0.0	16.7 ± 26.7	3.4
Pasta, not filled	47.1 ± 32.4	43.6	50.1 ± 31.5	45.6	94.1	36.9 ± 26.9	37.5	56.2 ± 57.6	50.2	47.1 ± 47.2	43.5	49.6 ± 30.1	45.2
of which, pasta, durum wheat	42.5 ± 31.5	38.2	47.0 ± 30.1	41.6	92.1	33.4 ± 26.2	30.0	50.7 ± 39.4	45.3	42.6 ± 31.1	38.1	43.4 ± 28.0	41.2
egg noodles	4.4 ± 9.1	0.0	15.2 ± 11.0	12.9	28.8	3.4 ± 7.5	0.0	5.3 ± 9.4	0.0	4.2 ± 8.9	0.0	5.7 ± 11.1	0.0
Pasta made with eggs and filled	4.5 ± 10.3	0.0	20.9 ± 13.9	18.6	21.6	3.6 ± 9.6	0.0	6.0 ± 6.0	0.0	4.5 ± 4.6	0.0	4.1 ± 9.3	0.0
Rice	10.8 ± 16.8	5.7	20.3 ± 19.2	15.2	53.5	6.5 ± 9.0	0.0	8.3 ± 8.4	0.0	11.3 ± 11.4	6.2	13.5 ± 24.8	10.0
Grains and flour	8.1 ± 18.0	0.0	18.8 ± 25.1	11.7	43.4	5.3 ± 10.6	0.0	8.4 ± 8.4	0.0	8.7 ± 8.7	0.0	6.2 ± 15.8	0.0
Breakfast cereals	1.0 ± 5.7	0.0	18.8 ± 133.7	12.9	5.4	1.7 ± 6.1	0.0	2.6 ± 3.3	0.0	0.9 ± 0.9	0.0	0.3 ± 2.4	0.0
Potatoes, raw and cooked (including crisps)	40.8 ± 38.6	33.1	49.9 ± 37.5	40.6	81.8	30.2 ± 25.5	25.1	48.4 ± 48.4	43.3	40.9 ± 41.0	32.9	43.2 ± 42.3	35.7
<i>Meat, fish and seafood, eggs, dry legumes</i>													
Beef	45.2 ± 39.5	37.7	54.0 ± 37.7	44.8	83.7	39.9 ± 35.9	31.3	50.8 ± 51.1	45.1	46.1 ± 46.1	38.4	38.6 ± 39.5	33.3
Pork	8.0 ± 16.7	0.0	29.9 ± 21.2	24.8	26.6	3.8 ± 8.7	0.0	8.7 ± 9.3	0.0	8.4 ± 8.4	0.0	7.2 ± 14.7	0.0
Sheep meat	3.2 ± 15.1	0.0	40.0 ± 44.9	25.0	7.9	2.1 ± 14.0	0.0	6.5 ± 7.6	0.0	3.0 ± 3.2	0	3.1 ± 14.1	0.0
Horse meat	2.4 ± 11.1	0.0	32.6 ± 34.7	25.7	7.3	1.1 ± 5.6	0.0	2.6 ± 2.8	0.0	2.7 ± 3.0	0.0	0.3 ± 2.3	0.0
Poultry	30.1 ± 32.2	24.3	44.3 ± 30.4	37.1	67.9	26.2 ± 25.9	20.4	31.8 ± 31.9	28.6	30.0 ± 30.3	24.2	31.5 ± 36.2	25.7
Rabbit and other meat	6.7 ± 20.1	0.0	41.4 ± 34.9	33.9	16.3	3.5 ± 11.2	0.0	7.3 ± 7.4	0.0	6.9 ± 7.0	0.0	7.4 ± 21.3	0.0
Ham, salami, etc	26.2 ± 23.9	21.4	30.7 ± 23.5	25.0	85.3	16.7 ± 17.4	12.0	33.0 ± 33.0	28.0	27.6 ± 27.9	22.5	17.0 ± 16.2	14.3
Meat, preserved	0.8 ± 4.0	0.0	16.0 ± 9.6	14.3	4.8	0.5 ± 2.6	0.0	0.7 ± 0.9	0.0	0.8 ± 0.9	0.0	0.8 ± 3.6	0.0
Offal and unspecified meat	6.5 ± 15.9	0.0	28.5 ± 23.8	22.9	22.9	5.0 ± 13.8	0.0	5.3 ± 5.4	0.0	6.7 ± 6.8	0.0	7.4 ± 15.6	0.0
Fish and seafood, fresh and frozen	31.8 ± 39.5	22.3	48.3 ± 40.2	37.5	65.8	20.7 ± 24.2	14.3	29.8 ± 29.7	21.5	33.5 ± 33.8	25.0	28.6 ± 36.4	21.4

Fish and seafood, preserved	7.4 ± 11.4	0.0	15.7 ± 13.1	11.4	46.8	3.4 ± 6.9	0.0	6.2 ± 6.2	0.0	8.0 ± 8.0	0.0	6.6 ± 11.8	0.0
Eggs	13.8 ± 14.6	11.4	18.3 ± 14.8	15.4	75.4	10.1 ± 10.0	8.3	15.6 ± 15.7	14.9	14.1 ± 14.1	11.8	12.8 ± 12.9	9.7
Legumes, dry and tinned	6.3 ± 12.5	0.0	17.8 ± 16.7	14.3	35.5	4.0 ± 10.2	0.0	7.2 ± 7.2	0.0	6.4 ± 6.4	0.0	7.6 ± 14.9	0.0
<i>Milk and dairy products</i>													
Milk	129.7 ± 122.7	120.0	162.8 ± 116.7	152.9	79.7	198.0 ± 148.0	169.6	142.1 ± 144.7	151.7	119.3 ± 119.5	105.8	143.1 ± 138.8	128.6
Yogurt	16.8 ± 36.9	0.0	58.5 ± 49.6	39.3	28.7	33.2 ± 41.8	17.9	16.9 ± 17.1	0.0	15.9 ± 16.6	0.0	10.5 ± 35.0	0.0
Cream	1.6 ± 6.9	0.0	9.2 ± 24.0	6.1	16.9	0.9 ± 3.9	0.0	1.8 ± 1.8	0.0	1.7 ± 1.8	0.0	0.8 ± 3.4	0.0
Cheese	43.2 ± 27.8	38.6	43.9 ± 27.8	39.4	98.4	29.4 ± 19.8	25.9	36.8 ± 37.2	33.6	45.4 ± 45.5	41.4	42.1 ± 27.1	37.1
													<i>continued</i>
By age class													
	Total sample (n=1978)		Consumer only			Children (n=138)		Adolescents (n=150)		Adults (n=1513)		Elderly (n=167)	
	Mean ± s.d.	Median	Mean ± s.d.	Median	% consumer	Mean ± s.d.	Median	Mean ± s.d.	Median	Mean ± s.d.	Median	Mean ± s.d.	Median
<i>Vegetables and fruit</i>													
Tomatoes for salads	41.2 ± 48.9	25.7	57.9 ± 49.5	44.4	71.2	187.0 ± 25.0	7.5	32.8 ± 32.8	19.3	44.4 ± 44.6	28.6	41.0 ± 45.9	25.0
Tomatoes, ripe	34.3 ± 35.8	25.3	42.7 ± 35.6	33.6	80.4	26.4 ± 27.3	18.6	41.6 ± 42.5	36.6	34.3 ± 34.5	25.1	36.0 ± 36.4	28.6
Vegetables, fresh and frozen	120.4 ± 83.8	106.8	121.5 ± 83.7	107.6	99.1	51.5 ± 48.2	41.1	89.7 ± 90.4	72.1	129.2 ± 130.1	114.2	131.3 ± 84.7	115.9
Vegetables, preserved	2.9 ± 6.5	0.2	4.7 ± 9.5	1.4	61.9	0.9 ± 2.6	0.0	2.2 ± 2.2	0.3	3.3 ± 3.3	0.3	2.4 ± 5.2	0.1
Legumes, fresh and frozen	14.6 ± 25.4	0.0	32.9 ± 30.1	25.0	44.3	6.5 ± 12.5	0.0	11.7 ± 12.0	0.0	15.4 ± 15.9	0.0	17.6 ± 28.5	0.0
Citrus fruit	36.9 ± 67.4	2.8	58.7 ± 78.3	29.0	62.7	28.0 ± 52.8	1.3	33.1 ± 33.1	6.0	38.5 ± 39.0	2.8	34.4 ± 62.2	2.9
Fruit, fresh	156.8 ± 139.0	129.9	173.8 ± 136.2	145.7	90.2	113.0 ± 90.1	97.1	126.0 ± 125.7	107.1	160.9 ± 162.9	133.0	189.2 ± 143.0	171.4
Fruit, preserved (including olives)	1.9 ± 6.6	0.0	9.9 ± 18.3	6.0	18.7	1.0 ± 5.0	0.0	1.9 ± 2.3	0.0	1.9 ± 1.9	0.0	1.9 ± 5.9	0.0
Nuts and dried fruit	2.2 ± 10.9	0.0	16.8 ± 34.8	8.2	13.0	1.5 ± 7.9	0.0	1.6 ± 2.5	0.0	2.4 ± 2.6	0.0	1.3 ± 5.5	0.0
<i>Oil and fats</i>													
Olive oil	19.8 ± 12.8	18.0	20.5 ± 12.8	18.5	96.6	12.3 ± 8.5	11.0	19.3 ± 19.3	18.6	20.4 ± 20.5	18.6	21.3 ± 13.2	20.0
Seeds oil	3.0 ± 9.2	0.0	9.5 ± 17.7	4.5	31.5	1.4 ± 6.0	0.0	3.3 ± 3.5	0.0	3.2 ± 3.3	0.0	2.2 ± 6.1	0.0
Margarine	0.3 ± 2.0	0.0	5.4 ± 6.4	3.1	6.2	0.3 ± 1.5	0.0	0.3 ± 0.3	0.0	0.3 ± 0.4	0.0	0.4 ± 2.9	0.0
Butter	3.1 ± 5.4	1.2	5.6 ± 7.4	4.0	56.0	2.5 ± 3.9	1.1	3.4 ± 3.5	1.4	3.2 ± 3.2	1.3	3.0 ± 4.4	1.4
Other animal fats	0.1 ± 1.0	0.0	5.0 ± 5.6	3.2	1.9	0.0 ± 0.1	0.0	0.0 ± 0.0	0.0	0.1 ± 0.1	0.0	0.1 ± 0.7	0.0
<i>Sweet foods</i>													
Cakes, biscuits, pastries, etc	43.0 ± 40.4	34.3	51.9 ± 38.9	43.8	82.8	52.1 ± 41.4	41.9	60.2 ± 60.1	54.9	43.1 ± 44.4	34.9	21.1 ± 30.7	10.7

Ice cream	14.7 ± 27.5	0.0	39.0 ± 32.6	28.6	37.7	17.8 ± 29.6	0.0	27.4 ± 28.3	0.0	14.4 ± 14.8	0.0	4.8 ± 12.5	0.0
Sugar	11.5 ± 14.1	9.3	14.1 ± 14.4	11.4	81.6	7.5 ± 9.0	3.8	9.4 ± 9.4	7.3	12.3 ± 12.3	10.0	9.7 ± 10.3	8.6
Honey, candies, jam, chocolate, etc	8.1 ± 16.6	0.0	16.9 ± 20.5	10.7	48.2	16.6 ± 24.3	8.5	14.6 ± 14.6	7.5	7.1 ± 7.4	0.0	4.6 ± 10.1	0.0
<i>Special foods and mixed dishes</i>													
Ready-to-eat dishes, first course	37.7 ± 60.9	9.5	73.4 ± 67.9	50.0	51.4	57.1 ± 68.1	30.4	35.0 ± 35.4	20.2	37.6 ± 38.4	8.9	25.3 ± 50.1	0.0
Ready-to-eat dishes, main course	1.9 ± 7.9	0.0	25.9 ± 15.1	21.4	7.4	3.4 ± 9.8	0.0	2.1 ± 2.2	0.0	1.9 ± 2.0	0.0	0.6 ± 5.0	0.0
Vegetables dishes	2.5 ± 9.2	0.0	25.7 ± 16.2	21.4	9.9	1.4 ± 7.0	0.0	4.8 ± 4.8	0.0	2.6 ± 2.6	0.0	1.5 ± 6.6	0.0
Fruit based dishes	1.3 ± 7.4	0.0	31.6 ± 18.2	23.6	4.3	1.7 ± 6.1	0.0	1.0 ± 1.0	0.0	1.4 ± 1.4	0.0	0.5 ± 3.7	0.0
Others dishes, sandwiches, etc	4.3 ± 15.8	0.0	35.3 ± 30.9	25.6	12.3	4.3 ± 14.3	0.0	6.8 ± 6.8	0.0	4.3 ± 4.4	0.0	2.7 ± 12.8	0.0
Savoury snacks	0.3 ± 2.4	0.0	12.1 ± 11.3	7.3	2.2	0.9 ± 4.7	0.0	0.8 ± 1.0	0.0	0.2 ± 0.2	0.0	0.0 ± 0.0	0.0
Vinegar, salt and yeast	9.6 ± 8.2	8.0	9.7 ± 8.1	8.1	99.0	5.1 ± 3.2	4.9	7.8 ± 7.8	6.5	10.0 ± 10.0	8.5	12.0 ± 13.7	9.2
Sauces and dressing	2.4 ± 6.8	0.0	9.7 ± 10.7	6.4	25.1	1.7 ± 5.5	0.0	2.7 ± 2.7	0.0	2.5 ± 2.6	0.0	2.2 ± 7.0	0.0
Baby foods	1.9 ± 17.6	0.0	55.9 ± 78.8	38.6	3.4	13.6 ± 29.7	0.0	0.7 ± 0.9	0.0	0.1 ± 0.2	0.0	0.6 ± 4.9	0.0
Dietetic products and sweeteners	3.2 ± 27.8	0.0	19.2 ± 66.2	1.8	16.5	0.4 ± 2.9	0.0	1.0 ± 1.3	0.0	3.4 ± 3.7	0.0	5.9 ± 29.9	0.0
<i>continued</i>													
By age class													
	Total sample (n=1978)		Consumer only			Children (n=138)		Adolescents (n=150)		Adults (n=1513)		Elderly (n=167)	
	Mean ± s.d.	Median	Mean ± s.d.	Median	% consumer	Mean ± s.d.	Median	Mean ± s.d.	Median	Mean ± s.d.	Median	Mean ± s.d.	Median
<i>Beverages</i>													
Fresh water	348.0 ± 302.7	280.1	362.3 ± 300.3	294.3	96.1	255.4 ± 236.1	178.2	346.4 ± 345.8	296.8	352.2 ± 354.3	281.5	397.9 ± 327.6	324.3
Mineral water	311.8 ± 355.2	230.0	479.2 ± 337.1	450.0	65.1	194.3 ± 227.9	115.7	272.2 ± 296.4	46.4	329.5 ± 333.2	257.1	286.9 ± 377.6	157.1
Soft drinks	35.2 ± 83.0	0.0	113.3 ± 115.5	75.0	31.1	34.6 ± 74.6	0.0	75.3 ± 78.1	32.9	34.6 ± 38.4	0.0	7.9 ± 26.8	0.0
Fruit juice	21.0 ± 52.6	0.0	16.8 ± 25.8	8.2	29.8	59.3 ± 87.5	17.9	40.7 ± 40.6	0.0	16.4 ± 19.4	0.0	13.2 ± 40.6	0.0
Wine and sparkling wine	83.7 ± 142.5	4.8	148.6 ± 162.5	97.1	24.5	1.0 ± 2.6	0.0	10.5 ± 13.2	0.0	94.0 ± 109.7	14.3	130.2 ± 168.5	90.0
Beer	27.2 ± 85.7	0.0	110.9 ± 143.8	62.5	10.5	1.9 ± 15.3	0.0	9.7 ± 14.6	0.0	33.0 ± 33.9	0.0	12.4 ± 42.3	0.0
Liquors	1.1 ± 5.2	0.0	10.1 ± 12.9	5.7	3.4	0.0 ± 0.1	0.0	0.2 ± 0.2	0.0	1.3 ± 1.3	0.0	0.9 ± 5.6	0.0
Tea leaves	0.4 ± 1.0	0.0	1.3 ± 1.4	0.9	11.2	0.4 ± 0.8	0.0	0.5 ± 0.5	0.0	0.4 ± 0.4	0.0	0.5 ± 1.2	0.0
Coffee, powder	7.3 ± 6.9	6.0	9.3 ± 6.3	7.7	76.3	0.3 ± 1.0	0.0	1.5 ± 2.5	0.0	8.4 ± 6.7	7.5	7.4 ± 7.3	6.0
Infusions and coffee substitutes	0.6 ± 2.6	0.0	5.0 ± 6.0	2.0	56.4	0.4 ± 1.9	0.0	0.4 ± 0.6	0.0	0.5 ± 0.5	0.0	1.7 ± 4.8	0.0

Netherlands: Estimate of food consumption (consumers and non consumers)

whole population (2-day dietary survey, n=6250)

category	name	consumption* g/day
1	bread	124.6
2	cereals	110.9
3	carcase meat	44.6
4	offals	0.4
5	meat products	112.7
6	poultry	18.7
7	fish	11.5
8	oils and fats	45.5
9	eggs	14.1
10	sugar and preserves	66.1
11	green veg.	74.7
12	potatoes	124.1
13	other veg.	127.7
14	canned veg.	8.6
15	fresh fruit	95.1
16	fruit products	74.3
17	beverages	1128.3
18	milk	220.4
19	dairy products	203.8
20	nuts	9.0
total		2615.4

*average for both consumers and non-consumers

Netherlands: Estimate of food consumption (consumers and non consumers)

1-6 year olds (2-day dietary survey, n=530)

category	name	consumption* g/day
1	bread	73.6
2	cereals	67.4
3	carcase meat	17.3
4	offals	0.2
5	meat products	41.1
6	poultry	10.4
7	fish	3.1
8	oils and fats	25.2
9	eggs	7.5
10	sugar and preserves	32.7
11	green veg.	32.7
12	potatoes	68.0
13	other veg.	29.5
14	canned veg.	5.6
15	fresh fruit	78.6
16	fruit products	82.9
17	beverages	375.2
18	milk	281.1
19	dairy products	238.8
20	nuts	4.4
total		1475.4

*average for both consumers and non-consumers

Norway: Estimate of food consumption

Adults n = 1291, men, age 16-79, average weight =81 kg

Representative for the Member State: national consumption for adult

Nature	Foodgroup	Food item	Process	Reference of the survey	Nature of the survey	Methodology to collect the data	Geographical level	Mean ± SD total population	Median total population	95 % percentile total population	Mean ± SD consumers only	Median consumers only	95 % percentile consumers only	rate of consumers (%)
processed	crustaceans	shellfish	not available	NORKOST 1997	dietary survey	Food frequency	national (urban & rural)	5,8 ± 9,2	1	21	9,6 ± 10,9	5	28	56
processed	sausages & ham	Smoked sausages	not available	NORKOST 1997	dietary survey	Food frequency	national (urban & rural)	18,7 ± 18,5	13	49	20,9 ± 18,5	15	54	88
processed	sausages & ham	Smoked meat	not available	NORKOST 1997	dietary survey	Food frequency	national (urban & rural)	2,3 ± 4,1	0	10	6,4 ± 7,0	2	16	23
processed	meat	Bacon	not available	NORKOST 1997	dietary survey	Food frequency	national (urban & rural)	2,6 ± 2,7	0	7	4,7 ± 3,1	2	9	42
processed	vegetal oils	Oils	not available	NORKOST 1997	dietary survey	Food frequency	national (urban & rural)	1,5 ± 1,0	0	2	2,2 ± 1,3	1	3	46

Norway: Estimate of food consumption

Adults n = 1381, women, age 16-79, average weight = 66kg

Representative for the Member State: national consumption for adult

Nature	Foodgroup	Food item	Process	Reference of the survey	Nature of the survey	Methodology to collect the data	Geographical level	Mean ± SD total population	Median total population	95 % percentile total population	Mean ± SD consumers only	Median consumers only	95 % percentile consumers only	rate of consumers (%)
processed	crustaceans	shellfish	not available	NORKOST 1997	dietary survey	Food frequency	national (urban & rural)	4,9 ± 8,0	1	19	6,5 ± 9,4	4	22	62
processed	sausages & ham	Smoked sausages	not available	NORKOST 1997	dietary survey	Food frequency	national (urban & rural)	10,9 ± 11,1	8	33	13,8 ± 10,9	10	35	84
processed	sausages & ham	Smoked meat	not available	NORKOST 1997	dietary survey	Food frequency	national (urban & rural)	1,7 ± 1,9	0	5	3,3 ± 3,1	2	10	19
processed	meat	Bacon	not available	NORKOST 1997	dietary survey	Food frequency	national (urban & rural)	1,0 ± 2,0	0	5	3,9 ± 2,5	2	7	35
processed	vegetal oils	Oils	not available	NORKOST 1997	dietary survey	Food frequency	national (urban & rural)	0,5 ± 0,7	0	2	1,9 ± 0,8	1	2	53

Children n = 1009, age 13, average weight =49kg

Nature	Foodgroup	Food item	Process	Reference of the survey	Nature of the survey	Methodology to collect the data	Geographical level	Mean ± SD total population	Median total population	95 % percentile total population	Mean ± SD consumers only	Median consumers only	95 % percentile consumers only	rate of consumers (%)
processed	crustaceans	shellfish	not available	UNGKOST 2000	dietary survey	4 days diary record	national (urban & rural)	1,4 ± 9,1	0	2	22,6 ± 28,9	12	87	6
processed	sausages & ham	smoked sausages	not available	UNGKOST 2000	dietary survey	4 days diary record	national (urban & rural)	21,1 ± 37,6	0	94	52,2 ± 43,4	38	150	40
processed	vegetal oils	Oils	not available	UNGKOST 2000	dietary survey	4 days diary record	national (urban & rural)	0,3 ± 1	0	2	1,6 ± 1,6	1	5	20

Norway: Estimate of food consumption

Children n = 815, age 9, average weight =32kg

Nature	Foodgroup	Food item	Process	Reference of the survey	Nature of the survey	Methodology to collect the data	Geographical level	Mean ± SD total population	Median total population	95 % percentile total population	Mean ± SD consumers only	Median consumers only	95 % percentile consumers only	rate of consumers (%)
processed	crustaceans	shellfish	not available	UNGKOST 2000	dietary survey	4 days diary record	national (urban & rural)	0,9 ± 8,3	0	<1	19,3 ± 32,8	12	52	5
processed	sausages & ham	smoked sausages	not available	UNGKOST 2000	dietary survey	4 days diary record	national (urban & rural)	22,0 ± 32,3	14	80	42,5 ± 33,8	38	109	52
processed	vegetal oils	Oils	not available	UNGKOST 2000	dietary survey	4 days diary record	national (urban & rural)	0,2 ± 0,8	0	2	1,2 ± 1,3	1	3	19

Adults n=2874, men, 18-79 years average weight=82 kg

Representative for the Member State: national consumption for adult

Nature	Foodgroup	Food item	Process	Reference of the survey	Nature of the survey	Methodology to collect the data	Geographical level	Mean ± SD total population	Median total population	95 % percentile total population	Mean ± SD consumers only	Median consumers only	95 % percentile consumers only	rate of consumers (%)
processed	crustaceans	shrimps	not available	Fish & game, part A	dietary survey	Food frequency	national (urban & rural)	4,0 ± 1,2	4	6	4,1 ± 1,0	4	6	97
processed	crustaceans	Crabs	not available	Fish & game, part A	dietary survey	Food frequency	national (urban & rural)	2,1 ± 3,3	0	13	4,2 ± 3,6	3	13	49
processed	crustaceans	Mussel	not available	Fish & game, part A	dietary survey	Food frequency	national (urban & rural)	0,5 ± 0,9	0	1	1,3 ± 1,0	1	5	37
processed	fish / fish products	Mackerel	not available	Fish & game, part A	dietary survey	Food frequency	national (urban & rural)	2,5 ± 3,5	2	10	3,6 ± 3,7	2	10	70
processed	fish / fish products	Herring	not available	Fish & game, part A	dietary survey	Food frequency	national (urban & rural)	1,9 ± 2,9	2	7	3,1 ± 3,2	2	7	63
processed	fish / fish products	Eel	not available	Fish & game, part A	dietary survey	Food frequency	national (urban & rural)	0,1 ± 0,4	0	1	1,4 ± 0,9	1	5	6
processed	fish / fish products	Powan	not available	Fish & game, part A	dietary survey	Food frequency	national (urban & rural)	0,2 ± 0,8	0	2	2,6 ± 1,8	2	2	8
processed	fish / fish products	Salmon, farmed	not available	Fish & game, part A	dietary survey	Food frequency	national (urban & rural)	6,2 ± 6,6	3	14	7,5 ± 6,5	3	14	83

Norway: Estimate of food consumption

Adults n=3091, women, 18-79 years average weight=66 kg

Representative for the Member State: national consumption for adult

Nature	Foodgroup	Food item	Process	Reference of the survey	Nature of the survey	Methodology to collect the data	Geographical level	Mean ± SD total population	Median total population	95 % percentile total population	Mean ± SD consumers only	Median consumers only	95 % percentile consumers only	rate of consumers (%)
processed	crustaceans	shrimps	not available	Fish & game, part A	dietary survey	Food frequency	national (urban & rural)	3,9 ± 1,4	4	6	4,1 ± 1,1	4	6	96%
processed	crustaceans	Crabs	not available	Fish & game, part A	dietary survey	Food frequency	national (urban & rural)	1,9 ± 3,2	0	3	4,1 ± 3,6	3	13	46
processed	crustaceans	Mussel	not available	Fish & game, part A	dietary survey	Food frequency	national (urban & rural)	0,4 ± 0,8	0	1	1,3 ± 1,0	1	5	30
processed	fish / fish products	Mackerel	not available	Fish & game, part A	dietary survey	Food frequency	national (urban & rural)	1,9 ± 2,7	2	8	2,9 ± 2,9	2	8	65
processed	fish / fish products	Herring	not available	Fish & game, part A	dietary survey	Food frequency	national (urban & rural)	1,3 ± 2,2	1	6	2,4 ± 2,4	1	6	56
processed	fish / fish products	Eel	not available	Fish & game, part A	dietary survey	Food frequency	national (urban & rural)	0,1 ± 0,5	0	0	1,6 ± 1,6	1	5	5
processed	fish / fish products	Powan	not available	Fish & game, part A	dietary survey	Food frequency	national (urban & rural)	0,2 ± 1,0	0	2	2,5 ± 2,5	2	8	8
processed	fish / fish products	Salmon, farmed	not available	Fish & game, part A	dietary survey	Food frequency	national (urban & rural)	5,2 ± 5,6	3	11	6,3 ± 5,5	3	11	83

Portugal: Estimate of food consumption

Study population N = 9773, all population, age > 15

Representative for the Member State: national consumption for adult but data from the National Dietary Survey are from 1980

Foodgroup	Food item	Reference of the survey	Nature of the survey	Methodology to collect the data	Geographical level	Mean \pm SD total population	Median total population	95 % percentile total population	Mean \pm SD consumers only	Median consumers only	95 % percentile consumers only	rate of consumers (%)
vegetal oils	Pomace oil		dietary survey	7 days diary record	national (urban & rural)	126,3 \pm 52,5	132	180	154,09 \pm 64,05	161	219.6	78%
vegetal oils	Vegetable oils	National Dietary Survey 1980	dietary survey	1 day record	national (urban & rural)	30,3 \pm 29,5	23	80	32,1 \pm 29,7	25.7	-	83%
fish / fish products	Canned Sardines in vegetable oils	National Dietary Survey 1980	dietary survey	1 day record	national (urban & rural)	59 \pm 18,3	0	0	118,5 \pm 67,7	100	-	5%

Spain: Estimate of food consumption

Households n = 6000, all population,

Representative for the Member State: national consumption for adult

Nature	Foodgroup	Food item	Process	Reference of the survey	Nature of the survey	Methodology to collect the data	Geographical level	Mean total population
raw	molluscs	fresh mussel	no process	La Alimentación en España,2000.	purchase records	Basket of the market /daily for 1 year	national (urban & rural)	16.43
processed	molluscs	cooked mussel	not available	La Alimentación en España,2000.	purchase records	Basket of the market /daily for 1 year	national (urban & rural)	16.43
raw	fish / fish products	fresh whiting	not available	La Alimentación en España,2000.	purchase records	Basket of the market /daily for 1 year	national (urban & rural)	8.49
raw	fish / fish products	fresh horse mackerel	not available	La Alimentación en España,2000.	purchase records	Basket of the market /daily for 1 year	national (urban & rural)	9.04
raw	fish / fish products	fresh horse mackerel	not available	La Alimentación en España,2000.	purchase records	Basket of the market /daily for 1 year	national (urban & rural)	9.04
raw	fish / fish products	fresh sardine	not available	La Alimentación en España,2000.	purchase records	Basket of the market /daily for 1 year	national (urban & rural)	9.04
raw	molluscs	clam	not available	La Alimentación en España,2000.	purchase records	Basket of the market /daily for 1 year	national (urban & rural)	16.43
processed	vegetal oils	olive oil	not available	La Alimentación en España,2000.	purchase records	Basket of the market /daily for 1 year	national (urban & rural)	25.6
processed	vegetal oils	extra virgin olive oil	not available	La Alimentación en España,2000.	purchase records	Basket of the market /daily for 1 year	national (urban & rural)	5.7
processed	chocolate (chocolate & cocoa products)	chocolate	not available	La Alimentación en España,2000.	purchase records	Basket of the market /daily for 1 year	national (urban & rural)	8.6
processed	sausages & ham	cooked sausage	smoking flavour agent	La Alimentación en España,2000.	purchase records	Basket of the market /daily for 1 year	national (urban & rural)	3.72
processed	sausages & ham	cooked frankfurter style sausage	smoking flavour agent	La Alimentación en España,2000.	purchase records	Basket of the market /daily for 1 year	national (urban & rural)	3.72
processed	sausages & ham	cooked frankfurter style sausage	smoking flavour agent	La Alimentación en España,2000.	purchase records	Basket of the market /daily for 1 year	national (urban & rural)	3.72
processed	sausages & ham	frankfurter style sausage	wood smoke	La Alimentación en España,2000.	purchase records	Basket of the market /daily for 1 year	national (urban & rural)	3.72
processed	sausages & ham	frankfurter style sausage with bacon-cheese	wood smoke	La Alimentación en España,2000.	purchase records	Basket of the market /daily for 1 year	national (urban & rural)	3.72
processed	sausages & ham	chorizo style frankfurter	wood smoke	La Alimentación en España,2000.	purchase records	Basket of the market /daily for 1 year	national (urban & rural)	3.72
processed	sausages & ham	Vienna style sausage	wood smoke	La Alimentación en España,2000.	purchase records	Basket of the market /daily for 1 year	national (urban & rural)	3.72
processed	sausages & ham	Vienna style sausage with bacon-cheese	wood smoke	La Alimentación en España,2000.	purchase records	Basket of the market /daily for 1 year	national (urban & rural)	3.72
processed	sausages & ham	cocktail sausage	wood smoke	La Alimentación en España,2000.	purchase records	Basket of the market /daily for 1 year	national (urban & rural)	3.72
processed	sausages & ham	sausage with parmesan cheese	wood smoke	La Alimentación en España,2000.	purchase records	Basket of the market /daily for 1 year	national (urban & rural)	3.72
processed	sausages & ham	"snackis" sausage	wood smoke	La Alimentación en España,2000.	purchase records	Basket of the market /daily for 1 year	national (urban & rural)	3.72

Spain: Estimate of food consumption

* In the absence of consumption data for these 6 smoked items which are very minor components of the regular spanish diet, the consumption values chosen are those of the similar non smoked items. This choice led to an overestimation of intake.

Households n = 6000, all population,

Representative for the Member State: national consumption for adult

Nature	Foodgroup	Food item	Process	Reference of the survey	Nature of the survey	Methodology to collect the data	Geographical level	Mean total population
processed	hot drinks (tea, infusion excluding cocoa powder)	black tea	not available	La Alimentación en España,2000.	purchase records	Basket of the market /daily for 1 year	national (urban & rural)	10,13
processed	hot drinks (tea, infusion excluding cocoa powder)	green tea	not available	La Alimentación en España,2000.	purchase records	Basket of the market /daily for 1 year	national (urban & rural)	10,13
processed	hot drinks (tea, infusion excluding cocoa powder)	decaffeinated tea	not available	La Alimentación en España,2000.	purchase records	Basket of the market /daily for 1 year	national (urban & rural)	10,13
Processed	meat	bacon	Smoking	La Alimentación en España,2000.	purchase records	Basket of the market /daily for 1 year	national (urban & rural)	10,41*
processed	meat	chorizo	Smoking	La Alimentación en España,2000.	purchase records	Basket of the market /daily for 1 year	national (urban & rural)	10,41*
processed	meat	ham	Smoking	La Alimentación en España,2000.	purchase records	Basket of the market /daily for 1 year	national (urban & rural)	14,24*
processed	meat	Bologna sausage	Smoking	La Alimentación en España,2000.	purchase records	Basket of the market /daily for 1 year	national (urban & rural)	3,72*
processed	cheese	cheese	Smoking	La Alimentación en España,2000.	purchase records	Basket of the market /daily for 1 year	national (urban & rural)	18,2*
processed	cheese	cheese with ham	Smoking	La Alimentación en España,2000.	purchase records	Basket of the market /daily for 1 year	national (urban & rural)	18,2*
processed	fish / fish products	Anchovy	Smoking	La Alimentación en España,2000.	purchase records	Basket of the market /daily for 1 year	national (urban & rural)	9,04
processed	fish / fish products	herring	Smoking	La Alimentación en España,2000.	purchase records	Basket of the market /daily for 1 year	national (urban & rural)	9,04
processed	fish / fish products	tuna	Smoking	La Alimentación en España,2000.	purchase records	Basket of the market /daily for 1 year	national (urban & rural)	1,64
processed	fish / fish products	mackerel	Smoking	La Alimentación en España,2000.	purchase records	Basket of the market /daily for 1 year	national (urban & rural)	1,64
processed	fish / fish products	salmon	Smoking	La Alimentación en España,2000.	purchase records	Basket of the market /daily for 1 year	national (urban & rural)	9,04
processed	fish / fish products	sardine	Smoking	La Alimentación en España,2000.	purchase records	Basket of the market /daily for 1 year	national (urban & rural)	9,04
processed	fish / fish products	trout	Smoking	La Alimentación en España,2000.	purchase records	Basket of the market /daily for 1 year	national (urban & rural)	9,04
processed	coffee (green bean, filter, instant)	torrefied coffe	roasted in the presence of sugar	La Alimentación en España,2000.	purchase records	Basket of the market /daily for 1 year	national (urban & rural)	10
processed	coffee (green bean, filter, instant)	roasted coffe	roasted	La Alimentación en España,2000.	purchase records	Basket of the market /daily for 1 year	national (urban & rural)	10
processed	coffee (green bean, filter, instant)	decaffeinated coffe	not available	La Alimentación en España,2000.	purchase records	Basket of the market /daily for 1 year	national (urban & rural)	10
processed	coffee (green bean, filter, instant)	green coffe	not available	La Alimentación en España,2000.	purchase records	Basket of the market /daily for 1 year	national (urban & rural)	10

U.K.: Estimate of food consumption (units in g/person/day)

Adults n = 2197, all population, age 16-64, typical body weight = 60 kg used

Representative for the Member State: national consumption for adult

Remarks: Pregnant women excluded

Process: prepared as for human consumption

Nature	Foodgroup	Food item	Reference of the survey	Nature of the survey	Methodology to collect the data	Geographical level	Mean total population	Mean \pm SD consumers only	Median consumers only	97.5 % percentile consumers only	rate of consumers (%)
processed	bread / rolls	bread representative of the UK diet	Gregory, 1990	dietary survey	7 days diary record	national (urban & rural)	108.8	109.4 \pm 61.7	99.1	261.3	99.4
processed	cereals (others)	miscellaneous cereals representative of the UK diet	Gregory, 1990	dietary survey	7 days diary record	national (urban & rural)	121.9	124 \pm 88.6	105.6	335.9	98.3
processed	meats	carcase meat representative of the UK diet	Gregory, 1990	dietary survey	7 days diary record	national (urban & rural)	55.1	61.6 \pm 46.5	50.2	185.9	89.4
processed	offals	offals representative of the UK diet	Gregory, 1990	dietary survey	7 days diary record	national (urban & rural)	5.1	17.6 \pm 14.9	13.9	61.3	28.7
processed	meats	meat products representative of the UK diet	Gregory, 1990	dietary survey	7 days diary record	national (urban & rural)	64.5	68 \pm 50.5	56.6	199.0	94.9
processed	poultry & game	Poultry representative of the UK diet	Gregory, 1990	dietary survey	7 days diary record	national (urban & rural)	25.1	36.9 \pm 31.9	28.4	130.1	68.0
processed	fish / fish products	Fish representative of the UK diet	Gregory, 1990	dietary survey	7 days diary record	national (urban & rural)	26.6	35 \pm 26.2	28.6	102.4	75.9
processed	margarine	Oils and fats representative of the UK diet	Gregory, 1990	dietary survey	7 days diary record	national (urban & rural)	11.8	14.7 \pm 12	11.9	44.5	80.5
processed	eggs	Eggs representative of the UK diet	Gregory, 1990	dietary survey	7 days diary record	national (urban & rural)	22.9	28.6 \pm 21.4	23.6	80.3	80.0
processed	sugar & by-products	Sugars & preserves representative of the UK diet	Gregory, 1990	dietary survey	7 days diary record	national (urban & rural)	34.6	37.4 \pm 31.5	29.1	115.5	92.6
processed	vegetables (leaf)	Green vegetables representative of the UK diet	Gregory, 1990	dietary survey	7 days diary record	national (urban & rural)	48.0	51.1 \pm 36.5	43.9	140.0	94.0
processed	potatoes	Potatoes representative of the UK diet	Gregory, 1990	dietary survey	7 days diary record	national (urban & rural)	132.0	133.5 \pm 75	123.3	316.5	98.8
processed	vegetables (others)	Other vegetables representative of the UK diet	Gregory, 1990	dietary survey	7 days diary record	national (urban & rural)	75.2	76.7 \pm 56.4	64.1	221.8	98.0
processed	vegetables (canned)	canned vegetables representative of the UK diet	Gregory, 1990	dietary survey	7 days diary record	national (urban & rural)	34.2	47 \pm 43.1	35.6	154.1	72.7
raw	fruits	Fresh fruit representative of the UK diet	Gregory, 1990	dietary survey	7 days diary record	national (urban & rural)	59.8	83.7 \pm 73.7	64.6	279.3	71.4
processed	dried fruits	Fruit products representative of the UK diet	Gregory, 1990	dietary survey	7 days diary record	national (urban & rural)	49.9	78.1 \pm 78.6	52.3	287.5	63.9
processed	others	Beverages representative of the UK diet	Gregory, 1990	dietary survey	7 days diary record	national (urban & rural)	669.5	670.4 \pm 423.8	621.8	1655.7	99.8
processed	milk	Milk representative of the UK diet	Gregory, 1990	dietary survey	7 days diary record	national (urban & rural)	226.1	235.5 \pm 152.7	209.3	612.1	96.0

U.K.: Estimate of food consumption (units in g/person/day)

Schoolchildren n = 352, all population, age 4-6, individual body weights used

Representative for the Member State: national consumption for child 4-6 years

Remarks: Pregnant women excluded

Process: prepared as for human consumption

Nature	Foodgroup	Food item	Reference of the survey	Nature of the survey	Methodology to collect the data	Geographical level	Mean total population	Mean \pm SD consumers only	Median consumers only	97.5 % percentile consumers only	rate of consumers (%)
processed	bread / rolls	bread representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	58.9	59.3 \pm 32.6	54.2	141.1	99.3
processed	cereals (others)	miscellaneous cereals representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	119.7	119.8 \pm 51.1	110.4	238.2	99.9
processed	meats	carcase meat representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	19.1	27.6 \pm 24.3	23.0	90.4	69.2
processed	offals	offals representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	0.4	7.8 \pm 7.8	5.5	(25.3)	4.8
processed	meats	meat products representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	33.7	37.9 \pm 27.8	31.5	111.6	88.8
processed	poultry & game	Poultry representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	23.8	27.4 \pm 22.2	21.4	81.6	87.1
processed	fish / fish products	Fish representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	14.9	19.2 \pm 15.1	14.5	56.5	77.5
processed	margarine	Oils and fats representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	9.1	10.4 \pm 9.2	7.9	31.9	88.0
processed	eggs	Eggs representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	8.0	17.2 \pm 13.8	14.0	51.3	46.5
processed	sugar & by-products	Sugars & preserves representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	32.4	33.0 \pm 23.7	29.0	91.8	98.2
processed	vegetables (leaf)	Green vegetables representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	12.0	16.0 \pm 14.7	11.7	50.0	74.9
processed	potatoes	Potatoes representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	90.2	90.3 \pm 42.7	89.1	188.4	99.9
processed	vegetables (others)	Other vegetables representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	25.7	27.1 \pm 21.7	22.9	80.0	94.8
processed	vegetables (canned)	canned vegetables representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	21.6	28.2 \pm 26.1	21.1	102.4	76.6
raw	fruits	Fresh fruit representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	60.4	68.2 \pm 52.8	54.8	198.8	88.5
processed	dried fruits	Fruit products representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	51.8	78.9 \pm 93.6	43.8	344.0	65.5
processed	others	Beverages representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	440	445.4 \pm 242.2	419.9	979.3	98.7
processed	milk	Milk representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	216.6	218.6 \pm 143.7	190.6	582.8	99.0
processed	dairy products	Dairy products representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	78.6	81.1 \pm 55.6	72.7	219.5	96.8
processed	nuts & oleaginous grains	Nuts representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	1.0	5.2 \pm 4.9	3.5	18.2	18.4

Note: The 97.5%ile consumptions of offals in parentheses is based on fewer than 60 recorded consumers and should be treated with caution.

U.K.: Estimate of food consumption (units in g/person/day)

Schoolchildren n = 466 all population, age 7-10, individual body weights used

Representative for the Member State: national consumption for child 7-10 years

Remarks: Pregnant women excluded

Process: prepared as for human consumption

Nature	Foodgroup	Food item	Reference of the survey	Nature of the survey	Methodology to collect the data	Geographical level	Mean total population	Mean \pm SD consumers only	Median consumers only	97.5 % percentile consumers only	rate of consumers (%)
processed	bread / rolls	bread representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	73.6	73.8 \pm 37.8	69.6	161.0	99.7
processed	cereals (others)	miscellaneous cereals representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	142.2	142.2 \pm 69.4	134.8	295.4	99.9
processed	meats	carcase meat representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	29.1	37.3 \pm 30.5	28.6	117.6	77.8
processed	offals	offals representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	0.4	7.5 \pm 9.0	4.3	(28.9)	5.3
processed	meats	meat products representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	39.5	42.3 \pm 30.1	34.5	117.9	93.5
processed	poultry & game	Poultry representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	28.2	32.2 \pm 24.4	24.0	99.0	87.5
processed	fish / fish products	Fish representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	14.6	20.4 \pm 17.1	15.4	73.8	71.4
processed	margarine	Oils and fats representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	10.7	12.1 \pm 11.8	9.2	40.1	88.4
processed	eggs	Eggs representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	9.7	18.8 \pm 13.3	15.7	49.0	51.4
processed	sugar & by-products	Sugars & preserves representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	40.0	40.4 \pm 26.5	35.0	105.2	99.1
processed	vegetables (leaf)	Green vegetables representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	12.7	17.7 \pm 14.7	13.8	57.3	71.8
processed	potatoes	Potatoes representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	112.3	112.3 \pm 51.9	106.6	254.1	99.9
processed	vegetables (others)	Other vegetables representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	30.4	31.8 \pm 23.1	26.1	85.9	95.6
processed	vegetables (canned)	canned vegetables representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	26.4	35.3 \pm 30.5	27.9	116.5	74.8
raw	fruits	Fresh fruit representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	60.8	72.8 \pm 54.8	60.4	208.7	83.4
processed	dried fruits	Fruit products representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	59.0	96.2 \pm 101.0	60.6	417.1	61.3
processed	others	Beverages representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	507.3	509.5 \pm 285.1	472.2	1117.0	99.5
processed	milk	Milk representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	182.6	188.3 \pm 129.1	159.1	513.3	96.9
processed	dairy products	Dairy products representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	79.9	82.8 \pm 51.8	79.2	202.0	96.5
processed	nuts & oleaginous grains	Nuts representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	1.3	7.1 \pm 6.9	5.1	29.0	18.2

Note: The 97.5%ile consumptions of offals in parentheses is based on fewer than 60 recorded consumers and should be treated with caution.

U.K.: Estimate of food consumption (units in g/person/day)

Schoolchildren n = 443, all population, age 11-14, individual body weights used

Representative for the Member State: national consumption for child 11-14 years

Remarks: Pregnant women excluded

Process: prepared as for human consumption

Nature	Foodgroup	Food item	Reference of the survey	Nature of the survey	Methodology to collect the data	Geographical level	Mean total population	Mean ± SD consumers only	Median consumers only	97.5 % percentile consumers only	rate of consumers (%)
processed	bread / rolls	bread representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	79.0	80.1 ± 44.2	74.0	183.2	98.6
processed	cereals (others)	miscellaneous cereals representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	152.4	152.5 ± 81.5	138.5	350.5	99.9
processed	meats	carcase meat representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	33.1	45.2 ± 36.8	36.4	139.9	73.3
processed	offals	offals representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	0.4	8.7 ± 8.4	(5.3)	29.9	4.9
processed	meats	meat products representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	47.4	52.7 ± 39.8	45.8	149.5	89.8
processed	poultry & game	Poultry representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	36.0	43.3 ± 33.2	34.6	119.9	83.0
processed	fish / fish products	Fish representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	15.4	25.4 ± 21.4	21.4	69.5	60.6
processed	margarine	Oils and fats representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	11.1	13.2 ± 10.5	10.2	38.2	84.3
processed	eggs	Eggs representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	10.1	19.1 ± 16.2	14.3	61.3	53.0
processed	sugar & by-products	Sugars & preserves representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	45.0	45.5 ± 34.8	37.1	130.7	99.0
processed	vegetables (leaf)	Green vegetables representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	14.7	20.5 ± 17.5	16.0	67.0	71.7
processed	potatoes	Potatoes representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	132.1	132.8 ± 65.0	122.6	277.1	99.5
processed	vegetables (others)	Other vegetables representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	36.2	38.4 ± 29.4	31.6	109.6	94.3
processed	vegetables (canned)	canned vegetables representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	28.8	38.4 ± 33.3	28.7	115.5	74.9
raw	fruits	Fresh fruit representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	42.4	57.9 ± 51.1	43.1	184.7	73.3
processed	dried fruits	Fruit products representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	57.8	103.3 ± 110.8	60.6	412.1	55.9
processed	others	Beverages representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	547.2	551.2 ± 292.8	512.2	1257.2	99.2
processed	milk	Milk representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	171.1	181.9 ± 141.8	151.2	520.9	94.0
processed	dairy products	Dairy products representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	68.2	71.9 ± 60.4	58.9	212.3	94.7
processed	nuts & oleaginous grains	Nuts representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	1.6	10.3 ± 12.6	5.0	37.4	15.7

Note: The 97.5%ile consumptions of offals in parentheses is based on fewer than 60 recorded consumers and should be treated with caution.

U.K.: Estimate of food consumption (units in g/person/day)

Schoolchildren n = 389, all population, age 15-18, individual body weights used

Representative for the Member State: national consumption for child 15-18 years

Remarks: Pregnant women excluded

Process: prepared as for human consumption

Nature	Foodgroup	Food item	Reference of the survey	Nature of the survey	Methodology to collect the data	Geographical level	Mean total population	Mean \pm SD consumers only	Median consumers only	97.5 % percentile consumers only	rate of consumers (%)
processed	bread / rolls	bread representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	93.5	94.3 \pm 53.6	89.9	220.0	99.1
processed	cereals (others)	miscellaneous cereals representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	153.0	152.9 \pm 95.8	138.4	368.5	100.0
processed	meats	carcase meat representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	42.6	55.2 \pm 45.5	43.4	176.6	77.1
processed	offals	offals representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	0.5	10.3 \pm 9.1	6.1	(22.0)	4.7
processed	meats	meat products representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	56.2	63.0 \pm 46.3	54.5	169.3	89.1
processed	poultry & game	Poultry representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	46.5	55.2 \pm 40.5	44.6	153.5	84.1
processed	fish / fish products	Fish representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	18.2	28.5 \pm 21.7	22.1	89.5	63.9
processed	margarine	Oils and fats representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	11.5	13.4 \pm 12.0	9.4	41.5	85.9
processed	eggs	Eggs representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	11.1	22.0 \pm 18.4	17.1	68.9	50.4
processed	sugar & by-products	Sugars & preserves representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	38.3	40.5 \pm 38.4	30.9	120.8	94.6
processed	vegetables (leaf)	Green vegetables representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	20.3	26.2 \pm 22.2	19.6	86.7	77.3
processed	potatoes	Potatoes representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	137.0	137.8 \pm 77.2	120.7	309.7	99.3
processed	vegetables (others)	Other vegetables representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	45.4	47.1 \pm 41.0	38.2	145.2	96.4
processed	vegetables (canned)	canned vegetables representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	35.5	51.0 \pm 47.1	38.9	170.4	69.5
raw	fruits	Fresh fruit representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	47.0	73.2 \pm 87.7	44.5	279.9	64.1
processed	dried fruits	Fruit products representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	64.3	123.5 \pm 127.2	89.6	434.0	52.0
processed	others	Beverages representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	661.8	668.9 \pm 388.3	618.8	1723.7	98.9
processed	milk	Milk representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	166.4	179.7 \pm 135.7	147.9	529.5	92.5
processed	dairy products	Dairy products representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	57.1	61.5 \pm 54.1	46.0	204.4	92.7
processed	nuts & oleaginous grains	Nuts representative of the UK diet	Gregory, 2000	dietary survey	7 days diary record	national (urban & rural)	0.8	8.0 \pm 7.5	4.7	(22.7)	10.2

Note: The 97.5%ile consumptions of offals in parentheses is based on fewer than 60 recorded consumers and should be treated with caution.

U.K.: Estimate of food consumption (units in g/person/day)

Toddlers n = 576, all population, age 1.5-2.5, individual body weights used

Representative for the Member State: national consumption for toddlers 1.5-2.5 years old

Process: prepared as for human consumption

Nature	Foodgroup	Food item	Reference of the survey	Nature of the survey	Methodology to collect the data	Geographical level	Mean total population	Mean \pm SD consumers only	Median consumers only	97.5 % percentile consumers only	rate of consumers (%)
processed	bread / rolls	bread representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	32.8	33.3 \pm 21.8	29.8	89.2	98.6
processed	cereals (others)	miscellaneous cereals representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	72.1	72.6 \pm 44.3	63.0	185.9	99.3
processed	meats	carcase meat representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	15.4	24.2 \pm 28.0	13.5	100.5	63.7
processed	offals	offals representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	0.6	13.8 \pm 18.9	6.8	(57.8)	4.6
processed	meats	meat products representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	23.5	28.6 \pm 24.2	22.4	87.9	82.2
processed	poultry & game	Poultry representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	8.1	13.3 \pm 13.6	8.7	54.1	60.5
processed	fish / fish products	Fish representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	9.5	16.6 \pm 14.8	13.1	55.2	56.9
processed	margarine	Oils and fats representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	4.7	5.7 \pm 5.3	4.2	18.4	82.1
processed	eggs	Eggs representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	7.4	16.3 \pm 15.6	12.2	50.4	45.1
processed	sugar & by-products	Sugars & preserves representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	18.9	20.1 \pm 17.9	15.0	69.2	93.7
processed	vegetables (leaf)	Green vegetables representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	7.6	10.4 \pm 9.9	7.5	33.7	72.9
processed	potatoes	Potatoes representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	50.8	51.1 \pm 34.7	43.9	129.1	99.4
processed	vegetables (others)	Other vegetables representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	18.4	20.3 \pm 19.5	14.2	69.3	90.4
processed	vegetables (canned)	canned vegetables representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	22.2	31.6 \pm 30.8	21.2	104.7	70.3
raw	fruits	Fresh fruit representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	45.0	57.9 \pm 46.3	47.3	173.9	77.7
processed	dried fruits	Fruit products representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	40.5	88.8 \pm 105.1	54.4	360.3	45.6
processed	others	Beverages representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	160.9	170.1 \pm 137.2	131.6	530.0	94.6
processed	milk	Milk representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	320.2	328.8 \pm 219.8	305.3	869.8	97.3
processed	dairy products	Dairy products representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	59.2	63.7 \pm 75.3	48	208	93
processed	nuts & oleaginous grains	Nuts representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	0.5	3.8 \pm 2.9	3.4	11.2	12.1

