Ebony Bain (Aerobics Avenue)

26 Methven COurt
Edmonton
London
ebony@planitwellbd.co.uk
www.aerobicsavenue.com
www.planitwellbd.com

Ebony is the business owner and managing director of Aerobics Avenue Ltd (www.aerobicsavenue.com) since 2007. Ebony gives people the opportunity to take part in exercise and dance classes via the internet. It is the perfect option if you do not have the time or finances to attend a private health club.

Ebony is also a business development consultant and she owns a business development consultancy called Plan it Well (www.planitwellbd.com). Her aim is help aspiring business owners and entrepreneurs to open and run successful SME's. She offers advice, expertise and training in business and marketing services aswell as smart and affordable options for small business owners.

Ebony is very much an ideas person and thrives from developing business ideas into real trading companies. She loves to inspire and motivate prospective business owners and career minded individuals.

Managed by:

Delivered by:

In partnership with: