



EUROBAROMETER

Summary

Health Determinants

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This survey was requested by the Directorate-General for Health and consumers by the Directorate-General for Communication ("Research and Political Analysis" Unit).

This document does not represent the point of view of the European Commission.
The interpretations and opinions contained in it are solely those of the authors.

Eurobarometer 72.3

Health Determinants

Conducted by TNS Opinion & Social at the request of
Directorate General Health and Consumers

Survey co-ordinated by Directorate General
Communication

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INTRODUCTION

This Special Eurobarometer survey addresses several aspects of the health of European Citizens. It builds upon similarly related projects that took place in 2003¹, 2005² and in October-November 2007³. These measured results from EC's Health Strategy, a Public Health's program adopted for the period 2003-2007.

One of the key purposes of this 2009 project is to check evolutions compared with findings from the previous studies. Another objective is benchmark findings from this research against DG Sanco's annual work, and particularly against the quantitative data it includes⁴.

The European Commission has invested a lot recently in prevention campaigns against tobacco, obesity and heart diseases. This research focuses on issues that will help to gauge improvements in these particular issues.

This Eurobarometer survey was commissioned by the European Commission's Directorate General SANCO. It was carried out by the TNS Opinion & Social network between 2 October and 19 October 2009. 26,788 European citizens have been interviewed in the 27 European Union Member States. The methodology used is that of Special Eurobarometer surveys as carried out by Directorate General for Communication ("Research and Political Analysis" Unit)⁵. A technical note on the methodology for interviews conducted by the institutes within the TNS Opinion & Social network is annexed to this report. This note indicates the interview methods and the confidence intervals⁶.

¹ http://ec.europa.eu/public_opinion/archives/ebs/ebs_186_en.pdf

² http://ec.europa.eu/public_opinion/archives/ebs/ebs_246_en.pdf

³ http://ec.europa.eu/public_opinion/archives/ebs/ebs_272e_en.pdf

⁴ http://ec.europa.eu/dgs/health_consumer/sanco_amp_2009.pdf

⁵ http://ec.europa.eu/public_opinion/index_en.htm

⁶ The results tables are included in the annex. It should be noted that the total of the percentages in the tables of this report may exceed 100% when the respondent can give several answers to the same question.

This report examines the following themes in turn:

- Check ups: it includes data on seven medical check-ups, from general health to heart and cancer check-ups
- Healthy lifestyle awareness and practice
 - Healthy diet
 - Physical activity
 - Attitudes towards "passive" smoking

The Eurobarometer web site can be consulted at the following address:

http://ec.europa.eu/public_opinion/index_en.htm

We would like to take the opportunity to thank all the respondents across the continent who have given their time to take part in this survey.

Without their active participation, this study would not have been possible.

In this report, the countries are represented by their official abbreviations. The abbreviations used in this report correspond to:

ABBREVIATIONS

EU27	European Union – 27 Member States
DK/NA	Don't know / No answer
BE	Belgium
BG	Bulgaria
CZ	Czech Republic
DK	Denmark
<i>D-E</i>	<i>East Germany</i>
DE	Germany
<i>D-W</i>	<i>West Germany</i>
EE	Estonia
EL	Greece
ES	Spain
FR	France
IE	Ireland
IT	Italy
CY	Republic of Cyprus
LT	Lithuania
LV	Latvia
LU	Luxembourg
HU	Hungary
MT	Malta
NL	The Netherlands
AT	Austria
PL	Poland
PT	Portugal
RO	Romania
SI	Slovenia
SK	Slovakia
FI	Finland
SE	Sweden
UK	The United Kingdom

1. CHECK UPS

Check ups are a key determinant in public health. This chapter aims to examine behaviours in EU27 and to check evolutions since the last surveys, in 2003 and 2006.

1.1 General health tests: sight, hearing, dental; X ray, ultrasound or other

Sight and dental check-ups are still slowly improving, while hearing check-ups scores remain identical to 2006 – after a 4 percentage points increase between 2003-2006. These tests tend to take place mostly under patients' initiative, unsurprisingly, since dysfunctions in these organs are likely to impair everyday life and would often be dealt with directly. Sight and hearing tests are less frequent than dental check-ups, and mostly done by an elderly population. This would explain a comparatively low overall score for both check ups. On the contrary, dental check ups appear to take place amongst a larger population (2/3 in 2009), at any age, and mostly on patients' own initiative (for 54%)

QA1 For each of them, please tell me if you had one in the last 12 months, whether or not as part of any treatment. (IF YES) Was it on your own initiative, at a doctor's initiative or as part of a screening programme? -%EU

	Yes, own initiative	Yes, doctor's initiative	Yes, screening programme	Total Yes EB59.0 - EU15 (Jan.- Feb. 2003)	Total Yes EB66.2 - EU 25 (Oct. - Nov. 2006)	Total Yes EB72.3 - EU27 (October 2009)
Dental check-ups	54%	5%	4%	61%	62%	63%
Eye test by an optician or an eye doctor	26%	9%	4%	35%	38%	39%
X-ray, ultrasound or other scan	12%	23%	4%	33%	38%	39%
Hearing test	6%	6%	4%	12%	16%	16%

Dental check-ups: with an overall increase of +1 percentage point since 2006 (+2 since 2003) to reach 63%, scores are slowly increasing. But important variations are still noted between countries. The best scores are achieved by the Netherlands and Slovakia, already leaders in 2006, with 83% of the population having had a check-up. Efforts have been seen since 2006, mostly in Spain (+17) and to a lesser extent Italy, Greece and Portugal. At the end of the scale, 40% of respondents had check ups in Romania, (yet with a good +4 improvement since 2006) while Poland and Latvia are slightly below half of the population - Latvia having dropped down by -11.



Dental check-ups take place mostly on patients' initiative. They clearly vary according to demographics – more so than eye or hearing tests. In particular,

respondents on the higher end of the social/economic scale have considerably more dental check ups than those on the lower end, as appears clearly in:

- level of education (people who studied longer and use the internet everyday have more check ups than those who left school early)
- occupation (3 managers out of 4 had a check-up, whereas just over half of unemployed people had one.
- financial comfort (seen in "*difficulties to pay bills*").

Worryingly, less than 60% amongst older people (55 and over and/or retired) have had a check-up within the year.

QA1.1 Please tell me if you had one of the following tests in the last 12 months, whether or not as part of any treatment. (IF YES) Was it on your own initiative, at a doctor's initiative or as part of a screening programme? Dental check-up

	Total Yes	No
EU27	63%	37%
Education (End of)		
 15-	50%	50%
16-19	65%	35%
20+	70%	30%
Still studying	67%	33%
Respondent occupation scale		
 Self- employed	67%	33%
Managers	75%	25%
Other white collars	73%	27%
Manual workers	63%	37%
House persons	57%	43%
Unemployed	51%	49%
Retired	57%	43%
Students	67%	33%
Difficulties paying bills		
Most of the time	46%	54%
From time to time	58%	42%
Almost never	67%	33%
Use of the Internet		
Everyday	71%	29%
Often/ Sometimes	69%	31%
Never	55%	45%

Eye tests: with a small increase of +1 percentage point since 2006 (vs +3 between 2003 and 2006), they are far less frequent than dental check-ups and concern 39% of Europeans. At the top end, about half of the population in Luxembourg and UK has had tests, against only a quarter in Romania. The most noticeable improvements since 2006 are noted in Spain (+12) and Bulgaria (+7). They occur mostly upon patients' own initiative.

Unsurprisingly, the number of check-ups greatly increases with age (people aged 55 and over and/or retired). There is less variance by social level (education,

occupation) than with dental tests, but a difference of 9 percentage points does exist between those with and those without financial difficulties (the latter having more tests).

Hearing tests: data remains identical to 2006, with 16% check ups for all Europeans. This follows a +4 increase from 2003 to 2006. They remain infrequent and irregular throughout Europe (from 8% in Ireland to 24% in Spain), but doctors appear to have had some positive influence, particularly in Portugal.

Again, people have considerably more tests as they get older (people aged 55 and over and/or retired). The lower social categories tend to have more tests than upper categories: this could be because they have been more exposed to ear damaging factors. Indeed, manual workers and retired people have had more tests than other categories.

X ray, ultrasound or other scan: at 39%, the overall score in 2009 has gained only +1 since 2006, after a +5 increase from 2003 to 2006. This means only an average of one quarter to one half of Europeans have done a check up.

The best performing countries are Portugal (60%), followed by Germany, Latvia, Luxembourg, and Lithuania, all approaching 50%. Efforts since 2006 are particularly striking in Spain (+9) and Cyprus (+11).

Tests appear to be less frequent in Ireland, UK, Bulgaria, and Romania. However, Bulgaria and Romania have increased their performance, hence helping to reduce the gap between countries.

Doctors usually are the key decision makers for these tests – this is particularly true in Portugal (42%).

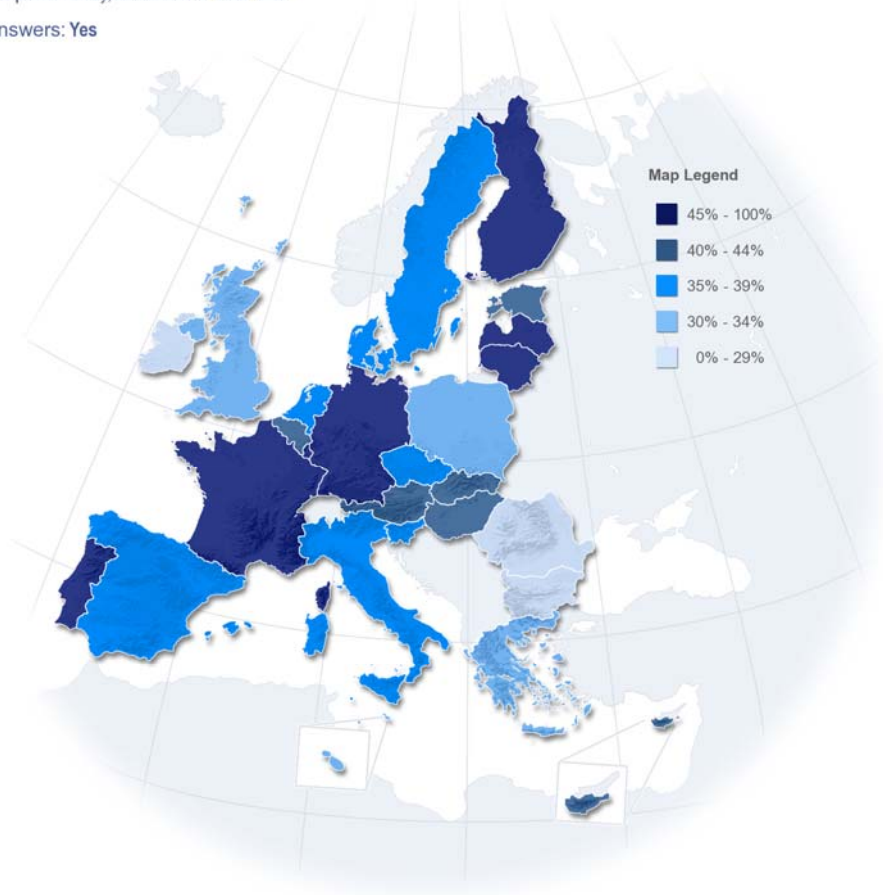
Gender and age are the key demographic determinants here, with women and older people having had more check ups.

	PT	60%
	DE	48%
	LV	48%
	LU	48%
	LT	47%
	FI	46%
	FR	45%
	EE	43%
	CY	42%
	BE	42%
	AT	42%
	SK	42%
	HU	41%
	EU27	39%
	IT	38%
	SE	37%
	CZ	37%
	SI	37%
	NL	36%
	ES	35%
	DK	35%
	EL	34%
	PL	33%
	MT	31%
	UK	30%
	RO	27%
	IE	26%
	BG	26%

Question: QA1.2. I am going to read out a series of possible tests or health check-ups. For each of them, please tell me if you had one in the last 12 months, whether or not as part of any treatment. (IF YES) Was it on your own initiative, at a doctor's initiative or as part of a screening programme?

Option: X-ray, ultrasound or other scan

Answers: Yes



1.2 Heart and cancer related tests

QA1 For each of the following tests or health check-ups, please tell me if you had one in the last 12 months, whether or not as part of any treatment. (IF YES) Was it on your own initiative, at a doctor's initiative or as a part of a screening programme? %EU

	Yes, own initiative	Yes, doctor's initiative	Yes, screening programme	Total Yes EB59.0 - EU15 (Jan. - Feb. 2003)	Total Yes EB66.2 - EU 25 (Oct. - Nov. 2006)	Total Yes EB72.3 - EU27 (October 2009)
Blood pressure test	24%	32%	7%	50%	59%	63%
Cholesterol test	13%	20%	5%	29%	38%	38%
Heart check-up	9%	16%	4%	24%	27%	29%
Prostate Specific Antigen (PSA) Test*	5%	7%	3%	-	13%	15%
Other test for cancer*	5%	5%	3%	-	12%	13%
Colorectal cancer testing (FOBT)*	4%	4%	2%	-	8%	10%

*These items were not asked in 2003 (EB59.0)

Blood pressure tests: scores have increased by 4 points since 2006, to reach 63% of Europeans having had a blood pressure test within the year. They had gained +9 between 2003 (EU15: 50%) and 2006 (EU25: 59%). In terms of frequency, more people have had a yearly check-up, which is probably why less frequent check-ups are slightly decreasing (1 to 5 years ago or more).

Efforts are particularly stunning in Bulgaria, with an improvement of +36 since 2006 for people having had a test within the last 12 months. This country now shows the most successful score (91%). Portugal, Slovakia, Belgium and Germany also show good results, with roughly 3/4 of the population having had a test over the year.

Serious increases are seen in Italy, Czech Republic and Denmark. The least performing countries are the Netherlands and Ireland – but still with national scores above 50%.









Cholesterol tests: results in 2009 are similar to 2006, after a +9 progression from 2003 to 2006. On average, 38% of Europeans have had a test. Yet, although several countries have improved their scores, others have dropped down.

Cholesterol tests appear to be more common in Southern countries, with over one half of the people being tested in Portugal, Spain, Greece and Cyprus. On the other hand, only about one quarter of the population are being tested regularly in the Netherlands, Sweden, Latvia, UK, Poland and Denmark.

Noticeable improvement has occurred in several countries, particularly in Romania (+12), Bulgaria (+9), and the Czech Republic (+8). Yet, scores have dropped down in Luxembourg and the Netherlands.

In most cases, tests are being implemented upon doctors' initiative.

QA1 I am going to read out a series of possible tests or health check-ups. For each of them, please tell me if you had one in the last 12 months, whether or not as part of any treatment. (IF YES) Was it on your own initiative, at a doctor's initiative or as part of a screening programme? - Cholesterol tests

		EB66.2 Oct. - Nov. 2006 (EU25)	EB72.3 October 2009 (EU27)	Evolution 2006-2009
	EU27	38%	38%	=
	RO	21%	33%	+12
	BG	23%	32%	+9
	CZ	27%	35%	+8
	ES	48%	56%	+8
	:	:	:	:
	LV	31%	26%	-5
	NL	26%	21%	-5
	LU	57%	45%	-12

Heart check ups: scores have increased by +2 points since 2006, slightly less than between 2003 and 2006 (+3), reaching 29% this year. Scores rank from the Netherlands (only 13% of the population), to Portugal and Lithuania (almost half of the population): these two countries also appear to get the strongest involvement from doctors. While some countries have made visible efforts, like Bulgaria and Spain (+7), others show a drop down: Luxembourg (-8), Latvia and Hungary (-7). Heart check ups are more frequent amongst men and older people. Programs appear to have been particularly successful in Spain, Slovakia and Austria.

Cancer related tests:

Colorectal cancer testing has improved by +2 since 2006, reaching 10% of Europeans. Best performances are seen in Germany (23%), Austria (19%), and to a lesser extent, France (13%), Luxembourg (12%) and Slovakia (11%); all other countries are below 10%. These tests are mostly initiated by doctors, except in Germany, where 13% of the people have it of their own initiative.

Prostate specific antigen test (PSA) has also seen a +2 improvement since 2006, reaching 15% of the men interviewed. Scores rank from 3% in Bulgaria to about one quarter of the population in Germany and Austria. German and Cypriot patients tend to take the initiative of the test, while doctors in Austria, France and Portugal appear accountable for above average results in their countries.

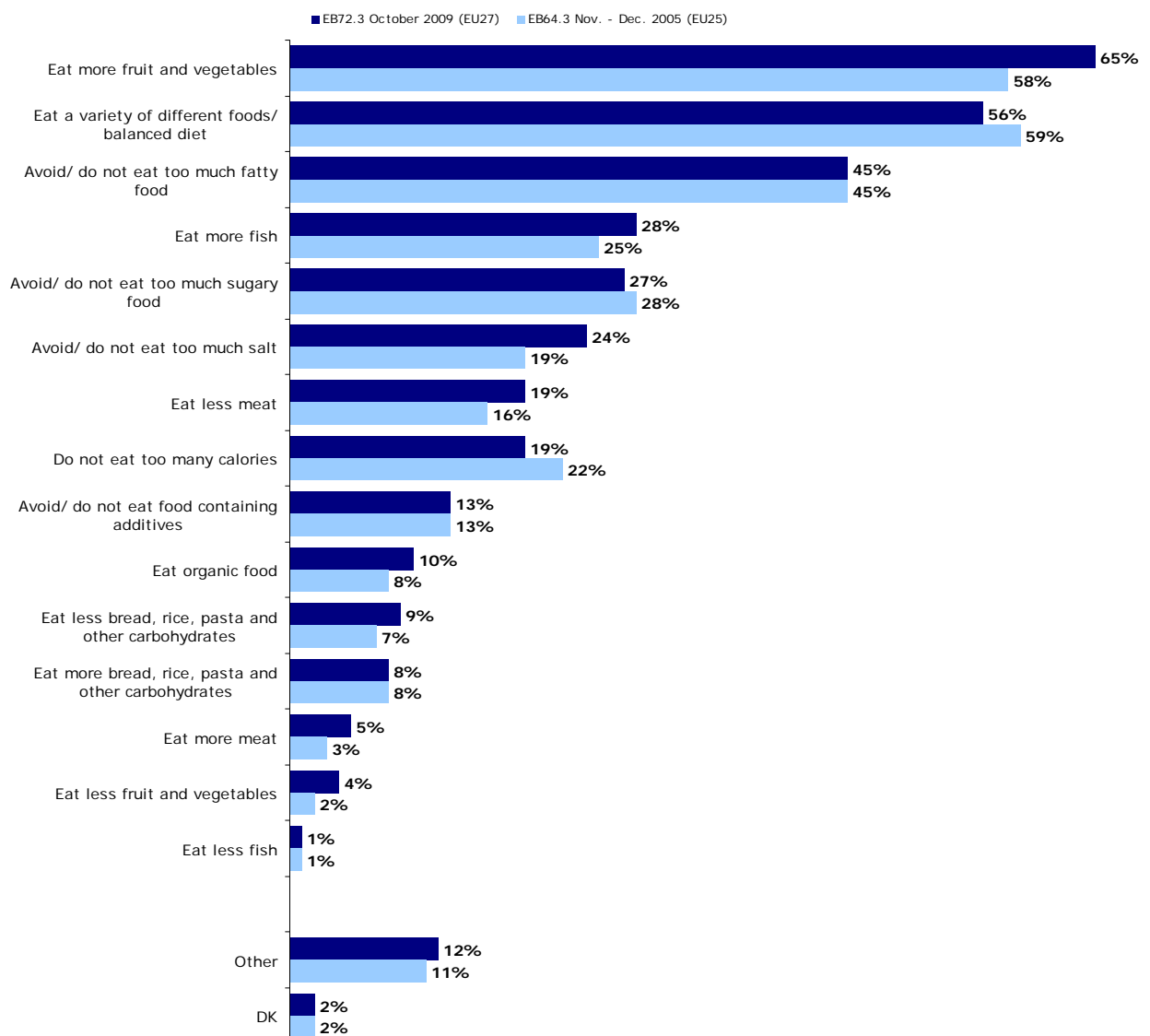
Other tests for cancer are being done by 13% of the population, particularly in Germany and Austria. With a +1 score improvement since 2006, most countries appear to have made efforts, particularly in Estonia (+6).

It should be noted that overall, efforts appear to have been done in national health programs. They are striking in Spain and Austria, but can also be seen in Slovakia, Czech Republic, and to a lesser extent Slovenia, Sweden, Hungary, and Lithuania.

2. HEALTHY LIFE STYLE AWARENESS AND PRACTICE

2.1 Healthy diet awareness

QA3 We often hear people talking about the importance of eating a health diet. What do you think "eating a healthy diet" involves? (DO NOT READ OUT – PRE-CODED QUESTION – MULTIPLE ANSWERS POSSIBLE)



The meaning of a healthy diet: this question was already asked in 2005, and results are fairly similar – with a very slight improvement in awareness. One change is that Europeans now put "eating more fruit and vegetables" ahead of "eating a variety of food" - a swap from 2005.

Almost 2/3 of respondents now believe a healthy diet is mostly about "eating more fruit and vegetables" (65%). This represents a +7 increase since 2005. It is top of mind for 4/5 of respondents in Cyprus, Germany, Denmark, but only for one half in Italy, Poland, Portugal and France.

"*Eating a variety of food and a balanced diet*" is mentioned by 56% of respondents, slightly less than in 2005 (top of mind for 71% of people in Slovenia and 68% in Belgium)

Other answers have remained fairly similar since 2005:

- *avoiding too much fatty food (45%)*
- *eating more fish (28%)*
- *avoiding too much sugar (27%),*
- *avoiding too much salt (24%).*

Organic food is associated with a healthy diet by 10% of respondents, which is slightly more than in 2005.

Sociodemographic analysis: Demographics only influence answers to some extent (in age and gender mostly) – although not to a very striking level.

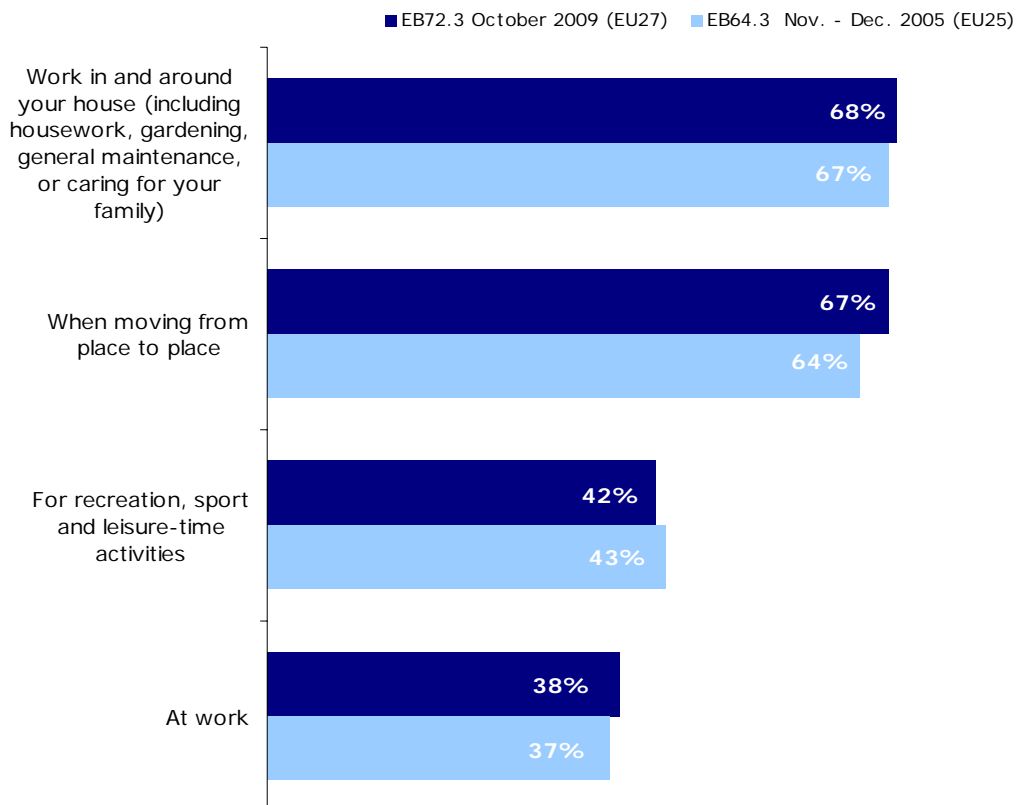
"*Eating more fruit and vegetables*" is mentioned by women (68%) more than men (62%), but gender splits are otherwise rather minimal.

Young people tend to be slightly less concerned with fatty and sugary foods than older people – probably because they are not yet facing diet related problems.

2.2 Physical activity

This aspect of health has already been tested in 2005, with 4 questions investigating particular occasions when people could get physical exercise.

QA4 In the last 7 days, how much physical activity did you get...? "A lot" + "some"



General trends, and variations between countries:

The level of activity varies with the occasion, and strong contrasts occur between countries. Activity is done by over 50% of Europeans:

- When on the go – going from one place to another
- When "in and around the home"

But only a minority of Europeans claim to exercise as part of their recreational activities (about 40% having "some" or "a lot"), consciously dedicating some free time to exercising. Scores are even lower for activity at work.








a. At work : a small +1 point improvement since 2005, with 38% of respondents having done "a lot of" or "some" physical activity (against 37% in 2005). This reaches more than 50% in the Netherlands, Czech Republic and Slovakia. Countries where people have done only little physical activity at work are – starting from the

less active: Malta, Italy (decrease since 2006), Spain, Finland (decrease since 2006), and France.

b. When moving from place to place : a good +3 improvement, from 64% in 2005 to 67% today. This is particularly striking in Sweden (+22), Latvia (+18), Slovakia (+13), Czech Republic and Spain (+11); Scores are the lowest however in Greece (49%), Italy (51%) and Cyprus (52%).

QA4.2 In the last 7 days, how much physical activity did you get...?

When moving from place to place ("A lot" + "some")

		EB64.3 Nov. - Dec. 2005 (EU25)	EB72.3 October 2009 (EU27)	Evolution 2005-2009
	EU27	64%	67%	+3
	SE	48%	70%	+22
	LV	57%	75%	+18
	SK	64%	76%	+12
	:	:	:	:
	IT	54%	51%	-3
	PT	73%	70%	-3
	DK	71%	66%	-5

c. Work in and around your house: again, this score has gained +1 since 2005, with 68% respondents claiming to have had "a lot" or "some" activity when at home – all countries being above 50%. Scores reach 85% in Hungary, but stay barely above 50% in Denmark, Italy, Spain and Greece.

d. For recreation, sport and leisure: the average score has slightly decreased (from 43% in 2005 to 42% of respondents claiming to have had "a lot of" or "some" exercise). Highest scores are clearly seen in some Northern countries (2/3 in the Netherlands and Finland, and over 50% in Germany, Austria, Sweden and Ireland). Almost symmetrically, people from some Southern countries appear less likely to have physical leisurely activities. Less than one third of the population have had "some" or "a lot of" activity for recreation in Greece, Romania, Bulgaria, Portugal, and Italy.






Sociodemographic analysis: results are clearly influenced by:

Gender: men tend to exercise more than women at work and for leisure – women exercise more at home, unsurprisingly.

Age: overall, older people tend to have less exercise, as well as people who stay at home. Students and young people exercise more when on the go, and for leisure – but not when at home.

Education and occupation: unsurprisingly, manual workers are those who do the most exercise at work, and to a lesser extent, when going from one place to another. But overall, exercising is also done by people with a higher social profile (more educated, better salary). This is particularly true with recreational activities, mostly done by wealthier and/or more educated categories.

**QA4 In the last 7 days, how much physical activity did you get...?
"A lot" + "some"**

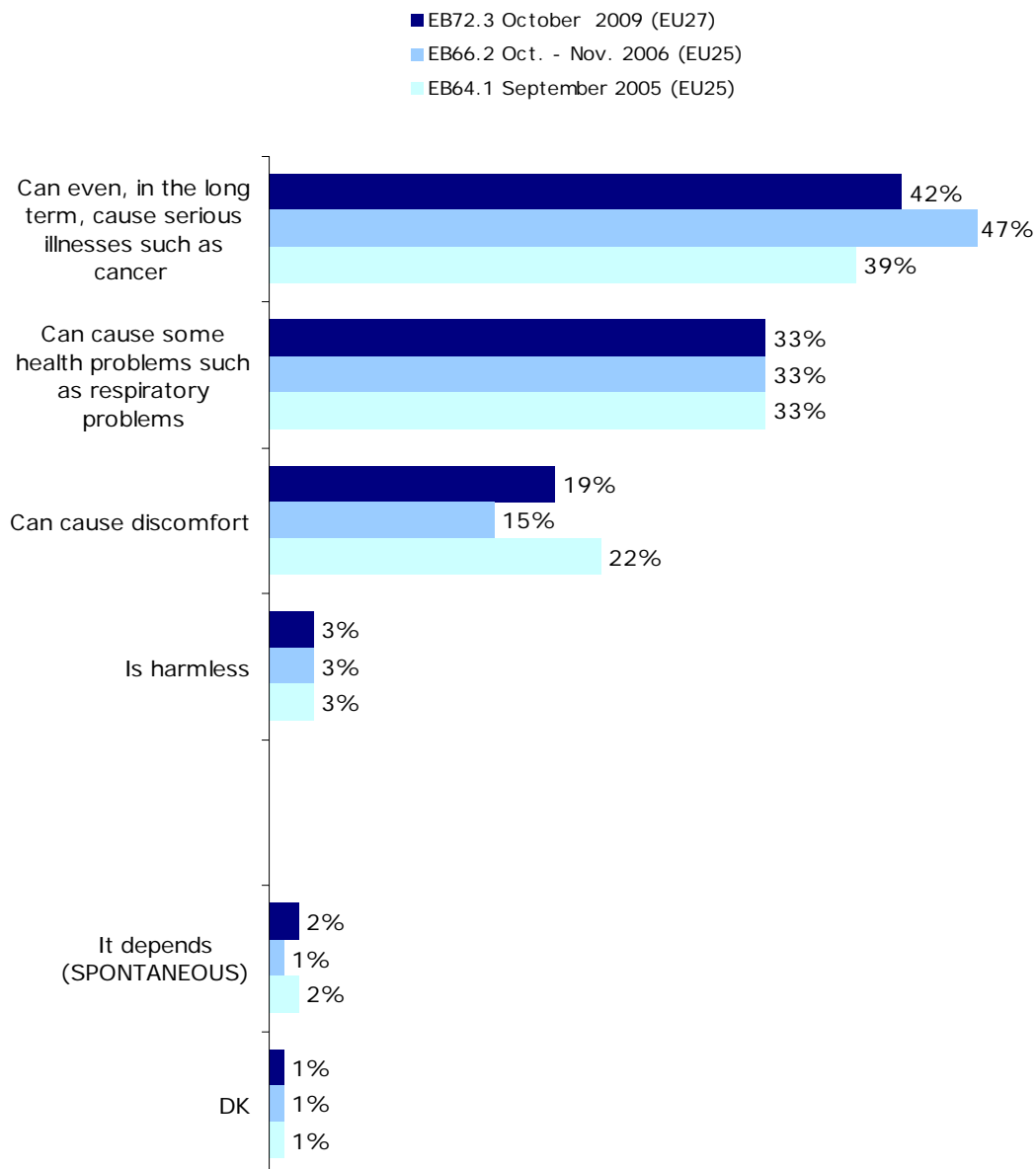
	Work in and around your house	When moving from place to place	For recreation, sport and leisure-time activities	At work
EU27	68%	67%	42%	38%
Sex				
 Male	59%	66%	47%	43%
 Female	76%	67%	39%	34%
Age				
 15-24	54%	75%	61%	42%
25-39	70%	67%	47%	50%
40-54	72%	68%	43%	52%
55 +	69%	62%	32%	18%
Education (End of)				
 15-	67%	60%	26%	25%
16-19	72%	68%	41%	44%
20+	69%	67%	54%	41%
Still studying	49%	78%	68%	34%
Respondent occupation scale				
 Self- employed	65%	68%	44%	62%
Managers	70%	66%	59%	47%
Other white collars	66%	62%	47%	45%
Manual workers	71%	69%	43%	70%
House persons	82%	67%	32%	19%
Unemployed	69%	72%	38%	20%
Retired	68%	61%	31%	10%
Students	49%	78%	68%	34%

2.3 "Passive smoking" awareness

This was already tested in 2005 and 2006. Awareness about the dangers of passive smoking remains overall similar.

Two thirds of Europeans are aware that tobacco smoke *"can cause health problems"* or *"even serious illnesses"* to non-smokers, while 3% of Europeans still think that smoke is *"harmless"* for the non-smoker. These scores have remained unchanged from 2003 and 2006.

QA5 Do you think that, for the non-smoker, other people's smoke...?



Worryingly, only 42% of Europeans think smoke *"can cause serious illnesses such as cancer"*. This score was of 47% in 2005, now showing a 5 points decrease (but it barely reached 39% in 2003). The highest awareness scores about *"serious illnesses"* are seen in Cyprus (58%), Germany (55%), Poland (53%), Sweden (52%) and Ireland (50%). But it is believed by less than one person out of five in Romania (18%) and Bulgaria (19%).

In terms of demographic criteria, awareness is clearly connected to education. People with the highest education level are more likely to know passive smoking *"can create dangerous illnesses such as cancer"*; this high level of awareness is also seen with managers (54%, vs. 41% of manual workers), and people who have a high use of the Internet.

CONCLUSION

Check ups scores have kept slightly improving overall since 2006 (with a progression of +1 or +2 for most tests) – or, at worse, have stagnated. But progressions are less spectacular between 2006 and 2009 than they were between 2003 and 2006. The most noticeable change in the last few years is the increase in blood pressure tests (+4 since 2006, +13 since 2003).

It is also noticeable that the gap between countries is shrinking, with visible efforts from some countries with the lowest historical scores to improve results.

Attitudes towards a healthy lifestyle:

Awareness about **healthy eating** has slightly improved since 2006. This means 2/3 of Europeans realize the importance of fruit and vegetable in a diet, and above half believe in a varied and balanced diet. However, this means awareness is still low amongst a large part of the population.

Exercising practices have also slightly improved since 2006, except for stagnation in recreational activities; in particular, more exercising appears to be done in the home and when on the go. However, exercising for its own purpose – during recreational activities – is not improving, and remains a hobby for the wealthier social classes, as well as for young people.

Attitudes towards **passive smoking** have not improved since 2005 – although awareness is better than in 2003. If only 3% of Europeans think smoke is harmless for the non smokers, not more than 42% are aware it can cause serious illnesses, including cancer. Here again, awareness appears strongly connected with the level of education, with more highly educated and higher social classes being the most aware of risks.

ANNEXES

TECHNICAL SPECIFICATIONS

SPECIAL EUROBAROMETER 329

“Health determinants”

TECHNICAL SPECIFICATIONS

Between the 2nd and the 19th of October 2009, TNS Opinion & Social, a consortium created between TNS plc and TNS opinion, carried out wave 72.3 of the EUROBAROMETER, on request of the EUROPEAN COMMISSION, Directorate-General for Communication, “Research and Political Analysis”.

The SPECIAL EUROBAROMETER 329 is part of the wave 72.3 and covers the population of the respective nationalities of the European Union Member States, resident in each of the Member States and aged 15 years and over. The basic sample design applied in all states is a multi-stage, random (probability) one. In each country, a number of sampling points was drawn with probability proportional to population size (for a total coverage of the country) and to population density.

In order to do so, the sampling points were drawn systematically from each of the “administrative regional units”, after stratification by individual unit and type of area. They thus represent the whole territory of the countries surveyed according to the EUROSTAT NUTS II (or equivalent) and according to the distribution of the resident population of the respective nationalities in terms of metropolitan, urban and rural areas. In each of the selected sampling points, a starting address was drawn, at random. Further addresses (every Nth address) were selected by standard “random route” procedures, from the initial address. In each household, the respondent was drawn, at random (following the “closest birthday rule”). All interviews were conducted face-to-face in people’s homes and in the appropriate national language. As far as the data capture is concerned, CAPI (*Computer Assisted Personal Interview*) was used in those countries where this technique was available.

ABBREVIATIONS	COUNTRIES	INSTITUTES	N° INTERVIEWS	FIELDWORK DATES	POPULATION 15+
BE	Belgium	TNS Dimarso	1.001	02/10/2009 18/10/2009	8.866.411
BG	Bulgaria	TNS BBSS	1.000	02/10/2009 12/10/2009	6.584.957
CZ	Czech Rep.	TNS Aisa	1.066	02/10/2009 15/10/2009	8.987.535
DK	Denmark	TNS Gallup DK	1.040	02/10/2009 18/10/2009	4.503.365
DE	Germany	TNS Infratest	1.550	02/10/2009 18/10/2009	64.545.601
EE	Estonia	Emor	1.011	02/10/2009 18/10/2009	916.000
IE	Ireland	TNS MRBI	1.008	02/10/2009 18/10/2009	3.375.399
EL	Greece	TNS ICAP	1.000	03/10/2009 19/10/2009	8.693.566
ES	Spain	TNS Demoscopia	1.003	02/10/2009 18/10/2009	39.059.211
FR	France	TNS Sofres	1.000	02/10/2009 18/10/2009	47.620.942
IT	Italy	TNS Infratest	1.032	02/10/2009 17/10/2009	51.252.247
CY	Rep. of Cyprus	Synovate	503	02/10/2009 17/10/2009	651.400
LV	Latvia	TNS Latvia	1.018	03/10/2009 18/10/2009	1.448.719
LT	Lithuania	TNS Gallup Lithuania	1.026	02/10/2009 16/10/2009	2.849.359
LU	Luxembourg	TNS ILReS	513	05/10/2009 16/10/2009	404.907
HU	Hungary	TNS Hungary	1.044	02/10/2009 18/10/2009	8.320.614
MT	Malta	MISCO	500	02/10/2009 17/10/2009	335.476
NL	Netherlands	TNS NIPO	1.007	02/10/2009 18/10/2009	13.288.200
AT	Austria	Österreichisches Gallup-Institut	1.005	02/10/2009 16/10/2009	6.973.277
PL	Poland	TNS OBOP	1.000	03/10/2009 19/10/2009	32.306.436
PT	Portugal	TNS EUROTESTE	1.031	02/10/2009 18/10/2009	8.080.915
RO	Romania	TNS CSOP	1.010	02/10/2009 15/10/2009	18.246.731
SI	Slovenia	RM PLUS	1.031	02/10/2009 19/10/2009	1.748.308
SK	Slovakia	TNS AISA SK	1.006	02/10/2009 18/10/2009	4.549.954
FI	Finland	TNS Gallup Oy	1.017	02/10/2009 19/10/2009	4.412.321
SE	Sweden	TNS GALLUP	1.012	02/10/2009 19/10/2009	7.723.931
UK	United Kingdom	TNS UK	1.354	02/10/2009 18/10/2009	51.081.866
TOTAL			26788	02/10/2009 19/10/2009	406.827.648

For each country a comparison between the sample and the universe was carried out. The Universe description was derived from Eurostat population data or from national statistics offices. For all countries surveyed, a national weighting procedure, using marginal and intercellular weighting, was carried out based on this Universe description. In all countries, gender, age, region and size of locality were introduced in the iteration procedure. For international weighting (i.e. EU averages), TNS Opinion & Social applies the official population figures as provided by EUROSTAT or national statistic offices. The total population figures for input in this post-weighting procedure are listed above.

Readers are reminded that survey results are estimations, the accuracy of which, everything being equal, rests upon the sample size and upon the observed percentage. With samples of about 1,000 interviews, the real percentages vary within the following confidence limits:

Observed percentages	10% or 90%	20% or 80%	30% or 70%	40% or 60%	50%
Confidence limits	± 1.9 points	± 2.5 points	± 2.7 points	± 3.0 points	± 3.1 points

QUESTIONNAIRE

QA1 I am going to read out a series of possible tests or health check-ups. For each of them, please tell me if you had one in the last 12 months, whether or not as part of any treatment. (IF YES) Was it on your own initiative, at a doctor's initiative or as part of a screening programme?

QA1 Je vais maintenant vous lire une série de tests, de bilans de santé\ checkups possibles. Pour chacun d'eux veuillez me dire si vous en avez subi un au cours des 12 derniers mois, que ce soit ou non dans le cadre d'un traitement. (SI OUI) Etait-ce de votre propre initiative, de l'initiative d'un médecin ou dans le cadre d'un programme de dépistage ?

(SHOW CARD WITH SCALE – ONE ANSWER PER LINE)

(READ OUT)	Yes, own initiative	Yes, doctor's initiative	Yes, screening programme	No	DK
------------	---------------------	--------------------------	--------------------------	----	----

1	Dental check-up	1	2	3	4	5
2	X-ray, ultrasound or other scan	1	2	3	4	5
3	Eye test by an optician or an eye doctor	1	2	3	4	5
4	Cholesterol test	1	2	3	4	5
5	Heart check-up	1	2	3	4	5
6	Hearing test	1	2	3	4	5
7	Blood pressure test	1	2	3	4	5
8	Colorectal cancer testing (FOBT)	1	2	3	4	5
9	Prostate Specific Antigen (PSA) Test	1	2	3	4	5
10	Other test for cancer	1	2	3	4	5

EB66.2 QB46

(MONTRER CARTE AVEC ECHELLE – UNE REPONSE PAR LIGNE)

(LIRE)	Oui, initiative personnelle	Oui, initiative du médecin	Oui, programme de dépistage	Non	NSP
--------	-----------------------------	----------------------------	-----------------------------	-----	-----

1	Un contrôle dentaire	1	2	3	4	5
2	Une radio, une échographie ou un scanner	1	2	3	4	5
3	Un test de la vue chez un opticien ou un ophtalmologiste	1	2	3	4	5
4	Un test du cholestérol	1	2	3	4	5
5	Un examen cardiaque	1	2	3	4	5
6	Un test d'audition	1	2	3	4	5
7	Une mesure de la pression artérielle	1	2	3	4	5
8	Un test de dépistage du cancer du côlon (M)	1	2	3	4	5
9	Un test de l'antigène prostatique spécifique (PSA)	1	2	3	4	5
10	Un autre test de dépistage du cancer (M)	1	2	3	4	5

EB66.2 QB46

QA2 When was your blood pressure last measured by a health professional?

(READ OUT – ONE ANSWER ONLY)

Within the past 12 months	1
1 - 5 years ago	2
Not within the past 5 years or never	3
DK\ Do not remember	4

EB66.2 QB47

QA3 We often hear people talking about the importance of eating a health diet. What do you think "eating a healthy diet" involves?

(DO NOT READ OUT – PRE-CODED QUESTION – CODE SPONTANEOUS ANSWERS USING THE LIST BELOW – MULTIPLE ANSWERS POSSIBLE)

Eat a variety of different foods\ balanced diet	1,
Avoid\ do not eat too much fatty food	2,
Avoid\ do not eat too much sugary food	3,
Avoid\ do not eat too much salt	4,
Eat more fruit and vegetables	5,
Eat less fruit and vegetables	6,
Eat more bread, rice, pasta and other carbohydrates	7,
Eat less bread, rice, pasta and other carbohydrates	8,
Eat more meat	9,
Eat less meat	10,
Eat more fish	11,
Eat less fish	12,
Do not eat too many calories	13,
Avoid\ do not eat food containing additives	14,
Eat organic food	15,
Other	16,
DK	17,

EB64.3 QD8

QA2 Quand votre pression artérielle a été mesurée pour la dernière fois par une personne du corps médical ? (M)

(LIRE – UNE SEULE REPONSE)

Au cours des 12 derniers mois	1
Il y a 1-5 ans	2
Pas au cours des 5 dernières années ou jamais	3
NSP\ Ne se souvient plus	4

EB66.2 QB47

QA3 Nous entendons souvent dire qu'il est important de manger sainement. Que recouvre, selon vous, l'expression "manger sainement" ?

(NE PAS LIRE – QUESTION PRECODEE – CODER LES REPONSES SPONTANEEES EN EMPLOYANT LA LISTE CI-DESSOUS – PLUSIEURS REPONSES POSSIBLES)

Manger une nourriture variée\ avoir un régime alimentaire équilibré (M)	1,
Eviter\ ne pas manger trop d'aliments gras	2,
Eviter\ ne pas manger trop d'aliments sucrés	3,
Eviter\ ne pas manger trop salé	4,
Manger plus de fruits et de légumes	5,
Manger moins de fruits et de légumes	6,
Manger plus de pain, de riz, de pâtes et d'autres hydrates de carbone	7,
Manger moins de pain, de riz, de pâtes et d'autres hydrates de carbone	8,
Manger plus de viande	9,
Manger moins de viande	10,
Manger plus de poisson	11,
Manger moins de poisson	12,
Ne pas manger trop de calories	13,
Eviter\ ne pas manger d'aliments contenant des additifs	14,
Manger des produits biologiques	15,
Autres	16,
NSP	17,

EB64.3 QD8

QA4 In the last 7 days, how much physical activity did you get...?