Note: The 97.5%ile consumptions of offals in parentheses is based on fewer than 60 recorded consumers and should be treated with caution.

U.K.: Estimate of food consumption (units in g/person/day)

Toddlers n = 606, all population, age 2.5-3.5, individual body weights used

Representative for the Member State: national consumption for toddlers 2.5-3.5 years old

Process: prepared as for human consumption

Nature	Foodgroup	Food item	Reference of the survey	Nature of the survey	Methodology to collect the data	Geographical level	Mean total population	Mean ± SD consumers only	Median consumers only	97.5 % percentile consumers only	rate of consumers (%)
processed	bread / rolls	bread representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	41.3	42.1 ± 24.9	38.7	96.9	98.0
processed	cereals (others)	miscellaneous cereals representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	83.9	84.4 ± 46.8	75.6	191.0	99.5
processed	meats	carcase meat representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	16.8	26.3 ± 27.7	16.3	104.8	64.0
processed	offals	offals representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	0.4	9.8 ± 12.5	6.9	(44.5)	4.2
processed	meats	meat products representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	26.8	30.6 ± 28.5	22.4	107.1	87.4
processed	poultry & game	Poultry representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	9.6	15.9 ± 16.6	10.3	57.6	59.9
processed	fish / fish products	Fish representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	9.7	18.6 ± 14.3	15.5	56.8	52.1
processed	margarine	Oils and fats representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	5.8	6.9 ± 6.5	5.3	22.7	83.6
processed	eggs	Eggs representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	8.5	18.9 ± 16.2	13.8	61.9	44.8
processed	sugar & by-products	Sugars & preserves representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	26.5	27.3 ± 19.6	24.2	78.6	96.8
processed	vegetables (leaf)	Green vegetables representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	8.4	12.5 ± 14.3	8.4	50.3	66.8
processed	potatoes	Potatoes representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	57.6	58.0 ± 36.9	50.6	144.4	99.3
processed	vegetables (others)	Other vegetables representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	21.1	22.8 ± 24.3	14.7	90.6	92.2
processed	vegetables (canned)	canned vegetables representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	21.2	33.2 ± 33.8	21.9	125.5	63.8
raw	fruits	Fresh fruit representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	46.3	60.3 ± 50.2	47.4	185.0	76.8
processed	dried fruits	Fruit products representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	44.1	88.7 ± 106.0	45.9	414.8	49.6
processed	others	Beverages representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	210.1	216.5 ± 157.1	190.2	591.2	97.0
processed	milk	Milk representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	275.5	281.1 ± 203.9	238.3	848.2	98.0
processed	dairy products	Dairy products representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	57.0	61.1 ± 52.9	46.3	192.1	93.2
processed	nuts & oleaginous grains	Nuts representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	0.7	5.3 ± 5.8	3.6	18.8	13.6

Note: The 97.5%ile consumptions of offals in parentheses is based on fewer than 60 recorded consumers and should be treated with caution.

U.K.: Estimate of food consumption (units in g/person/day)

Toddlers n = 493, all population, age 3.5-4.5, individual body weights used

Representative for the Member State: national consumption for toddlers 3.5-4.5 years old

Process: prepared as for human consumption

Nature	Foodgroup	Food item	Reference of the survey	Nature of the survey	Methodology to collect the data	Geographical level	Mean total population	Mean \pm SD consumers only	Median consumers only	97.5 % percentile consumers only	rate of consumers (%)
processed	bread / rolls	bread representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	47.6	48.3 \pm 27.3	44.2	114.3	98.5
processed	cereals (others)	miscellaneous cereals representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	91.0	91.2 \pm 51.7	81.2	220.1	99.7
processed	meats	carcase meat representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	16.1	24.4 \pm 26.2	16.5	95.8	66.1
processed	offals	offals representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	0.3	6.5 \pm 6.3	3.0	(17.5)	4.0
processed	meats	meat products representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	31.6	35.4 \pm 29.1	28.0	109.5	89.4
processed	poultry & game	Poultry representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	11.3	17.5 \pm 16.9	12.5	63.9	64.9
processed	fish / fish products	Fish representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	10.4	19.3 \pm 16.3	15.7	65.0	53.9
processed	margarine	Oils and fats representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	6.5	7.6 \pm 6.0	6.4	21.3	85.8
processed	eggs	Eggs representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	9.2	19.3 \pm 16.4	14.3	63.3	47.4
processed	sugar & by-products	Sugars & preserves representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	30.3	31.1 \pm 22.4	26.7	85.7	97.3
processed	vegetables (leaf)	Green vegetables representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	9.0	14.3 \pm 13.5	10.0	51.2	62.8
processed	potatoes	Potatoes representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	65.7	66.0 \pm 39.5	60.8	158.2	99.5
processed	vegetables (others)	Other vegetables representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	23.9	25.9 \pm 26.1	17.6	85.7	92
processed	vegetables (canned)	canned vegetables representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	20.0	31.2 \pm 31.9	19.6	113.6	64.0
raw	fruits	Fresh fruit representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	45.4	61.0 \pm 49.4	44.1	185.6	74.4
processed	dried fruits	Fruit products representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	37.2	77.7 \pm 92.3	46.6	310.4	47.8
processed	others	Beverages representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	225.3	228.5 \pm 161.7	197.1	629.2	98.5
processed	milk	Milk representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	243.5	249.6 \pm 157.5	220.6	624.2	97.5
processed	dairy products	Dairy products representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	55.1	60.3 \pm 50.7	48.8	187.1	91.2
processed	nuts & oleaginous grains	Nuts representative of the UK diet	Gregory (1995)	dietary survey	4 days diary record	national (urban & rural)	1.0	6.6 \pm 6.7	4.4	22.4	14.8

Note: The 97.5%ile consumptions of offals in parentheses is based on fewer than 60 recorded consumers and should be treated with caution.

U.K.: Estimate of food consumption

List of references

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Body weights for the study populations are as follows:

Sex/Age group	n	Body weight Mean (kg/person)
Males & females aged 16-64	2197	60
Males & females 15-18 years old	389	62.1*
Males & females 11-14 years old	475	45.2*
Males & females 7-10 years old	482	29.4*
Males & females 4-6 years old	355	20.4*
Males & females 3.5-4.5 years old	493	16.5*
Males & females 2.5-3.5 years old	606	14.6*
Males & females 1.5-2.5 years old	576	12.3*