(SHOW CARD WITH SCALE – ONE ANSWER PER LINE)

(READ OUT) A lot Some Little None DK

		1	2	3	4	5
1	At work					
2	When moving from place to place	1	2	3	4	5
3	Work in and around your house (including housework, gardening, general maintenance, or caring for your family)	1	2	3	4	5
4	For recreation, sport and leisure-time activities	1	2	3	4	5

EB64.3 QD22

QA5 Do you think that, for the non-smoker, other people's smoke...?

(SHOW CARD – READ OUT – ONE ANSWER ONLY)

Is harmless	1
Can cause discomfort	2
Can cause some health problems such as respiratory problems	3
Can even, in the long term, cause serious illnesses such as cancer	4
It depends (SPONTANEOUS)	5
DK	6

EB66.2 QB28

QA4 Au cours des 7 derniers jours, combien d'activité physique avez-vous pratiqué ...?

(MONTRER CARTE AVEC ECHELLE – UNE REponse PAR LIGNE)

(LIRE) Beaucoup Un peu Très peu Aucune NSP

		1	2	3	4	5
1	Au travail					
2	En vous déplaçant d'un lieu à un autre	1	2	3	4	5
3	En travaillant dans la maison et à l'extérieur (y compris le ménage, le jardinage, l'entretien général ou en s'occupant de la famille)	1	2	3	4	5
4	Dans le cadre d'activités récréatives, sportives ou de détente	1	2	3	4	5

EB64.3 QD22

QA5 Pensez-vous que, pour le non-fumeur, la fumée des autres ... ?

(MONTRER CARTE – LIRE – UNE SEULE REponse)

Est sans danger	1
Peut déranger	2
Peut causer des problèmes de santé comme des problèmes respiratoires	3
Peut même causer à la longue des maladies graves comme le cancer	4
Cela dépend (SPONTANE)	5
NSP	6

EB66.2 QB28

TABLES

QA1.1 Je vais maintenant vous lire une série de tests, de bilans de santé/ checkups possibles. Pour chacun d'eux veuillez me dire si vous en avez subi un au cours des 12 derniers mois, que ce soit ou non dans le cadre d'un traitement. (SI OUI) Etait-ce de votre propre initiative, de l'initiative d'un médecin ou dans le cadre d'un programme de dépistage ?

Un contrôle dentaire

QA1.1 I am going to read out a series of possible tests or health check-ups. For each of them, please tell me if you had one in the last 12 months, whether or not as part of any treatment. (IF YES) Was it on your own initiative, at a doctor's initiative or as part of a screening programme?

Dental check-up

QA1.1 Ich nenne Ihnen jetzt verschiedene Untersuchungen oder Gesundheitstests. Sagen Sie mir bitte jeweils, ob Sie sich innerhalb der letzten 12 Monate einer solchen Untersuchung oder einem solchen Test unterzogen haben, und zwar gleichgültig, ob dies Teil irgendeiner Behandlung war oder nicht. (FALLS JA) Sagen Sie mir bitte auch noch, ob dies auf Ihren eigenen Wunsch hin geschah, auf Wunsch eines Arztes oder im Rahmen einer Reihenuntersuchung.

Zahnärztliche Untersuchung

1re colonne: EB72 automne 2009

2ième colonne: % changement par rapport à EB66 automne 2006

	EU27		EU25		BE		BG		CZ		DK		D-W		DE		D-E		EE		IE		EL		ES	
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB
	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2
Oui, initiative personnelle	54	+2	57	-2	46	+2	43	-1	57	-3	73	+3	74	+3	75	-1	49	-7	52	+4	49	+11	44	+17	44	+17
Oui, initiative du médecin	5	0	5	-2	2	+1	4	+1	21	+4	3	0	3	+1	4	+1	2	+1	3	0	4	-2	5	-1	4	+1
Oui, programme de dépistage	4	-1	1	+1	1	0	29	+3	1	0	3	-1	3	-2	6	0	0	0	0	0	0	-1	0	-1	4	+1
Non	37	-1	37	+3	51	-3	24	-3	21	-1	21	-2	20	-2	15	0	49	+6	44	-3	47	-8	47	-17	47	-17
NSP	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0
Oui	63	+1	63	-3	49	+3	76	+3	79	+1	79	+2	80	+2	85	0	51	-6	55	+3	53	+8	53	+17	53	+17

1st column: EB72 autumn 2009

2nd column: % change from EB66 autumn 2006

	FR		IT		CY		LV		LT		LU		HU		MT		NL		AT		PL		PT	
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB
Yes, own initiative	51	-6	53	+13	47	+6	46	-9	50	+2	73	+2	44	-1	47	-2	72	+4	58	-4	45	+2	46	+12
Yes, doctor's initiative	3	+1	6	-1	4	-2	1	-2	2	0	3	-2	3	-1	1	-1	8	-1	3	0	2	-1	6	-4
Yes, screening programme	1	-1	7	0	3	-4	1	0	2	0	2	-3	3	0	2	-5	3	-2	9	-3	1	0	1	0
No	45	+6	34	-11	46	+1	52	+11	46	-2	22	+3	50	+2	49	+7	17	-1	30	+7	52	0	47	-8
DK	0	0	0	-1	0	-1	0	0	0	0	0	0	0	0	1	+1	0	0	0	0	0	-1	0	0
Yes	55	-6	66	+12	54	0	48	-11	54	+2	78	-3	50	-2	50	-8	83	+1	70	-7	48	+1	53	+8

erste Spalte: EB72 Herbst 2009

zweite Spalte: % veränderungen im Vergleich zu EB66 Herbst 2006

	RO		SI		SK		FI		SE		UK	
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB
	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2
Ja, auf eigenen Wunsch	34	+3	48	+3	44	-8	53	+1	31	-3	59	-1
Ja, auf Wunsch eines Arztes	4	0	8	+1	4	0	11	+1	9	+1	6	-1
Ja, im Rahmen einer Reihenuntersuchung	2	+1	2	-2	35	+9	2	0	34	0	2	-1
Nein	59	-5	42	-2	17	0	34	-2	26	+2	33	+3
WN	1	+1	0	0	0	-1	0	0	0	0	0	0
Ja	40	+4	58	+2	83	+1	66	+2	74	-2	67	-3

QA1.2 Je vais maintenant vous lire une série de tests, de bilans de santé/ checkups possibles. Pour chacun d'eux veuillez me dire si vous en avez subi un au cours des 12 derniers mois, que ce soit ou non dans le cadre d'un traitement. (SI OUI) Etait-ce de votre propre initiative, de l'initiative d'un médecin ou dans le cadre d'un programme de dépistage ?

Une radio, une échographie ou un scanner

QA1.2 I am going to read out a series of possible tests or health check-ups. For each of them, please tell me if you had one in the last 12 months, whether or not as part of any treatment. (IF YES) Was it on your own initiative, at a doctor's initiative or as part of a screening programme?

X-ray, ultrasound or other scan

QA1.2 Ich nenne Ihnen jetzt verschiedene Untersuchungen oder Gesundheitstests. Sagen Sie mir bitte jeweils, ob Sie sich innerhalb der letzten 12 Monate einer solchen Untersuchung oder einem solchen Test unterzogen haben, und zwar gleichgültig, ob dies Teil irgendeiner Behandlung war oder nicht. (FALLS JA) Sagen Sie mir bitte auch noch, ob dies auf Ihren eigenen Wunsch hin geschah, auf Wunsch eines Arztes oder im Rahmen einer Reihenuntersuchung.

Röntgenuntersuchung, Ultraschall oder andere Untersuchung dieser Art

1re colonne: EB72 automne 2009

2ième colonne: % changement par rapport à EB66 automne 2006

	EU27		EU25		BE		BG		CZ		DK		D-W		DE		D-E		EE		IE		EL		ES	
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB
	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2
Oui, initiative personnelle	12	+1	12	+1	12	+3	8	+3	11	+5	23	+3	22	+3	17	0	16	0	9	+2	17	-1	8	+4		
Oui, initiative du médecin	23	0	27	-3	12	+1	22	0	17	-4	21	-1	23	-1	27	-2	25	-1	16	+1	16	0	21	+8		
Oui, programme de dépistage	4	0	3	+1	2	0	7	+2	7	+4	3	0	3	0	5	+2	2	0	1	-1	1	0	6	-3		
Non	61	-1	58	+1	73	-5	63	-5	65	-5	53	-2	52	-2	51	0	57	+1	73	-2	66	+1	65	-9		
NSP	0	0	0	0	1	+1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
Oui	39	+1	42	-1	26	+4	37	+5	35	+5	47	+2	48	+2	49	0	43	-1	26	+2	34	-1	35	+9		

1st column: EB72 autumn 2009

2nd column: % change from EB66 autumn 2006

	FR		IT		CY		LV		LT		LU		HU		MT		NL		AT		PL		PT	
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	
Yes, own initiative	8	-1	14	+3	15	+5	23	+3	19	+5	16	-5	11	-2	15	+2	8	+2	11	-1	8	-3	14	+4
Yes, doctor's initiative	34	-2	20	-2	23	+5	22	-2	22	+2	30	-1	19	-5	14	-5	25	+2	21	+3	22	0	42	-4
Yes, screening programme	3	+1	4	-1	4	+1	3	-5	6	-4	2	+1	11	+2	2	0	3	+1	10	0	3	0	4	+2
No	55	+2	62	+1	58	-10	52	+4	53	-3	52	+5	59	+5	69	+3	64	-5	58	-1	67	+4	40	-1
DK	0	0	0	-1	0	-1	0	0	0	0	0	0	0	0	0	0	0	0	0	-1	0	-1	0	-1
Yes	45	-2	38	0	42	+11	48	-4	47	+3	48	-5	41	-5	31	-3	36	+5	42	+2	33	-3	60	+2

erste Spalte: EB72 Herbst 2009

zweite Spalte: % Veränderungen im Vergleich zu EB66 Herbst 2006

	RO		SI		SK		FI		SE		UK	
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB
	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2
Ja, auf eigenen Wunsch	11	+4	9	+3	8	-1	14	-1	10	+3	7	+2
Ja, auf Wunsch eines Arztes	13	+2	26	+2	25	+5	27	+2	19	+1	21	0
Ja, im Rahmen einer Reihenuntersuchung	3	-1	2	0	9	-1	5	+1	8	+1	2	0
Nein	72	-5	63	-5	58	-2	54	-2	63	-5	70	-2
WN	1	0	0	0	0	-1	0	0	0	0	0	0
Ja	27	+5	37	+5	42	+3	46	+2	37	+5	30	+2

QA1.3 Je vais maintenant vous lire une série de tests, de bilans de santé/ checkups possibles. Pour chacun d'eux veuillez me dire si vous en avez subi un au cours des 12 derniers mois, que ce soit ou non dans le cadre d'un traitement. (SI OUI) Etait-ce de votre propre initiative, de l'initiative d'un médecin ou dans le cadre d'un programme de dépistage ?

Un test de la vue chez un opticien ou un ophtalmologiste

QA1.3 I am going to read out a series of possible tests or health check-ups. For each of them, please tell me if you had one in the last 12 months, whether or not as part of any treatment. (IF YES) Was it on your own initiative, at a doctor's initiative or as part of a screening programme?

Eye test by an optician or an eye doctor

QA1.3 Ich nenne Ihnen jetzt verschiedene Untersuchungen oder Gesundheitstests. Sagen Sie mir bitte jeweils, ob Sie sich innerhalb der letzten 12 Monate einer solchen Untersuchung oder einem solchen Test unterzogen haben, und zwar gleichgültig, ob dies Teil irgendeiner Behandlung war oder nicht. (FALLS JA) Sagen Sie mir bitte auch noch, ob dies auf Ihren eigenen Wunsch hin geschah, auf Wunsch eines Arztes oder im Rahmen einer Reihenuntersuchung.

Sehtest beim Optiker oder Augenarzt

1re colonne: EB72 automne 2009

2ième colonne: % changement par rapport à EB66 automne 2006

	EU27		EU25		BE		BG		CZ		DK		D-W		DE		D-E		EE		IE		EL		ES	
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB
	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2
Oui, initiative personnelle	26	+1	26	-5	19	+5	20	+4	27	-1	37	+8	36	+6	31	-3	24	-5	25	+1	21	-1	18	+10		
Oui, initiative du médecin	9	0	9	-1	7	+1	7	-1	6	-1	4	-1	5	-1	8	-2	8	0	5	+1	8	-1	12	+2		
Oui, programme de dépistage	4	0	4	-1	3	+1	10	+3	2	+1	2	-1	2	-1	4	+2	1	0	1	0	1	0	10	0		
Non	61	0	61	+7	70	-8	63	-6	65	+1	57	-6	57	-4	57	+3	66	+5	68	-2	70	+2	60	-12		
NSP	0	-1	0	0	1	+1	0	0	0	0	0	0	0	0	0	0	1	0	1	0	0	0	0	0		
Oui	39	+1	39	-7	29	+7	37	+6	35	-1	43	+6	43	+4	43	-3	33	-5	31	+2	30	-2	40	+12		

1st column: EB72 autumn 2009

2nd column: % change from EB66 autumn 2006

	FR		IT		CY		LV		LT		LU		HU		MT		NL		AT		PL		PT	
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB
Yes, own initiative	30	-3	21	-3	28	+4	22	-2	23	+5	42	-4	22	+3	30	+4	29	-1	25	+1	18	-2	19	+5
Yes, doctor's initiative	11	+2	9	-2	4	-4	8	-3	8	-2	6	-3	8	-4	4	-4	7	+1	9	+2	12	-2	21	-1
Yes, screening programme	2	-1	5	-1	5	-1	3	-5	9	-2	1	-2	5	+2	3	-2	2	0	7	-1	4	+1	3	+1
No	57	+2	65	+6	63	+2	67	+10	60	-1	51	+9	65	-1	63	+2	62	0	59	-1	66	+5	57	-4
DK	0	0	0	0	0	-1	0	0	0	0	0	0	0	0	0	0	0	0	0	-1	0	-2	0	-1
Yes	43	-2	35	-6	37	-1	33	-10	40	+1	49	-9	35	+1	37	-2	38	0	41	+2	34	-3	43	+5

erste Spalte: EB72 Herbst 2009

zweite Spalte: % Veränderungen im Vergleich zu EB66 Herbst 2006

	RO		SI		SK		FI		SE		UK	
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB
	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2
Ja, auf eigenen Wunsch	13	+2	16	+3	19	+1	31	+1	27	-2	36	+3
Ja, auf Wunsch eines Arztes	9	0	12	+3	11	+4	7	-1	4	0	8	+2
Ja, im Rahmen einer Reihenuntersuchung	3	+1	7	-2	9	-2	3	0	4	-2	3	0
Nein	74	-3	65	-4	61	-2	59	0	65	+4	53	-4
WN	1	0	0	0	0	-1	0	0	0	0	0	-1
Ja	25	+3	35	+4	39	+3	41	0	35	-4	47	+5

QA1.4 Je vais maintenant vous lire une série de tests, de bilans de santé/ checkups possibles. Pour chacun d'eux veuillez me dire si vous en avez subi un au cours des 12 derniers mois, que ce soit ou non dans le cadre d'un traitement. (SI OUI) Etait-ce de votre propre initiative, de l'initiative d'un médecin ou dans le cadre d'un programme de dépistage ?

Un test du cholestérol

QA1.4 I am going to read out a series of possible tests or health check-ups. For each of them, please tell me if you had one in the last 12 months, whether or not as part of any treatment. (IF YES) Was it on your own initiative, at a doctor's initiative or as part of a screening programme?

Cholesterol test

QA1.4 Ich nenne Ihnen jetzt verschiedene Untersuchungen oder Gesundheitstests. Sagen Sie mir bitte jeweils, ob Sie sich innerhalb der letzten 12 Monate einer solchen Untersuchung oder einem solchen Test unterzogen haben, und zwar gleichgültig, ob dies Teil irgendeiner Behandlung war oder nicht. (FALLS JA) Sagen Sie mir bitte auch noch, ob dies auf Ihren eigenen Wunsch hin geschah, auf Wunsch eines Arztes oder im Rahmen einer Reihenuntersuchung.

Cholesterintest

1re colonne: EB72 automne 2009

2ième colonne: % changement par rapport à EB66 automne 2006

	EU27		EU25		BE		BG		CZ		DK		D-W		DE		D-E		EE		IE		EL		ES	
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB
	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2
Oui, initiative personnelle	13	0	17	-3	14	+6	8	+4	12	+1	23	+3	20	+2	11	-1	13	+1	16	0	32	-3	13	+5		
Oui, initiative du médecin	20	0	21	-1	15	+2	17	-1	13	-1	12	-2	14	0	17	+2	20	+4	15	+3	17	-1	29	+5		
Oui, programme de dépistage	5	0	2	0	3	+1	10	+5	5	+1	5	+2	5	+1	5	-3	1	-1	1	-1	2	0	14	-2		
Non	62	0	60	+4	67	-9	65	-8	70	-1	59	-3	61	-2	67	+3	66	-3	67	-2	49	+4	44	-8		
NSP	0	0	0	0	1	0	0	0	0	0	1	0	0	-1	0	-1	0	-1	0	0	0	0	0	0		
Oui	38	0	40	-4	32	+9	35	+8	30	+1	40	+3	39	+3	33	-2	34	+4	32	+2	51	-4	56	+8		

1st column: EB72 autumn 2009

2nd column: % change from EB66 autumn 2006

	FR		IT		CY		LV		LT		LU		HU		MT		NL		AT		PL		PT	
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB
Yes, own initiative	9	0	16	-1	27	0	12	0	16	+7	27	-3	10	-1	29	+5	6	-5	11	-1	10	-2	14	+2
Yes, doctor's initiative	28	-2	21	+1	15	0	12	-3	13	0	16	-9	19	-2	9	-1	13	0	20	+4	17	-2	42	0
Yes, screening programme	1	-1	6	+2	9	+1	2	-2	4	-2	2	0	2	-1	2	-2	2	0	13	-2	2	0	4	+2
No	61	+2	57	-1	49	0	73	+5	66	-5	55	+12	69	+4	60	-2	78	+4	56	0	70	+4	40	-3
DK	1	+1	0	-1	0	-1	1	0	1	0	0	0	0	0	0	0	1	+1	0	-1	1	0	0	-1
Yes	38	-3	43	+2	51	+1	26	-5	33	+5	45	-12	31	-4	40	+2	21	-5	44	+1	29	-4	60	+4

erste Spalte: EB72 Herbst 2009

zweite Spalte: % Veränderungen im Vergleich zu EB66 Herbst 2006

	RO		SI		SK		FI		SE		UK	
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB
	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2
Ja, auf eigenen Wunsch	13	+6	9	+2	10	0	15	0	5	-2	7	0
Ja, auf Wunsch eines Arztes	15	+3	21	+1	22	+6	20	+1	8	0	19	+1
Ja, im Rahmen einer Reihenuntersuchung	5	+3	6	-4	11	-3	7	+4	9	-2	3	+1
Nein	65	-13	64	+1	57	-2	58	-4	77	+5	71	-1
WN	2	+1	0	0	0	-1	0	-1	1	-1	0	-1
Ja	33	+12	36	-1	43	+3	42	+5	22	-4	29	+2

QA1.5 Je vais maintenant vous lire une série de tests, de bilans de santé/ checkups possibles. Pour chacun d'eux veuillez me dire si vous en avez subi un au cours des 12 derniers mois, que ce soit ou non dans le cadre d'un traitement. (SI OUI) Etait-ce de votre propre initiative, de l'initiative d'un médecin ou dans le cadre d'un programme de dépistage ?

Un examen cardiaque

QA1.5 I am going to read out a series of possible tests or health check-ups. For each of them, please tell me if you had one in the last 12 months, whether or not as part of any treatment. (IF YES) Was it on your own initiative, at a doctor's initiative or as part of a screening programme?

Heart check-up

QA1.5 Ich nenne Ihnen jetzt verschiedene Untersuchungen oder Gesundheitstests. Sagen Sie mir bitte jeweils, ob Sie sich innerhalb der letzten 12 Monate einer solchen Untersuchung oder einem solchen Test unterzogen haben, und zwar gleichgültig, ob dies Teil irgendeiner Behandlung war oder nicht. (FALLS JA) Sagen Sie mir bitte auch noch, ob dies auf Ihren eigenen Wunsch hin geschah, auf Wunsch eines Arztes oder im Rahmen einer Reihenuntersuchung.

Untersuchung des Herzens

1re colonne: EB72 automne 2009

2ième colonne: % changement par rapport à EB66 automne 2006

	EU27		EU25		BE		BG		CZ		DK		D-W		DE		D-E		EE		IE		EL		ES	
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB
	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2
Oui, initiative personnelle	9	+2	9	+2	17	+7	4	+2	6	+1	17	+4	15	+3	9	0	10	-1	11	0	19	0	7	+3		
Oui, initiative du médecin	16	0	15	+1	18	-1	14	-1	9	-1	11	-3	13	-2	18	+1	21	-2	14	+1	17	+5	18	+4		
Oui, programme de dépistage	4	0	1	0	4	+1	8	+4	6	+3	4	+1	4	+1	6	+1	2	0	1	-1	1	0	13	0		
Non	71	-1	75	-3	60	-8	74	-5	79	-2	68	-2	68	-2	67	-2	67	+3	74	+1	63	-5	62	-7		
NSP	0	-1	0	0	1	+1	0	0	0	-1	0	0	0	0	0	0	0	0	0	-1	0	0	0	0		
Oui	29	+2	25	+3	39	+7	26	+5	21	+3	32	+2	32	+2	33	+2	33	-3	26	0	37	+5	38	+7		

1st column: EB72 autumn 2009

2nd column: % change from EB66 autumn 2006

	FR		IT		CY		LV		LT		LU		HU		MT		NL		AT		PL		PT	
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB
Yes, own initiative	4	0	10	-1	14	+3	14	+1	18	+3	13	-4	5	-1	13	+3	2	0	6	0	7	-1	10	+2
Yes, doctor's initiative	16	0	16	-1	14	+1	16	-5	21	0	11	-5	19	-5	7	-3	9	0	15	+3	20	0	36	+1
Yes, screening programme	1	0	4	-1	5	0	2	-3	6	-3	3	+1	2	-1	2	-1	2	0	10	-4	2	0	3	0
No	78	-1	70	+3	67	-3	68	+8	55	0	73	+9	74	+7	78	+1	87	0	69	+2	71	+2	50	-3
DK	1	+1	0	0	0	-1	0	-1	0	0	0	-1	0	0	0	0	0	0	0	-1	0	-1	1	0
Yes	21	0	30	-3	33	+4	32	-7	45	0	27	-8	26	-7	22	-1	13	0	31	-1	29	-1	49	+3

erste Spalte: EB72 Herbst 2009

zweite Spalte: % veränderungen im Vergleich zu EB66 Herbst 2006

	RO		SI		SK		FI		SE		UK	
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB
	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2
Ja, auf eigenen Wunsch	12	+2	6	+3	6	-2	7	-1	6	0	4	+1
Ja, auf Wunsch eines Arztes	16	0	14	-3	18	+2	19	+1	8	-1	14	-1
Ja, im Rahmen einer Reihenuntersuchung	5	+2	7	-5	11	-1	3	+1	6	-2	2	+1
Nein	65	-6	73	+5	65	+1	71	-1	80	+3	80	0
WN	2	+2	0	0	0	0	0	0	0	0	0	-1
Ja	33	+4	27	-5	35	-1	29	+1	20	-3	20	+1

QA1.6 Je vais maintenant vous lire une série de tests, de bilans de santé/ checkups possibles. Pour chacun d'eux veuillez me dire si vous en avez subi un au cours des 12 derniers mois, que ce soit ou non dans le cadre d'un traitement. (SI OUI) Etait-ce de votre propre initiative, de l'initiative d'un médecin ou dans le cadre d'un programme de dépistage ?

Un test d'audition

QA1.6 I am going to read out a series of possible tests or health check-ups. For each of them, please tell me if you had one in the last 12 months, whether or not as part of any treatment. (IF YES) Was it on your own initiative, at a doctor's initiative or as part of a screening programme?

Hearing test

QA1.6 Ich nenne Ihnen jetzt verschiedene Untersuchungen oder Gesundheitstests. Sagen Sie mir bitte jeweils, ob Sie sich innerhalb der letzten 12 Monate einer solchen Untersuchung oder einem solchen Test unterzogen haben, und zwar gleichgültig, ob dies Teil irgendeiner Behandlung war oder nicht. (FALLS JA) Sagen Sie mir bitte auch noch, ob dies auf Ihren eigenen Wunsch hin geschah, auf Wunsch eines Arztes oder im Rahmen einer Reihenuntersuchung.

Hörtest

1re colonne: EB72 automne 2009

2ième colonne: % changement par rapport à EB66 automne 2006

	EU27		EU25		BE		BG		CZ		DK		D-W		DE		D-E		EE		IE		EL		ES	
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB
	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2
Oui, initiative personnelle	6	0	6	-1	4	+1	2	0	7	+1	14	+5	13	+3	9	-2	6	-2	4	+1	5	-3	6	+3	6	+3
Oui, initiative du médecin	6	0	6	-3	6	+2	5	+1	3	-1	3	-2	4	-1	5	-1	7	-1	3	0	4	0	9	+2	9	+2
Oui, programme de dépistage	4	0	4	-1	2	0	6	+3	2	0	3	0	3	0	5	+1	1	-1	1	-1	0	-1	9	0	9	0
Non	84	0	84	+5	87	-3	87	-4	88	0	80	-3	80	-2	81	+2	85	+3	91	0	91	+4	76	-5	76	-5
NSP	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	1	+1	1	0	0	0	0	0	0	0
Oui	16	0	16	-5	12	+3	13	+4	12	0	20	+3	20	+2	19	-2	14	-4	8	0	9	-4	24	+5	24	+5

1st column: EB72 autumn 2009

2nd column: % change from EB66 autumn 2006

	FR		IT		CY		LV		LT		LU		HU		MT		NL		AT		PL		PT	
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB
Yes, own initiative	4	-1	5	-1	7	+1	9	+1	7	+2	11	-7	5	0	7	+2	4	-1	6	-2	4	0	5	0
Yes, doctor's initiative	8	-2	6	0	2	-1	6	-5	6	-1	5	-1	5	-3	2	0	3	0	8	+2	7	0	13	0
Yes, screening programme	3	-2	3	-1	1	0	2	-4	8	-1	3	0	3	-1	0	-1	2	0	5	-2	4	+1	3	+1
No	84	+4	86	+3	90	+1	83	+8	79	0	80	+8	87	+4	91	-1	91	+1	81	+3	85	0	79	0
DK	1	+1	0	-1	0	-1	0	0	0	0	1	0	0	0	0	0	0	0	0	-1	0	-1	0	-1
Yes	15	-5	14	-2	10	0	17	-8	21	0	19	-8	13	-4	9	+1	9	-1	19	-2	15	+1	21	+1

erste Spalte: EB72 Herbst 2009

zweite Spalte: % veränderungen im Vergleich zu EB66 Herbst 2006

	RO		SI		SK		FI		SE		UK	
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB
	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2
Ja, auf eigenen Wunsch	6	+3	3	+1	4	0	6	-2	5	0	3	0
Ja, auf Wunsch eines Arztes	5	+1	5	0	6	+1	9	0	3	+1	5	+1
Ja, im Rahmen einer Reihenuntersuchung	3	+1	8	-5	4	-4	5	+1	4	-4	1	-1
Nein	84	-6	84	+4	86	+4	80	+2	88	+3	91	0
WN	2	+1	0	0	0	-1	0	-1	0	0	0	0
Ja	14	+5	16	-4	14	-3	20	-1	12	-3	9	0

QA1.7 Je vais maintenant vous lire une série de tests, de bilans de santé/ checkups possibles. Pour chacun d'eux veuillez me dire si vous en avez subi un au cours des 12 derniers mois, que ce soit ou non dans le cadre d'un traitement. (SI OUI) Etait-ce de votre propre initiative, de l'initiative d'un médecin ou dans le cadre d'un programme de dépistage ?

Une mesure de la pression artérielle

QA1.7 I am going to read out a series of possible tests or health check-ups. For each of them, please tell me if you had one in the last 12 months, whether or not as part of any treatment. (IF YES) Was it on your own initiative, at a doctor's initiative or as part of a screening programme?

Blood pressure test

QA1.7 Ich nenne Ihnen jetzt verschiedene Untersuchungen oder Gesundheitstests. Sagen Sie mir bitte jeweils, ob Sie sich innerhalb der letzten 12 Monate einer solchen Untersuchung oder einem solchen Test unterzogen haben, und zwar gleichgültig, ob dies Teil irgendeiner Behandlung war oder nicht. (FALLS JA) Sagen Sie mir bitte auch noch, ob dies auf Ihren eigenen Wunsch hin geschah, auf Wunsch eines Arztes oder im Rahmen einer Reihenuntersuchung.

Blutdruckmessung

1re colonne: EB72 automne 2009

2ième colonne: % changement par rapport à EB66 automne 2006

	EU27		EU25		BE		BG		CZ		DK		D-W		DE		D-E		EE		IE		EL		ES	
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB
	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2
Oui, initiative personnelle	24	+4	27	+4	46	+15	11	+1	21	+6	36	+4	34	+3	27	+1	35	0	24	+3	41	0	18	+8		
Oui, initiative du médecin	32	0	41	-1	42	+20	35	+1	24	-3	26	-1	29	+1	40	+6	32	-2	28	+5	14	-3	29	+7		
Oui, programme de dépistage	7	0	3	-2	3	+1	19	+6	9	+3	8	+4	8	+3	9	+1	2	-1	1	-1	1	-1	15	-2		
Non	37	-4	29	-1	8	-37	35	-8	46	-6	30	-7	29	-7	24	-8	31	+3	47	-6	44	+4	38	-13		
NSP	0	0	0	0	1	+1	0	0	0	0	0	0	0	0	0	0	0	0	0	-1	0	0	0	0		
Oui	63	+4	71	+1	91	+36	65	+8	54	+6	70	+7	71	+7	76	+8	69	-3	53	+7	56	-4	62	+13		

1st column: EB72 autumn 2009

2nd column: % change from EB66 autumn 2006

	FR		IT		CY		LV		LT		LU		HU		MT		NL		AT		PL		PT	
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	
Yes, own initiative	11	+3	31	+6	37	+8	32	+5	33	+5	36	-4	28	+3	49	+9	16	-4	21	+2	30	+1	34	+12
Yes, doctor's initiative	56	+1	21	0	25	+5	27	-1	27	+3	27	-11	36	0	13	-4	28	+1	29	+7	26	0	36	-11
Yes, screening programme	2	-2	5	-1	8	+2	4	-4	11	0	3	+1	5	-1	3	-4	6	+1	11	-4	3	-1	4	+2
No	30	-3	43	-4	30	-14	37	0	29	-8	33	+13	31	-2	35	0	50	+2	39	-4	41	+1	25	-3
DK	1	+1	0	-1	0	-1	0	0	0	0	1	+1	0	0	0	-1	0	0	0	-1	0	-1	1	0
Yes	69	+2	57	+5	70	+15	63	0	71	+8	66	-14	69	+2	65	+1	50	-2	61	+5	59	0	74	+3

erste Spalte: EB72 Herbst 2009

zweite Spalte: % veränderungen im Vergleich zu EB66 Herbst 2006

	RO		SI		SK		FI		SE		UK	
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	
	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2
Ja, auf eigenen Wunsch	27	+2	20	+4	25	+3	34	-3	18	+1	13	+3
Ja, auf Wunsch eines Arztes	21	+2	31	-1	30	+4	27	+2	21	+1	40	-2
Ja, im Rahmen einer Reihenuntersuchung	7	+3	10	-4	18	-2	8	+3	17	-1	4	0
Nein	44	-7	39	+1	27	-4	31	-2	44	0	43	0
WN	1	0	0	0	0	-1	0	0	0	-1	0	-1
Ja	55	+7	61	-1	73	+5	69	+2	56	+1	57	+1

Special Eurobarometer 329 – Health determinants

QA1.8 Je vais maintenant vous lire une série de tests, de bilans de santé/ checkups possibles. Pour chacun d'eux veuillez me dire si vous en avez subi un au cours des 12 derniers mois, que ce soit ou non dans le cadre d'un traitement. (SI OUI) Etait-ce de votre propre initiative, de l'initiative d'un médecin ou dans le cadre d'un programme de dépistage ?

Un test de dépistage du cancer du côlon

QA1.8 I am going to read out a series of possible tests or health check-ups. For each of them, please tell me if you had one in the last 12 months, whether or not as part of any treatment. (IF

YES) Was it on your own initiative, at a doctor's initiative or as part of a screening programme?

Colorectal cancer testing (FOBT)

QA1.8 Ich nenne Ihnen jetzt verschiedene Untersuchungen oder Gesundheitstests. Sagen Sie mir bitte jeweils, ob Sie sich innerhalb der letzten 12 Monate einer solchen Untersuchung oder einem solchen Test unterzogen haben, und zwar gleichgültig, ob dies Teil irgendeiner Behandlung war oder nicht. (FALLS JA) Sagen Sie mir bitte auch noch, ob dies auf Ihren eigenen Wunsch hin geschah, auf Wunsch eines Arztes oder im Rahmen einer Reihenuntersuchung.

Untersuchung auf Darmkrebs (Test auf Blut im Stuhl - FOBT)

1re colonne: EB72 automne 2009

2ième colonne: % changement par rapport à EB66 automne 2006

	EU27		EU25		BE		BG		CZ		DK		D-W		DE		D-E		EE		IE		EL		ES	
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB
	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2
Oui, initiative personnelle	4	+1	3	+1	1	-1	2	+2	1	0	15	+5	13	+3	7	0	2	+1	4	+1	1	-2	1	0	1	0
Oui, initiative du médecin	4	0	4	0	2	+1	4	0	2	-1	7	0	7	0	8	+1	1	-1	4	+1	2	0	3	0	1	0
Oui, programme de dépistage	2	+1	1	0	1	0	3	+1	1	-1	1	-1	3	+1	6	+3	0	0	0	-1	0	0	1	0	1	0
Non	89	-2	92	-1	92	-4	91	-3	96	+2	77	-3	77	-4	79	-4	97	0	88	-3	97	+3	94	0	1	0
NSP	1	0	0	0	4	+4	0	0	0	0	0	-1	0	0	0	0	0	0	0	0	4	+2	0	-1	1	0
Oui	10	+2	8	+1	4	0	9	+3	4	-2	23	+4	23	+4	21	+4	3	0	8	+1	3	-2	5	0	1	0

1st column: EB72 autumn 2009

2nd column: % change from EB66 autumn 2006

	FR		IT		CY		LV		LT		LU		HU		MT		NL		AT		PL		PT	
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB
Yes, own initiative	2	+1	3	+1	3	+2	2	-1	2	+1	7	+1	1	0	2	+1	1	-1	2	-1	1	0	3	+1
Yes, doctor's initiative	6	+2	4	0	2	+2	4	-4	2	0	4	-1	2	0	2	0	2	0	8	+4	3	0	5	0
Yes, screening programme	5	+3	3	+1	0	0	1	0	1	0	1	-1	1	0	0	-1	0	0	9	-1	1	+1	1	0
No	86	-7	90	-1	94	-3	92	+5	95	-1	87	+1	96	0	96	0	97	+1	80	-1	95	0	90	+2
DK	1	+1	0	-1	1	-1	1	0	0	0	1	0	0	0	0	0	0	0	1	-1	0	-1	1	-3
Yes	13	+6	10	+2	5	+4	7	-5	5	+1	12	-1	4	0	4	0	3	-1	19	+2	5	+1	9	+1

erste Spalte: EB72 Herbst 2009

zweite Spalte: % Veränderungen im Vergleich zu EB66 Herbst 2006

	RO		SI		SK		FI		SE		UK	
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB
	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2
Ja, auf eigenen Wunsch	2	+1	2	+2	2	+1	1	-1	1	0	1	+1
Ja, auf Wunsch eines Arztes	2	+2	4	+3	6	+3	3	+1	2	+1	5	+2
Ja, im Rahmen einer Reihenuntersuchung	1	0	1	0	3	+1	2	0	1	0	2	+1
Nein	92	-5	93	-5	89	-4	94	0	96	-1	91	-4
WN	3	+2	0	0	0	-1	0	0	0	0	1	0
Ja	5	+3	7	+5	11	+5	6	0	4	+1	8	+4

QA1.9 Je vais maintenant vous lire une série de tests, de bilans de santé/ checkups possibles. Pour chacun d'eux veuillez me dire si vous en avez subi un au cours des 12 derniers mois, que ce soit ou non dans le cadre d'un traitement. (SI OUI) Etait-ce de votre propre initiative, de l'initiative d'un médecin ou dans le cadre d'un programme de dépistage ?

Un test de l'antigène prostatique spécifique (PSA)

QA1.9 I am going to read out a series of possible tests or health check-ups. For each of them, please tell me if you had one in the last 12 months, whether or not as part of any treatment. (IF YES) Was it on your own initiative, at a doctor's initiative or as part of a screening programme?

Prostate Specific Antigen (PSA) Test

QA1.9 Ich nenne Ihnen jetzt verschiedene Untersuchungen oder Gesundheitstests. Sagen Sie mir bitte jeweils, ob Sie sich innerhalb der letzten 12 Monate einer solchen Untersuchung oder einem solchen Test unterzogen haben, und zwar gleichgültig, ob dies Teil irgendeiner Behandlung war oder nicht. (FALLS JA) Sagen Sie mir bitte auch noch, ob dies auf Ihren eigenen Wunsch hin geschah, auf Wunsch eines Arztes oder im Rahmen einer Reihenuntersuchung.

Messung des Prostataspezifischen Antigens (PSA)

1re colonne: EB72 automne 2009

2ième colonne: % changement par rapport à EB66 automne 2006

	EU27		EU25		BE		BG		CZ		DK		D-W		DE		D-E		EE		IE		EL		ES	
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB
	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2
Oui, initiative personnelle	5	+1	7	-2	2	+1	1	0	3	+2	16	+3	14	+2	7	-2	3	+1	7	-1	4	-1	2	+1		
Oui, initiative du médecin	7	0	9	+1	1	0	3	0	3	+1	7	0	7	0	9	+5	6	+4	6	0	6	+2	8	+2		
Oui, programme de dépistage	3	+1	2	+1	0	-1	5	+3	2	0	3	+1	4	+2	6	+4	0	0	1	0	1	0	3	0		
Non	85	-1	82	0	93	-3	90	-4	92	-3	74	-3	75	-3	78	-6	91	-5	84	+1	89	0	86	-3		
NSP	0	-1	0	0	4	+3	1	+1	0	0	0	-1	0	-1	0	-1	0	0	2	0	0	-1	1	0		
Oui	15	+2	18	0	3	0	9	+3	8	+3	26	+4	25	+4	22	+7	9	+5	14	-1	11	+1	13	+3		

1st column: EB72 autumn 2009

2nd column: % change from EB66 autumn 2006

	FR		IT		CY		LV		LT		LU		HU		MT		NL		AT		PL		PT	
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB
Yes, own initiative	1	-1	4	0	12	+4	3	+1	6	+3	10	+1	3	-1	7	+3	2	-3	5	-2	3	+1	4	0
Yes, doctor's initiative	15	+3	8	-1	5	0	3	-5	8	+2	4	-3	4	0	4	+1	5	+1	15	+6	4	0	14	+1
Yes, screening programme	2	+1	4	+2	4	+3	1	-1	3	+2	2	0	1	0	0	-3	0	0	7	-5	1	+1	3	+2
No	80	-4	84	0	79	-6	92	+7	82	-7	82	+1	92	+2	88	-2	93	+2	71	+1	91	-1	79	0
DK	2	+1	0	-1	0	-1	1	-2	1	0	2	+1	0	-1	1	+1	0	0	2	0	1	-1	0	-3
Yes	18	+3	16	+1	21	+7	7	-5	17	+7	16	-2	8	-1	11	+1	7	-2	27	-1	8	+2	21	+3

erste Spalte: EB72 Herbst 2009

zweite Spalte: % Veränderungen im Vergleich zu EB66 Herbst 2006

	RO		SI		SK		FI		SE		UK	
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB
	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2
Ja, auf eigenen Wunsch	3	+2	3	0	1	0	5	-2	6	0	2	0
Ja, auf Wunsch eines Arztes	3	+2	5	+1	6	+2	7	+2	4	0	6	+1
Ja, im Rahmen einer Reihenuntersuchung	1	0	1	0	3	+1	2	0	3	0	2	+1
Nein	91	-5	90	-2	88	-4	86	0	87	0	90	-1
WN	2	+1	1	+1	2	+1	0	0	0	0	0	-1
Ja	7	+4	9	+1	10	+3	14	0	13	0	10	+2

QA1.10 Je vais maintenant vous lire une série de tests, de bilans de santé/ checkups possibles. Pour chacun d'eux veuillez me dire si vous en avez subi un au cours des 12 derniers mois, que ce soit ou non dans le cadre d'un traitement. (SI OUI) Etait-ce de votre propre initiative, de l'initiative d'un médecin ou dans le cadre d'un programme de dépistage ?

Un autre test de dépistage du cancer

QA1.10 I am going to read out a series of possible tests or health check-ups. For each of them, please tell me if you had one in the last 12 months, whether or not as part of any treatment. (IF YES) Was it on your own initiative, at a doctor's initiative or as part of a screening programme?

Other test for cancer

QA1.10 Ich nenne Ihnen jetzt verschiedene Untersuchungen oder Gesundheitstests. Sagen Sie mir bitte jeweils, ob Sie sich innerhalb der letzten 12 Monate einer solchen Untersuchung oder einem solchen Test unterzogen haben, und zwar gleichgültig, ob dies Teil irgendeiner Behandlung war oder nicht. (FALLS JA) Sagen Sie mir bitte auch noch, ob dies auf Ihren eigenen Wunsch hin geschah, auf Wunsch eines Arztes oder im Rahmen einer Reihenuntersuchung.

Andere Untersuchung auf Krebs

1re colonne: EB72 automne 2009

2ième colonne: % changement par rapport à EB66 automne 2006

	EU27		EU25		BE		BG		CZ		DK		D-W		DE		D-E		EE		IE		EL		ES	
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB
	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2
Oui, initiative personnelle	5	+1	6	+1	2	0	2	+1	4	+1	18	+4	17	+4	12	+3	3	+1	3	0	7	+4	3	+2		
Oui, initiative du médecin	5	0	6	-1	2	0	3	+1	6	+1	6	-1	7	0	8	+2	6	+3	4	+1	3	0	6	+2		
Oui, programme de dépistage	3	0	3	+1	2	+1	2	0	5	+3	5	+2	5	+1	8	+4	3	+2	1	0	0	0	2	-1		
Non	86	-1	85	-1	92	-2	93	-2	85	-5	71	-4	71	-5	72	-9	88	-6	88	-3	90	-3	88	-4		
NSP	1	0	0	0	2	+1	0	0	0	0	0	-1	0	0	0	0	0	0	0	4	+2	0	-1	1	+1	
Oui	13	+1	15	+1	6	+1	7	+2	15	+5	29	+5	29	+5	28	+9	12	+6	8	+1	10	+4	11	+3		

1st column: EB72 autumn 2009

2nd column: % change from EB66 autumn 2006

	FR		IT		CY		LV		LT		LU		HU		MT		NL		AT		PL		PT	
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB
Yes, own initiative	2	0	3	0	5	+3	2	-1	6	+4	10	+4	11	+3	5	+4	4	+2	6	+2	4	+1	4	+2
Yes, doctor's initiative	8	+3	4	-1	3	+1	5	-1	5	+1	7	+4	6	+2	3	0	5	+2	8	+2	4	0	8	+4
Yes, screening programme	4	+1	2	-1	5	+4	1	0	2	0	4	-1	5	+2	0	-1	5	+1	9	-1	1	0	2	+1
No	86	-4	91	+3	87	-7	91	+5	87	-5	79	-7	78	-7	92	-3	86	-5	76	-2	90	-1	85	-4
DK	0	0	0	-1	0	-1	1	-3	0	0	0	0	0	0	0	0	0	0	1	-1	1	0	1	-3
Yes	14	+4	9	-2	13	+8	8	-2	13	+5	21	+7	22	+7	8	+3	14	+5	23	+3	9	+1	14	+7

erste Spalte: EB72 Herbst 2009

zweite Spalte: % Veränderungen im Vergleich zu EB66 Herbst 2006

	RO		SI		SK		FI		SE		UK	
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB
	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2
Ja, auf eigenen Wunsch	2	+1	3	+2	2	0	3	+1	2	-1	2	+1
Ja, auf Wunsch eines Arztes	1	+1	6	+1	6	+3	4	+1	4	0	6	+1
Ja, im Rahmen einer Reihenuntersuchung	1	0	1	0	5	+2	5	0	6	0	3	+1
Nein	93	-4	90	-3	86	-5	88	-2	88	+1	89	-2
WN	3	+2	0	0	1	0	0	0	0	0	0	-1
Ja	4	+2	10	+3	13	+5	12	+2	12	-1	11	+3

QA2 Quand votre pression artérielle a été mesurée pour la dernière fois par une personne du corps médical ?
 QA2 When was your blood pressure last measured by a health professional?
 QA2 Wann wurde bei Ihnen das letzte Mal der Blutdruck von einem Arzt gemessen?

1re colonne: EB72 automne 2009	EU27		EU25		BE		BG		CZ		DK		D-W		DE		D-E		EE		IE		EL		ES	
2ième colonne: % changement par rapport à EB66 automne 2006	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB
	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2
Au cours des 12 derniers mois	69	+7	70	-4	92	+31	69	+9	61	+7	74	+7	75	+7	80	+8	72	+1	60	+9	63	+1	68	+17		
Il y a 1 - 5 ans	19	-2	20	+2	4	-13	24	-5	29	0	17	-3	17	-3	15	-5	22	0	23	+1	20	+1	21	-4		
Pas au cours des 5 dernières années ou jamais	7	-2	8	+2	4	-9	5	-3	10	-4	7	+1	6	0	3	-2	6	+2	10	-3	11	-4	5	-8		
NSP	5	-3	2	0	0	-9	2	-1	0	-3	2	-5	2	-4	2	-1	0	-3	7	-7	6	+2	6	-5		

1st column: EB72 autumn 2009	FR		IT		CY		LV		LT		LU		HU		MT		NL		AT		PL		PT	
2nd column: % change from EB66 autumn 2006	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB
Within the past 12 months	80	-1	64	+10	70	+6	68	+2	75	+7	73	-7	74	+1	70	+3	53	+3	66	+10	63	+10	79	+2
1 – 5 years ago	14	+1	18	0	21	+3	25	+1	18	-1	19	+8	18	0	17	-2	26	-3	22	-1	20	-4	11	-2
Not within the past 5 years or never	3	-2	6	-3	4	-5	6	-2	5	-1	4	-1	5	+2	9	-2	20	+1	6	-3	9	0	3	-1
DK	3	+2	12	-7	5	-4	1	-1	2	-5	4	0	3	-3	4	+1	1	-1	6	-6	8	-6	7	+1

erste Spalte: EB72 Herbst 2009	RO		SI		SK		FI		SE		UK	
zweite Spalte: % veränderungen im Vergleich zu EB66 Herbst 2006	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB
	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2
Innerhalb der letzten 12 Monate	65	+11	68	+4	78	+9	71	+9	59	+2	65	+2
Vor 1 bis 5 Jahren	14	-7	25	-3	16	-7	24	-7	28	-3	24	+1
Nicht in den letzten 5 Jahren/ niemals	9	0	4	0	4	-1	4	-1	9	0	8	-4
WN	12	-4	3	-1	2	-1	1	-1	4	+1	3	+1

Special Eurobarometer 329 – Health Determinants



QA3 Nous entendons souvent dire qu'il est important de manger sainement. Que recouvre, selon vous, l'expression "manger sainement" ? (NE PAS LIRE – QUESTION PRECODEE – PLUSIEURS REPONSES POSSIBLES)

QA3 We often hear people talking about the importance of eating a health diet. What do you think "eating a healthy diet" involves? (DO NOT READ OUT – PRE-CODED QUESTION – MULTIPLE ANSWERS POSSIBLE)

QA3 Man hört Menschen oft über die Wichtigkeit einer gesunden Ernährung reden. Was denken Sie gehört zu einer "gesunden Ernährung"? (NICHT VORLESEN - VORVERCODETE ANTWORTEN - MEHRFACHNENNUNGEN MÖGLICH)

1re colonne: EB72 automne 2009

2ième colonne: % changement par rapport à EB64 automne 2005

	EU27		EU25		BE		BG		CZ		DK		D-W		DE		D-E		EE		IE		EL		ES	
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB
	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3
Manger une nourriture variée/ avoir un régime alimentaire équilibré	56	-3	68	-9	55	+7	47	-7	61	+3	59	+3	60	+1	65	-5	41	0	60	-5	45	0	66	-9		
Eviter/ ne pas manger trop d'aliments gras	45	0	57	0	57	+12	50	-2	63	0	44	-4	45	-3	48	0	37	-3	43	-4	49	+5	44	+3		
Eviter/ ne pas manger trop d'aliments sucrés	27	-1	35	-6	37	+12	23	-13	37	+5	34	+4	34	+4	34	+3	16	-3	33	-2	43	+9	22	-1		
Eviter/ ne pas manger trop salé	24	+5	33	+3	43	+21	13	0	19	+6	26	+12	26	+11	25	+6	11	-3	27	-4	30	+11	27	+7		
Manger plus de fruits et de légumes	65	+7	76	+4	68	+14	69	+8	79	+7	81	+5	81	+4	80	-3	58	+11	75	+16	63	-9	59	+10		
Manger moins de fruits et de légumes	4	+2	3	+2	4	+1	1	0	2	0	2	+1	3	+2	3	+2	2	+1	5	+1	7	+6	5	+2		
Manger plus de pain, de riz, de pâtes et d'autres hydrates de carbone	8	0	14	+1	2	+1	6	-4	19	+7	14	-3	14	-3	16	-2	7	+2	8	+3	3	+1	8	+4		
Manger moins de pain, de riz, de pâtes et d'autres hydrates de carbone	9	+2	7	0	30	+7	3	-5	11	+3	9	+4	10	+5	15	+10	6	+1	14	+3	12	-6	9	+3		
Manger plus de viande	5	+2	4	+1	6	+2	5	-1	4	-2	3	+1	3	+1	2	0	5	+2	11	+8	2	0	6	+3		
Manger moins de viande	19	+3	28	+1	14	-2	7	-4	20	+9	41	+10	41	+10	40	+6	13	+4	19	+5	30	+6	15	+6		
Manger plus de poisson	28	+3	37	0	42	+15	40	+2	42	+13	41	+9	41	+8	41	+2	19	+2	43	+11	35	+8	30	+8		
Manger moins de poisson	1	0	1	0	1	+1	0	0	1	+1	2	+1	2	+1	2	+1	2	+2	3	+1	3	+2	2	+1		
Ne pas manger trop de calories	19	-3	27	-4	22	+4	26	-7	32	+6	31	+2	32	0	34	-7	17	-7	20	-3	20	-6	12	-4		
Eviter/ ne pas manger d'aliments contenant des additifs	13	0	12	-4	14	+9	13	-3	21	+12	19	+4	20	+5	22	+6	17	+2	15	+3	14	-3	7	-5		
Manger des produits biologiques	10	+2	12	-1	21	+10	3	0	18	+9	21	+10	21	+10	20	+6	18	+3	10	+2	3	+2	4	0		
Autres	12	+1	12	-2	2	-1	5	0	13	-6	14	-2	13	-2	10	-2	13	-5	10	+4	4	-2	6	+1		
NSP	2	0	0	0	2	-5	0	-1	0	-1	1	0	1	0	0	0	6	-2	1	-1	0	0	0	-1		

1st column: EB72 autumn 2009

2nd column: % change from EB64 autumn 2005

	FR		IT		CY		LV		LT		LU		HU		MT		NL		AT		PL		PT	
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	
Eat a variety of different foods/ balanced diet	64	-5	64	+4	43	-1	26	-5	34	-9	56	-5	42	0	45	+9	63	-13	60	+9	24	-2	56	-9
Avoid/ do not eat too much fatty food	40	+7	52	+15	70	-3	18	-12	47	0	51	-2	47	+7	38	+3	43	-9	60	+11	37	-9	42	+1
Avoid/ do not eat too much sugary food	27	+6	30	+3	40	-5	8	-14	21	-5	35	0	26	+4	22	+2	15	-12	39	0	15	-3	21	-6
Avoid/ do not eat too much salt	21	+6	30	+13	21	-5	6	-10	23	+1	26	+2	19	+6	17	+9	15	-3	28	+8	10	+2	30	+4
Eat more fruit and vegetables	57	+13	50	+15	82	+8	60	+1	59	+1	68	-5	75	+11	71	+2	60	-1	73	+11	53	+3	54	+18
Eat less fruit and vegetables	4	+3	3	0	4	+2	4	+1	4	+2	5	+2	3	+1	4	+3	3	+3	4	+2	4	+1	5	+3
Eat more bread, rice, pasta and other carbohydrates	5	+1	3	-1	4	+2	4	+1	10	+2	10	-1	2	0	6	+2	11	0	14	+4	3	-1	2	0
Eat less bread, rice, pasta and other carbohydrates	3	0	9	+1	10	-5	6	-3	6	-3	10	-1	26	+3	11	+3	4	-2	11	+3	4	+1	6	-6
Eat more meat	7	+3	3	+1	3	+1	12	+5	6	+1	12	+5	5	0	8	-5	2	0	6	+3	2	0	2	0
Eat less meat	13	+4	13	+4	48	+9	5	-4	21	+3	22	-4	20	0	17	+7	15	-3	37	+12	8	-2	7	-6
Eat more fish	19	0	22	+6	44	+5	17	-5	28	0	30	-4	31	+5	32	+3	19	-12	45	+17	18	+3	25	+2
Eat less fish	0	0	1	0	2	+1	1	+1	2	+1	4	+1	0	0	3	+2	1	0	3	+2	1	0	1	0
Do not eat too many calories	12	0	22	+3	18	+5	6	-5	21	-6	19	-8	17	-1	10	+3	22	-13	36	+3	13	-2	9	-11
Avoid/ do not eat food containing additives	6	-2	12	0	20	+3	11	-7	30	+16	9	-8	19	+3	5	-2	8	-6	26	+13	16	+5	4	-5
Eat organic food	10	+2	5	-1	7	-2	40	-8	3	0	13	-3	12	+5	3	-1	4	-5	25	+12	11	+4	3	+1
Other	22	+1	4	+1	19	+2	20	+6	11	+6	12	-1	7	0	10	-8	25	+11	3	-2	14	+1	6	+1
DK	1	-1	1	0	0	0	3	-1	3	-2	2	+1	1	-1	2	+2	0	-1	0	-3	7	0	0	-1

QA3 Nous entendons souvent dire qu'il est important de manger sainement. Que recouvre, selon vous, l'expression "manger sainement" ? (NE PAS LIRE – QUESTION PRECODEE – PLUSIEURS REPONSES POSSIBLES)

QA3 We often hear people talking about the importance of eating a health diet. What do you think "eating a healthy diet" involves? (DO NOT READ OUT – PRE-CODED QUESTION – MULTIPLE ANSWERS POSSIBLE)

QA3 Man hört Menschen oft über die Wichtigkeit einer gesunden Ernährung reden. Was denken Sie gehört zu einer "gesunden Ernährung"? (NICHT VORLESEN - VORVERCODETE ANTWORTEN - MEHRFACHNENNUNGEN MÖGLICH)

erste Spalte: EB72 Herbst 2009

zweite Spalte: % veränderungen im Vergleich zu EB64 Herbst 2005

	RO		SI		SK		FI		SE		UK	
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	
	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3
Abwechslungsreiche Lebensmittel essen/ eine ausgewogene Ernährung	62	-4	71	+5	46	-7	63	+4	64	+9	47	-14
Fettreiche Lebensmittel vermeiden/ nicht zu viel davon essen	49	+9	57	-9	54	-6	56	-1	27	-16	37	-14
Zuckerhaltige Lebensmittel vermeiden/ nicht zu viel davon essen	31	+8	42	-9	29	-14	29	-4	30	-6	19	-18
Salz vermeiden/ nicht zu viel davon essen	40	+14	38	-3	34	0	25	+1	11	-2	16	-19
Mehr Obst und Gemüse essen	60	+6	76	-6	73	-5	68	+8	69	+10	74	+4
Weniger Obst und Gemüse essen	5	+3	5	+4	3	+1	12	+8	4	+2	5	+5
Mehr Brot, Reis, Nudeln und andere Kohlehydrate essen	6	+4	15	+9	5	0	11	-4	10	+3	9	-4
Weniger Brot, Reis, Nudeln und andere Kohlehydrate essen	18	0	23	0	12	-4	9	+2	12	+6	6	-1
Mehr Fleisch essen	8	+1	9	+5	5	0	11	+3	14	+8	7	0
Weniger Fleisch essen	25	+2	35	-7	19	-6	11	+2	10	+5	10	-3
Mehr Fisch essen	28	+6	39	-9	43	-5	31	+7	31	+12	17	-15
Weniger Fisch essen	4	+2	4	+2	1	0	3	+2	3	+3	1	+1
Nicht zu viele Kalorien zu sich zu nehmen	13	-1	27	-16	30	-5	16	-9	15	+1	9	-14
Lebensmittel mit Zusatzstoffen vermeiden/ nicht essen	23	+5	27	-2	13	-1	15	+4	16	+11	7	-10
Biologisch angebaute Lebensmittel essen	20	+10	38	+9	9	+3	7	+3	12	+8	3	-8
Andere	2	-1	8	+1	5	+1	20	+6	20	-11	21	+10
WN	4	0	0	-1	0	-1	0	-1	1	0	2	-1

Special Eurobarometer 329 – Health Determinants



QA4.1 Au cours des 7 derniers jours, combien d'activité physique avez-vous pratiqué ...?

Au travail

QA4.1 In the last 7 days, how much physical activity did you get...?

At work

QA4.1 Wie viel haben Sie sich in den letzten 7 Tagen körperlich betätigt?

Am Arbeitsplatz

1re colonne: EB72 automne 2009

2ième colonne: % changement par rapport à EB64 automne 2005

	EU27		EU25		BE		BG		CZ		DK		D-W		DE		D-E		EE		IE		EL		ES	
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB
	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3
Beaucoup	20	+1	20	-2	20	+6	28	+9	23	-3	22	+1	24	+2	30	+4	22	0	19	+1	23	+8	15	-1		
Un peu	18	0	16	0	26	+3	25	+1	15	-1	14	-1	15	+1	17	+7	15	-3	17	-5	22	+5	18	+4		
Très peu	13	-1	13	+1	11	-3	14	-6	19	+2	13	-1	12	-2	11	0	11	0	12	-6	15	+3	11	-3		
Aucune	44	-1	42	+1	38	-4	28	-6	41	+2	46	-1	45	-2	39	-10	30	-12	46	+15	39	-16	54	+1		
NSP	5	+1	9	0	5	-2	5	+2	2	0	5	+2	4	+1	3	-1	22	+15	6	-5	1	0	2	-1		

1st column: EB72 autumn 2009

2nd column: % change from EB64 autumn 2005

	FR		IT		CY		LV		LT		LU		HU		MT		NL		AT		PL		PT	
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB
A lot	18	0	6	-4	25	+1	26	+6	22	-5	21	-1	28	+3	16	+6	30	+3	20	+3	32	+5	11	-3
Some	14	+3	22	-2	8	-12	14	-6	19	-7	13	-3	21	+4	10	+2	27	-2	26	0	15	0	24	-1
Little	6	-1	23	+6	7	-6	15	-6	10	-4	8	0	7	0	9	-1	19	-3	18	-2	12	-2	13	0
None	54	-7	47	+1	14	-24	30	+4	37	+10	52	+3	37	-6	64	+1	21	+2	33	-2	34	+1	45	+3
DK	8	+5	2	-1	46	+41	15	+2	12	+6	6	+1	7	-1	1	-8	3	0	3	+1	7	-4	7	+1

erste Spalte: EB72 Herbst 2009

zweite Spalte: % veränderungen im Vergleich zu EB64 Herbst 2005

	RO		SI		SK		FI		SE		UK	
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB
	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3
Viel	28	+11	19	+3	32	+7	12	-1	19	+5	20	0
Etwas	18	-4	15	-6	20	+1	18	-7	18	-1	16	-2
Wenig	12	-1	10	-5	15	+2	18	-3	18	0	12	0
Gar nicht	37	-2	43	+1	28	-12	51	+13	43	0	50	+4
WN	5	-4	13	+7	5	+2	1	-2	2	-4	2	-2

QA4.2 Au cours des 7 derniers jours, combien d'activité physique avez-vous pratiqué ...?

En vous déplaçant d'un lieu à un autre

QA4.2 In the last 7 days, how much physical activity did you get...?

When moving from place to place

QA4.2 Wie viel haben Sie sich in den letzten 7 Tagen körperlich betätigt?

Wenn Sie sich von Ort zu Ort bewegt haben

1re colonne: EB72 automne 2009

2ième colonne: % changement par rapport à EB64 automne 2005

	EU27		EU25		BE		BG		CZ		DK		D-W		DE		D-E		EE		IE		EL		ES	
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB
	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3
Beaucoup	28	+6	29	+6	12	+7	13	+5	36	+7	37	+7	38	+6	42	+3	38	+10	25	+9	14	+6	17	+4	17	+4
Un peu	39	-3	36	-6	45	-6	40	+6	30	-6	38	-5	38	-3	35	0	37	-6	41	-5	35	-5	44	+7	44	+7
Très peu	22	-3	22	+3	30	-8	32	-5	27	+2	19	-1	18	-2	17	-2	19	-3	23	-8	39	-4	27	-9	27	-9
Aucune	11	+1	13	-2	12	+8	15	-4	7	+4	6	-1	6	-1	6	-1	6	0	10	+5	12	+3	12	-1	12	-1
NSP	0	-1	0	-1	1	-1	0	-2	0	-1	0	0	0	0	0	0	0	-1	1	-1	0	0	0	0	0	-1

1st column: EB72 autumn 2009

2nd column: % change from EB64 autumn 2005

	FR		IT		CY		LV		LT		LU		HU		MT		NL		AT		PL		PT	
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB
A lot	30	+4	9	0	26	+7	41	+23	33	+8	40	+1	46	+15	34	+1	40	+10	10	+2	43	+8	19	-1
Some	35	-3	42	-3	26	-7	34	-5	41	-4	34	-2	39	-11	26	-3	33	-5	47	+3	36	-7	51	-2
Little	12	-4	31	-1	24	-4	22	-15	17	0	10	-3	10	-2	20	-4	21	-4	35	+5	18	-1	20	0
None	23	+4	18	+5	24	+4	3	-2	8	-1	16	+6	5	-1	20	+8	6	0	8	-9	3	0	10	+4
DK	0	-1	0	-1	0	0	0	-1	1	-3	0	-2	0	-1	0	-2	0	-1	0	-1	0	0	0	0

erste Spalte: EB72 Herbst 2009

zweite Spalte: % veränderungen im Vergleich zu EB64 Herbst 2005

	RO		SI		SK		FI		SE		UK	
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB
	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3
Viel	25	+9	28	+15	37	+15	17	+6	38	+28	32	+9
Etwas	38	-9	40	-11	39	-3	42	-8	32	-6	39	-4
Wenig	22	-8	21	-8	18	-6	32	0	24	-16	21	-4
Gar nicht	13	+8	11	+4	5	-5	9	+2	6	-5	8	+1
WN	2	0	0	0	1	-1	0	0	0	-1	0	-2

Special Eurobarometer 329 – Health Determinants



QA4.3 Au cours des 7 derniers jours, combien d'activité physique avez-vous pratiqué ...?

En travaillant dans la maison et à l'extérieur (y compris le ménage, le jardinage, l'entretien général ou en s'occupant de la famille)

QA4.3 In the last 7 days, how much physical activity did you get...?

Work in and around your house (including housework, gardening, general maintenance, or caring for your family)

QA4.3 Wie viel haben Sie sich in den letzten 7 Tagen körperlich betätigt?

Während der Hausarbeit (einschließlich Hausarbeit, Gartenarbeit, allgemeine Instandhaltungsarbeiten, sich um die Familie kümmern)

1re colonne: EB72 automne 2009

2ième colonne: % changement par rapport à EB64 automne 2005

	EU27		EU25		BE		BG		CZ		DK		D-W		DE		D-E		EE		IE		EL		ES	
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB
Beaucoup	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3
Un peu	30	+3	33	-1	17	+2	30	+6	23	-3	40	+3	41	+3	45	+2	35	+16	27	+4	20	+2	16	+2	39	+5
Très peu	38	-2	41	0	46	-7	41	0	28	-5	36	-4	36	-4	37	-1	39	-9	36	-8	35	-3	39	+5	39	+5
Aucune	20	-2	15	0	26	+3	21	-5	34	+6	16	0	16	0	14	-2	19	-4	25	0	36	+2	28	-4	28	-4
NSP	12	+2	11	+1	10	+2	8	-1	15	+3	8	+1	7	+1	4	+1	7	-3	11	+5	9	-1	17	-2	17	-2
	0	-1	0	0	1	0	0	0	0	-1	0	0	0	0	0	0	0	0	1	-1	0	0	0	0	0	-1

1st column: EB72 autumn 2009

2nd column: % change from EB64 autumn 2005

	FR		IT		CY		LV		LT		LU		HU		MT		NL		AT		PL		PT		
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	
A lot	35	+3	14	-3	32	+5	35	+18	39	+14	43	-3	51	+7	37	-2	35	0	23	+7	38	+10	14	-3	
Some	35	-6	41	+2	28	-4	32	-6	40	-11	27	-4	34	-5	21	-4	39	-4	47	-5	35	-1	46	0	
Little	10	-3	28	0	17	-8	28	-10	16	0	11	-1	10	-1	18	-2	19	+1	24	+1	19	-3	25	+1	
None	20	+7	17	+2	23	+7	5	-1	5	-1	19	+9	5	-1	24	+8	7	+3	6	-3	8	-6	15	+3	
DK	0	-1	0	-1	0	0	0	-1	0	-2	0	-1	0	0	0	0	0	0	0	0	0	0	0	0	-1

erste Spalte: EB72 Herbst 2009

zweite Spalte: % veränderungen im Vergleich zu EB64 Herbst 2005

	RO		SI		SK		FI		SE		UK	
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB
Viel	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3
Etwas	31	+3	46	+22	41	+8	20	+8	27	+7	35	+3
Wenig	33	-7	34	-18	35	-4	48	-8	30	-11	40	-4
Gar nicht	20	-3	14	-6	18	-7	25	-2	26	-3	18	-1
WN	14	+7	6	+2	6	-2	7	+2	17	+7	7	+2
	2	0	0	0	0	-1	0	0	0	0	0	0

Special Eurobarometer 329 – Health Determinants



QA4.4 Au cours des 7 derniers jours, combien d'activité physique avez-vous pratiqué ...?

Dans le cadre d'activités récréatives, sportives ou de détente

QA4.4 In the last 7 days, how much physical activity did you get...?

For recreation, sport and leisure-time activities

QA4.4 Wie viel haben Sie sich in den letzten 7 Tagen körperlich betätigt?

Bei der Erholung, beim Sport und bei Freizeitaktivitäten

1re colonne: EB72 automne 2009

2ième colonne: % changement par rapport à EB64 automne 2005

	EU27		EU25		BE		BG		CZ		DK		D-W		DE		D-E		EE		IE		EL		ES	
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB
Beaucoup	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3
Un peu	18	+3	21	+7	5	+2	10	+1	29	+8	34	+10	32	+8	25	0	14	+6	27	+11	5	0	17	+4		
Très peu	24	-4	23	-6	23	-4	30	+4	18	-2	26	-5	27	-4	31	0	23	-4	24	-12	14	0	28	+3		
Aucune	18	-3	12	-7	25	-6	28	+1	17	-4	17	-4	18	-3	23	0	20	-3	16	-3	26	-6	18	-4		
NSP	39	+4	44	+7	45	+9	31	-6	36	-1	23	-1	23	-1	21	0	42	+1	32	+5	55	+6	37	-2		
	1	0	0	-1	2	-1	1	0	0	-1	0	0	0	0	0	0	1	0	1	-1	0	0	0	-1		

1st column: EB72 autumn 2009

2nd column: % change from EB64 autumn 2005

	FR		IT		CY		LV		LT		LU		HU		MT		NL		AT		PL		PT	
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB
A lot	20	+2	6	+1	22	+5	14	+5	15	+4	29	+3	14	+4	19	+4	34	+12	15	+3	16	+5	7	+1
Some	23	-5	25	-3	16	-4	19	-2	33	-9	19	-5	24	-6	16	-3	31	-6	40	+2	21	-1	20	0
Little	7	-4	25	-3	11	-11	28	-11	23	+1	7	-12	15	-3	13	-3	16	-4	27	+2	25	0	12	-7
None	49	+7	44	+6	51	+10	38	+11	28	+6	45	+15	47	+5	52	+2	19	-2	18	-6	37	-4	61	+7
DK	1	0	0	-1	0	0	1	-3	1	-2	0	-1	0	0	0	0	0	0	0	-1	1	0	0	-1

erste Spalte: EB72 Herbst 2009

zweite Spalte: % veränderungen im Vergleich zu EB64 Herbst 2005

	RO		SI		SK		FI		SE		UK	
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB
Viel	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3	72.3	64.3
Etwas	7	+2	18	+6	14	+6	30	+6	26	+6	20	+5
Wenig	13	-1	28	+2	25	+1	34	-6	29	-1	23	-4
Gar nicht	18	-6	23	-11	31	-1	19	0	14	-7	15	-3
WN	59	+7	31	+4	30	-5	17	0	31	+2	42	+3
	3	-2	0	-1	0	-1	0	0	0	0	0	-1

Special Eurobarometer 329 – Health determinants

QA5 Pensez-vous que, pour le non-fumeur, la fumée des autres ... ?
 QA5 Do you think that, for the non-smoker, other people's smoke...?
 QA5 Glauben Sie, dass der Tabakrauch anderer Menschen für Nichtraucher ...

	EU27		EU25		BE		BG		CZ		DK		D-W		DE		D-E		EE		IE		EL		ES	
	UE27	UE25	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB
1re colonne: EB72 automne 2009	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2
2ième colonne: % changement par rapport à EB66 automne 2006	3	0	3	+1	2	0	2	+1	6	+4	1	0	1	0	0	-1	2	+1	4	+1	1	0	2	-1	2	-1
Est sans danger	19	+4	21	+6	29	+6	32	+6	31	+9	13	+4	14	+4	19	+7	23	+9	15	-4	30	+6	27	-2	27	-2
Peut déranger	33	0	39	+7	44	+4	27	-6	21	-3	29	-4	29	-3	27	0	37	-2	24	-6	39	-4	35	+1	35	+1
Peut causer des problèmes de santé comme des problèmes respiratoires	42	-5	36	-14	19	-6	38	0	40	-9	56	0	55	-1	53	-7	36	-7	50	+10	29	-3	34	+2	34	+2
Peut même causer à la longue des maladies graves comme le cancer	2	+1	1	0	4	-3	1	-1	1	0	1	0	1	0	1	+1	1	-2	5	+1	1	+1	1	0	1	0
Cela dépend (SPONTANE)	1	0	0	0	2	-1	0	0	1	-1	0	0	0	0	0	0	1	+1	2	-2	0	0	1	0	1	0
NSP	1	0	0	0	2	-1	0	0	1	-1	0	0	0	0	0	0	1	+1	2	-2	0	0	1	0	1	0

	FR		IT		CY		LV		LT		LU		HU		MT		NL	
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB
1st column: EB72 autumn 2009	2	0	1	-2	1	0	3	+1	5	-3	3	-1	1	0	2	+1	1	0
2nd column: % change from EB66 autumn 2006	17	+7	17	-5	9	-3	26	+8	18	+6	32	+13	25	+5	23	+5	26	+2
Is harmless	32	+6	40	0	31	-10	38	-4	40	0	29	-4	36	-10	45	+4	38	+1
Can cause discomfort	47	-13	38	+6	58	+12	28	-7	34	-5	34	-6	37	+6	29	-10	33	-3
Can cause some health problems such as respiratory problems	1	0	3	+1	1	+1	3	+1	1	+1	1	-2	1	-1	1	0	1	-1
Can even, in the long term, cause serious illnesses such as cancer	1	0	1	0	0	0	2	+1	2	+1	1	0	0	0	0	0	1	+1
It depends (SPONTANEOUS)	1	0	1	0	0	0	2	+1	2	+1	1	0	0	0	0	0	1	+1
DK	1	0	1	0	0	0	2	+1	2	+1	1	0	0	0	0	0	1	+1

	AT		PL		PT		RO		SI		SK		FI		SE		UK	
	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB	EB
erste Spalte: EB72 Herbst 2009	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2	72.3	66.2
zweite Spalte: % veränderungen im Vergleich zu EB66 Herbst 2006	3	0	8	-6	2	+1	11	+10	6	+5	1	0	1	0	1	0	6	+2
Unschädlich ist	16	-11	8	0	20	+1	30	+2	24	+6	16	+4	20	+9	16	+5	15	+2
unangenehm sein kann	33	+1	28	+2	46	+2	36	-5	37	-1	38	+2	33	-4	30	+7	31	-1
Einige gesundheitliche Probleme wie z.B. Erkrankungen der Atemwege verursachen kann	37	+6	53	+4	28	-6	18	-6	30	-11	45	-2	45	-4	52	-13	45	-4
Oder sogar langfristig ernsthafte Erkrankungen wie Krebs verursachen kann	9	+3	2	0	3	+2	3	+1	2	0	0	-3	1	-1	1	+1	2	0
Hängt davon ab (SPONTAN)	2	+1	1	0	1	0	2	-2	1	+1	0	-1	0	0	0	0	1	+1
WN	2	+1	1	0	1	0	2	-2	1	+1	0	-1	0	0	0	0	1	+1